



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

June 12, 2014

Call to Order

Meeting convened at 3:06 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Garman presiding.

Roll Call

Commissioners Present: Garman, Campbell, Wright
Absent: Overholt
Staff: Engel, Bain and Haynie
Guest: Cindy Martel and Elizabeth Freed

Pledge of Allegiance

Communications-Public Comment

Cindy Martel attended the Senior Resource Fair with her mother. Ms. Martel stated that the Senior Resource Fair was a well-run event, with nice spacing of tables. Ms. Martel would like to see presentations on more topics that are not on fitness.

Minutes

Commissioner Wright made the motion to accept the minutes of May 8, 2014 as written, Commissioner Campbell seconded the motion. 3/0

Regular Calendar

Senior Resource Fair May 28, 2014

Item was removed and added to July 10, 2014 meeting.

Senior Center Inc. Representative

Commissioner Garman will attend the August SCI meeting. Will add item to the September 11, 2014 meeting.

Workplan 2014

Commissioner Garman will report on Workplan at the July meeting.

Workplan 2015

Item tabled until July meeting.

Report of the Staff

Senior Center Report

Bain reported that Flower for Mother's Day workshop created over forty (40) arrangements and donated thirty two arrangements to the Californian for Mother's Day. Plans are in progress to offers this again in September incorporating different locations and encourage other participants. Yoga Meditation class has grown to 30-45 participants and will now be offered every week. Mari Sanchez will be the coordinator for the Teens Helping Seniors Program. Mari is a teacher at Maxwell Elementary School and has 14 years of service with the Community Services Department in youth recreation programs. Teens Helping Seniors has



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20 participants enrolled, requests art coming in from Senior. The Parent/Participant meeting is scheduled for tonight.

Facility Update

Engel explained that the whole Community & Senior Center and Sports Park facility plan is being reviewed. Staff is presently collecting data on the needs of the facility and participants. Maintenance will spot check the front entrance for any grout issues.

Business Items for Next Meeting

Senior Resource Fair

2014 Workplan

2015 Workplan

Next Meeting Date July 10, 2014

Adjourn

Commissioner Campbell made the motion to adjourn the meeting at 3:53 p.m., Commissioner Wright seconded the motion, and motion carried 3/0.

Respectfully submitted,

Cathy Haynie, Administrative Secretary
Parks & Recreation Department