



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

July 9, 2015

Call to Order

Meeting convened at 3:02 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Campbell presiding.

Roll Call

Commissioners Present: Campbell, Sanborn, Wheeler, Brown
Absent Overholt
Staff: Tringali, Haynie

Pledge of Allegiance

Communications-Commission/Staff Statements and Requests
None

Consent Item

May 9 and June 11, 2015 Minutes

Commissioner Sanborn made the motion to accept the May 9, 2015 minutes as written and the June 11, 2015 with changes; Commissioner Wheeler seconded the motion. 3/0 (*Commissioner Brown excused herself from the vote, since she did not attend the meeting.*)

Regular Calendar

Speaker Series

No updated information at this time.

Senior Advocacy Day Information-Brown

Commissioner Brown asked that this item be removed and replaced with Yolo County Commission on Aging updates. The Senior Advocacy Day has passed. Commissioner Brown attended the Yolo County COA meeting; YCCOA is looking to improve the 211 program. Tringali will be meeting with Lori Ross from the United Way to discuss the 211 program and concerns about the information being provided through the program. Tringali will report back to the Commission on this meeting. Commissioner Brown stated that Yolo Country Area 4 is reorganizing because of program vacancies.

Handicap parking at front of WC&SC

Commissioner Campbell updated the Commission. The City Council was looking at the front green area in at the Community & Senior Center for additional parking but there is the issue of no available funds for the project.

Report of the Staff

Senior Center Report

Tringali reported that 83 seniors attended the THS Spaghetti Feed fundraiser with SCI donating the cost of the meal. This enabled THS to keep the total \$400 donated for their Santa Cruz trip. Yolo County Public Health Nurse Lisa Musser, RN will be hosting a series of Healthy Living Workshops at the Senior Center. These workshops aim to help people with chronic conditions adopt healthier behaviors, take charge of their



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health conditions, and improve their quality of life. Workshops are scheduled for the 3rd Tuesday of the month for August-November covering topics like Preventing Falls, Brain Health, and Talking with your Doctor, and Avoiding Hypertension. Tringali will be attending an Alzheimer's workshop on early detection in August. Commissioner Brown stated the St. Johns hosts an Alzheimer Café that gives participants the opportunity to socialize; program is 2-4 p.m. on Thursdays. *(Note: Commissioner Sanborn left at 3:30 p.m.)*

Public Comment

Representative from the Woodland Step Up And Power Down program presented the Commission with information on the program co-sponsored by PG&E and the City of Woodland.

Business Items for Next Meeting

Speaker Series

Handicap parking

Senior Center Report

Facilities update

Next Meeting Date September 10, 2015

Adjourn

Commissioner Brown made the motion to adjourn the meeting at 3:45 p.m., Commissioner Wheeler seconded the motion, and motion carried 3/0.

Respectfully submitted,

Dallas Tringali, Recreation Manager
Community Services Department