



City of Woodland
Meeting Agenda
Commission on Aging

Woodland Community &
Senior Center
2001 East Street
Woodland, CA 95776

November 15, 2018
4:00 PM

Please Note: The numerical order of items on this agenda is for the convenience of reference; items may be taken out of order.

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS - COMMISSION/STAFF STATEMENTS AND REQUESTS

E. NEW BUSINESS

1. Election of Officers
2. Update Work Plan

F. REGULAR CALENDAR

3. Consider Commissioner Requests for Planned Absences from Future Meetings
4. Approve the October 18, 2018 Minutes
5. Committee Reports

G. REPORT OF THE STAFF

6. Monthly Senior Center Report

H. COMMUNICATIONS - PUBLIC COMMENT

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN

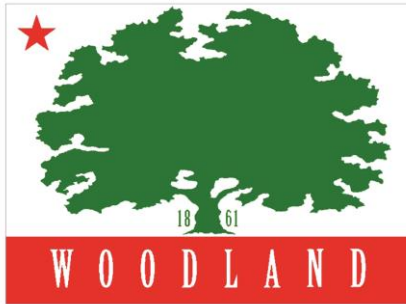


TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: November 15, 2018
ITEM #: E.1.
SUBJECT: Election of Officers

Staff recommends that Commission elects officers.

Attachments:

1. 11132018 COA Roster
2. Ord_1639 Amending Certain Sections relating to Boards and Commissions



COMMISSION ON AGING

Updated: 11/13/2018

NAME	ADDRESS	PHONE/Email	TERM
Terry Kelley	116 Toyon Drive Woodland, CA 95695	H: 916-715-4137 terrykelley@sbcglobal.net	6/30/2021
Linda Weesner	21 Monte Vista Drive Woodland, CA 95695	H: 530-669-7468 C: 530-383-8603 linda.weesner@gmail.com	6/30/2019
Don Campbell, Chairperson	1742 Amherst Way Woodland, CA 95695	H: 530-666-3021 C: 530-908-1189 campbell5224@sbcglobal.net	6/30/2019
Heidi Wheeler	1805 Farnham Avenue Woodland, CA 95776	C: 530-383-2390 W: 530-662-1290 hwheeler@sjrv.org	6/30/2020
Regan Overholt	1521 Saratoga Drive, Woodland, CA 95695	C: 530-867-1426 raoverholt@ucdavis.edu	6/30/2018

This is a 5 member Commission with four year terms.
Meetings: Third Thursday of each month
Location: Community & Senior Center, 2001 East Street.
Contact Information: 530.661.2005

Agenda packets available online: <http://www.cityofwoodland.org/prcs/comissions.htm#aging>

ORDINANCE NO. 1639

AN ORDINANCE OF THE CITY OF WOODLAND AMENDING SECTION 2-7-25 RELATING TO COMPOSITION OF PARKS AND RECREATION COMMISSION, AMENDING SECTION 2-7-27 RELATING TO TERMS OF MEMBERS OF PARKS AND RECREATION COMMISSION, AMENDING SECTION 2-7-42 RELATING TO TERMS OF MEMBERS OF TRAFFIC SAFETY COMMISSION, AMENDING SECTION 2-7-84 RELATING TO TERMS OF MEMBERS OF COMMISSION ON AGING, AND AMENDING SECTION 16A-1-3 RELATING TO PERSONNEL BOARD TERMS

The City Council of the City of Woodland does hereby ordain as follows:

Section 1. Purpose. The purpose of this Ordinance is to amend sections 2-7-25, 2-7-27, 2-7-42, 2-7-84, and 16A-1-3 of the City of Woodland Municipal Code to revise and streamline the total membership size and effective term dates of Boards and Commissions established by City Council.

Section 2. Authority. The City Council enacts this ordinance under the authority granted to cities by Article XI, Section 7 of the California Constitution, Government Code section 37100, and Woodland Municipal Code section 2-7-53.

Section 3. Amendment. Sections 2-7-25, 2-7-27, 2-7-42, 2-7-84, and 16A-1-3 of the City of Woodland Municipal Code are hereby amended as follows (deletions indicated by ~~strikethrough~~, additions indicated by underlined italics):

Sec. 2-7-25. Composition.

The parks and recreation commission shall consist of five, ~~six, or seven~~ members. When there are five members, three members present at a meeting shall constitute a quorum. ~~When there are six or seven members, four members present at a meeting shall constitute a quorum.~~

Sec. 2-7-27. Terms of members.

The term of office of each member of the parks and recreation commission shall be four years. All terms shall begin ~~January~~ July 1st and end on ~~June 30th~~ December 31st. ~~In order to establish staggered terms of office, of the members first appointed, two members shall be appointed for one year terms, two members shall be appointed for two year terms, and three members shall be appointed for three year terms. If a vacancy shall occur other than by expiration, it shall be filled by appointment for the unexpired portion of the term, subject to the city council's discretion to leave the seat vacant in order to allow the size of the commission to be five or six members pursuant to Section 2-7-25. Upon expiration of such designated~~ each member's terms, successors shall be appointed for full four-year terms as provided above. ~~If the city council determines to allow the commission to be five or six members in size, +~~ The terms in office of the members shall, to the extent practical, be staggered according to a system that avoids having more than

half of the commissioners' terms expire concurrently. Each member, unless sooner terminated, shall serve until his or her successor is appointed and qualified.

Sec. 2-7-42. Terms of members.

Members of the traffic circulation and parking commission created by Ordinance No. 935, Section 2 shall serve as members of the traffic safety commission until their term expires. At expiration of each member's term, a successive member thereafter shall be appointed by the council for a term of four years and, unless sooner terminated, *each member* shall serve until his or her successor is appointed and qualified. All terms shall begin July 1st and end on June 30th. However, if a vacancy shall occur other than by expiration, the council shall fill it by appointment for the unexpired portion of the term.

Sec. 2-7-84. Terms.

At expiration of each of the terms of members of the commission on aging provided under Resolution No. 2550 dated May 6, 1974, each successive member thereafter shall be appointed by the council for a term of four years. All terms shall begin July 1st and end on June 30th. ~~and, unless~~ sooner terminated, *each member* shall serve until his successor is appointed and qualified. However, if a vacancy shall occur other than by expiration, it shall be filled by appointment for the unexpired portion of the term.

Sec. 16A-1-3. Personnel board.

There is hereby created a personnel board to consist of five members to be appointed by the city council. A majority vote of the city council shall be required to appoint a member of the personnel board. Members of the personnel board shall be residents of the city. No person will be appointed to the board who holds a salaried office or employment with the city of Woodland.

The term of office of each member of the personnel board shall be ~~four~~ three years and each term shall begin on ~~January~~ July 1st and end on ~~June 30th~~ December 31st. If a vacancy shall occur other than by expiration of a term, it shall be filled by appointment for the unexpired portion of the term. ~~In order to establish staggered terms of office of the members first appointed, one member shall be appointed for a one-year term, two members shall be appointed for two-year terms, and two members shall be appointed for three-year terms.~~ Upon expiration of *each member's* ~~such designated~~ terms, successors shall be appointed for full ~~four~~ three-year terms as provided above. Each member, unless sooner terminated, shall serve until his/her successor is appointed and qualified.

Section 4. Extension of Existing Terms. All members of the Parks and Recreation Commission, Traffic Safety Commission, Personnel Board, and Commission on Aging serving as of the effective date of this Ordinance shall have their terms extended for an additional six (6) months to June 30 of the following year in which their terms would otherwise expire.

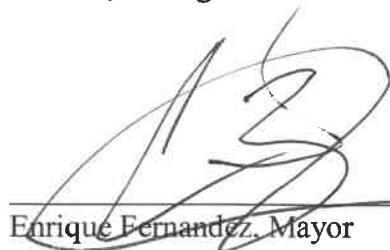
Section 5. Publication. The City Clerk shall certify to the adoption of this Ordinance and shall cause a summary thereof to be published in the Daily Democrat, a newspaper of general circulation, printed and published in the City of Woodland and County of Yolo, at least five (5)

days prior to the meeting at which the proposed ordinance is to be adopted and shall post a certified copy of the proposed ordinance in the office of the City Clerk, and within fifteen (15) days of its adoption, shall cause a summary of it to be published, including the vote for and against the same, and shall post a certified copy of the adopted ordinance in the office of the City Clerk, in accordance with California Government Code section 36933.

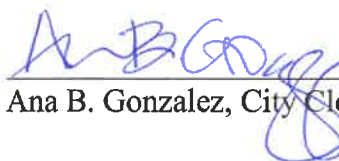
Section 6. Effective Date. This Ordinance shall take effect thirty (30) days after its adoption.

PASSED AND ADOPTED by the City Council this 16th day of October, 2018, by the following vote:

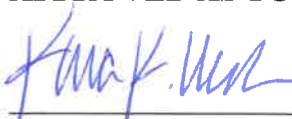
AYES: Council Member Barajas, Davies, Fernandez, Rodriguez and Stallard
NOES:
ABSENT:
ABSTAIN:


Enrique Fernandez, Mayor

ATTEST:


Ana B. Gonzalez, City Clerk

APPROVED AS TO FORM:


Kara K. Ueda, City Attorney



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: November 15, 2018
ITEM #: E.2.
SUBJECT:

Attachments:

1. Commission on Aging Work Plan 2019

Commission on Aging Work Plan (July 2018-June 2019)

The following action plan contains 7 specific items that the Commission on Aging proposes to accomplish, or at least begin over the next year. General objectives, dates, and required resources are listed for the sake of planning. *However, they are subject to change as the year progresses and particular action items are moved towards implementation.*

Each action item, with a brief statement of objective, outcome, timeline, and resource requirements are as follows:

1. Intergenerational Project
2. Promotion, Speaker Series
3. Senior Resource Fair
4. Woodland Apartment List
5. Advocacy
6. Technical Support
7. Handicap Parking in Front of WC&SC

1. Intergenerational Project (Commissioner Overholt & Wheeler)

Objective: Develop and implement intergenerational project between seniors and children.

Outcome: Social benefit for young children and seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

2. Promotion & Speaker Series (Commissioners Overholt/Wheeler)

Objective: Promote a positive image of aging and seniors through public information.

Outcome: Create greater awareness of positive and healthy aging, including an increased awareness of programs and services for seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time

3. Senior Resource Fair (All Commissioners)

Objective: Inform seniors and their families/neighbors about senior programs in the community.

Outcome: Create greater awareness and participation in senior programs in the community.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

4. Woodland Apartment List (All Commissioners)

Objective: To complete annual update of the list of Apartment Complexes in Woodland, this includes apartments for ‘seniors only’. Biannually Outcome: Provide current rental information for seniors and their families.

Timeline: January/February 2020.

Required Funding: Program costs, Commission and staff time

5. Technology for Seniors (Commissioner Weesner)

Objective: to provide seniors with basic computer/internet information, training and skills.

Outcome: seniors will develop the knowledge and comfort levels necessary to be able to use and take advantage of newer technology.

Timeline: ?

Required Funding: Program costs, Commission and staff time.

6. Advocacy (Commissioners Weesner/Kelley)

Objective: To promote and advocate for issues related to seniors.

Outcome: To move issues related to seniors to the front of the legislative agenda.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.

7. Handicap Parking at front of WC&SC (Commissioner Campbell/Kelley)

Objective: Add 10 handicap parking spaces at the front of the WC&SC.

Outcome: More accessibility at the main entrance for seniors.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.

Parking lot added with update of Sports Park project phase.



TO: THE COMMISSION ON AGING

AGENDA: Commission on Aging

DATE: November 15, 2018

ITEM #: F.3.

SUBJECT: Consider Commissioner Requests for Planned Absences from Future Meetings

Staff recommends that the Commission approve; Commissioner request for absence from future meeting.

Attachments:

1. COA Oct 2018
2. 2018 calendar

Commission on Aging Attendance (current commissioners only)
Meetings 3rd Thursday of each month @ 4:00 pm (no meetings in August or December)

Commissioners	7/2017	9/2017	10/2017	11/2017	1/2018	2/2018	3/2018	4/2018	5/2018	6/2018
Don Campbell										
Regan Overholt	Planned Absence	Unplanned Absence			Planned Absence	Unplanned Absence	Unplanned Absence			
Heidi Wheeler	Planned Absence			Unplanned Absence	Planned Absence		Planned Absence			
Terry Kelley					Planned Absence	Planned Absence		Unplanned Absence		Planned Absence
Linda Weesner							Unplanned Absence		Unplanned Absence	
Quorum					No		No	No		

June 2017- Wheeler and Overholt absent July meeting.

September 2017- No Requests.

October 2017- Kelley absent January and February, Wheeler absent January.

November 2017-Overholt absent January.

January 2018- No Requests received.

February 2018 – Wheeler requested for March

March 2018-No Quorum

April 2018- No Quorum

May 2018—Kelley requested for June

June 2018-Wheeler & Weesner for September

Commission on Aging Attendance (current commissioners only)
Meetings 3rd Thursday of each month @ 4:00 pm (no meetings in August or December)

Commissioners	7/2018	9/2018	10/2018	11/2018	1/2019	2/2019	3/2019	4/2019	5/2019	6/2019
Don Campbell										
Regan Overholt			Unplanned Absence							
Heidi Wheeler		Planned Absence								
Terry Kelley										
Linda Weesner		Planned Absence		Planned Absence						
Quorum		No	Yes							

July2018: No Requests
 September 2018: No Meeting
 October 2018: Weesner requested for November
 November:
 January:
 February:
 March:
 April:
 May:
 June:

Commission on Aging 2018

Election of Officers– November Meeting

Approve Workplan 2017-February Meeting

Council Report-May

January

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February

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March

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April

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29	30					

May

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27	28	29	30	31		

June

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24	25	26	27	28	29	30

July

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29	30	31				

August

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September

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October

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November

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18	19	20	21	22	23	24
25	26	27	28	29	30	

December

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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: November 15, 2018
ITEM #: F.4.
SUBJECT: Approve the October 18, 2018 Minutes

Staff recommends that the Commission approve the October 18, 2018 Minutes

Attachments:

1. October 2018 Minutes

City of Woodland

Woodland Community & Senior Center
2001 East Street
Woodland, CA 95776



Commission on Aging –

Thursday, October 18, 2018

3:00 PM

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS - COMMISSION/STAFF STATEMENTS AND REQUESTS

Commissioner Terry Kelley reported on the Yolo County COA meeting. Dault Day Health Care program could be two years out. A taskforce will be created to evaluate this program.

E. NEW BUSINESS

F. REGULAR CALENDAR

1. Approve July 19, 2018 Minutes

On a motion by Commissioner Linda Weesner to except the minutes as written, seconded by Commissioner Heidi Wheeler and carried unanimously.

Ayes: None

Noes: None

Absent: Commissioner Regan Overholt

2. Consider Commissioner Requests for Excused Absences from Future Meetings

Chair Don Campbell would like the minutes to reflect his expressed reservations with the Council's Commission absent policy. Commission would like "excused/unexcused" changed to Planned/Unplanned, additionally to have the staff report say "Consider Commissioner Requests for Planned Absences from Future Meetings".

On a motion by Commissioner Terry Kelley to accept Commissioner Linda Weesner's request for planned absence from November's meeting, seconded by Commissioner Heidi Wheeler and carried unanimously.

Ayes: None

Noes: None

Absent: Commissioner Regan Overholt

3. Committee Reports

G. REPORT OF THE STAFF

4. Program Report (July-September)

Tringali discussed upcoming programs, Fraud Fair SCI Dinners and 2019 Grief Classes.

Commissioner Heidi Wheeler suggested an educational session on Palliative Care.

H. COMMUNICATIONS - PUBLIC COMMENT

I. AGENDA ITEMS FOR NEXT MEETING

Election of Officers

Work Plan

J. ADJOURN

On a motion by Commissioner Linda Weesner to adjourn the meeting at 4:30 p.m., seconded by Commissioner Heidi Wheeler and carried unanimously.

Ayes: None

Noes: None

Absent: Commissioner Regan Overholt



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: November 15, 2018
ITEM #: F.5.
SUBJECT: Committee Reports

Recommendation for Action:

Staff recommends that the Commission report on Committees

Attachments:

None



TO: THE COMMISSION ON AGING
 AGENDA: Commission on Aging
 DATE: November 15, 2018
 ITEM #: G.6.
 SUBJECT: Monthly Senior Center Report

Music Show Fundraiser: On Friday November 9, Senior Center Inc. hosted the “Friday Night Jam,” which was a fundraiser and membership drive for SCI. The inaugural show was very successful, with about 200 people in attendance. Senior Center Inc. sold over \$1,300 in beer and wine. The event was put on by Rockin’ Rowland Productions and was sponsored by Kenny’s Bar, Las Brasas Tacos y Salsas, Firehouse Entertainment, SORD Board Shop, and the band Grooveline.

Conversations about the End of Life: The Senior Center is starting a once-monthly educational session regarding end-of-life issues. Dr. David Jull-Patterson is a former UCSF Medical School professor and will be leading these sessions taking place on the second Fridays of the month. Interested individuals can RSVP at the Welcome Desk.

Diabetes Education: The Senior Center will be hosting an educational session regarding diabetes topics on January 29 at 10:00 am. Jean Dorris RN from Dignity Health will be leading this session and it will be a springboard into an every-other-month support group for people with diabetes or pre-diabetic symptoms.

Dates to Note

November 15 – Thanksgiving Dinner, hosted by SCI
 December 20 – Santa’s Holiday Social and Brunch, hosted by SCI
 December 24-January 1 – Woodland Community & Senior Center closed

Woodland Senior Center Monthly Participant Report classes ending: October 2018

Activity	End Date	Sign-Ins/ Participants
ART		
Art	10/31/2018	57
Ceramics	10/25/2018	19
Gardening Adventures	10/5/2018	17
Needles & Friends	10/29/2018	65
Woodcarvers	10/12/2018	2
Scrapbooking	10/9/2018	5
EXERCISE		
Badminton	10/31/2018	202
Low Impact Aerobics 8am	10/31/2018	232
Low Impact Aerobics 10am	10/31/2018	269
Ping Pong PM	10/30/2018	15

Pickleball	10/30/2018	161
Ship Shape	10/30/2018	121
Stompers	10/29/2018	37
Yoga	10/25/2018	74
GAMES		
Bingo	10/26/2018	214
Bridge for Fun	10/24/2018	60
Cribbage	10/22/2018	4
Hand and Foot	10/31/2018	69
Mah Jong	10/25/2018	20
Open Game Day	10/29/2018	8
Pedro	10/30/2018	110
Pinochle	10/26/2018	27
GENERAL		
Chit Chat Café	10/31/2018	315
Senior Movie Day	10/8/2018	40
Thrift Store	10/31/2018	251
EDUCATION/RESOURCE		
Computer Club Meeting	10/22/2018	14
Computer Lab	10/26/2018	26
Handy Helpers	10/31/2018	1
HICAP Consultations	10/24/2018	6
Legal Consultations	10/18/2018	5
SUPPORT		
Arthritis Support Group	10/4/2018	5
Outa Sight SPEAKER	10/2/2018	33
Outa Sight SUPPORT	10/16/2018	19
Parkinson's Support Group	10/23/2018	16
Transitions	10/18/2018	9
SPECIAL PROGRAMS		
Library Usage	10/30/2018	11.4
DVD & Audio Library	10/19/2018	40
AARP Driving Course	10/3/2018	12

Attachments:

None