



City of Woodland
Meeting Agenda
Commission on Aging

Woodland Community &
Senior Center
2001 East Street
Woodland, CA 95776

October 18, 2018
4:00 PM

Please Note: The numerical order of items on this agenda is for the convenience of reference; items may be taken out of order.

- A. CALL TO ORDER**
- B. ROLL CALL**
- C. PLEDGE OF ALLEGIANCE**
- D. COMMUNICATIONS - COMMISSION/STAFF STATEMENTS AND REQUESTS**
- E. NEW BUSINESS**
- F. REGULAR CALENDAR**
 - 1. Approve July 19, 2018 Minutes
 - 2. Consider Commissioner Requests for Excused Absences from Future Meetings
 - 3. Committee Reports
- G. REPORT OF THE STAFF**
 - 4. Program Report (July-September)
- H. COMMUNICATIONS - PUBLIC COMMENT**
- I. AGENDA ITEMS FOR NEXT MEETING**
- J. ADJOURN**



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: October 18, 2018
ITEM #: F.1.
SUBJECT:

Recommendation for Action:

Staff recommends that the Commission on Aging approve; the July 19, 2018 Minutes.

Staff Contact:

Cathy Haynie, Administrative Supervisor, (530) 661-12009, cathy.haynie@cityofwoodland.org

Fiscal Impact:

None

Conclusion:

Approve July 23, 2018 Minutes

Prepared By: Cathy Haynie, Administrative Supervisor

Reviewed By: Christine Engel, CSD Director

Attachments:

1. Minutes_2018_7_19_Meeting(105) (5)

City of Woodland

City Hall
300 First Street
Woodland, CA 95695



Commission on Aging Meeting Minutes

Thursday, July 19, 2018

**4:00 PM
2001 East Street**

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS—COMMISSION/STAFF STATEMENTS AND REQUESTS

Don Campbell received an email request about classes offered. Don Campbell will respond asking for more information and report back to the Commission.

Commission will send a letter to Yolo County COA to change the representative to Terry Kelley.

E. NEW BUSINESS

F. REGULAR CALENDAR

1. June 21, 2018 Minutes

On a motion by Linda Weesner, seconded by Regan Overholt and carried unanimously, Motion to accept the minutes as written.

Ayes: Campbell, Kelley, Overholt, Weesner, Wheeler

2. Consider Commissioner Request for Excused Absences from Future Meetings

With 3 requested absences, the meeting in September is cancelled.

On a motion by Linda Weesner, seconded by Heidi Wheeler and carried unanimously, Motion to approve Terry Kelley's request to be absent from the September meeting.

Ayes: Campbell, Kelley, Overholt, Weesner, Wheeler

3. Committee Reports

Discussed the Work Plan and will send updated information to staff for discussion and approval at the October meeting.

G. REPORT OF THE STAFF

4. Monthly Senior Center Report

Dallas Tringali reported on the up coming events at the Woodland Community & Senior Center. Senior Center Volunteer Appreciation Dinner, Fall Prevention Classes, and in September Pedestrian Safety Class.

Teens Helping Senior's Spaghetti Feed Fundraiser brought in \$1,300.00 with 150 attending and 20 to go orders.

H. COMMUNICATIONS-PUBLIC COMMENT

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN

Adjourned at 5:00 p.m.



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: October 18, 2018
ITEM #: F.2.
SUBJECT:

Recommendation for Action:

Staff recommends that the Commission approve requests for absence from future meeting.

Staff Contact:

Cathy Haynie, Administrative Supervisor, (530) 661-xxxx, cathy.haynie@cityofwoodland.org

Prepared By: Cathy Haynie, Administrative Supervisor

Attachments:

1. COA June 2018
2. 2018 calendar

Commission on Aging Attendance (current commissioners only)
Meetings 3rd Thursday of each month @ 3:00 pm (no meetings in August or December)

Commissioners	7/2017	9/2017	10/2017	11/2017	1/2018	2/2018	3/2018	4/2018	5/2018	6/2018
Don Campbell										
Regan Overholt	Excused Absence	Unexpected Absence			Excused Absence	Unexpected Absence	Unexpected Absence			
Heidi Wheeler	Excused Absence			Unexpected Absence	Excused Absence		Excused Absence			
Terry Kelley					Excused Absence	Excused Absence		Unexpected Absence		Excused Absence
Linda Weesner							Unexpected Absence		Unexpected Absence	
Quorum							No	No		

June 2017- Wheeler and Overholt absent July meeting.
September 2017- No Requests.
October 2017- Kelley absent January and February, Wheeler absent January.
November 2017-Overholt absent January.
January 2018- No Requests received.
February 2018 – Wheeler requested for March
March 2018-No Quorum
April 2018- No Quorum
May 2018—Kelley requested for June
June 2018-Wheeler & Weesner for September

Commission on Aging Attendance (current commissioners only)
Meetings 3rd Thursday of each month @ 3:00 pm (no meetings in August or December)

Commissioners	7/2018	9/2018	10/2018	11/2018	1/2019	2/2019	3/2019	4/2019	5/2019	6/2019
Don Campbell										
Regan Overholt										
Heidi Wheeler		Excused								
Terry Kelley										
Linda Weesner		Excused								
Quorum										

Commission on Aging 2018

Election of Officers– November Meeting

Approve Workplan 2017-February Meeting

Council Report-May

January

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February

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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

March

S	M	T	W	T	F	S
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April

S	M	T	W	T	F	S
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22	23	24	25	26	27	28
29	30					

May

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27	28	29	30	31		

June

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17	18	19	20	21	22	23
24	25	26	27	28	29	30

July

S	M	T	W	T	F	S
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

August

S	M	T	W	T	F	S
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

September

S	M	T	W	T	F	S
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23	24	25	26	27	28	29
30						

October

S	M	T	W	T	F	S
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

November

S	M	T	W	T	F	S
				1	2	3
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

December

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: October 18, 2018
ITEM #: F.3.
SUBJECT:

Recommendation for Action:

Staff recommends that the Commission report on Committe

Staff Contact:

Cathy Haynie, Administrative Supervisor, (530) 661-xxxx, cathy.haynie@cityofwoodland.org

Fiscal Impact:

None

Attachments:

1. Commission on Aging Work Plan 2019
2. 6212018 COA Roster

Commission on Aging Work Plan (July 2018-June 2019)

The following action plan contains 7 specific items that the Commission on Aging proposes to accomplish, or at least begin over the next year. General objectives, dates, and required resources are listed for the sake of planning. *However, they are subject to change as the year progresses and particular action items are moved towards implementation.*

Each action item, with a brief statement of objective, outcome, timeline, and resource requirements are as follows:

1. Intergenerational Project
2. Promotion, Speaker Series
3. Senior Resource Fair
4. Woodland Apartment List
5. Advocacy
6. Technical Support
7. Handicap Parking in Front of WC&SC

1. Intergenerational Project (Commissioner Overholt & Wheeler)

Objective: Develop and implement intergenerational project between seniors and children.

Outcome: Social benefit for young children and seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

2. Promotion & Speaker Series (Commissioners Overholt/Wheeler)

Objective: Promote a positive image of aging and seniors through public information.

Outcome: Create greater awareness of positive and healthy aging, including an increased awareness of programs and services for seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time

3. Senior Resource Fair (All Commissioners)

Objective: Inform seniors and their families/neighbors about senior programs in the community.

Outcome: Create greater awareness and participation in senior programs in the community.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

4. Woodland Apartment List (All Commissioners)

Objective: To complete annual update of the list of Apartment Complexes in Woodland, this includes apartments for ‘seniors only’. Biannually Outcome: Provide current rental information for seniors and their families.

Timeline: January/February 2020.

Required Funding: Program costs, Commission and staff time

5. Technology for Seniors (Commissioner Weesner)

Objective: to provide seniors with basic computer/internet information, training and skills.

Outcome: seniors will develop the knowledge and comfort levels necessary to be able to use and take advantage of newer technology.

Timeline: ?

Required Funding: Program costs, Commission and staff time.

6. Advocacy (Commissioners Weesner/Kelley)

Objective: To promote and advocate for issues related to seniors.

Outcome: To move issues related to seniors to the front of the legislative agenda.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.

7. Handicap Parking at front of WC&SC (Commissioner Campbell/Kelley)

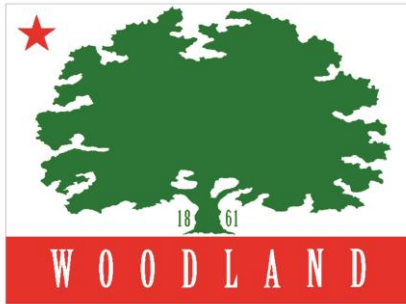
Objective: Add 10 handicap parking spaces at the front of the WC&SC.

Outcome: More accessibility at the main entrance for seniors.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.

Parking lot added with update of Sports Park project phase.



COMMISSION ON AGING

Updated: 6/21/2018

NAME	ADDRESS	PHONE/Email	TERM
Terry Kelley	116 Toyon Drive Woodland, CA 95695	H: 916-715-4137 terrykelley@sbcglobal.net	12/31/2021
Linda Weesner	21 Monte Vista Drive Woodland, CA 95695	H: 530-669-7468 C: 530-383-8603 linda.weesner@gmail.com	12/31/2020
Don Campbell, Chairperson	1742 Amherst Way Woodland, CA 95695	H: 530-666-3021 C: 530-908-1189 campbell5224@sbcglobal.net	12/31/2019
Heidi Wheeler	1805 Farnham Avenue Woodland, CA 95776	C: 530-383-2390 W: 530-662-1290 hwheeler@sjrv.org	12/31/2020
Regan Overholt	1521 Saratoga Drive, Woodland, CA 95695	C: 530-867-1426 raoverholt@ucdavis.edu	12/31/2018

This is a 5 member Commission with four year terms.
 Meetings: Third Thursday of each month
 Location: Community & Senior Center, 2001 East Street.
 Contact Information: 530.661.2005

Agenda packets available online: <http://www.cityofwoodland.org/prcs/comissions.htm#aging>



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: October 18, 2018
ITEM #: G.4.
SUBJECT:

Fall Potluck: On Thursday September 27, the Senior Center and Senior Center Inc. hosted its annual Fall Potluck where senior patrons bring a favorite side dish to share with main dishes prepared by Senior Center Inc. 91 participants attended and brought dishes. This event was supported with volunteers from the Church of Jesus Christ of Latter-Day Saints.

Crime Prevention Fair: The Woodland Senior Center co-sponsors an event hosted by the Yolo County District Attorney’s office. The Senior Resource and Crime Prevention Fair takes place Friday October 26 from 9:00 am to 12:00 pm. This event features many local agencies designed to serve seniors, with an emphasis on law enforcement and fraud-prevention vendors. Over 70 vendors are expected to attend.

Music Show Fundraiser: The Woodland Senior Center, Senior Center Inc., and Rockin’ Rowland Productions will be hosting a live music show fundraiser at the Senior Center to benefit Senior Center Inc. This show will be on Friday November 9 from 7:00-10:00 pm. The band “Grooveline” will be playing funk and rock music. Proceeds from the sale of beer will go directly to Senior Center Inc.

Dates to Note

October 26 – Senior Resource and Crime Prevention Fair

November 6 – Travel Presentation by Affordable Adventures and Collette Travel

November 9 – Music Show Fundraiser hosted by Senior Center Inc.

November 15 – Thanksgiving Dinner, hosted by SCI

December 20 – Santa’s Holiday Social and Brunch, hosted by SCI

Woodland Senior Center Monthly Participant Report classes ending: July 2018

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		Participants
ART		
Art	7/25/2018	20
Ceramics	7/26/2018	6
Gardening Adventures	7/6/2018	6
Needles & Friends	7/30/2018	69
Woodcarvers	7/18/2018	10
Scrapbooking	7/24/2018	14
EXERCISE		
Badminton	7/30/2018	245
Low Impact Aerobics 8am	7/30/2018	183
Low Impact Aerobics 10am	7/30/2018	210
Ping Pong AM	7/27/2018	9
Ping Pong PM	7/31/2018	19
Pickleball	7/31/2018	128
Ship Shape	7/31/2018	77
Stompers	7/30/2018	10
Yoga	7/26/2018	72
GAMES		
Bingo	7/27/2018	246
Bridge for Fun	7/25/2018	39
Cribbage	7/26/2018	21
Hand and Foot	7/25/2018	39
Mah Jong	7/26/2018	16
Open Game Day	7/31/2018	17
Pedro	7/31/2018	105
Pinochle	7/27/2018	33
GENERAL		
Chit Chat Café	7/31/2018	212
Senior Movie Day	7/9/2018	48
Thrift Store	7/31/2018	257
EDUCATION/RESOURCE		
Computer Club CLASS	7/31/2018	0
Computer Club Meeting	7/23/2018	13
Computer Lab	7/27/2018	22
Handy Helpers	7/26/2018	3
Hearing Exams	7/31/2018	0
HICAP Consultations	7/25/2018	0
Legal Consultations	7/19/2018	5
EVENTS		
Spaghetti Feed Fundraiser	7/18/2018	200
SUPPORT		
Arthritis Support Group	7/5/2018	5

Outa Sight SPEAKER	7/31/2018	18
Outa Sight SUPPORT	7/31/2018	18
Prostate Support	7/9/2018	8
Retiree Assistance Group	7/10/2018	10
Stroke Support	7/16/2018	11
Transitions	7/31/2018	4
SPECIAL PROGRAMS		
Library Usage	7/31/2018	5.75
DVD & Audio Library	7/27/2018	30
AARP Driving Course	7/19/2018	7

Woodland Senior Center Monthly Participant Report
classes ending: August 2018

Activity	End Date	Sign-Ins/ Participants
ART		
Art	8/29/2018	20
Ceramics	8/27/2018	23
Gardening Adventures	8/10/2018	16
Needles & Friends	8/27/2018	55
Woodcarvers	8/18/2018	4
Scrapbooking	8/28/2018	10
EXERCISE		
Badminton	8/31/2018	234
Low Impact Aerobics 8am	8/31/2018	189
Low Impact Aerobics 10am	8/31/2018	244
Ping Pong AM	8/31/2018	8
Ping Pong PM	8/28/2018	16
Pickleball	8/30/2018	145
Ship Shape	8/30/2018	90
Yoga	8/30/2018	80
GAMES		
Bingo	8/24/2018	207
Bridge for Fun	8/29/2018	83
Cribbage	8/23/2018	21
Hand and Foot	8/29/2018	16
Mah Jong	8/30/2018	14
Open Game Day	8/29/2018	18
Pedro	8/28/2018	89
Pinochle	8/17/2018	19
GENERAL		

Affordable Adventures -	8/9/2018	44
Chit Chat Café	8/31/2018	210
Senior Movie Day	8/13/2018	30
Thrift Store	8/31/2018	231
EDUCATION/RESOURCE		
Computer Club Meeting	8/27/2018	11
Computer Lab	8/29/2018	22
Handy Helpers	8/29/2018	4
HICAP Consultations	8/22/2018	6
Legal Consultations	8/16/2018	5
EVENTS		
Volunteer Appreciation Dinner	8/22/2018	180
SUPPORT		
Arthritis Support Group	8/2/2018	2
Outa Sight SPEAKER	8/31/2018	18
Outa Sight SUPPORT	8/31/2018	18
Stroke Support	8/20/2018	12
Transitions	8/28/2018	1
SPECIAL PROGRAMS		
Library Usage	8/28/2018	6
DVD & Audio Library	8/31/2018	75
AARP Driving Course	8/15/2018	13

Woodland Senior Center Monthly Participant Report
classes ending: September 2018

Activity	End Date	Sign-Ins/ Participants
ART		
Art	9/24/2018	52
Ceramics	9/27/2018	20
Gardening Adventures	9/7/2018	20
Needles & Friends	9/24/2018	38
Woodcarvers	9/19/2018	5
Scrapbooking	9/25/2018	7
EXERCISE		
Badminton	9/28/2018	173
Low Impact Aerobics 8am	9/28/2018	165
Low Impact Aerobics 10am	9/28/2018	192
Ping Pong AM	9/28/2018	7
Ping Pong PM	9/25/2018	12

Pickleball	9/26/2018	123
Ship Shape	9/27/2018	96
Stompers	9/24/2018	42
Yoga	9/27/2018	53
GAMES		
Bingo	9/28/2018	241
Bridge for Fun	9/26/2018	70
Cribbage	9/26/2018	12
Hand and Foot	9/26/2018	42
Mah Jong	9/27/2018	12
Open Game Day	9/25/2018	9
Pedro	9/25/2018	108
Pinochle	9/28/2018	19
GENERAL		
Affordable Adventures -	9/19/2018	49
Chit Chat Café	9/28/2018	275
Senior Movie Day	9/10/2018	35
Thrift Store	9/28/2018	210
EDUCATION/RESOURCE		
Computer Club Meeting	9/24/2018	15
Computer Lab	9/28/2018	21
Handy Helpers	9/30/2018	7
HICAP Consultations	9/26/2018	6
Legal Consultations	9/20/2018	3
EVENTS		
Fall potluck	9/27/2018	91
SUPPORT		
Arthritis Support Group	9/6/2018	2
Outa Sight SPEAKER	9/4/2018	17
Outa Sight SUPPORT	9/18/2018	14
Parkinson's Support Group	9/24/2018	14
Prostate Support	9/10/2018	16
Retiree Assistance Group	9/11/2018	12
Stroke Support	9/17/2018	11
SPECIAL PROGRAMS		
DVD & Audio Library	9/21/2018	15

Attachments:

None