



Commission on Aging

Location: Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Agenda April 14, 2011 3:30 –4:30 p.m.

Commission Members	Karen Wright, Chair; Regan Overholt, Vice-Chair; Lucinda Talkington, Don Campbell, Benjamin Garman
3:30 p.m.	Call to Order
3:30 p.m.	Pledge of Allegiance
3:32 p.m.	Minutes: 1. March 14, 2011
3:32 p.m.	Correspondence (none)
3:32 p.m.	Public Comment
3:35 p.m.	Communications Written-Staff Reports 2. Senior Center Report-Kris Bain
3:35 p.m.	Presentations
3:35 p.m.	New Business-Action Items
3:40 p.m.	New Business-Information Items 3. Teens Helping Senior-Tringali
3:45 p.m.	Old Business-Action Items 4. Confirm date for Resource Fair 2012
3:45 p.m.	Old Business-Information Items

Note: Times indicated are approximate For video broadcast schedule can be viewed at www.wavetv.org.

Documents for meeting are available online at www.cityofwoodland.org

For information on this meeting, contact the Parks & Recreation Department, 661-5880.

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st. Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.

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3:50 p.m. Committee Reports

3:50 p.m. Other Business

3:55 p.m. Communications-Commission/Staff Statements and Requests

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission's consideration of any items a Commission Member would like to have discussed at a future Commission Meeting.

4:00 p.m. Business Items for Next Meeting

4:00 p.m. Next Meeting Date: May 12, 2011

4:00 p.m. Adjournment

Note: Times indicated are approximate For video broadcast schedule can be viewed at www.wavetv.org.

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Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

Regular Meeting Minutes of March 14, 2011

Call to Order

Meeting convened at 3:32 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Wright presiding.

Commissioners Present: Wright, Campbell, Garman, Overholt, Talkington

Absent:

Staff: Bain, Haynie

Guests: Donna Currey

Pledge of Allegiance

Minutes

1. Meeting Minutes of January 26, 2011 (Item 1)

Commissioner Campbell moved to approve the Meeting Minutes of January 26, 2011 with changes requested by Commissioner Garman; Commissioner Talkington seconded. Motion carried.

Correspondence

Public Comment

Doug Soma Reed addressed the Commission, informing them of his negative experience with Hospice. Mr. Soma Reed explained in detail to the Commission his wife's last days. Commissioner asked for clarification on some of his claims, then asked what Mr. Soma Reed felt the Commission could do for him. Mr. Soma Reed requested that he be allowed to hold meetings where he explained his experience with hospice to the seniors at the Center. The Commission stated that Mr. Soma Reed could be included in a panel discussion group that also includes the Yolo Hospice.

Communications Written-Staff

2. Senior Center Report-Bain

Commissioner Campbell made the motion to accept staffs report as written, Commissioner Garman seconded the motion.

Presentations (none)



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New Business-Action Items

New Business-Information Items

Old Business-Action Items

3. Approve Workplan Update-Garman

Commissioner Campbell made the motion to accept the Workplan with changes, Focal Point Coordination Council meets quarterly, Table Intergenerational Project until funds can be found for project, June 2011 is the deadline for information in the Fall Guide, Resource Fair will be held May 16, 2012, 10:30-1:30 p.m., Commissioners Wright and Talkington will chair this event, Commissioner Garman seconded the motion. Motion passed

4. Change COA Meeting Dates

Staff is requesting that the COA meeting change meetings from every month to every other month.

After discussion, Commissioner Garman made the motion to change the COA meeting to the second Thursday of the month at 3:30 p.m. and table bimonthly meeting, Commissioner Campbell seconded the motion. Motion Carried.

Next meeting date will be April 14, 2011. Haynie will notify City Clerk about the change of meeting date.

5. Confirm date for Resource Fair for 2012

Resource Fair will be held on the third Wednesday in May 2012 (May 16), Fair will start a 10:30 a.m. and end at 1:30 p.m. Commissioners Wright and Talkington will chair the event and contact participants. Haynie will confirm the date is reserved for the Meeting Rooms.

Old Business-Information Items



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Committee Reports

Transportation Report

Commissioner Talkington stated that with her current schedule she resigned from the Yolo County Transportation Committee and found her replacement Kathy Drewer. Yolo County received National Accreditation, with only 15 accreditations given nation wide. Yolo received the accreditation for having 91% with close access to buses for their schedules June-September.

Communication-Commission/Staff Statements and Requests

Discussed Community Care Car Script program, Panel for the hospice issue, contacting the Californian for in kind donations, asking Dallas Tringali to attend the next meeting where he can explain the Teens Helping Seniors program and the costs involved.

Other Business

Business Items for Next Meeting:

Confirm Date for Resource
Teens Helping Seniors

Next Meeting Date: April 14, 2011

Adjourn: Chair Wright adjourned the meeting at 4:40p.m.

Respectfully submitted,

Cathy Haynie, Administrative Secretary
Parks & Recreation Department



Woodland Parks & Recreation Department WOODLAND SENIOR CENTER

2001 East Street • Woodland, CA 95776 • (530) 661-2001

COMMISSION REPORT April, 2011

TO: Elle Murphy, Recreation Division Manager

FROM: Kris Bain, Senior Center Supervisor

Supervisor's Notes

Items to note

- **SeniorGram re-formatted**
Check out the April issue of the SeniorGram to see how it has been re-worked. Great comments have come in about the latest issue detailing more information, and outlining programs one by one.
- **Volunteer recruitment**
Recently, we are finding many programs are lacking volunteers to run them. Many volunteers have retired from their volunteer duties, or have taken ill. We have gotten to a critical need of new volunteers, especially at our Welcome Desk, to act as greeters and information givers. Should you know of anyone looking for a few volunteer hours, please have them contact me.

Special Programs & Events

- **Movie Day Success**
For the showing of Movie Day in March, we showed *Red*, an action movie starring Bruce Willis. To our surprise, over 20 attended the free screening. Popcorn and drinks were provided and all enjoyed the movie. Comments from a few viewers included, "We can't wait until next month!" "This was great!" "I really looked forward to this!"
- **SCI's Mother's Day Tea**
Senior Center Inc.'s Mother's Day Tea has been postponed until 2012 due to lack of planning time and it was a poorly chosen date. More update will follow in the upcoming months. This event is a co-sponsored event with the City as a fundraiser for SCI. They are in the process of planning a similar event for October.

Program Report

SENIOR CENTER	TOTALS				
	Jan-11	Feb-11	Mar-11	Fiscal YTD	Comments
Programs & Activities					
# offered	25	22	29	199	
# of Participants	1520	1480	1596	13209	
Revenue	\$1,081.60	\$342.70	\$600.23	\$4,769.76	

Highlighted Program – April 2011

Pedro

On Tuesday afternoons, we can always count on a busy afternoon with 25-35 Pedro players in the game room. The Pedro card group has such a large following; they are outgrowing the card room. The group can only play 32 as the maximum. They would like a larger space to play cards, but nothing will suit their needs, as the game room does. We would love to give them a larger space to play 45-60 at a time, but there is a problem due to the tables, there are just not fifteen card tables in Community & Senior Center. The group was offered rectangle tables or round tables, and they are not suitable for senior's playing cards. The other alternative for the Pedro players is to offer another day to play, in addition to the Tuesday. With this solution, there is a need for an additional volunteer to take on the additional group.

This is a good problem to have, we are working on ways to overcome Pedro growing too big and not being able to let everyone play.

Senior Center Programs, Games, & Services Available

Support Groups

Arthritis Support Group
Changes to Choices
Hear! Here!
Parkinson's Support Group
Outa Sight
Peripheral Neuropathy
Stroke Support

Exercise Classes

Low Impact Aerobics
Belly Dance for Seniors
Parkinson's Exercise
Ship Shape
Yoga
Swing Dance
Ballroom/Salsa Dance
Zumba Gold
Pilates

Services

Blood Pressure Clinic
Legal consultations
Health Insurance consultations
Senior Link Information & Assistance
Thrift Store
Community Care Car
Computer Classes
Chit Chat Café
Library
Video Library
YC Food Bank Low cost food distribution

Arts & Craft Classes

Art painting & drawing
 Ceramics
 Handicrafters
 Needles & Friends
 Woodcarving

Special Speakers/Classes

AARP Driver's Safety
 Hear! Hear! Speaker
 Life History
 Outta Sight Speaker
 Shakespeare

General Recreation

Novel Book Club
 Senior Travel
 Woodland Stompers
 Computer Lab

Games

<i>Bingo</i>	Wednesdays and Fridays at 12:15pm
<i>Bridge</i>	Wednesdays at 1:00pm
<i>Canasta</i>	Tuesdays at 12 noon.
<i>Hand & Foot</i>	Wednesdays at 9 am
<i>Cribbage</i>	Wednesdays at 1pm
<i>Mah Jong</i>	Thursdays at 1pm
<i>Pedro</i>	Tuesdays at 12:15pm
<i>Ping Pong</i>	Fridays at 10:00am
<i>Pinochle</i>	Thursdays at 6 pm
<i>Second Horizons Bingo</i>	1 st Friday of the month at 6pm.

Senior Center, Inc.

The finance committee is planning to work on fundraisers as alternate funding. They would like to do two events a year as a fundraiser. The first of the two events is being planned in October as a Fall Tea. Other fun one day events include a casino night and bus trips to Reno.

Community Care Car

No report given.

Computer Club

Upcoming for the Computer Club, the May meeting will be on how to get your pictures from your camera to the computer. Betti Clark from the Woodland Camera Club will give the presentation.

Elderly Nutrition

No report given.

Woodland Senior Outreach

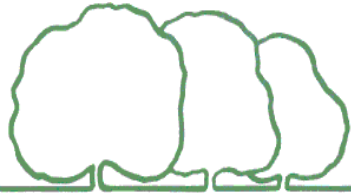
Nothing new to report, no meeting planned.

Yolo County Commission on Aging

Nothing new to report, no meeting

Upcoming dates

April 6	Golf Putting Clinic
April 21	Easter Floral Centerpiece class
April 21	Senior Movie Day, showing <i>The Secretariat</i>
May 19	Senior Center, Inc.'s annual installation & potluck
May 24	Vitas Hospice Advanced Directive workshop
May 27 & 30	Senior Center closed (holiday)



2011 Commission on Aging Meeting Dates

January

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

February

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

March

S	M	T	W	T	F	S
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

April

S	M	T	W	T	F	S
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

May

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

July

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

August

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

The Commission meets at 3:30 p.m. on the 2nd Thursday,
except in August and December.

Meeting location:

Community & Senior Center, 2001 East Street, Woodland,
CA 95776.

Phone: (530) 661-2001.