



Commission on Aging

Location: Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Agenda *April 12, 2012* 3:30 –4:30 p.m.

Commission Members	Benjamin Garman, Chair; Don Campbell, Vice-Chair; Karen Wright, Regan Overholt, Lucinda Talkington
3:30 p.m.	Call to Order
3:30 p.m.	Pledge of Allegiance
3:32 p.m.	Minutes: 1. March 8, 2012
3:32 p.m.	Correspondence
3:32 p.m.	Public Comment
3:35 p.m.	Communications Written-Staff Reports 2. Senior Center Report-Kris Bain
3:35 p.m.	Presentations
3:35 p.m.	New Business-Action Items
3:40 p.m.	New Business-Information Items 3. Important Documents Discussion 4. Review COA Code
3:45 p.m.	Old Business-Action Items 5. Work Plan Updates a. Council Presentation- May 15, 2012 b. Resource Fair May 16, 2012 c. Guest Speaker Series – April 24, 2012 d. Apartment List

Note: Times indicated are approximate For video broadcast schedule can be viewed at www.wavetv.org.

Documents for meeting are available online at www.cityofwoodland.org

For information on this meeting, contact the Parks & Recreation Department, 661-2000.

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st. Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.

3:45 p.m. Old Business-Information Items

3:50 p.m. Committee Reports

3:50 p.m. Other Business

3:55 p.m. Communications-Commission/Staff Statements and Requests

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission's consideration of any items a Commission Member would like to have discussed at a future Commission Meeting.

4:00 p.m. Business Items for Next Meeting

4:00 p.m. Next Meeting Date: May 10, 2012

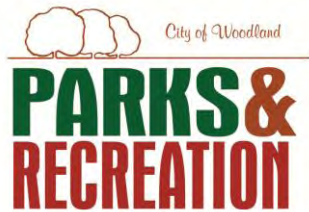
4:00 p.m. Adjournment

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Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes
March 8, 2012

Call to Order

Meeting convened at 5:00 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Garman presiding.

Commissioners Present:	Garman, Overholt, Campbell, Wright,
Absent:	Talkington
Staff:	Haynie, Engel
Guests:	Adelita Serena

Pledge of Allegiance

Minutes and Staff Report

Commissioner Campbell moved to accept the minutes from January 12, 2012, February 23, 2012 and the Staff Report; Commissioner Wright seconded the motion. Motion carried 4-0.

Presentation

Adelita Serena, Outreach Specialist from the Yolo County Library presented to the Commission "Yolo 2-1-1". Ms. Serena explained that Yolo 2-1-1 was launched in January 2012, this is a phone or web based service that is free from anywhere. There are links to referrals, disaster assistance, phone number services and links to programs.

Commission asked about services that would not be allowed and discussed the need for social services for Senior Center participants.

Ms. Serena supplied the Commission and Staff with flyers and handouts.

Communication Protocol

Engel explained the City's standard for communication between Commission members to the Commission. All communication that is sent to all commissioners need to be funneled through staff. This will insure that all communication follows the Brown Act requirements.

Meeting Time Discussion

Commission discussed the possible need to change the times that the Commission meets, three of the current member work 8-5 p.m. The current meeting time will remain the same for now.

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Important Document Discussion

This item was tabled. Commissioner Overholt will present the documents at the April Commission meeting.

“Checking on you” program-Campbell

Commissioner Campbell stated that he talked to Susannah Johnson who runs the program for Vacaville PD. They have ten volunteers and run a more extensive program than would be possible for Woodland. Engel will contact Steve Guthrie at WPD and report back at the next meeting.

Council Presentation

May is older Americans month; Commissioner Overholt will work on the presentation. Staff will supply here with current pictures of computer, exercise, card games, and past resource fair. Commissioner Garman will present to Council.

Resource Fair

Commissioner Talkington should be back in town on Friday. Commissioner Wright will contact her and get the list of contacts for the Resource Fair. Event will be held on May 16, 2012, 10:30 a.m.- 1:00 p.m. Commissioner Overholt will create the flyer and give three line write up for the Senior Gram and for distribution to other agencies. Staff will post on Web page and Facebook. Finalize all information at the April meeting.

Speaker Series

Commissioner Overholt stated that Joanne Hatchet, PA from WHC is available either April 17 or 24 information needs to be in by March 14, 2012 to make the April Senior Gram.

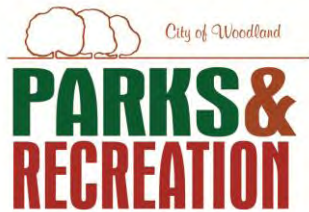
Apartment List

This item was tabled.

Communication-Commission/Staff Statements and Requests

Commissioner Campbell informed the Commission that staff had received an informal estimate for the grout repair at the front of the Community & Senior Center, the cost is \$3.00 per foot, \$3,000.00

Commissioner Garman would like a discussion on the COA responsibilities and a review of the COA code.



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Business Items for Next Meeting:

Speaker Guidelines

Grout at front entrance

Important Documents

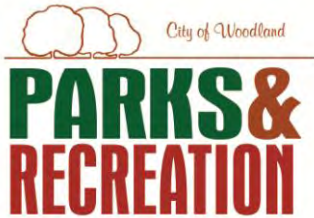
Review of COA code

Next Meeting Date: April 12 2012

Adjourn: Commissioner Overholt made the motion to adjourn the meeting at 4:35 p.m., Commissioner Wright seconded the motion, and motion carried 4-0.

Respectfully submitted,

Cathy Haynie, Administrative Secretary
Parks & Recreation Department



Woodland Parks & Recreation Department
WOODLAND SENIOR CENTER

2001 East Street • Woodland, CA 95776 • (530) 661-2001

Commission on Aging Report

April 2012

TO: Christine Engel, Recreation Division Manager

FROM: Kris Bain, Senior Center Supervisor

Supervisor's Notes

Yolo Prostate Support Group

A representative for the Yolo Prostate Support approached staff in search of a meeting location for the support group. They were told to host the support group, the program would be co-sponsored with the Senior Center. We are happy to announce, the Yolo Prostate Support Group for survivors and family will be attending monthly meetings at the Senior Center. We welcome them and are glad to be able to accommodate their needs.

Hear! Here!

Ms. Clare Childers, the lead volunteer for the Hear! Here! Support group became very frustrate with the assisted listening devices (ALD) the Community & Senior Center has. It became an item staff worked very hard to address and to accommodate both her and her groups' needs. Staff brought in specialists, and Clare even gave a special system to us in hopes this system would work better than the ALD the center has. Staff installed the loop system, a system with a looping wire and receiver, into meeting room 1. After the first meeting Hear! Here! Tried the system, Clare was thrilled everything worked fine. This was great news, and staff is working toward purchasing and wiring other rooms throughout the Community & Senior Center.

Free Computer Assistance offered by Woodland Community College Students

Just two weeks ago, staff was approached by students from Woodland Community College in computer course. They were asking if they could offered computer assistance to seniors while the students were on their spring break. The students were given use of the Warren Meyer Game room to meet with seniors one on one with a lap top. Spring break was the week of March 26-30 and the first day was very slow. As word got out, the next two days, the students had the room full helping seniors with many of the computer-related questions.

Volunteer Appreciation Dinner

The Senior Center, Inc board of directors decided to move the Volunteer Appreciation dinner to April due to April being the "Volunteer Appreciation Month". April 12 will be the dinner to thank all of the volunteers who help make the senior center successful. This year is our salute to entertainment.

Program Report March 2012

March 2012 Totals:	Classes Offered			Total Participants	Total PH	Gross Revenue	Net Revenue
	28			1912	21455.5		\$ 1,640.95
FY 10/11 YTD Totals:	Classes Offered			Total Participants	Total PH	Gross Revenue	Net Revenue
	263			14560	71,267	\$ -	\$ 7,049.93

Recreation Report classes ending: March 2012

Activity	Start Date	End Date	Meetings	Min/Mtg	Class Hours	Participants	Participant Hours (PH)	Total Fees	Notes
Art	3/7/2012	3/28/2012	4	120	8	15	120		
Arthritis Support Group	3/1/2012	3/1/2012	1	120	2	8	16		
Bingo	3/2/2012	3/30/2012	9	120	18	248	4464		
Ceramics	3/1/2012	3/29/2012	5	120	10	22	220		now on Thurs
Changes to Choices	3/6/2012	3/20/2012	2	120	4	12	48		
Computer Club Classes	3/8/	3/15/2012	1	120	2	15	30		
Computer Club Meeting	3/26/2012	3/26/2012	1	120	2	21	42		
Computer Lab	3/2/2012	3/30/2012	5	180	15		0		not reported
Hand and Foot	3/7/2012	3/28/2012	4	180	12	56	672		
Handicrafters							0		have merged with Quilters
Hear! Here!	3/29/2012	3/29/2012	1	60	1	10	10		Next meeting here in May
HICAP Consultations	3/14/2012	3/28/2012	2	60	3	6			
Legal Consultations	3/16/2012	3/16/2012	1	30	0.5	3	1.5		
Low Impact Aerobics 8am	3/2/2012	3/30/2012	13	30	6.5	178	1157		
Low Impact Aerobics 10am	3/2/2012	3/30/2012	13	30	6.5	618	4017		
Needles & Friends	3/5/2012	3/26/2012	4	60	4	38	152		
Outa Sight Self-help group	3/6/2012	3/20/2012	2	60	2	26	52		
Ping Pong	3/2/2012	3/30/2012	5	60	5	22	110		
Peripheral Neropathy	3/19/2012	3/19/2012	1	120	2	15	30		
Pedro	3/6/2012	3/27/2012	4	120	8	128	1024		
Pinochle	3/1/2012	3/29/2012	5	120	10		0		not reported
Ship Shape	3/1/2012	3/29/2012	9	30	4	61	244		
Senior Movie Day	3/15/2012	3/15/2012	1	120	2	37	74		Moneyball
Stompers	3/5/2012	3/26/2012	3	120	6	33	198		
Stroke Support	3/19/2012	3/19/2012	1	120	2	10	20		
Tax Aide	3/1/2012	3/29/2012	40	60	40	144	5760		Every appointment filled (16 ea
The Novel	3/13/2012	3/13/2012	1	60	1	6	6		Did not meet this month
White Elephant Thrift Shop	3/2/2012	3/30/2012	9	120	18	162	2916		made \$504 for SCI
Woodcarvers	3/7/2012	3/21/2012	2	120	4	18	72		
Hand & Foot Card Party					85				Senior Center Inc fundraiser
Library Usage		New Books	214						
Library Usage		Returned books	130	Vol hours	10.5				

Senior Center, Inc.

- The Reno bus trip fundraiser is April 21

Community Care Car

No update was provided.

Computer Club

The Computer Club is focusing to push hard to have more attend the Friday drop in lab hours. They are working hard for more public outreach to know about their availability. They are starting to see a slight increase in numbers for Fridays.

Elderly Nutrition

No update was provided.

Woodland Senior Outreach

No update was provided.

Yolo County Healthy Aging Alliance (a subcommittee of the YC COA)

No update was provided.

Upcoming dates

April 12	Senior Volunteer Appreciation Awards Dinner
April 19	Senior Movie day – showing <i>My Week with Marilyn</i>
April 24	Seminar sponsored by COA: <i>Important Healthcare Documents ALL seniors should have</i>