



Commission on Aging

Location: Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Agenda

May 10, 2012

3:30 –4:30 p.m.

Commission Members

Benjamin Garman, Chair; Don Campbell, Vice-Chair; Karen Wright, Regan Overholt, Lucinda Talkington

Call to Order

Pledge of Allegiance

Minutes:

1. April 12, 2012

Correspondence

Public Comment

Communications Written-Staff Reports

2. Senior Center Report-Kris Bain

Presentations

New Business-Action Items

New Business-Information Items

3. Important Documents Discussion

Old Business-Action Items

4. Work Plan Updates
 - a. Council Presentation- May 15, 2012
 - b. Resource Fair May 16, 2012
 - c. Guest Speaker Series – April 24, 2012
 - d. Apartment List

Old Business-Information Items

Note: Times indicated are approximate For video broadcast schedule can be viewed at www.wavetv.org.

Documents for meeting are available online at www.cityofwoodland.org

For information on this meeting, contact the Parks & Recreation Department, 661-2000.

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st. Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.

Committee Reports

Other Business

Communications-Commission/Staff Statements and Requests

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission's consideration of any items a Commission Member would like to have discussed at a future Commission Meeting.

Business Items for Next Meeting

Next Meeting Date: June 14, 2012

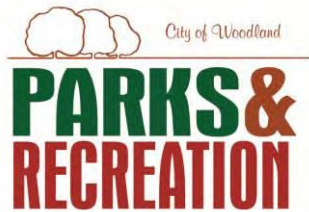
Adjournment

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Regular Meeting Minutes
April 12, 2012

Call to Order

Meeting convened at 3:30 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Garman presiding.

Commissioners Present: Garman, Overholt, Campbell, Wright,
Absent: Talkington
Staff: Haynie, Engel
Guests:

Pledge of Allegiance

Minutes and Staff Report

Commissioner Campbell moved to accept the minutes from March 8, 2012 and the Staff Report; Commissioner Overholt seconded the motion. Motion carried 4-0.

Correspondence (None)

Commissioner Garman shared newspaper clippings with the Commission.

Public Comment (None)

Communications Written-Staff Reports

Bain explained the steps she had taken to advertise the Guest Speaker event on April 24, 2012 and the Resource Fair on May 16, 2012: Creating flyers, notice to the Daily Democrat, Web Pages and Facebook. Bain, Commissioner Wright and Commissioner Talkington are working together on the Guest Speaker event on April 14, 2012. Commissioner Garman will forward the information on to the Davis Enterprise.

Bain reported to the Commission that staff is moving forward with the grout repairs to the front of the building.

A new support group has started using the Senior Center Prostate Support held their first meeting with 30 attendees.

The new "Loop System" has solved the problems that the Hear! Here! Group was having with the Community & Senior Centers "Assisted Listening Devices". Staff is planning to add this loop to the game room for the Senior Movie days.

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Tax Aide has finished for the year and is booked in the building for next year's tax season. Commissioner Garman asked how many were served through the Tax Aide program. Bain responded that there were 16 spots each day and most days these were full.

Commissioner Campbell stated that a rider of the Care Car wanted to read the newspaper at the Center but there wasn't one available. Commissioner Campbell asked staff to make the newspaper available to seniors.

Important Document Discussion

This item was tabled. Commissioner Overholt will present the documents at the May Commission meeting.

Review COA Code

Commissioner Garman read the code to the Commission.

Sec. 2-7-86. Powers and duties

The commission on aging shall have the following powers, functions and duties:

1. To act as advisory body to the city council by studying, evaluating, and making recommendations on grant and program proposals affecting the well being of senior citizens' programs in the city;
2. To define unmet needs of senior citizens and to indentify ways to meet these needs;
3. To identify and inventory various services available to senior citizens';
 - a. Bain's staff report addresses this.
4. To disseminate information to senior citizens regarding the availability and uses of the various activities and services;
 - a. The Speaker Series addresses this.
5. To lend strength and support to existing programs;
 - a. Commission needs to add more support for this.
6. To discuss and recommend appropriate action on all legislative bills concerning senior citizens;
 - a. Consider in future.
7. To recommend and coordinate senior citizens' programs or services of general interest, including, but not limited to, nutrition, transportation, health, housing and recreation;
 - a. ENP, Care Car, Support Groups, Apartment List, Programs meet this.
8. To act as advisory body to the city council concerning the operation and maintenance of the senior center;
 - a. Advisory, Covered.

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9. To review the portion of the city budget related to senior programs as developed by the department staff and make recommendations to the city council.
 - a. Would like to see what the budget is for the Senior Center.
 - i. Engel stated that there wasn't much budget for the Senior Center since most of the administration needs are being funded by the Administration Division's budget. Though funding has been added for the part time staff position (Paula Crum) for the next fiscal year. Staff recognizes that this position is crucial to the Senior Center day to day operation.

This item will be added to the June agenda as a Discussion Item.

Council Presentation-May 15, 2012

May is older Americans month; Commissioner Overholt will work on the presentation. Staff will supply her with current pictures of computer, exercise, card games, and past resource fair. Commissioner Garman will present to Council.

Resource Fair-May 16, 2012

Commissioner Wright reported that 40 vendors have committed to attend the Resource Fair. Commissioner Wright asked staff if electricity would be available for vendors. Staff responded that electricity is available around the room, so those vendors who need electricity should be identified and place near the outlets. Commissioner Wright and Talkington will give staff the room set up requirements and staff will set up the room.

Guest Speaker Series-April 24, 2012

Apartment List

This item was tabled.

Communication-Commission/Staff Statements and Requests

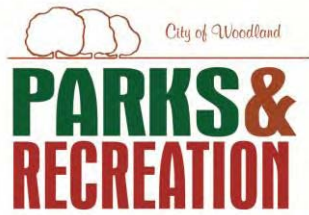
Business Items for Next Meeting:

Speaker Guidelines

Grout at front entrance

Important Documents

Next Meeting Date: May 10, 2012



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Adjourn: Commissioner Overholt made the motion to adjourn the meeting at 4:35 p.m., Commissioner Wright seconded the motion, and motion carried 4-0.

Respectfully submitted,

Cathy Haynie, Administrative Secretary
Parks & Recreation Department



Woodland Parks & Recreation Department
WOODLAND SENIOR CENTER

2001 East Street • Woodland, CA 95776 • (530) 661-2001

Commission on Aging Report

May 2012

TO: Christine Engel, Recreation Division Manager

FROM: Kris Bain, Senior Center Supervisor

Supervisor's Notes

Important Document Workshop

The important document workshop held on April 24 with Joann Hatchett was a success. With more than 15 in attendance, all had a great experience and were happy with the presentation. Several phone calls were received and requested more information and would like for this workshop to be presented again soon.

Tax Aide completed for 2012

We were told that Woodland recorded 328 tax appointments which represented almost a third of the combined Yolo County client visits (besides Woodland, we have Tax aide sites in Davis, Dixon, Winters and Esparto). Of these, they submitted 224 federal and state e-files. The balance were either paper returns, no return necessary, or tax related questions answered.

Grout in front of the building

A formal quote to fill the grout should be received this week.

Senior Movie Days

Senior Movie Day has participation has increased beyond the capacity of the Game Room. Therefore, movies will now be shown in the Youth Center, which can accommodate up to sixty people.

New Senior Program

We are proud to now offer Restorative Yoga & Meditation beginning in June. The instructor, Garrie Wright, who has currently teach at Cross Court Athletic Club. She is offering her expertise on meditation, stretching, healthy living, and coping with pain. She too is a senior and suffers from rheumatoid arthritis. Our arthritis support group invited her to do a presentation and now she is willing to teach Yoga to seniors.

Program Report April 2012

April 2012 Totals:	Classes Offered			Total Participants	Total PH	Gross Revenue	Net Revenue
	29			1798	15259.5		\$ 400.00
FY 10/11 YTD Totals:	Classes Offered			Total Participants	Total PH	Gross Revenue	Net Revenue
	292			16451	87,641	\$ -	\$ 7,449.93

Recreation Report classes ending: April 2012									
Activity	Start Date	End Date	Meetings	Min/Mtg	Class Hours	Participants	Participant Hours (PH)	Total Fees Collected	Notes
Art	4/4/2012	4/25/2012	4	120	8	32	256		
Arthritis Support Group	4/5/2012	4/5/2012	1	120	2	10	20		
Bingo	4/4/2012	4/27/2012	8	120	16	220	3520		
Ceramics	4/5/2012	4/26/2012	5	120	10	22	220		
Changes to Choices	4/3/2012	4/17/2012	2	120	4	12	48		
Computer Club Classes	4/5/2012	4/30/2012	5	120	10	33	330		
Computer Club Meeting	4/23/2012	4/23/2012	1	120	2	23	46		
Computer Lab	4/6/2012	4/27/2012	5	180	15	28	420		
Hand and Foot	4/4/2012	4/25/2012	4	180	12	68	816		
Hear! Here!							0		Next meeting here in October
HICAP Consulations	4/11/2012	4/25/2012	2			5			
Legal Consulations	4/20/2012	4/20/2012	1	30	0.5	4	2		
Low Impact Aerobics 8am	4/2/2012	4/30/2012	13	30	6.5	139	903.5		
Low Impact Aerobics 10am	4/2/2012	4/30/2012	13	30	6.5	534	3471		
Needles & Friends	4/2/2012	4/30/2012	5	60	5	57	285		
Outa Sight Self-help group	4/3/2012	4/17/2012	2	60	2	27	54		
Ping Pong	4/6/2012	4/27/2012	4	60	4	14	56		
Peripheral Neropathy	4/16/2012	4/17/2012	1	120	2		0		Not reported
Pedro	4/3/2012	4/24/2012	4	120	8	120	960		
Pinochle	4/5/2012	4/26/2012	4	120	8		0		Not Reported
Prostate Support Group	4/9/2012	4/9/2012	9	30	4	35	140		
Ship Shape	4/3/2012	4/26/2012	8	30	4	51	204		
Senior Movie Day	4/19/2012	4/19/2012	1	120	2	56	112		The Descendants
Stompers	4/2/2012	4/30/2012	5	120	10	41	410		
Stroke Support	4/16/2012	4/16/2012	1	120	2	10	20		
Tax Aide	4/4/2012	4/12/2012	4	60	4	64	256		
The Novel	4/10/2012	4/10/2012	1	60	1		0		No April Meeting, had offsite
White Elephant Thrift Shop	4/6/2012	4/27/2012	8	120	16	164	2624		Brought in \$548.50 for SCI
Woodcarvers	4/4/2012	4/18/2012	2	120	4	14	56		
COA Important Documents	4/24/2012	4/24/2012	2			15	30		
Library Usage		New Books	118						
Library Usage		Donated books	74	Vol hours	8.75				

Senior Center, Inc.

- The April 21 Reno bus trip filled up and was successful.
- New day trips for seniors are being offered, the first trip is August 18 to San Francisco.
- Next Hand & Foot Card party fundraiser is scheduled for August 4.

Community Care Car

No update was provided.

Computer Club

The Computer Club had a big month of classes, with over 5 offered this month.

Elderly Nutrition

No update was provided.

Woodland Senior Outreach

No update was provided..

Yolo County Healthy Aging Alliance (a subcommittee of the YC COA)

No update was provided.

Upcoming dates

May 16	Senior Resource Fair
May 17	Senior Movie Day – <i>My Week with Marilyn</i>
May 17	Senior Center Inc. Installation & Potluck dinner
May 24	“Those were the Days” talk with Bill Pettite
May 28	Senior Center closed
May 31	Collette Vacation travel showcase
June 21	Senior Movie Day – <i>War Horse</i>
June 21	Trip to Pier 39 (this is West Sacramento’s Trip, we are piggy-backing on)
June 26 & 28	AARP Driver’s Safety Course