



Commission on Aging

Location: Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Agenda

June 14, 2012

3:30 –4:30 p.m.

Commission Members

Benjamin Garman, Chair; Don Campbell, Vice-Chair; Karen Wright, Regan Overholt, Lucinda Talkington

Call to Order

Pledge of Allegiance

Minutes:

1. May 10, 2012

Correspondence

Public Comment

Communications Written-Staff Reports

2. Senior Center Report-Kris Bain

Presentations

New Business-Action Items

3. Representative to Yolo County Commission on Aging

New Business-Information Items

Old Business-Action Items

Old Business-Information Items

4. Work Plan Updates
 - a. Council Presentation- May 15, 2012
 - b. Resource Fair May 16, 2012
 - c. Guest Speaker Series – Next Date

Note: Times indicated are approximate For video broadcast schedule can be viewed at www.wavetv.org.

Documents for meeting are available online at www.cityofwoodland.org

For information on this meeting, contact the Parks & Recreation Department, 661-2000.

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st. Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.

Committee Reports

Other Business

Communications-Commission/Staff Statements and Requests

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission's consideration of any items a Commission Member would like to have discussed at a future Commission Meeting.

Business Items for Next Meeting

Next Meeting Date: July 12, 2012

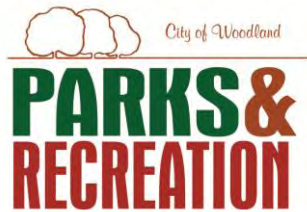
Adjournment

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Regular Meeting Minutes

May 10, 2012

Call to Order

Meeting convened at 3:30 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Garman presiding.

Commissioners Present: Garman, Overholt, Campbell, Wright, and Talkington

Absent:

Staff: Haynie, Bain, and Engel

Guests:

Pledge of Allegiance

Minutes and Staff Report

Commissioner Overholt moved to accept the minutes from April 12, 2012 as written; Commissioner Campbell seconded the motion. Motion carried 5-0.

Correspondence (None)

Public Comment (None)

Communications Written-Staff Reports

Bain reported to Commission that staff is receiving formal quotes to repair the front grout at the Community & Senior Center. Senior Movie Day has outgrown the game room and is moving into the youth center. Restorative Yoga & Meditation will begin in June on the 2nd, 3rd and 4th Thursday, Garrie Wright is the instructor.

Elizabeth DiDio is a grant-writer and assisting with a needs assessment in hopes we can identify senior needs within our community to be able to apply for grants. Volunteers can respond to the assessment that will be in the Senior Gram. Commissioner Talkington informed the Commission that TLC uses the same process to get needed information. Bain stated that she was going to start emailing the Senior Gram out to COA and Council. She has created an email list and will add any interested parties. Commissioner Campbell made the motion to accept staff's report as written; Commissioner Wright seconded the motion. Motion carried 5-0.

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Important Documents

Commissioner Overholt will email the documents to Haynie and Administrative staff will recreate the document into a word document. Frost (Bain's Coordinator) will then convert the documents into a PDF fill in version.

Guest Speaker Series-April 24, 2012

Speaker Joan Hatchett provided handouts of information. The event was well received and very positive. Ms. Hatchett would be able to do additional subjects for the speaker series and could be a fill in. Commission will write a thank you note to Ms. Hatchett. Next series October/November should either be about identity theft or security and "Hi Grandma". Engel will contact PD about their ability to be a Guest Speaker. Commissioners Talkington and Wright will contact the DA Office at the resource fair for a presentation in late October or early November.

Council Presentation-May 15, 2012

Bain will send resource fair flyer to Commissioner Garman to add to presentation. February 2013 COA meeting will include the first draft of the annual report for next year. Commissioner Garman will present to Council.

Resource Fair-May 16, 2012

Commissioner Wright reported that 50 vendors are registered for the Resource Fair. Commissioner Campbell will check in vendors. Commissioner Wright and Talkington will map and organize the vendors with attention to the vendors who need electrical access. Commissioner Wright and Talkington will give staff the room set up requirements and staff will set up the room. Commissioner Talkington will send document of vendors to staff for future use.

Apartment List

Haynie asked that the Commission check the highlighted information in the list. If there are no changes then staff will remove highlights, post and send the document out. Commission asked that Haynie proceed with no additional changes to the document.

Communication-Commission/Staff Statements and Requests

Business Items for Next Meeting:

Speaker Guidelines

Work Plan



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Next Meeting Date: June 14, 2012

Adjourn: Commissioner Wright made the motion to adjourn the meeting at 4:35 p.m., Commissioner Talkington seconded the motion, and motion carried 5-0.

Respectfully submitted,

Cathy Haynie, Administrative Secretary
Parks & Recreation Department



Woodland Parks & Recreation Department WOODLAND SENIOR CENTER

2001 East Street • Woodland, CA 95776 • (530) 661-2001

Commission on Aging Report

June 2012

TO: Christine Engel, Recreation Division Manager

FROM: Kris Bain, Senior Center Supervisor

Supervisor's Notes

Resource Fair

The Resource Fair was a huge success with many seniors connecting with resources within Woodland, or learning of programs offered they could take advantage of. The Resource Fair was also a handy networking tool for all of those resources. I was able to connect with a few individuals interested in making presentations for the Senior Center.

For the 2013 Resource Fair, I have booked the gymnasium for Wednesday, May 22 and reserved 50 tables.

Letters to Lead Volunteers

The lead volunteers of the user groups, games, and support groups were sent a letter seeking their most updated information. We are confirming their 2013 meeting dates, their back-up volunteers, and the specific needs for each group. The information gathered is helpful to ensure room set-up is correct, promotional material has updated verbiage, and are aware of the list of volunteers is accurate.

Those Were the Days Speaker

Bill Pettite, of Fair Oaks, California came to present a mini-talk about Sacramento. His talk was enjoyed by a small group. He touched on famous historical connections to Greater-Sacramento area. Those who attended enjoyed hearing his opinion on Sacramento history.

Identifying Senior Needs

I have made a connection with a volunteer who is willing to aid in the phone call buddy system. As we talked, we are finding we really need do a senior needs assessment survey. Elizabeth created an easy survey we can conduct with seniors. (A copy of the survey is attached to the report.)

Program Report May 2012

May 2012 Totals:	Programs Offered			Total Participants	Total PH	Gross Revenue	Net Revenue
	29			1820	16091		
FY 10/11 YTD Totals:	Classes Offered			Total Participants	Total PH	Gross Revenue	Net Revenue
	321			18321	104,132	\$ -	\$ 8,818.93

Recreation Report classes ending: May 2012									
Activity	Start Date	End Date	Meetings	Min/Mtg	Class Hours	Participants	Participant Hours (PH)	Total Fees Collected	Notes
Art	5/2/2012	5/30/2012	5	120	10	15	150		
Arthritis Support Group	5/3/2012	5/3/2012	1	120	2	8	16		
Bingo	5/2/2012	5/25/2012	9	120	18	198	3564		
Ceramics	5/3/2012	5/31/2012	5	120	10	19	190		
Changes to Choices	5/1/2012	5/15/2012	2	120	4	12	48		
Computer Club Meeting			1	120	2		0		No Meeting in May
Computer Lab	5/4/2012	5/25/2012	4	180	12	25	300		
Hand and Foot	5/2/2012	5/30/2012	5	180	15	75	1125		
Hear! Here!							0		Next meeting here in October
HICAP Consultations	5/9/2012	5/23/2012	2			4			
Legal Consultations	5/18/2012	5/18/2012	1	30	0.5	5	2.5		
Low Impact Aerobics 8am	5/2/2012	5/30/2012	13	30	6.5	146	949		
Low Impact Aerobics 10am	5/2/2012	5/30/2012	13	30	6.5	559	3633.5		
Needles & Friends	5/7/2012	5/21/2012	3	60	3	37	111		
Outa Sight Self-help group	5/1/2012	5/15/2012	2	60	2	42	84		
Ping Pong	5/4/2012	5/25/2012	4	60	4	12	48		
Peripheral Neropathy	5/21/2012	5/21/2012	1	120	2		0		unreported numbers
Pedro	5/1/2012	5/29/2012	5	120	10	160	1600		
Pinochle	5/3/2012	5/31/2012	5	120	10		0		unreported numbers
Prostate Support Group	5/14/2012	5/14/2012	1	30	4	20	80		
Ship Shape	5/1/2012	5/31/2012	10	30	4	67	268		
Senior Movie Day	5/17/2012	5/17/2012	1	120	2	35	70		My Week with Marilyn
Stompers	5/7/2012	5/21/2012	3	120	6	38	228		
Stroke Support	5/21/2012	5/21/2012	1	120	2		0		unreported numbers
The Novel	5/8/2012	5/8/2012	1	60	1		0		unreported numbers
White Elephant Thrift Shop	5/1/2012	5/29/2012	9	120	18	196	3528		
Woodcarvers	5/2/2012	5/16/2012	2	120	4	24	96		
Senior Resource Fair	5/16/2012	5/16/2012	1			100			
Those Were the Day	5/24/2012	5/24/2012	1			8			
Collette Showcase Day	5/31/2012	5/31/2012	1			15			
Library Usage		New Books	141						
Library Usage		Donated books	283	Vol hours	12.75				

Senior Center, Inc.

- May 17 was the Annual Installation potluck. Those who were installed re-newed their terms.
- Senior Center Inc has been busy with a day-trip program called Affordable Adventures. The program offers day trips for seniors every month beginning in August.

Community Care Car

No update was provided.

Computer Club

The June 25 meeting is hosting Marta Erisman to speak about Medicare Scams.

Elderly Nutrition

We recently completed distribution of the Farmer's Market vouchers for low-income seniors.

Woodland Senior Outreach

Next meeting is June 21. The Woodland Funeral Chapel, Rev. Steve Gilbert is presenting The Value of Advanced Planning.

Yolo County Healthy Aging Alliance (a subcommittee of the YC COA)

No update was provided.

Upcoming dates

June 11	Woodland Hearing Aid Services – Open the Door to a New World of Better Hearing
June 14	1 st day of NEW PROGRAM Restorative Yoga & Meditation
June 21	Senior Movie Day – <i>War Horse</i>
June 21	Trip to Pier 39 (this is West Sacramento's Trip, we are piggy-backing on)
June 26 & 28	AARP Driver's Safety Course
July 4	Senior Center Computer Club Annual 4 th of July Ice Cream Social, 1-3 pm