



Commission on Aging

Location: Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Agenda

July 12, 2012

3:30 –4:30 p.m.

Commission Members

Benjamin Garman, Chair; Don Campbell, Vice-Chair; Karen Wright, Regan Overholt, Lucinda Talkington

Call to Order

Pledge of Allegiance

Minutes:

1. June 14, 2012

Correspondence

2. Yolo County Commission on Aging Minutes

Public Comment

Communications Written-Staff Reports

3. Senior Center Report-Kris Bain

Presentations

New Business-Action Items

New Business-Information Items

Old Business-Action Items

4. Representative to Yolo County Commission on Aging

Old Business-Information Items

5. Work Plan Updates
 - a. Council Presentation
 - b. Resource Fair May 29, 2013

Note: Times indicated are approximate For video broadcast schedule can be viewed at www.wavetv.org.

Documents for meeting are available online at www.cityofwoodland.org

For information on this meeting, contact the Parks & Recreation Department, 661-2000.

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st. Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.

c. Guest Speaker Series – Next Date

Committee Reports

Other Business

Communications-Commission/Staff Statements and Requests

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission's consideration of any items a Commission Member would like to have discussed at a future Commission Meeting.

Business Items for Next Meeting

Next Meeting Date: September 13,2012

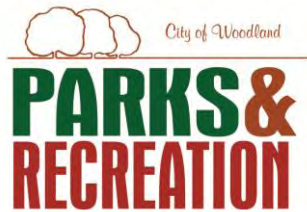
Adjournment

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Commission on Aging
Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes
June 14, 2012

Call to Order

Meeting convened at 3:30 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Garman presiding.

Commissioners Present: Garman, Campbell, Wright, and Talkington
Absent: Overholt
Staff: Haynie, Bain, and Engel
Guests:

Pledge of Allegiance

Minutes and Staff Report

Commissioner Talkington moved to accept the minutes from May 10, 2012 with changes; *"Speaker Joan Hatchett provided handouts of information. The event was well received and very positive. Ms. Hatchett would be able to do additional subjects for the speaker series and could be a fill in. Commission will write a thank you note to Ms. Hatchett. Next series October/November should either be about identity theft or home security and "Hi Grandma". Engel will contact PD about their ability to be a Guest Speaker. Commissioners Talkington and Wright will contact the DA Office at the resource fair for a presentation in late October or early November. Important Documents in January 2013".* Commissioner Campbell seconded the motion. Motion carried 5-0.

Public Comment (None)

Communications Written-Staff Reports

Bain reported to Commission that staff was printing 20 copies of the survey and using the Care Car, SCI and ENP to distribute the trial run. Commissioner Talkington asked if a larger font version could be available. Bain responded that she would supply Commissioner Talkington with the larger font version. The survey will be available through July.

Bain stated that Christina Cruz's, the ENP site manager, last day would be August 3, 2012. SCI member Ed Marquez has stepped down from the board. Ice Cream Social put on by the Senior Center Computer Club times were listed as 1-4 p.m. in the Senior Gram. In reality the social's times are 1-3 p.m. Bain has corrected the Senior Grams at the front counter and the online version. The Pier 39 trip was a huge success. Restorative Yoga had 7 participants for the first class and will be offered on the 2, 3, & 4 Thursday of each month. Badminton had 16

Commission on Aging

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participants on Wednesday and has lower numbers on Mondays. Prostate Support Group will be at the Community & Senior Center on the odd months and in Davis on the even months.

Commissioner Wright made the motion to accept the staff report as written; Commissioner Campbell seconded the motion. Motion carried 4-0.

Correspondence

Commissioner Garman stated that he attended the Yolo County Commission on Aging (Area 4) meeting where they were discussing their three year plan. This is a state funded program and the state is requesting input from each county. The information will then be used for the three year budget.

Representative to Yolo County Commission on Aging

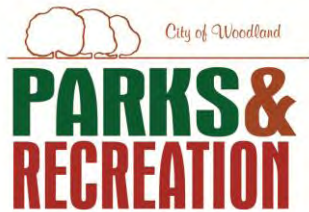
Commissioner Garman stated that when he attended the Yolo County Commission on Aging meeting that discussed the Three Year Plan. Commissioner Garman was informed that there was a vacant seat on the Commission for Woodland and that this is a voting member seat. Engel stated that this seat should be assigned through the City Council. Bain stated that the Yolo County Commission on Aging seat would keep the COA informed about State issues relating to seniors. Minutes are available online and YCCOA meets on the fourth Wednesday of even months 9-10 a.m. in Davis. Commissioner Campbell made the motion to make a recommendation to Council that they appoint Commissioner Garman to the Yolo County Commission on Aging; Commissioner Wright seconded the motion. Motion carried 4-0.

Work Plan

Commissioner Talkington handed out a document that listed the things that went well and the Resource Fair and the things that did not go well. COA discussed sending thank you cards to vendors and Save the Date for the next resource fair. Bain will talk to the YMCA about doing the Resource Fair on the same day as the YMCA annual event. Resource Fair will be put on January's COA agenda.

Communication-Commission/Staff Statements and Requests

Haynie handed out the Important Documents for the Commission to approve before staff posts the document online.



Commission on Aging

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Business Items for Next Meeting:

Representative to Yolo County Commission on Aging

Work Plan Update: Resource Fair Date, Important Documents

Next Meeting Date: July 12, 2012

Adjourn: Commissioner Campbell made the motion to adjourn the meeting at 4:35 p.m., Commissioner Wright seconded the motion, and motion carried 4-0.

Respectfully submitted,

Cathy Haynie, Administrative Secretary
Parks & Recreation Department



Yolo County Commission on Aging and Adult Services

Yolo County Health and Justice Building
600 A Street, Conference Room; Davis, CA 95616

Minutes

Wednesday, April 25, 2012

9:00 a.m. to 10:30 a.m.

Supervisor
Jim Provenza
Chair

Members:
Elaine Roberts Musser
Vice –Chair

Cass Sylvia
Dawn Myers Purkey
Deborah Francis
Davis Campbell
Elena Birch
Peggy Goldstein
Joyce Miller
Jesse Salinas
Louise Bettner
Georgianne Hulbert

1. Welcome and Introductions

Elaine Roberts Musser, Vice -Chair, called the meeting to order at 9:00 a.m., and welcomed everyone. All attendees then introduced themselves.

Commission Members Present:

Elaine Roberts Musser, Davis Campbell, Deborah Francis, Joyce Miller, Peggy Goldstein, Louise Bettner, Jesse Salinas and Cass Sylvia

Commission Members Not Present:

Jim Provenza, Elena Birch, Georgianne Hulbert and Dawn Myers Purkey

Guests Present:

Maryfrances Collins-Yolo County DESS, **Nancy Edgar**, Yolo County ADMH OAP, **Elizabeth Yeh** - Representative from the City of Davis Senior Citizen Commission and **Adelita Serena** – Yolo County Library.

Staff Present:

Sandra Rodriguez, Assistant Deputy to Supervisor Jim Provenza.
Sheila Allen, Assistant Deputy to Supervisor Jim Provenza and Aging Project Coordinator.

2. Review and Approve Minutes from 10/27/11 Meeting

Cass Sylvia moved, and Louise Bettner seconded, that this commission adopt the 4/25/12 minutes, Elaine Roberts and Deborah Francis abstained from voting. The motion passed.

3. Yolo County Implements 211 System

Adelita Salinas from Yolo County Library presented to the Commission the Yolo 2-1-1 information and referral resource line. This is a telephone information and referral line that can help residents find services that will help with providing food, housing, employment, health care, counseling and much more. Any Yolo County resident will be able to dial 2-1-1 for free, 24 hours a day, 7 days a week, from any land line or cell phone. This resource line is completely confidential and multilingual.

Adelita explained that 211yolo.org allows users to search for local services, conduct research and connect with the resources they need in their community. 211yolo.org features over 900 local, state, and national organizations that can provide health and human service information. The data base is updated on a regular basis to ensure accurate and correct resources for Yolo County residents.

The 2-1-1 Yolo is funded by Kaiser Permanente of Northern California, the Yolo County Department of Employment & Social Services and the City of Davis.

4. Update: Yolo Healthy Aging Alliance

A. Yolo Healthy Aging Alliance (YHAA) Development---Sheila Allen, reported to the Commission on Aging and Adult Services that the Yolo Healthy Aging Alliance Development Committee and staff have been working extremely hard to move forward on creating a nonprofit organization. Sheila informed the group that she has applied for funding through a foundation that is looking to fund programs that are doing exactly what the YHAA is doing. The YHAA Board of Directors have elected officers and sent in Articles of Incorporation to the state. Sheila announced that Supervisor Provenza had been elected Chair of the YHAA. She thanked Alysa Myer from Legal Services of Northern California for her expertise on the bylaws and legal items. Sheila also shared that the Alliance is currently looking for a consultant that can help on tax related work.

B. Collaboration Subcommittee

Davis Campbell reported that they continue to mainly focus of the senior referral form also on how to tie together the UC-Davis School of Nursing interns and Yolo County. The Collaboration subcommittee has also been working on the following items.

- a- To bring together public, private and volunteer organization related to the aging issues
- b- To assist with creating a consumer information system
- c- To decrease duplication of services and break down data and organizational barriers
- d- To develop a senior budget for Yolo County
- e- To develop a Yolo County Aging Services Plan
- f- To create a report card for Aging Services in Yolo County

Next Steps for Collaboration subcommittee: meet every other month meetings with collaboration round table and broaden to include all senior referral form participates plus others including community groups.

C. Advocacy Subcommittee

Maryfrances Collins informed the group that they have been doing well and have been meeting monthly. She explained that they have been talking about the dual eligible project, where the State of California has asked for a change to exclusively managed care for individuals who have Medicare and Medi-Cal. A lot of counties have been asked to participate in the pilot program but many are very hesitant to participate. Yolo County is not participating in the first round.

5. Ombudsman Program of Yolo County

Elizabeth Yeh an Ombudsman for Yolo County wanted to share with the Commission the importance of making the right choice when people are living in nursing homes. She handed out information on what you need to know about the choices you have regarding fall prevention and restraints in nursing homes. Deborah Francis thanked Elizabeth for handing out the information and bringing this to the attention of the Commission. Deborah said that this is a very important topic.

They both emphasized that a Physical Restraint is like any other medical treatment. The facility needs to know what medical symptoms are being treated and the many risks related to the restraint use. They wanted to express the importance of letting people know that they are not harmless safety devices as is often is thought. If there is not medical reason for the restraint, it should not be used.

Davis Campbell suggested that this is a topic that the collaboration subcommittee should take a look at. The Commission agreed.

6. Nominations of Vice-Chair

Elaine Roberts Musser asked the Commission if anyone was interested in serving as vice chair. Davis Campbell nominated Elaine for another term and Louise Bettner seconded it. The motion carried unanimously.

7. Transportation

Joyce Miller brought to the Commission's attention that there is a transportation issue in West Sacramento. A lot of seniors do not have a way of moving around the city due to the lack of public transportation. Many people including the West Sacramento Senior Commission have been working hard to address this issue and the hopes are that it can be improved soon.

8. Announcements; Future Agenda Items

Elaine passed out a newsletter that the Yolo County District Attorney put together on information on fraud.

9. Public Comment

There was no public comment

10. Adjournment and Next Meeting

The Commission adjourned at 10:37 a.m. Next meeting is June 27, 2012 at 9am in the usual location.

Jim Provenza, Chair
Yolo County Commission on Aging & Adult Service



Woodland Parks & Recreation Department

WOODLAND SENIOR CENTER

2001 East Street • Woodland, CA 95776 • (530) 661-2001

Commission on Aging Report

July 2012

TO: Christine Engel, Recreation Division Manager

FROM: Kris Bain, Senior Center Supervisor

Supervisor's Notes

Follow up on new program

We are proud to announce that the new Yoga class is a hit. For the first 3 weeks, Yoga had 65 in attendance. The class takes two meeting rooms and it nearly needs more space.

Working with Support Groups

I plan to work more closely with the leaders of the support groups to get more accurate information of what their group presents each month. A recommendation came to staff to more accurately promote what each group will discuss at their monthly meetings. I recently met with Outa Sight's new Speaker Series representative and we will work together to get the speakers listed in our newsletter for each month.

Program Report July 2012

June 2012 Totals:	Programs Offered			Total Participants	Total PH	Gross Revenue	Net Revenue
	30			1748	16956.5		\$ 494.50
FY 11/12 YTD Totals:	Classes Offered			Total Participants	Total PH	Gross Revenue	Net Revenue
	351			20130	121,699	\$ -	\$ 9,313.43

Recreation Report
classes ending: June 2012

Activity	Start Date	End Date	Meetings	Min/Mtg	Class Hours	Participants	Participant Hours (PH)	Total Fees Collected	Notes
Art	6/6/2012	6/27/2012	4	120	8	15	120		
Arthritis Support Group	6/7/2012	6/7/2012	1	120	2	5	10		
Bingo	6/1/2012	6/29/2012	9	120	18	245	4410		
Ceramics	6/7/2012	6/28/2012	2	120	4	19	76		
Changes to Choices	6/5/2012	6/19/2012	2	120	4	9	36		
Computer Club Class	6/11/2012	6/12/2012	2	120	4	9	36		
Computer Club Meeting	6/25/2012	6/25/2012	1	120	2	28	56		
Computer Lab	6/1/2012	6/29/2012	5	180	15		0		
Hand and Foot	6/7/2012	6/28/2012	4	180	12	60	720		
Hear! Here!							0		Next meeting here in October
HICAP Consultations	6/13/2012	6/27/2012	2			5			
Legal Consultations	6/15/2012	6/15/2012	1	30	0.5	3	1.5		
Low Impact Aerobics 8am	6/1/2012	6/29/2012	16	30	8	207	1656		
Low Impact Aerobics 10am	6/1/2012	6/29/2012	16	30	8	559	4472		
Needles & Friends	6/4/2012	6/25/2012	4	60	4	45	180		
Outa Sight Self-help group	6/5/2012	6/16/2012	2	60	2	26	52		
Parkinson's Support Group	6/26/2012	6/26/2012	1	60	1		0		Unreported
Ping Pong	6/1/2012	6/29/2012	5	60	5	16	80		
Peripheral Neropathy	6/18/2012	6/18/2012	1	120	2		0		Unreported
Pedro	6/5/2012	6/26/2012	4	120	8	120	960		
Pinochle	6/7/2012	6/28/2012	4	120	8		0		(report a month behind)
Prostate Support Group			1	30	4		0		ODD Months only
Ship Shape	6/5/2012	6/28/2012	8	30	4	51	204		
Senior Movie Day	6/21/2012	6/21/2012	1	120	2		0		War Horse
Stompers	6/4/2012	6/25/2012	4	120	8	43	344		
Stroke Support	6/18/2012	6/18/2012	1	120	2		0		Unreported
The Novel	6/12/2012	6/12/2012	1	60	1		0		Unreported
White Elephant Thrift Shop	6/1/2012	6/29/2012	9	120	18	182	3276		
Woodcarvers	6/6/2012	6/27/2012	2	120	4	18	72		
Yoga	6/14/2012	6/28/2012	3	60	3	65	195		
SPECIAL: Co-sponsored trip to Pier 39	6/21/2012	6/21/2012	1			18			This was done with W. Sacramento
COA Meeting Packet for 7/12/2012									Page 9 of 10
Video Library		Loned Movies							

Senior Center, Inc.

Senior Center Inc is off for the summer. A few board members are working on a few things: the Hand & Foot Card party on August 4, and the Affordable Adventures trip program.

Community Care Car

No update was provided.

Computer Club

The annual ice cream social fundraiser for the Computer Club was held on the 4th of the July.

Elderly Nutrition

Kitchen Supervisor, Christina Cruz's last day is August 3.

Woodland Senior Outreach

The last meeting was June 21. At the meeting, Rev. Steve Gilbert from Woodland Funeral Chapel gave an interesting presentation about The Value of Advanced Planning.

Yolo County Healthy Aging Alliance (a subcommittee of the YC COA)

Did not attend last meeting.

Upcoming dates

July 18	Chit Chat Café Special, Live music
July 19	Senior Movie Day – We Bought a Zoo
July 19	AARP Driver's Safety Course (recertification)
August 4	Senior Center Inc, Hand & Foot Card Party
August 9	Collette Presentation (and Senior Center Inc with Affordable Adventures)
August 16	Senior Movie Day – title undetermined at this time
August 18	Senior Center Inc, Ferry to San Francisco