



Commission on Aging

Location: Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Agenda September 13, 2012 3:30 –4:30 p.m.

Commission Members

Benjamin Garman, Chair; Don Campbell, Vice-Chair; Karen Wright,
Regan Overholt, Lucinda Talkington

Call to Order

Pledge of Allegiance

Minutes:

1. July 12, 2012

Correspondence

2. Yolo County Commission on Aging Minutes

Public Comment

Communications Written-Staff Reports

3. Senior Center Report-Kris Bain

Presentations

New Business-Action Items

New Business-Information Items

Old Business-Action Items

4. Work Plan Updates
 - a. Apartment List-every two year update
 - b. Timeline-Garman
 - c. Finalize Speaker for October
 - a. Discuss additional work plan items

Note: Times indicated are approximate For video broadcast schedule can be viewed at www.wavetv.org.

Documents for meeting are available online at www.cityofwoodland.org

For information on this meeting, contact the Parks & Recreation Department, 661-2000.

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st. Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.

Old Business-Information Items

Committee Reports

Other Business

Communications-Commission/Staff Statements and Requests

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission's consideration of any items a Commission Member would like to have discussed at a future Commission Meeting.

Business Items for Next Meeting

Next Meeting Date: October 11, 2012

Adjournment

Note: Times indicated are approximate For video broadcast schedule can be viewed at www.wavetv.org.

Documents for meeting are available online at www.cityofwoodland.org

For information on this meeting, contact the Parks & Recreation Department, 661-2000.

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st. Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

July 12, 2012

Call to Order

Meeting convened at 3:30 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Garman presiding.

Commissioners Present: Garman, Overholt, Campbell, Wright, and Talkington

Absent:

Staff: Haynie, Bain, and Engel

Guests:

Pledge of Allegiance

Minutes and Staff Report

Commissioner Campbell moved to accept the minutes from June 14, 2012 as written with correction; Commissioner Wright seconded the motion. Motion carried 5-0.

Public Comment (None)

Communications Written-Staff Reports

Commissioner Garman asked about the affordable adventure trips being offered by Senior Center Inc. (SCI) Bain responded that SCI was using these trips as fundraisers. Commission discussed the speaker that spoke at the last Senior Computer Club meeting. Commissioner Campbell was impressed with the speaker, feeling that they would be a good fit for the Speaker Series. Commissioner Campbell will bring contact information to the next commission meeting. Ice Cream Social hosted by the Senior Computer Club was successful and there isn't any need to move it into the Gym for next 4th of July. Bain has a new contact for Fraud Awareness Speaker. Commissioner Garman asked if the Commission could get the number of participants who attend the Ballroom classes offered in the Senior Gram. Bain explained that by mentioning this item in the Senior Gram, it was advertising a program offered by another Supervisor and not limited to seniors.

Commissioner Overholt made the motion to accept the staff report as written; Commissioner Campbell seconded the motion. Motion carried 5-0.

Correspondence

Commissioner Garman asked if anyone had anything else to report. Bain responded that SCI was holding a Hand & Foot Card Party on August 4, 2012 beginning at 10 a.m. Engel encouraged the Commission to attend this fundraising event. Commissioner Overholt will attend the next SCI Board meeting the 2nd Thursday in September. Commissioners will consider attending some of the Affordable Trips being offered.

Representative to Yolo County Commission on Aging

Engel's report of the COA recommendation to assign Commissioner Garman to the Yolo County Commission on Aging will be on the Council agenda August 21, 2012.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Work Plan Update

Bain coordinated with YMCA to schedule the Resource Fair on the same day as the YMCA annual event, May 29, 2013. Commission will invite the YMCA to attend the COA meetings starting in January 2013 to coordinate both events. Work Plan is to remain on the agenda in order to set timelines and plans for next event. Commissioners Wright and Talkington will be the main organizer for the resource fair and will assign tasks to other Commissioners as needed. Commissioner Wright and Talkington will supply staff with thank you letters for the vendors of the Resource Fair; staffs will mail merge the documents and send out the letters. Commissioner Garman will create a timeline for planning the Resource Fair and present it to the next COA meeting for approval.

Communication-Commission/Staff Statements and Requests

Commissioner Talkington informed the Commission that Cinemark Theaters offer devises for hearing impaired and the blind. Commissioner Talkington will supply a write up on this subject for the August Senior Gram. Commissioner Campbell asked what the progress was on the grout for the entrance to the Center. Staff member Zaragoza was trying to make contact with a vendor to make the repairs. To date three vendors had inspected the area but none of them had turned in an estimate.

Business Items for Next Meeting:

Work Plan Update

1. Apartment List-every two year update
2. Timeline-Garman
3. Finalize Speaker for October
4. Discuss additional work plan items

Next Meeting Date: September 13, 2012

Adjourn: Commissioner Campbell made the motion to adjourn the meeting at 4:35 p.m., Commissioner Talkington seconded the motion, and motion carried 4-0. Note: Commissioner Overholt left the meeting at 4:05 p.m.

Respectfully submitted,

Cathy Haynie, Administrative Secretary
Parks & Recreation Department



Yolo County Commission on Aging and Adult Services

Yolo County Health and Justice Building
600 A Street, Conference Room; Davis, CA 95616

Minutes

Wednesday, April 25, 2012

9:00 a.m. to 10:30 a.m.

Supervisor
Jim Provenza
Chair

Members:
Elaine Roberts Musser
Vice –Chair

Cass Sylvia
Dawn Myers Purkey
Deborah Francis
Davis Campbell
Elena Birch
Peggy Goldstein
Joyce Miller
Jesse Salinas
Louise Bettner
Georgianne Hulbert

1. Welcome and Introductions

Elaine Roberts Musser, Vice -Chair, called the meeting to order at 9:00 a.m., and welcomed everyone. All attendees then introduced themselves.

Commission Members Present:

Elaine Roberts Musser, Davis Campbell, Deborah Francis, Joyce Miller, Peggy Goldstein, Louise Bettner, Jesse Salinas and Cass Sylvia

Commission Members Not Present:

Jim Provenza, Elena Birch, Georgianne Hulbert and Dawn Myers Purkey

Guests Present:

Maryfrances Collins-Yolo County DESS, **Nancy Edgar**, Yolo County ADMH OAP, **Elizabeth Yeh** - Representative from the City of Davis Senior Citizen Commission and **Adelita Serena** – Yolo County Library.

Staff Present:

Sandra Rodriguez, Assistant Deputy to Supervisor Jim Provenza.
Sheila Allen, Assistant Deputy to Supervisor Jim Provenza and Aging Project Coordinator.

2. Review and Approve Minutes from 1/25/12 Meeting

Cass Sylvia moved, and Louise Bettner seconded, that this commission adopt the 1/25/12 minutes, Elaine Roberts and Deborah Francis abstained from voting. The motion passed.

3. Yolo County Implements 211 System

Adelita Salinas from Yolo County Library presented to the Commission the Yolo 2-1-1 information and referral resource line. This is a telephone information and referral line that can help residents find services that will help with providing food, housing, employment, health care, counseling and much more. Any Yolo County resident will be able to dial 2-1-1 for free, 24 hours a day, 7 days a week, from any land line or cell phone. This resource line is completely confidential and multilingual.

Adelita explained that 211yolo.org allows users to search for local services, conduct research and connect with the resources they need in their community. 211yolo.org features over 900 local, state, and national organizations that can provide health and human service information. The data base is updated on a regular basis to ensure accurate and correct resources for Yolo County residents.

The 2-1-1 Yolo is funded by Kaiser Permanente of Northern California, the Yolo County Department of Employment & Social Services and the City of Davis.

4. Update: Yolo Healthy Aging Alliance

A. *Yolo Healthy Aging Alliance (YHAA) Development*---Sheila Allen, reported to the Commission on Aging and Adult Services that the Yolo Healthy Aging Alliance Development Committee and staff have been working extremely hard to move forward on creating a nonprofit organization. Sheila informed the group that she has applied for funding through a foundation that is looking to fund programs that are doing exactly what the YHAA is doing. The YHAA Board of Directors have elected officers and sent in Articles of Incorporation to the state. Sheila announced that Supervisor Provenza had been elected Chair of the YHAA. She thanked Alysa Myer from Legal Services of Northern California for her expertise on the bylaws and legal items. Sheila also shared that the Alliance is currently looking for a consultant that can help on tax related work.

B. *Collaboration Subcommittee*

Davis Campbell reported that they continue to mainly focus of the senior referral form also on how to tie together the UC-Davis School of Nursing interns and Yolo County. The Collaboration subcommittee has also been working on the following items.

- a- To bring together public, private and volunteer organization related to the aging issues
- b- To assist with creating a consumer information system
- c- To decrease duplication of services and break down data and organizational barriers
- d- To develop a senior budget for Yolo County
- e- To develop a Yolo County Aging Services Plan
- f- To create a report card for Aging Services in Yolo County

Next Steps for Collaboration subcommittee: meet every other month meetings with collaboration round table and broaden to include all senior referral form participates plus others including community groups.

C. Advocacy Subcommittee

Maryfrances Collins informed the group that they have been doing well and have been meeting monthly. She explained that they have been talking about the dual eligible project, where the State of California has asked for a change to exclusively managed care for individuals who have Medicare and Medi-Cal. A lot of counties have been asked to participate in the pilot program but many are very hesitant to participate. Yolo County is not participating in the first round.

5. Ombudsman Program of Yolo County

Elizabeth Yeh an Ombudsman for Yolo County wanted to share with the Commission the importance of making the right choice when people are living in nursing homes. She handed out information on what you need to know about the choices you have regarding fall prevention and restraints in nursing homes. Deborah Francis thanked Elizabeth for handing out the information and bringing this to the attention of the Commission. Deborah said that this is a very important topic.

They both emphasized that a Physical Restraint is like any other medical treatment. The facility needs to know what medical symptoms are being treated and the many risks related to the restraint use. They wanted to express the importance of letting people know that they are not harmless safety devices as is often is thought. If there is not medical reason for the restraint, it should not be used.

Davis Campbell suggested that this is a topic that the collaboration subcommittee should take a look at. The Commission agreed.

6. Nominations of Vice-Chair

Elaine Roberts Musser asked the Commission if anyone was interested in serving as vice chair. Davis Campbell nominated Elaine for another term and Louise Bettner seconded it. The motion carried unanimously.

7. Transportation

Joyce Miller brought to the Commission's attention that there is a transportation issue in West Sacramento. A lot of seniors do not have a way of moving around the city due to the lack of public transportation. Many people including the West Sacramento Senior Commission have been working hard to address this issue and the hopes are that it can be improved soon.

8. Announcements; Future Agenda Items

Elaine passed out a newsletter that the Yolo County District Attorney put together on information on fraud.

9. Public Comment

There was no public comment

10. Adjournment and Next Meeting

The Commission adjourned at 10:37 a.m. Next meeting is June 27, 2012 at 9am in the usual location.

Jim Provenza, Chair
Yolo County Commission on Aging & Adult Service



Yolo County Commission on Aging and Adult Services

Yolo County Health and Justice Building
600 A Street, Conference Room; Davis, CA 95616

Minutes

Wednesday, June 27, 2012

9:00 a.m. to 10:30 a.m.

Supervisor
Jim Provenza
Chair

Members:
Elaine Roberts Musser
Vice –Chair

Cass Sylvia
Dawn Myers Purkey
Deborah Francis
Davis Campbell
Elena Birch
Peggy Goldstein
Joyce Miller
Jesse Salinas
Louise Bettner
Georgianne Hulbert

1. Welcome and Introductions

Elaine Roberts Musser, Vice -Chair, called the meeting to order at 9:00 a.m., and welcomed everyone. All attendees then introduced themselves.

Commission Members Present:

Elaine Roberts Musser, Dawn Myers Purkey, Joyce Miller, Peggy Goldstein, Louise Bettner and Georgianne Hulbert

Commission Members Not Present:

Jim Provenza, Jesse Salinas, Davis Campbell, Deborah Francis, Cass Sylvia and Elena Birch

Guests Present:

Frances Smith - Yolo County Public Authority, **David Soto**- A4AA, **Elizabeth Yeh** - Representative from the City of Davis Senior Citizen Commission, **Delilah Jordan – Kozielski**- IHSS Advisory Committee and **Laura Wayman** – Palm Gardens.

Staff Present:

Sandra Rodriguez, Assistant Deputy to Supervisor Jim Provenza.
Sheila Allen, Assistant Deputy to Supervisor Jim Provenza and Yolo Healthy Aging Alliance Executive Director.

2. Review and Approve Minutes from 4/25/12 Meeting

Due to a lack of a quorum minutes will be revised at the next Aging Commission meeting.

3. Update: Yolo Healthy Aging Alliance Non-profit development of the YHAA

A. *Yolo Healthy Aging Alliance Development*---Sheila Allen, reported to the Commission on Aging and Adult Services that the Yolo Healthy Aging Alliance has obtained The SCAN Foundation grant. The grant had two parts to it, part A gave \$5,000 to the Aging Alliance. This part of the grant calls for the participation from YHAA with a statewide coalition of Aging Alliances and provides support in the development of the organization. The second part gave \$30,000 this will support the alliance to move from being an informal to a formal established non-profit organization. Sheila, as staff to the YHAA will continue to report to the commission on Aging on the progress and the work of the YHAA.

Sheila announced that Supervisor Provenza is interested in the Commission hosting a second part to the Aging Summit with a focus only on transportation. Supervisor Provenza would like this summit to happen in the fall and would like to ask members of the Commission to participate in the planning of it. The following persons have expressed an interest in participating:

Elaine Musser

Joyce Miller

Dawn Myers Purkey

Laura Wayman

David Soto or Will Tiff

The summit will be primarily sponsored by the Aging Commission and summit will be Sandra Rodriguez.

4. YHAA Subcommittees

B. *Collaboration Committee*

Sheila explained that at this time they are working on expanding the committee to include faith groups and services organizations. She said that they are still focused on working of the refinement and using the senior referral form. The Collaboration committee will continue to meet every other month with the collaboration participant round table including all senior referral form participants.

C. *Advocacy Committee*

Sheila explained that they continue to meet every month with a continuous focus on IHSS and Adult Day Health Care legislative and regulatory issues. They are discussing the dual eligible project, where the State of California has asked for a MediCal waiver to move all persons in California with both Medicare and MediCal into managed care.

5. County Senior Budget

Sheila shared with the group that the YHAA with input from Jesse Salinas have been working on discussing how to develop a senior budget for County of Yolo. After this is completed we will have a better understanding on where is the funding for seniors coming from and how it will be better used. Sheila asked the Commission if anybody is interested in working with Jesse and Elaine suggested that the Commission waited to make a decision on this issue when more commission members are present.

6. Announcements; Future Agenda Items

Elaine Roberts Musser announced that she gave a presentation in West Sacramento regarding frauds done to seniors. Elaine shared stories where elderly people were victims of scams. She urges everyone to educate themselves of how to prevent being a victim.

Delilah Jordan - Kozielski a representative from the IHSS Advisory Committee presented Sheila Allen the 1st annual Nancy Syden Award for her outstanding dedication to the establishment of the Yolo Healthy Aging Alliance.

David Soto announced that A4AA conducted a town hall and talked about what services are needed in Yolo County. David shared that they learned that in-home service is the top need. A4AA passed out a survey at the meeting and also distributed it at the local senior centers and are now putting together the results. David expressed that he was very pleased with the turn out in Yolo County and are now using this meeting as model for the rest of the town halls that A4AA will be putting hosting in other counties.

Frances Smith brought to the attention of the Commission AB 1496 which calls for major changes to structure of IHSS, creating Statewide Public Authorities for collective bargaining and to be employer of record; also includes provisions that outline how IHSS would function as Medi-Cal managed care benefit in “Dual Eligibles” demonstration project counties. Fran shared that she is following this bill very closely and is being proactive on sharing her knowledge and thought to others. Sheila Allen suggested that it would be a good idea to write a letter on behalf of the Commission expressing their position. Sheila will be writing the letter and then will follow the Commission’s established policy to have it approved.

7. Public Comment

There was no public comment

8. Adjournment and Next Meeting

August 22nd at 9:00AM

The Commission adjourned at 10:30 a.m.

Jim Provenza, Chair
Yolo County Commission on Aging & Adult Services



Yolo County Commission on Aging and Adult Services

Yolo County Health and Justice Building
600 A Street, Conference Room; Davis, CA 95616

Wednesday, August 22, 2012
9:00 a.m. - 10:30 a.m.

Supervisor
Jim Provenza
Chair

AGENDA

Members:

Elaine Roberts Musser
Vice-Chair

Cass Sylvia
Dawn Myers Purkey
Deborah Francis
Davis Campbell
Elena Birch
Peggy Goldstein
Joyce Miller
Jesse Salinas
Louise Bettner
Georgianne Hulbert

- | | | |
|----|---|-------------------------|
| 1. | Welcome and Introductions | Supervisor Jim Provenza |
| 2. | Review and Approve Minutes from
4/25/12 and 6/27/12 Meeting | Commission Members |
| 3. | Non-profit development of the YHAA | Sheila Allen |
| 4. | YHAA-Advocacy Committee | Maryfrances Collins |
| | YHAA Collaboration Committee | Davis Campbell |
| 5. | Transportation Summit | Supervisor Provenza |
| 6. | County Aging Budget | Sheila Allen |
| 7. | Announcements; Future Agenda Items | Commission members |
| 8. | Public Comment: Opportunity for
members of the public to address the
Commission on subjects relating to
Commission business. The Commission
reserves the right to impose a reasonable
limit on time afforded to any topic or to
any individual speaker. | Community Members |
| 9. | Next Meeting: | |

Adjournment



Woodland Parks & Recreation Department
WOODLAND SENIOR CENTER

2001 East Street • Woodland, CA 95776 • (530) 661-2001

Commission on Aging Report

September 2012

TO: Christine Engel, Recreation Division Manager

FROM: Kris Bain, Senior Center Supervisor

Supervisor's Notes

Follow up on Grout Project

David repaired the grout in the expansion joint areas at the front of the building. He is currently working on the grout at the fountain area near the banquet rooms. He was able to reduce the height of the grout to minimize the tripping hazard.

Follow up - Working with Support Groups

Several weeks ago an email was sent to all of the senior user groups requesting informational updates of their programs. The groups have been appreciative of the request for more information. The information the groups provide will be reported to the Commission on Aging.

October Speaker

Lieutenant Derrek Kaff of the Woodland Police Department and Marta Erisman of the California Health Advocates have both confirmed that they will participate in the October Speaker Series. The event has been titled, "How to stay safe and don't be fooled by scams," and will be on October 17 from 10:30-11:30 a.m. in Banquet Room 3.

Vitas Hospice – 5 part series

Vitas Hospice will offer 5-part series "Companions on the Journey." This series educates seniors about end-of-life topics. To accommodate loved ones of seniors (children, grandchildren, etc), the series is being offered in the evening hours, additionally, is being offered free of charge.

"The Fall Prevention Lady"

Kelly Ward, also known as "The Fall Prevention Lady", is booked to offer a 4-week series in October. The class is \$70 and it offers physical therapy and balance improvement. The Fall Prevention series is scheduled for October 15-November 08 from 8:30-10:00 a.m. This class will be tailored to suit the class participants' needs.

Program Report July & August 2012

July 2012 Totals:			Classes Offered			Total Participants	Total PH	Net Revenue
			29			3356	20458.5	\$ 458.00
FY 12/13 YTD Totals:			Classes Offered			Total Participants	Total PH	Net Revenue
			29			3356	20,459	\$ 458.00

Recreation Report classes ending: July 2012								
Activity	Start Date	End Date	Meetings	Min/Mtg	Class Hours	Participants	Participant Hours (PH)	Notes
Art	7/11/2012	7/25/2012	3	120	6		0	
Arthritis Support Group	7/5/2012	7/5/2012	1	120	2	7	14	
Bingo	7/6/2012	7/27/2012	7	120	14	139	1946	
Ceramics	7/5/2012	7/26/2012	4	120	8	23	184	
Changes to Choices	7/3/2012	7/17/2012	2	120	4	10	40	
Computer Club Classes	7/5/2012	7/26/2012	1	120	2	22	44	
Computer Club General Meeting	7/23/2012	7/23/2012	1	120	2	23	46	
Computer Club Ice Cream Social	7/4/2011	7/4/2011	1	180	3	282	846	
Computer Club Open Lab	7/6/2012	7/27/2012	4	180	12	30	360	
Hand and Foot	7/11/2012	7/25/2012	3	180	9		0	unreported
Hear! Here!						0	0	Next meeting here in Oct.
HICAP Consultations	7/11/2012	7/28/2012	2			3		
Legal Consultations	7/20/2012	7/20/2012	1	30	0.5	3	1.5	
Low Impact Aerobics 8am	7/2/2012	7/30/2012	12	30	6	184	1104	
Low Impact Aerobics 10am	7/2/2012	7/30/2012	12	30	6	493	2958	
Needles & Friends	7/2/2012	7/30/2012	5	60	5	1543	7715	
Outa Sight Self-help group						0	0	No class July/Aug
Parkinson's Support Group	7/24/2012	7/24/2012	1	60	1			unreported
Ping Pong	7/6/2012	7/27/2012	4	60	4	13		
Peripheral Neropathy	7/16/2012	7/16/2012	1	60	1	0	0	No class July
Pedro	7/3/2012	7/31/2012	5	120	10	124	1240	
Pinochle	7/5/2012	7/26/2012	4	120	8	49	392	
Prostate Support Group	7/9/2012	7/9/2012	1	120	2	25	50	
Ship Shape	7/3/2012	7/31/2012	9	30	4	63	252	
Senior Movie Day	7/19/2012	7/19/2012	1	120	2	59	118	We Bought a Zoo
Stompers	7/2/2012	7/30/2012	5	120	10	33	330	Off in July
The Novel	7/10/2012	7/10/2012	1	60	1	9	9	
Stroke Support	7/16/2012	7/16/2012	1	120	2	10	20	
White Elephant Thrift Shop	7/3/2012	7/31/2012	9	120	18	153	2754	Collected \$261 for SCI
Woodcarvers	7/18/2012	7/18/2012	1	120	2	9	18	
Yoga	7/12/2012	7/26/2012	3	60	3	73	219	
Library Usage			10.25 vol. hours		140 ret. Book	148 new books		

Program Report August 2012

August 2012 Totals:			Classes Offered			Total Participants	Total PH	Net Revenue
			27			1888	17663.5	\$ 560.00
FY 12/13 YTD Totals:			Classes Offered			Total Participants	Total PH	Net Revenue
			56			5270	38,324	\$ 1,018.00

Recreation Report

classes ending: August 2012

Activity	Start Date	End Date	Meetings	Min/Mtg	Class Hours	Participants	Participant Hours (PH)	Notes
Art	8/1/2012	8/29/2012	5	120	10	25	250	
Arthritis Support Group	8/2/2012	8/2/2012	1	120	2	6	12	
Bingo	8/1/2012	8/31/2012	10	120	20	231	4620	
Ceramics	8/2/2012	8/30/2012	5	120	10	33	330	
Changes to Choices	8/7/2012	8/21/2012	1	120	2	6	12	
Computer Club Meeting	8/20/2012	8/20/2012	1	120	2	28	56	
Computer Lab	8/3/2012	8/31/2012	5	180	15		0	
Hand and Foot	8/1/2012	8/29/2012	5	180	15	68	1020	
Hear! Here!								Next meeting here in Oct.
HICAP Consultations	8/8/2012	8/22/2012	2			3		
Legal Consultations	8/17/2012	8/17/2012	1	30	0.5	3	1.5	
Low Impact Aerobics 8am	8/1/2012	8/31/2012	14	30	7	199	1393	
Low Impact Aerobics 10am	8/1/2012	8/31/2012	14	30	7	606	4242	
Needles & Friends	8/6/2012	8/6/2012	4	60	4	37	148	
Outa Sight Self-help group								No class July/Aug
Parkinson's Support Group	8/20/2012	8/20/2012	1	60	1			
Ping Pong	8/3/2012	8/31/2012	3	60	3	10		
Peripheral Neropathy	8/20/2012	8/20/2012	1	60	1	0	0	
Pedro	8/7/2012	8/28/2012	4	120	8	136	1088	
Pinochle	8/2/2012	8/30/2012	5	120	10	63	630	
Prostate Support Group								ODD MONTHS ONLY
Ship Shape	8/2/2012	8/30/2012	9	30	4	76	304	
Senior Movie Day	8/16/2012	8/16/2012	1	120	2	15	30	John Carter
Stompers	8/6/2012	8/27/2012	4	60	4	11	44	
The Novel	8/14/2012	8/14/2012	1	60	1	9	9	
Stroke Support	8/20/2012	8/20/2012	1	120	2	10	20	
White Elephant Thrift Shop	8/3/2012	8/31/2012	9	120	18	177	3186	Collected \$716.50 for SCI
Woodcarvers	8/1/2012	8/15/2012	2	120	4	22	88	
Yoga	8/9/2012	8/23/2012	3	60	3	60	180	
SCI's Ferry to SF trip	8/18/2012	8/18/2012	1	all day		54		Affordable Adventures trip (made \$
Library Usage			9 vol. hours		97 ret. Book	112 new books		

Senior Center, Inc.

The first Affordable Adventure Program trip to San Francisco was sold out (54 attendees). This trip included taking a ferry from Vallejo to Pier 39. After expenses, SCI made \$859. The September 15 trip to Apple Hill isn't nearly as full, but the trip will proceed, with the 35 registered participants.

Community Care Car

No update was provided.

Computer Club

No update was provided.

Elderly Nutrition

Kitchen Supervisor, Christina Cruz's last day was August 3. Her replacement is Christina Iniguez. We recently met with Christina and other representatives from the Elderly Nutrition Program for an annual meeting regarding daily, weekly, and monthly kitchen procedures.

Woodland Senior Outreach

On August 23 had Kelly Ward , the "Fall Prevention Lady", spoke on what causes a senior to fall and how to prevent falls.

Yolo County Healthy Aging Alliance (a subcommittee of the YC COA)

I did not attend last meeting.

Upcoming dates within the Senior Center

September 20	Fall Potluck
September 20	Senior Movie Day showing <i>The Hunger Games</i>
October 10	Beginning of Vitas 5-part series <i>Companions on the Journey</i>
October 15	Beginning of Fall Prevention series with Kelly Ward.
October 17	How to Stay Safe and Don't be fooled by Scams talk
October 17	Affordable Adventures: Exploring Angel Island
October 18	Senior Movie Day showing <i>The Avengers</i>

Woodland Commission on Aging - Monthly Meeting*When*

Thursday, September 13, 2012 3:30 PM – 4:30 PM

Location

Woodland Community and Senior Center, Woodland

Send out Save-the-Date cards for the Woodland Senior Resource Fair 2013*When*

Thursday, September 13, 2012 3:30 PM – 4:30 PM

Tentative - Speaker Series - Identity Theft, and Home Security and Modification*When*

October 2 – November 16, 2012

Location

Woodland Community and Senior Center

Description

Date and Time To Be Announced

Woodland Commission on Aging - Monthly Meeting*When*

Thursday, October 11, 2012 3:30 PM – 4:30 PM

Location

Woodland Community and Senior Center, Woodland

Woodland Commission on Aging - Monthly Meeting*When*

Thursday, November 08, 2012 3:30 PM – 4:30 PM

Location

Woodland Community and Senior Center, Woodland

Woodland Commission on Aging - Monthly Meeting*When*

Thursday, December 13, 2012 3:30 PM – 4:30 PM

Location

Woodland Community and Senior Center, Woodland

Contact groups regarding the Woodland Senior Resource Fair*When*

January 2 – February 1, 2013

Tentative - Speaker Series - Important Documents

When

January 8 – February 28, 2013

Location

Woodland Community and Senior Center, Woodland

Description

Date and Time To Be Announced

Woodland Commission on Aging - Monthly Meeting

When

Thursday, January 10, 2013 3:30 PM – 4:30 PM

Location

Woodland Community and Senior Center, Woodland

Woodland Commission on Aging - Monthly Meeting

When

Thursday, February 14, 2013 3:30 PM – 4:30 PM

Location

Woodland Community and Senior Center, Woodland

Someone to invite the YMCA to come to our next two meetings

When

Thursday, March 14, 2013 3:30 PM – 4:30 PM

April Senior Gram to include announcement for the Woodland Senior Resource Fair

When

Thursday, March 14, 2013 3:30 PM – 4:30 PM

Woodland Commission on Aging - Monthly Meeting

When

Thursday, March 14, 2013 3:30 PM – 4:30 PM

Location

Woodland Community and Senior Center, Woodland

YMCA Representative to attend the COA Meeting to coordinate the Woodland Senior Resource Fair

When

Thursday, April 11, 2013 3:30 PM – 4:30 PM

Make Food Assignments for the Woodland Senior Resource Fair - Kris?

When

Thursday, April 11, 2013 3:30 PM – 4:30 PM

May Senior Gram to include announcement for the Woodland Senior Resource Fair

When

Thursday, April 11, 2013 3:30 PM – 4:30 PM

Woodland Commission on Aging - Monthly Meeting

When

Thursday, April 11, 2013 3:30 PM – 4:30 PM

Location

Woodland Community and Senior Center, Woodland

YMCA Representative to attend the COA Meeting to coordinate the Woodland Senior Resource Fair

When

Thursday, May 09, 2013 3:30 PM – 4:30 PM

Create the Table Seating Chart for the Woodland Senior Resource Fair - Don ?

When

Thursday, May 09, 2013 3:30 PM – 4:30 PM

Woodland Commission on Aging - Monthly Meeting

When

Thursday, May 09, 2013 3:30 PM – 4:30 PM

Location

Woodland Community and Senior Center, Woodland

Tentative - Newspaper Announcement of the Senior Resource Fair to be published in the Daily Democrat, Davis Enterprise, Sacramento Bee?, West Sacramento?, Winters?, Vacaville?, Dixon?

When

May 17 – 29, 2013

Tentative - Newspaper Article of the Woodland Senior Center, Commission on Aging, and Senior Link, Inc. and other community groups, to be published in the Daily Democrat, Davis Enterprise, Sacramento Bee?, West Sacramento?, Winters?, Vacaville?, Dixon?

When

May 17 – 29, 2013

Presentation to City Council and Invitation to the Woodland Senior Resource Fair - Tentative

When

Tuesday, May 21, 2013 6:00 PM – 7:00 PM

Senior Resource Fair

When

Wednesday, May 29, 2013 10:30 AM – 1:00 PM

Location

Woodland Community and Senior Center, Woodland