Commission on Aging

Location: Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Agenda

October 11, 212
3:30 –4:30 p.m.

Commission Members

Benjamin Garman, Chair; Don Campbell, Vice-Chair; Karen Wright, Regan Overholt, Lucinda Talkington

Call to Order

Roll Call

Pledge of Allegiance

Public Comment

Correspondence

1. Letter from SCD Commission

Communications-Commission/Staff Statements and Requests

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission's consideration of any items a Commission Member would like to have discussed at a future Commission Meeting.

Consent Calendar

2. Minutes: September 13, 2012 (attachment)

Communications Written-Staff Reports

3. Senior Center Report-Kris Bain (attachment)

Presentations (None)

New Business-Action Items

4. Change COA meeting to 3:00 p.m.

New Business-Information Items

5. Ethics Training (attachment)
6. March 1, 2013 Event

Correspondence (None)

Old Business-Action Items

7. Work Plan
    a. Timeline-Garman
    b. Finalize logistics for Speaker series
    c. January Speaker event

d. Discuss additional work plan items

Old Business-Information Items

8. Yolo County Commission on Aging-Garman

Committee Reports (None)

Other Business (None)

Business Items for Next Meeting

Next Meeting Date November 8, 2012

Adjournment

The following article was censored from the October 2012 Senior Scene newsletter by Davis Senior Center staff:

From the Prez

For those who visit the Senior Center or have read The Davis Enterprise in the last couple of months, you are probably aware of the situation that exists between the SCD Board, its membership, and the Davis Senior Center.

What started as a request of the SCD Board by an involved member, to help ensure our organization is set to function properly well into the future, has been met with derision, defamatory and slanderous comments, and outright untruths. Witnessing the grandstanding and self-seeking attention of certain individuals at various meetings and events related to the proposed Bylaws only confirms that the motives of these individuals are a diversion and secondary to more primary reasons for such antagonism.

These continued attacks on the SCD Board are in themselves attacks on the SCD membership and the organization as a whole. It is for this reason, that the Board has retained the services of an attorney who will defend SCD.

A number of SCD members have stated that the SCD Board has mismanaged and inappropriately expended funds. To quell these unsubstantiated charges, the SCD Board has retained the services of a professional forensic auditor. This company will perform a full audit of all financial statements, check ledgers, and expenditures of SCD for the past six years to make certain that SCD is in full compliance with the requirements of law.

SCD members have expressed disagreement with the proposed update to the Bylaws. The SCD Board still believes that changes to the Bylaws are necessary. Therefore, the Board wishes to solicit proposals from all SCD members for amendment to these Bylaws. For a period of 30 days, commencing on September 12, 2012, the Board will accept written proposals for changes in the Bylaws. If the changes appear appropriate, the SCD Board will make a new proposal to the membership for amendments to the Bylaws.

The SCD Board feels these steps are necessary to protect the interests and the integrity of the organization and the membership from those who wish otherwise.

Kris Bain
Or Current Resident
2001 East Street
Woodland, CA 95776

Censorship Is Alive and Well At The Davis Senior Center

Here's What They Didn't Want You To Read In The October Senior Scene

Senior Citizens of Davis, Inc.
646 A Street
Davis, CA 95616

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Starting with the first 2012 edition of the Senior Scene, SCD began publishing an article titled "From The Prez." This article, which appears on Page 2 of the Senior Scene, is a focal point for news of various SCD Board actions and items of particular interest. The October's Senior Scene was to be no exception.

Each month, SCD sends the Senior Center staff several articles which include "From the Prez" and information on three or four upcoming events. A specific request was made to ensure the "Prez" article made it into this month's publication.

The SCD articles were submitted on Sept. 13. A week later, on Sept 20, the day the October Senior Scene went to the printer, an email was received with the following message: "The October Scene has been published without the "From the Prez" article. You can contact me for more information." The email was sent by Maria Lucchesi, Community Services Supervisor. Ms Lucchesi was contacted immediately regarding this blatant act of censorship, but has not responded.

The enclosed "From the Prez" article, intended for publication, is far less political than either the petition printed in the July Senior Scene or the membership meeting notice in the October Scene. One needs to ask the question, what is the real motivation behind the Davis Senior Center staff becoming so political that they resorted to censorship?

Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes
September 13, 2012

Call to Order

Meeting convened at 3:36 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Garman presiding.

Commissioners Present:	Garman, Campbell, Wright, and Talkington
Absent:	Overholt
Staff:	Haynie, Bain, and Engel
Guests:	Kelly Hutchinson, YMCA Executive Director and Ariel, Fitness Center Coordinator, Victor White

Pledge of Allegiance

Minutes and Staff Report
Commissioner Talkington moved to accept the minutes from July 12, 2012 as written; Commissioner Campbell seconded the motion. Motion carried 4-0.

Communication-Commission/Staff Statements and Requests
Commissioner Garman reported that he attended the Stroll through History noting that 75% of volunteers were seniors. After attending the Council meeting in August, reporter for the Daily Democrat expressed an interest in highlighting senior events. Healthy Aging is separating itself from Yolo County Commission on Aging and is in the process of acquiring a separate 501c3. Commission discussed receiving the minutes from the Yolo County Commission on Aging, stating that it was helpful information.

Communications Written-Staff Reports
Bain reported that the speaker for October was set, "How to be safe" speaker Lt. Kaff. New Yoga instructor to offer classes free in the mornings. SCI Affordable Adventure trip to San Francisco brought in $859. Bain has inserted four additional pages to the Senior Gram, advertising West Sacramento's Fraud Fair, Physical Therapy through Vista Hospice. Commissioner Garman asked if the Movie Day could offer a bigger variety of movies, including classics. Bain stated that ideally she would like to offer movie day on a weekly schedule and include classic movies but is limited by the number of volunteers she currently has. Commissioner Campbell moved to accept the staff report as written; Commissioner Wright seconded the motion. Motion carried 4-0.

Old Business-Action Items
Work Plan Update
Apartment List: Commissioner Talkington made the motion to update the Apartment List every two years; Commissioner Campbell seconded the motion. Motion carried 4-0.

Additional Work for the Work Plan: Discussed finding another project for the Commission to work on "on the off year" of the Apartment List. Commissioner Talkington made the motion to discuss possible projects to work on every other year at the next COA meeting; Commissioner Wright seconded the motion. Motion carried 4-0.

Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Timeline: First Draft of the Timeline for the May 29, 2013 Resource Fair in concurrence with the YMCA's Senior Fitness Day was discussed. Event will be advertised in the Senior Gram March, April and May. Outreach to News Papers, Proclamation to Council for Older Americans Month at the May 7, 2013 Council Meeting. Resource Fair will be held in the Haarberg Gym with south doors open to the Fitness Center and Court C. YMCA will be hosting a potluck and will have Healthy Choice speakers. Their last event had a good turnout and they acquired 22 new members from that event. Bain will work with the YMCA to coordinate both events and report back to the Commission with updates.

Annual report to Council will be in July. First draft on the COA agenda for March with approval needed at the April COA meeting. January speaker date needs to be finalized with the time set either before lunch or after on a Wednesday or Thursday.

Engel informed the Commission that Parks & Recreation would be hosting "Recexpo" on March 1, 2013. This event will kick off the summer programs. Volunteers are needed. The department is still in the planning stage for this event. The event will showcase all the programs offered by the department. The Senior Art Show will take place at the same time. The event is currently scheduled 4-7 p.m. Early registration discounts will be offered for the summer programs with staff available to answer questions. The downtown art walk is also scheduled on this date, still working on how to promote each event. There will be goody bags for things offered downtown, raffles and an interactive schedule of events offered.

Business Items for Next Meeting:

Work Plan Update

1. Change Meeting time to 3:00 p.m.
2. Timeline-Garman
3. March 1, 2013 Event
4. January Speaker Update
5. Discuss additional work plan items

Next Meeting Date: October 11, 2012

Adjourn: Commissioner Campbell made the motion to adjourn the meeting at 4:26 p.m., Commissioner Garman seconded the motion, and motion carried 3-0. Note: Commissioner Wright left the meeting at 4:00 p.m.

Respectfully submitted,

Cathy Haynie, Administrative Secretary
Parks & Recreation Department

Woodland Parks & Recreation Department
WOODLAND SENIOR CENTER
2001 East Street • Woodland, CA 95776 • (530) 661-2001

Commission on Aging Report

October 2012

TO: Christine Engel, Recreation Manager

FROM: Kris Bain, Senior Center Supervisor

Supervisor's Notes

Follow up – Movie title selection
As a result of Commissioner Garman's question at the last meeting regarding how movies are selected for movie day, staff reevaluated this process. We will choose different types of movies each month (i.e. we will not show two science fiction movies in a row.) In our efforts to choose a variety of titles, the next movie is a movie, *The Best Exotic Marigold Hotel*, is more family/senior friendly.

Follow up – Fall Potluck
The fall potluck was held on Thursday, September 20 and was sponsored by Senior Center, Inc. SCI provided the entrée, rolls, and dessert. Over 85 seniors came to socialize and enjoy the dinner and potluck of side dishes and appetizers and were entertained by the Sugar Tones

Follow up – Compare Yolo 211 and Senior Link resources lists
I was asked to compare the Yolo 211 and Senior Link resource lists, however, we do not have access to Yolo 211 information to compare and contrast the two lists. Senior Link informed me they have just updated the Guide for 2012 and the final version is on its way. They have told me they will update it annually and distribute via electronic copies to all who need it.

Intern – Tiffany Sodano
Tiffany Sodano is our new intern. She is a Recreation Administration student from California State University at Sacramento. She has to complete 400 hours for her internship by May, 2013. She is currently assisting with marketing of programs, data entry, is researching ideas for her internship project.

Teens Helping Seniors
On October 4, I submitted a request to Senior Center, Inc requesting funds to implement Teens Helping Seniors. Senior Center, Inc. board has tabled the vote to financially support the program. They will discuss this item at the November 1 whether or not to provide funding up to $4,500 for the program to be run next summer.

Program Report September 2012

September 2012 Totals:	Classes Offered			Total Participants	Total PH	Net Revenue
	32			1563	12122	$ 365.00

FY 12/13 YTD Totals:	Classes Offered			Total Participants	Total PH	Net Revenue
	88			6864	51,343	$ 1,383.00

Recreation Report
classes ending: September 2012

Activity	Start Date	End Date	Meetings	Min/Mtg	Class Hours	Participants	Participant Hours (PH)	Notes
Art	9/5/2012	9/26/2012	4	120	8	12	**96**	
Arthitis Support Group	9/6/2012	9/6/2012	1	120	2	11	**22**	
Bingo	9/5/2012	9/28/2012	8	120	16	183	**2928**	
Ceramics	9/6/2012	9/27/2012	4	120	8	23	**184**	
Changes to Choices	9/4/2012	9/18/2012	2	120	4	3	**12**	
Computer Club Class	9/18/2012	9/18/2012	2	120	4	6	**24**	
Computer Club Meeting	9/24/2012	9/24/2012	2	120	4	22	**88**	
Computer Lab	9/7/2012	9/28/2012	4	180	12	26	**312**	
Hand and Foot	9/5/2012	9/26/2012	4	180	12	48	**576**	
Hear! Here!								**Next meeting at the CSC Oct.22**
HICAP Consulations	9/12/2012	9/26/2012	2					
Legal Consulations	9/21/2012	9/21/2012	1	30	0.5		**0**	
Low Impact Aerobics 8am	9/5/2012	9/28/2012	11	30	5.5	168	**924**	
Low Impact Aerobics 10am	9/5/2012	9/28/2012	14	30	7	419	**2933**	
Needles & Friends	9/10/2012	9/24/2012	3	60	3	36	**108**	
Outa Sight SPEAKER	9/4/2012	9/4/2012	1	120	2	25	**50**	
Outa Sight SUPPORT	9/18/2012	9/18/2012	1	120	2	17	**34**	
Parkinson's Support Group	9/25/2012	9/25/2012	1	60	1			
Ping Pong	9/7/2012	9/28/2012	4	60	4	15	**60**	
Peripheral Neropathy	9/17/2012	9/17/2012	1	60	1		**0**	
Pedro	9/4/2012	9/25/2012	4	120	8	120	**960**	
Pinochle	9/6/2012	9/27/2012	4	120	8	47	**376**	
Prostate Support Group	9/10/2012	9/10/2012	1	120	2	35		**ODD MONTHS ONLY**
Ship Shape	9/4/2012	9/27/2012	8	30	4	61	**244**	
Senior Movie Day	9/20/2012	9/20/2012	1	120	2	35	**70**	**The Hunger Games**
Stompers	9/10/2012	9/24/2012	3	60	3	26	**78**	
The Novel	9/11/2012	9/11/2012	1	60	1		**0**	
Stroke Support	9/17/2012	9/17/2012	1	120	2		**0**	
White Elephant Thrift Shop	9/4/2012	9/28/2012	8	120	16	68	**1088**	
Woodcarvers	9/5/2012	9/19/2012	2	120	4	19	**76**	
Yoga	9/13/2012	9/27/2012	3	60	3	45	**135**	
SCI's Apple Hill	9/15/2012	9/15/2012	1	all day	8	52	**416**	**Affordable Adventures trip (made $**
SCI's Reno	9/29/2012	9/29/2012	1	all day	8	41	**328**	**This trip broken even**
Library Usage		9.75 vol. hours			177 ret. Book	229 new books		

Senior Center, Inc.

Senior Center, Inc is having success running the day trip program for seniors. Trips held to date include: Pier 39 via Vallejo ferry, Apple Hill, and Reno. Trips through the end of the year include: Angel Island on October 17 and the Dickens Celebration in San Francisco on December 1.

October begins the annual membership drive for Senior Center, Inc. Membership dues have increased from $8 per year to $10. Currently, SCI is discussing how to increase membership and outlining the benefits of membership. SCI membership is January through the end of the year.

Community Care Car

No update was provided.

Computer Club

Armand Jaques will give a demo on Monday October 22 at 1 p.m. on iPad and Android Tablets. The scope will be an overview of the Tablet world. Tentative topics to be discussed include: Android and Apple; Stand Alone, WiFi, Cellular; Application (apps); Security; Operation and Navigation.

Elderly Nutrition

Elderly Nutrition has been extremely short on help in the Woodland congregate site. We have been assisting in finding volunteers to fill empty shifts helping serve and clean the kitchen.

Woodland Senior Outreach

No meeting was held this month, the next meeting is scheduled for November 1.

Yolo County Healthy Aging Alliance (a subcommittee of the YC COA)

The next meeting is Tuesday, October 16.

Upcoming dates within the Senior Center

October 15	Balance & Mobility Exercise course series with the Fall Prevention Lady, Kelly Ward.
October 17	How to Stay Safe and Don't be fooled by Scams talk
October 17	Affordable Adventures: Exploring Angel Island
October 18	Senior Movie Day showing *The Best Exotic Marigold Hotel*
November 12	Senior Center Closed
November 14	Companions on Journey part 2
November 15	Senior Movie Day showing TBD
November 15	SCI sponsors Thanksgiving
November 22 & 23	Senior Center Closed
November 27 & 29	AARP senior driver's safety course

BEST BEST & KRIEGER LLP
ATTORNEYS AT LAW

INDIAN WELLS
(760) 568-2611
IRVINE
(949) 263-2600
LOS ANGELES
(213) 617-8100
ONTARIO

500 Capitol Mall, Suite 1700
Sacramento, California 95814
(916) 325-4000
(916) 325-4010 Fax
BBKlaw.com

RIVERSIDE
(951) 686-1450
SAN DIEGO
(619) 525-1300
WALNUT CREEK
(925) 977-3300

Andrew J. Morris
(916) 551-2836
Andrew.Morris@bbklaw.com

October 1, 2012

TO: CITY OF WOODLAND OFFICIALS, BOARDS AND COMMISSIONS AND EMPLOYEES

FROM: BEST BEST & KRIEGER LLP

RE: AB 1234 MANDATORY ETHICS TRAINING REQUIREMENTS

Local elected officials and some public agency employees in California are required to receive at least two hours of training, every two years, in general ethics principles and ethics laws. (This is sometimes known as AB 1234 training.) For most affected officials and employees, 2012 is a year in which this training is required.

As part of our service as city attorneys for Woodland, we would like to invite the City's officials and employees to attend one of two ethics training sessions. The first session will be conducted on Tuesday, October 9, 2012 at the Community & Senior Center from 6:00-8:00 PM. The second session will be conducted on Tuesday, October 23, 2012 at the Community & Senior Center from 1:00-3:00 PM. The sessions will cover the Brown Act, the Public Records Act, conflicts of interest, and general ethics principles, and will satisfy your training requirements for this year. Along with the training, we will also provide certificates of participation.

Our firm acts as city attorneys for more than 30 cities in California, general counsel or special counsel for more than 40 special districts, and we have conducted dozens of ethics training sessions, so we should be able to answer most questions you have during the training session.

If you are interested in attending, please contact Ana Gonzalez, City Clerk at 661-5806 to RSVP. We will look forward to seeing you.

Andy Morris
for BEST BEST & KRIEGER LLP