

**CITY OF WOODLAND
2001 EAST STREET
WOODLAND, CALIFORNIA**

**COMMISSION ON AGING
AGENDA**

**February 14, 2013
3:00 p.m.**

- A. CALL TO ORDER
- B. ROLL CALL
- C. PLEDGE OF ALLEGIANCE
- D. COMMUNICATIONS-PUBLIC COMMENT

This an opportunity for the public to speak to the Commission on any item other than those listed for public hearing on this agenda. Speakers are requested to use the microphone in front of the Commission and to begin by stating their name, whether they reside in Woodland and the name of the organization they represent if any. The Chair may impose a time limit on any speaker depending on the number of people wanting to speak and time available for the rest of the agenda. In the event comments are related to an item scheduled on the agenda, speakers may be required to wait to make their comments until that item is considered.

- E. COMMUNICATIONS-COUNCIL/STAFF STATEMENTS AND REQUESTS

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission's consideration of any items a Commission Member would like to have discussed at a future Commission meeting.

- F. MINUTES
 - F.1 Adopt the Minutes of the Commission Meeting of January 10, 2013
- G. COMMITTEE REPORTS
 - Resource Fair Update-Talkington
- H. CORRESPONDENCE
- I. PRESENTATIONS

J. REGULAR CALENDAR

J.1 Timeline for Work Plan

Recommendation: Commission to update Timeline for Work Plan for 2013.

J.2 Speaker Series

Recommendation: Commission to finalize June Speaker event and the logistics for Speakers through 2013.

K. REPORT OF THE STAFF

K.1 Senior Center Report-Kris Bain

Recommendation: Information only

K.1 March 1, 2013 Event-Christine Engel

Recommendation: Information only

K.2 Teens Helping Seniors-Dallas Tringali

Recommendation: Information only

K.3 Facility Update, Senior Issues-Kris Bain

Recommendation: Information only

L. ADJOURN

I declare under penalty of perjury that the foregoing Agenda for the Commission on Aging Regular meeting of the City of Woodland scheduled for Thursday, February 14, 2013 was posted on February 11, 2013 in the outside display case at 2001 East Street , Woodland, CA, and was available to the public during normal business hours.

Cathy Haynie, Administrative Secretary

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

January 10, 2013

A. Call to Order

Meeting convened at 3:04 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Garman presiding.

B. Roll Call

Commissioners Present:

Garman, Campbell, Overholt, and Talkington

Absent:

Wright

Staff:

Haynie, Bain, and Engel

C. Pledge of Allegiance

D. Communications-Public Comment (None)

E. Communication-Commission/Staff Statements and Requests

Cal Fresh/Medical training information was supplied by Commissioner Overholt. Commissioner Campbell reported that the Important Document flyers given to Care Car riders. Commissioner Talkington will meet with Commissioner Wright first week in February to solidify plans and meet with Kelly Hutchison to make sure not to duplicate efforts for the resource fair. Bain requested to be included in these meetings. Commissioner Talkington also spoke with Sylvina Frausto for Hispanic Resources at the Resource Fair. Commissioner Campbell reported that the Care Car Christmas Lights went well; they had three vans full every night. In today's paper was an advertisement to purchase Care Car coupons. Commissioner Campbell will not be able to attend the next meeting.

F. Minutes and Staff Report

Commissioner Talkington made the motion to accept the minutes as written; Commissioner Campbell seconded the motion. Motion carried 4-0.

G. Committee Reports

Resource Fair

Commissioner Talkington will provide an update at the next meeting.

H. Correspondence (None)

I. Presentations (None)

J. Consent Calendar

J.1 Speaker Series

Commissioner Talkington will get electronic copies of handouts for Important Document Workshop. Bain will try to get information out to some of the churches. Haynie will put flyer up at Leisureville. Next Speaker series in June will feature Teens Helping Seniors and Handi Helpers.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

K. Report of the Staff

K.1 Senior Center Report-Kris Bain

Senior Center Inc. discount on Member rate for Affordable Adventures, Woodland Senior Outreach is at the Senior Center 12-1 p.m., bi-monthly and averages 30 attendees. A Companion on a Journey Workshop was presented by Vitas Hospice to explain choices in Hospice Care.

Commissioner Talkington made the motion to accept the staff report as written; Commissioner Campbell seconded the motion. Motion carried 4/0.

K.2 March 1, 2013 Event-Christine Engel

Engel reported that Banners had been ordered and marketing of the event was on schedule. Art is due next week for the Friday Art Walk. Confirmed wine pour at the Art Show, Life History will do readings, will create separate flyers for ReXpo and Art Show, the WAVE will be filming both events.

L. Business Items for Next Meeting

Speaker Series
Resource Fair
ReXpo
Teens Helping Seniors-Tringali
Facilities Update-Senior Issues

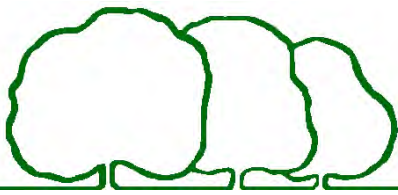
M. Next Meeting Date February 14, 2013

N. Adjourn

Commissioner Campbell made the motion to adjourn the meeting at 4:03 p.m., Commissioner Garman seconded the motion, and motion carried 4-0.

Respectfully submitted,

Cathy Haynie, Administrative Secretary
Parks & Recreation Department



Commission on Aging Communication

AGENDA ITEM

SUBJECT: Monthly Senior Center Report

DATE: January 28, 2013

PREPARED BY: Kris Bain, Senior Center Supervisor

RECOMMENDED ACTION:

None. Information only.

BACKGROUND INFORMATION:

The following provides highlights of the Senior Center for January 2013.

Tax Aid Preparation

Annual Tax Aid Preparation by AARP volunteers is scheduled from February until mid-April to guide seniors in submitting their federal and state tax returns. Appointments are Wednesday afternoons at 1:00, 2:00, 3:00, and 4:00 p.m. and Thursday mornings at 9:00, 10:00, 11:00 a.m., and 12:00 p.m. Since the Senior Center started accepting appointments on January 21, nearly 20% of the available time slots have been reserved. Appointment requester is asked for their age, should anyone not be a senior (55 or over), they are referred to the free program VITA, for those individuals making \$51,000 or under, with no other restriction.

Digital Literacy Training Provided by Woodland Community College

Following the successful tutoring dates in December and January, Nick Montero has submitted additional dates to provide Digital Literacy training for seniors. The training covers basic computer and smart phone questions, teaching participants how to use a smart phone, beginning Internet, email, and Microsoft Word. Classes will be held on Fridays, Feb. 8, Feb. 22, March 8, March 22 and April 19 from 10:00 a.m. to 12:00 p.m.

Senior Art Show & ReXpo

The Art Show and ReXpo is starting to come together. Bogle Vineyards and Route 3 Winery have confirmed their participation for free wine tasting during the Art Show. Marketing materials for the event such as mailers, press releases, posters, and banners have been sent out. Community Care Car has confirmed their support in transporting seniors to and from both the Art Show and to Heritage Plaza. The senior artisans have been working diligently to complete projects for the March 1 deadline to display their artwork at the Art Show. The artwork includes paintings, drawings, ceramics, needlework, quilting, and wood-carvings. Some artwork will be available for sale.

Senior Center Inc.

Update from the Board of Directors: On December 6, 2012, the Senior Center, Inc. Board of Directors voted to accept the following that affects the SCI sponsored events, activities, and membership.

- Affordable Adventures Day Trips: Senior Center Inc. members will receive a \$5 discount for any Affordable Adventure trip. (For any trips scheduled after June 1, 2013.)
- Senior Movie Day: SCI members will be eligible to receive priority tickets and/or seats prior to others attending a movie.
- Senior Center, Inc. Dinner Events: *ALL* non-seniors attending a dinner event will be charged \$10.00 for regular dinners and \$5.00 for potlucks at the door.

Hand and Foot Card Party: Senior Center Inc. is hosting a fundraising Hand & Foot Card party on Saturday, March 16 from 11:00 a.m. to 2:00 p.m. Tickets are \$20 per player, lunch is included.

Affordable Adventures: The day trip program has been a huge success, with every trip leaving with a full. Currently, Senior Center, Inc. volunteers are working to put together the Affordable Adventure calendar for remainder of 2013 and 2014.

Senior Center Classes and Revenue Summaries

(Class overview insert here, waiting on revenue for Senior Center programs)

Recreation Report classes ending: January 2013								
Activity	Start Date	End Date	Meetings	Min/Mtg	Class Hours	Participants	Participant Hours (PH)	Notes
Art	1/2/2013	1/30/2013	5	120	10	25	250	
Arthritis Support Group	1/3/2013	1/31/2013	1	120	2	7	14	
Bingo	1/2/2013	1/30/2013	9	120	18	202	3636	
Ceramics	1/3/2013	1/31/2013	5	120	10	22	220	
<u>Changes to Choices</u>	1/15/2013	1/15/2013	1	120	2		0	
Computer Club Classes	1/29/2013	1/29/2013	1	120	2	23	46	
Computer Club Meeting	1/28/2013	1/28/2013	1	120	2	28	56	
Computer Lab	1/4/2013	1/25/2013	4	180	12	32	384	
Hand and Foot	1/2/2013	1/30/2013	5	180	15	67	1005	
Hand Helper Service Requests						4	0	
Hear! Here!	1/21/2013	1/21/2013	1		0		0	
HICAP Consulations	1/3/2013	1/17/2013	2			6		
Legal Consulations	1/18/2013	1/18/2013	1	30	0.5	2	1	
Low Impact Aerobics 8am	1/2/2013	1/30/2013	13	30	6.5	157	1020.5	
Low Impact Aerobics 10am	1/2/2013	1/30/2013	13	30	6.5	330	2145	
Needles & Friends	1/7/2013	1/28/2013	3	60	3	49	147	
Outa Sight SPEAKER				120	0	25		
Outa Sight SUPPORT	1/15/2013	1/15/2013	1	120	2	17		
<u>Parkinson's Support Group</u>				60	0			
Ping Pong	1/4/2013	1/4/2013	4	60	4	18		
<u>Peripheral Neropathy</u>	1/15/2013	1/15/2013	1	60	1		0	
Pedro	1/8/2013	1/8/2013	4	120	8	124	992	
Pedro for beginners	1/14/2013	1/28/2013	2	120	4	14	56	
Pinochle	1/3/2013	1/31/2013	5	120	10	50	500	
Prostate Support Group	1/14/2013	1/14/2013	1	120	2	25		
Ship Shape	1/3/2013	1/31/2013	9	30	4	50	200	
Senior Movie Day	1/17/2013	1/17/2013	1	120	2	25	50	Big Miracle
Stompers	1/7/2013	1/28/2013	3	60	3	41	123	
The Novel			1	60	1		0	No meeting, classes resume in February
Stroke Support	1/17/2013	1/17/2013	1	120	2	8	16	
White Elephant Thrift Shop	1/4/2013	1/29/2013	8	120	16	127	2032	
Woodcarvers	1/2/2013	1/16/2013	2	120	4	23	92	
Yoga	1/10/2013	1/31/2013	4	60	4	120	480	
SPECIAL Classes/Presentations								
AARP Driver's Safety	1/22/2013	1/24/2013	2	480	16	30	480	
Digital Literacy	1/1/2013	1/31/2013	2	120	4	50	200	
Important Document Workshop	1/23/2013	1/23/2013	1	120	2	31	62	
Library Usage				10.5 vol. hours	158 ret. Book	201 new books		