

**CITY OF WOODLAND
2001 EAST STREET
WOODLAND, CALIFORNIA**

**COMMISSION ON AGING
AGENDA**

**April 11, 2013
3:00 p.m.**

- A. CALL TO ORDER
- B. ROLL CALL
- C. PLEDGE OF ALLEGIANCE
- D. COMMUNICATIONS-PUBLIC COMMENT

This an opportunity for the public to speak to the Commission on any item other than those listed for public hearing on this agenda. Speakers are requested to use the microphone in front of the Commission and to begin by stating their name, whether they reside in Woodland and the name of the organization they represent if any. The Chair may impose a time limit on any speaker depending on the number of people wanting to speak and time available for the rest of the agenda. In the event comments are related to an item scheduled on the agenda, speakers may be required to wait to make their comments until that item is considered.

- E. COMMUNICATIONS-COUNCIL/STAFF STATEMENTS AND REQUESTS

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission's consideration of any items a Commission Member would like to have discussed at a future Commission meeting.

- F. MINUTES
 - F.1 Adopt the Minutes of the Commission Meeting of March 14, 2013
- G. COMMITTEE REPORTS
 - Resource Fair Update, May 29, 2013, 10-1 p.m.-Talkington
- H. CORRESPONDENCE
- I. PRESENTATIONS

J. REGULAR CALENDAR

J.1 Timeline for Work Plan

Recommendation: Commission to finalize Work Plan for 2013.

J.2 Speaker Series

Recommendation: Commission to finalize June Speaker event and the logistics for Speakers through 2013.

K. REPORT OF THE STAFF

K.1 Senior Center Report-Kris Bain

Recommendation: Information only

K.2 Facility Update, Senior Issues-Kris Bain

Recommendation: Information only

L. ADJOURN

I declare under penalty of perjury that the foregoing Agenda for the Commission on Aging Regular meeting of the City of Woodland scheduled for Thursday, April 11, 2013 was posted on April 8, 2013 in the outside display case at 2001 East Street , Woodland, CA, and was available to the public during normal business hours.

Cathy Haynie, Administrative Secretary

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

March 14, 2013

A. Call to Order

Meeting convened at 3:05 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Garman presiding.

B. Roll Call

Commissioners Present:

Garman, Overholt, Wright, and Talkington

Absent:

Campbell

Staff:

Haynie, Bain, and Engel

C. Pledge of Allegiance

D. Communications-Public Comment (None)

E. Communication-Commission/Staff Statements and Requests

Include on October Agenda "Council Update", on November Agenda "Approve Council Update", report to Council in January 2014. YMCA needs to attend the April COA meeting to finalize details for Resource Fair. May 7th is the Council Meeting to have Older American month proclamation.

F. Minutes and Staff Report

Commissioner Garman requests the last name of Michael to be included in the February minutes.

G. Committee Reports

May 29, 2013, 10-1 p.m., Resource Fair

Commissioner Wright worked on flyer for resource agencies, will be updating mailing list, will send emails on Sunday. Commissioner Garman will draft press release for Resource Fair. Haynie will provide map of Gym for layout for Resource Fair. YMCA will have a Fun Walk that will start 9:00 a.m. Need someone to photograph event.

H. Correspondence (None)

I. Presentations (None)

J. Consent Calendar

J.1 Timeline for Work Plan

Change Work Plan report date to Year End, next report to Council will be in January 2014. Report draft will be on COA agenda in October. Finalized report will be approved at the November COA meeting. In September Commissioners will start updating the Apartment List and have the final ready for distribution in January 2014. Commissioner Talkington made the motion to accept the change in date of the Work Plan and the Apartment List, Commissioner Wright seconded the motion. Motion carried 4/0.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

J.2 Speaker Series

Legal and Financial Planners is schedule for March 26, 2013. Important Document 2.0 is scheduled for April 17, 2013 in Meeting Room 1 at 10 a.m. Bain and Commissioner Garman will handle press releases. Commissioner Talkington made the motion to approve the speaker series updates; Commissioner Wright seconded the motion. Motion carried 4/0.

J.3 May Council Presentation

COA will aim for the May 7th Council Meeting for the Proclamation of May as older Americans month.

K. Report of the Staff

K.1 Senior Center Report-Kris Bain

June 26, 2013 City of Woodland and HICAP will present ABC of Medicare. Elderly Nutrition receives coupons for the Farmer Market and these will be handed out to participants.

K.2 March 1, 2013 Event-Christine Engel

Artists were pleased with the turnout for the Art Show and quite a few sold their art. Staff estimates that about 500 people attended the ReXpo. Save the date for next year's ReXpo/Art Show first Friday in March, 2014.

L. Business Items for Next Meeting

Resource Fair
Facilities Update-Senior Issues

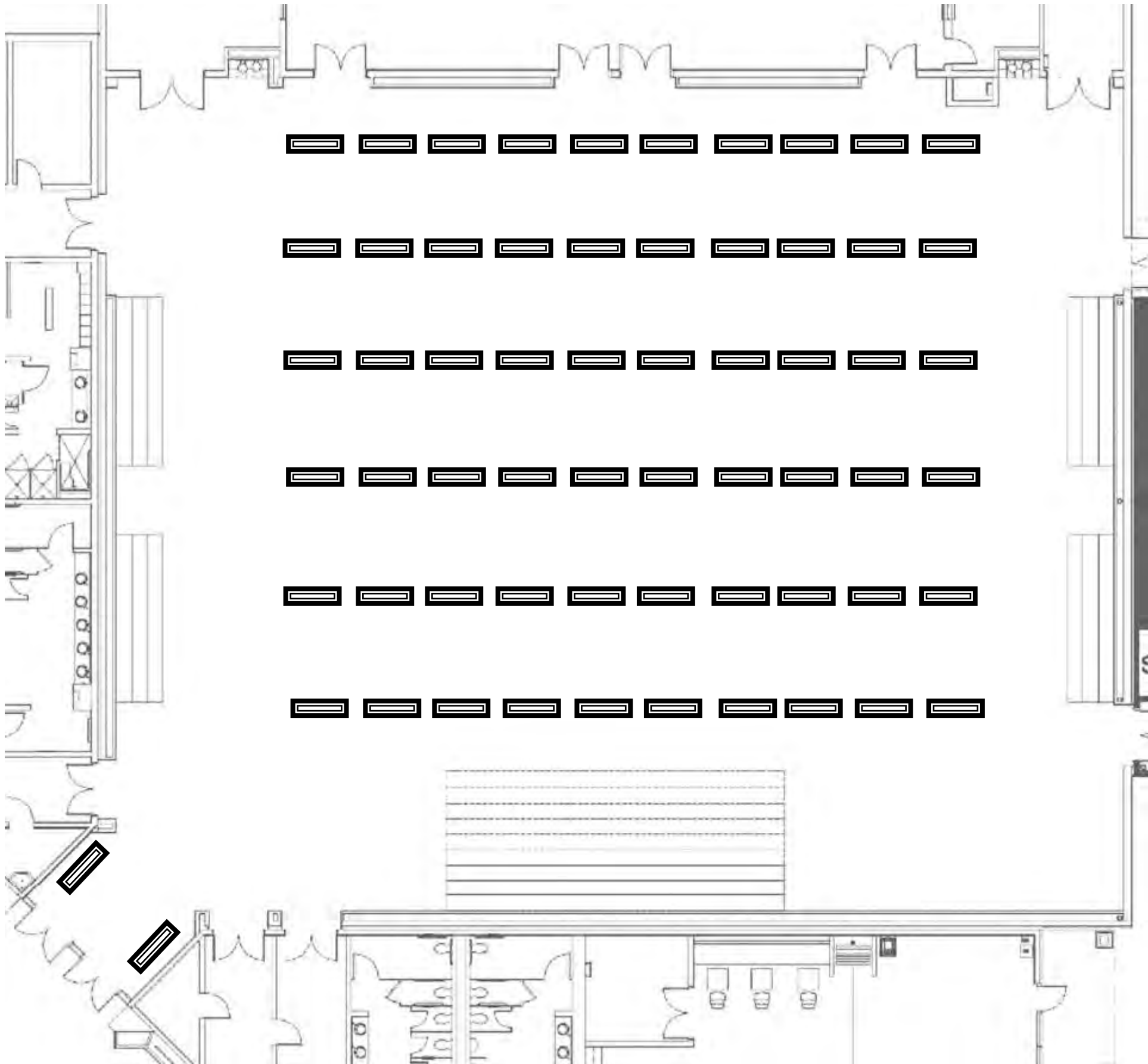
M. Next Meeting Date April 11, 2013

N. Adjourn

Commissioner Wright made the motion to adjourn the meeting at 4:06 p.m., Commissioner Talkington seconded the motion, and motion carried 4-0.

Respectfully submitted,

Cathy Haynie, Administrative Secretary
Parks & Recreation Department

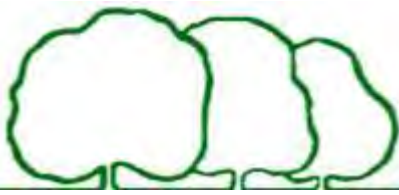


We will number the tables and list here each group with their table number on this part of the page.

Set up is just an example and not to scale. Two tables inside the Gym doors could be sign in at the COA table or two sign in tables or the prize table.

There are 60 tables represented in the diagram with plenty of space on each side of the tables. Closer to the event we will to a more accurate representation of the room set up and the correct table sizes and placement.

The doors to the gym will be open into the lobby for the event.



Commission on Aging Communication

AGENDA ITEM

SUBJECT: Monthly Senior Center Report

DATE: April 2, 2013

PREPARED BY: Kris Bain, Senior Center Supervisor

RECOMMENDED ACTION:

None. Information only.

BACKGROUND INFORMATION:

The following provides highlights of the Senior Center for March 2013.

Update on grout work around Community & Senior Center

Maintenance personnel reported the project of filling in the grout will be completed by the end of April. This is for the area around the banquet room patio of the Community & Senior Center, work on the other patio areas begins later this spring.

Senior Center Inc.

Update from the Board of Directors: *(Will provide a quick oral update from the 4/4 board of directors meeting here.)*

Update Hand and Foot Card Party: Senior Center Inc. is hosted a fundraising Hand & Foot Card party on Saturday, March 16 from 11:00 a.m. to 2:00 p.m. Senior Center Inc made over \$1,000 for the single event.

Affordable Adventures: Registration information is scheduled to be released on April 16 for the trips for the last 6 months of 2013. Seniors are excited for the trip to the SF Giants game and to Golden Gate fields.

SUBJECT: Monthly Senior Center Report

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ITEM:

Program Participation Summary & Revenue Update

March 2013 Totals:	Classes Offered		Total Participants	Total PH	Net Revenue
	33		1694	13776.5	\$ 504.59
FY 12/13 YTD Totals:	Classes Offered		Total Participants	Total PH	Net Revenue
	278		15272	121,169	\$ 4,771.89

Recreation Report
classes ending: March 2013

Activity	Start Date	End Date	Meetings	Min/Mtg	Class Hours	Participants	Participant Hours (PH)	Notes
Art	3/6/2013	3/27/2013	4	120	8	20	160	
Arthritis Support Group	3/7/2013	3/7/2013	1	120	2	11	22	
Bingo	3/1/2013	3/29/2013	9	120	18	233	4194	
Ceramics	3/7/2013	3/28/2013	4	120	8	14	112	
Changes to Choices	3/5/2013	3/19/2013	3	120	6	0	0	
Computer Club Meeting	3/25/2013	3/25/2013	1	120	2	39	78	
Computer Lab	3/1/2013	3/29/2013	5	180	15	43	645	
Hand and Foot	3/6/2013	3/27/2013	4	180	12	54	648	
Hear! Here!					0		0	Next Meeting is in May
HICAP Consultations	3/14/2013	3/28/2013	2	180	6	5		
Legal Consultations	3/15/2013	3/15/2013	1	30	0.5	1	0.5	
Low Impact Aerobics 8am	3/1/2013	3/29/2013	13	30	6.5	160	1040	
Low Impact Aerobics 10am	3/1/2013	3/29/2013	13	30	6.5	442	2873	
Needles & Friends	3/4/2013	3/25/2013	4	60	4	55	220	
Outa Sight SPEAKER	3/5/2013	3/5/2013	1	120	2	19		
Outa Sight SUPPORT	3/19/2013	3/19/2013	1	120	2	9		
Parkinson's Support Group	3/26/2013	3/26/2013	1	60	1			No report provided
Ping Pong	3/1/2013	3/29/2013	4	60	4	16		
Peripheral Neropathy	3/5/2013	3/5/2013	1	60	1		0	No report provided
Pedro	3/5/2013	3/26/2013	4	120	8	128	1024	
Pinochle	3/7/2013	3/28/2013	4	120	8	42	336	
Prostate Support Group	3/18/2013	3/18/2013	1	120	2	9		
Ship Shape	3/5/2013	3/28/2013	8	30	4	52	208	
Senior Movie Day	3/21/2013	3/21/2013	1	120	2	40	80	Showing: Robot & Frank
Stompers	3/4/2013	3/25/2013	4	60	4	72	288	
Stroke Support	3/18/2013	3/18/2013	1	120	2		0	No report provided
The Novel	3/5/2013	3/5/2013	1	60	1	8	8	
Tripoloy w/ St. John's	3/4/2013	3/25/2013	4	60	4	40	160	
White Elephant Thrift Shop	3/1/2013	3/29/2013	9	120	18		0	No report provided
Woodcarvers	3/6/2013	3/27/2013	2	120	4	18	72	
Yoga	3/14/2013	3/28/2013	3	60	3	95	285	
SPECIAL Classes/Presentations								
Alzheimer's Talk	3/26/2013	3/26/2013	1	60	1	15	15	
Digital Literacy	3/8/2013	3/22/2013	2	120	2	14	28	
Tax Aid Prep	3/6/2013	3/28/2013	8	240	32	40	1280	
Library Usage			10 vol. hours		104 ret. Book	248 new books		