

**CITY OF WOODLAND
2001 EAST STREET
WOODLAND, CALIFORNIA**

**COMMISSION ON AGING
AGENDA**

**June 13, 2013
3:00 p.m.**

- A. CALL TO ORDER
- B. ROLL CALL
- C. PLEDGE OF ALLEGIANCE
- D. COMMUNICATIONS-PUBLIC COMMENT

This an opportunity for the public to speak to the Commission on any item other than those listed for public hearing on this agenda. Speakers are requested begin by stating their name, whether they reside in Woodland and the name of the organization they represent if any. The Chair may impose a time limit on any speaker depending on the number of people wanting to speak and time available for the rest of the agenda. In the event comments are related to an item scheduled on the agenda, speakers may be required to wait to make their comments until that item is considered.

- E. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission's consideration of any items a Commission Member would like to have discussed at a future Commission meeting.

- F. MINUTES
 - F.1 Adopt the Minutes of the Commission Meeting of May 9, 2013
- G. COMMITTEE REPORTS
 - Resource Fair, May 29, 2013, 10-1 p.m.-Talkington & Wright
- H. CORRESPONDENCE
- I. PRESENTATIONS

J. REGULAR CALENDAR

J.1 Timeline for Work Plan

Recommendation: Commission to finalize Work Plan for 2013.

J.2 Speaker Series

Recommendation: Commission to finalize June/July Speaker event and the logistics for Speakers through 2013.

K. REPORT OF THE STAFF

K.1 Senior Center Report-Kris Bain

Recommendation: Information only

K.2 Facility Update, Senior Issues-Kris Bain

Recommendation: Information only

K.3 Teens Helping Seniors Update

Recommendation: Information only

L. ADJOURN

I declare under penalty of perjury that the foregoing Agenda for the Commission on Aging regular meeting of the City of Woodland scheduled for Thursday, June 13, 2013 was posted on June 10, 2013 in the outside display case at 2001 East Street, Woodland, CA, and was available to the public during normal business hours.

Cathy Haynie, Administrative Secretary

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

May 9, 2013

A. Call to Order

Meeting convened at 3:05 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Garman presiding.

B. Roll Call

Commissioners Present: Garman, Wright, Campbell and Talkington

Absent: Overholt

Staff: Haynie, Bain, and Engel

C. Pledge of Allegiance

D. Communications-Public Comment (None)

E. Communication-Commission/Staff Statements and Requests

F. Minutes

Commissioner Wright made the motion to accept the minutes with changes; Commissioner Talkington seconded the motion. Motion carried 4/0.

G. Committee Reports

May 29, 2013, 10-1 p.m., Resource Fair Update

Commissioner Talkington and Commissioner Wright reported that 64 vendors have confirmed and waiting on 4 more for final answer.

- Bain said that next year different contact information needs to be included on the flyers.
- Commissioners Wright and Talkington will meet with Haynie to discuss table layout.
- 25 tables still available.
- Reviewed outreach and advertisements, Haynie to put it flyers at City Hall. Bain to create slide for WAVE and will send it to them.
- Bain will put information on LCD Screens and Haynie will put on outside display.

Kelly Hutchinson, YMCA Director, explained the 9:00 a.m. 1K, 2K, & 3K walk. Speakers schedule:

10:30 a.m. Cardiac Warning Signs
11:30 a.m. How our Body Works
12:30 p.m. Exercise and Fall Prevention

YMCA will provide helium tank and Haynie will obtain balloons.

H. Correspondence (None)

I. Presentations (None)



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

J. Consent Calendar

J.1 Speaker Series

Commissioners were pleased with the last speaker. June speaker is provided by HI CAP, Barbara Walters, on ABC's & D's of Medicare. Discussion on Speaker Series was postponed to next meeting.

K. Report of the Staff

K.1 Senior Center Report-Kris Bain

Commissioner Campbell asked about the grout filling project. Staff stated that David is working around the building to fill grout. Commissioner Campbell would like information on the concrete stopper in the handicap parking stalls (regarding if there are regulatory requirements on the color of the concrete stoppers).

L. Business Items for Next Meeting

Resource Fair
Facilities Update-Senior Issues
Teens Helping Seniors Update

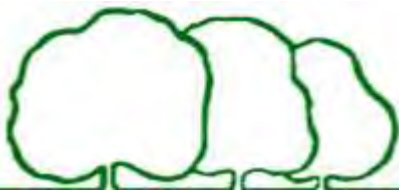
M. Next Meeting Date June 13, 2013

N. Adjourn

Commissioner Campbell made the motion to adjourn the meeting at 3:40 p.m., Commissioner Talkington seconded the motion, and motion carried 4-0.

Respectfully submitted,

Cathy Haynie, Administrative Secretary
Parks & Recreation Department



Commission on Aging Communication

AGENDA ITEM

SUBJECT: Monthly Senior Center Report

DATE: June 1, 2013

PREPARED BY: Kris Bain, Senior Center Supervisor

RECOMMENDED ACTION:

None. Information only.

BACKGROUND INFORMATION:

The following provides highlights of the Senior Center for May 2013.

Focal Point Meeting

A Focal Point meeting was organized by Yolo County senior centers was held on May 28 with Area 4 on Aging representative, David Soto. This meeting allows both the senior centers and Area 4 to provide updates about upcoming projects, budgets and current hot topics. The bi-annual meeting is a requirement of Area 4 for funding one-time only funding requests. Mr. Soto stated that the approval for OTO funding requests was not optimistic because A4A has taken significant budget cuts from the State.

Senior Resource Fair

The Senior Resource Fair, held on Wednesday, May 29, included over seventy vendor resources related to senior issues. Nearly 300 seniors were able to gather important information, visit the YMCA for National Senior Fitness Day, and enjoyed the healthy snacks. The success of the event is credited to Commissioners Talkington and Wright for their dedication to serving seniors within the community.

Teens Helping Seniors Update

The re-vitalization of the Teens Helping Seniors program has been slow due to very little interest from volunteers and part-time staff. Staff continues to seek a program coordinator to oversee the program. The Resource Fair provided general program information and an interest list was taken. The program is set to begin on June 17.

Collette Vacation Travel Update

The Collette Vacations offered through the Senior Center during the Spring/Summer have been successful and profitable. In April, ten passengers travelled to New York City for a five day vacation touring the must-see icons of the city. In June, four passengers are going on the "America's Cowboy Country" vacation travelling to the Jackson Hole Rodeo, the Grand Tetons, Yellowstone, and Mt. Rushmore. The Senior Center generates a 10% commission on every passenger travelling on a Collette vacation.

Senior Center Inc.

Update from the Board of Directors Meeting: Two board members resigned from the board and Jay Finklaang and Donna Penn are the newest SCI board members.

Membership Meeting: The annual membership meeting for Senior Center Inc. was held on May 9 with seventy five SCI members in attendance. The following officers renewed their terms with the board of directors: Steve Etters, Elizabeth Kemper, and Maxine Polkinghorne. Newly elected to the board is Linda Nantz.

Affordable Adventures: The Sunset Magazine trip scheduled for June 1 was cancelled due to low enrollment. The next trip on July 20 will explore Sausalito and the Nike Missile site.

Program Participation Summary & Revenue Update

May 2013 Totals:			Classes Offered		Total Participants	Total PH	Net Revenue
			33		1966	15244	\$ 344.00
FY 12/13 YTD Totals:			Classes Offered		Total Participants	Total PH	Net Revenue
			341		19156	155,998	\$ 7,578.89

Recreation Report

classes ending: May 2013

Activity	Start Date	End Date	Meetings	Min/Mtg	Class Hours	Participants	Participant Hours (PH)	Notes
Art	5/1/2013	5/29/2013	5	120	10	24	240	
Arthritis Support Group	5/2/2013	5/2/2013	1	120	2	12	24	
Bingo	5/1/2013	5/31/2013	10	120	20	205	4100	
Ceramics	5/2/2013	5/30/2013	5	120	10	28	280	
Changes to Choices	5/7/2013	5/21/2013	2	120	4	2	8	
Computer Club Meeting	5/20/2013	5/20/2013	1	120	2	8	16	
Computer Lab	5/3/2013	5/31/2013	5	180	15	15	225	
Hand and Foot	5/1/2013	5/29/2013	5	180	15	69	1035	
Hear! Here!	5/20/2013	5/20/2013	1	120	2		0	No meeting in May
HICAP Consultations	5/2/2013	5/16/2013	2		6	6		
Legal Consultations	5/17/2013	5/17/2013	1	30	0.5	3	1.5	
Low Impact Aerobics 8am	5/1/2013	5/31/2013	13	30	6.5	196	1274	
Low Impact Aerobics 10am	5/1/2013	5/31/2013	13	30	6.5	403	2619.5	
Needles & Friends	5/6/2013	5/20/2013	3	60	3	42	126	
Outa Sight SPEAKER	5/7/2013	5/7/2013	1	120	2	14	28	
Outa Sight SUPPORT	5/21/2013	5/21/2013	1	120	2	16	32	
Parkinson's Support Group	5/28/2013	5/28/2013	1	60	1		0	unreported
Ping Pong	5/3/2013	5/31/2013	5	60	5	16	80	
Peripheral Neropathy	5/7/2013	5/7/2013	1	60	1	25	25	
Pedro	5/7/2013	5/28/2013	4	120	8	112	896	
Pinochle	5/2/2013	5/30/2013	5	120	10	47	470	
Prostate Support Group	5/20/2013	5/20/2013	1	120	2	15	30	
Ship Shape	5/2/2013	5/30/2013	8	30	4	61	244	
Senior Movie Day	5/16/2013	5/16/2013	1	120	2	40	80	LIFE OF PI
Stompers	5/6/2013	5/20/2013	3	60	3	33	99	
Stroke Support	5/20/2013	5/20/2013	1	120	2	14	28	
The Novel	5/7/2013	5/7/2013	1	60	1	8	8	
White Elephant Thrift Shop	5/3/2013	5/31/2013	9	120	18	96	1728	
Woodcarvers	5/1/2013	5/15/2013	2	120	4	13	52	
Yoga	5/9/2013	5/30/2013	3	60	3	90	270	
SPECIAL Classes/Presentations								
Senior Resource Fair	5/29/2013	5/29/2013	1	240	4	300	1200	
Centerpiece Workshop	5/10/2013	5/10/2013	1	120	2	8	16	
Trip to Reno	5/18/2013	5/18/2013	1	12	0.2	45	9	
Library Usage				6.5 vol. hours	95 ret. Book	68 new books		