

**CITY OF WOODLAND
2001 EAST STREET
WOODLAND, CALIFORNIA**

**COMMISSION ON AGING
AGENDA**

**September 12, 2013
3:00 p.m.**

- A. CALL TO ORDER
- B. ROLL CALL
- C. PLEDGE OF ALLEGIANCE
- D. COMMUNICATIONS-PUBLIC COMMENT

This an opportunity for the public to speak to the Commission on any item other than those listed for public hearing on this agenda. Speakers are requested begin by stating their name, whether they reside in Woodland and the name of the organization they represent if any. The Chair may impose a time limit on any speaker depending on the number of people wanting to speak and time available for the rest of the agenda. In the event comments are related to an item scheduled on the agenda, speakers may be required to wait to make their comments until that item is considered.

- E. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission’s consideration of any items a Commission Member would like to have discussed at a future Commission meeting.

- F. MINUTES
 - F.1 Adopt the Minutes of the Commission Meeting of June 13, 2013
- G. COMMITTEE REPORTS
- H. CORRESPONDENCE
- I. PRESENTATIONS

J. REGULAR CALENDAR

J.1 Apartment List

Recommendation: Commission to begin updating Apartment List for publication in January 2014.

K. REPORT OF THE STAFF

K.1 Senior Center Report-Kris Bain

Recommendation: Information only

K.2 Facility Update, Senior Issues-Kris Bain

Recommendation: Information only

K.3 Teens Helping Seniors Update

Recommendation: Information only

L. ADJOURN

I declare under penalty of perjury that the foregoing Agenda for the Commission on Aging regular meeting of the City of Woodland scheduled for Thursday, July 11, 2013 was posted on July 8, 2013 in the outside display case at 2001 East Street, Woodland, CA, and was available to the public during normal business hours.

Cathy Haynie, Administrative Secretary

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

June 13, 2013

Call to Order

Meeting convened at 3:05 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Garman presiding.

Roll Call

Commissioners Present: Garman, Overholt, Wright, Campbell and Talkington

Absent:

Staff: Haynie and Bain

Pledge of Allegiance

Communications-Public Comment (None)

Communication-Commission/Staff Statements and Requests

Minutes

Commissioner Wright made the motion to accept the minutes with changes; Commissioner Campbell seconded the motion. Motion carried 5/0.

Committee Reports

May 29, 2013, 10-1 p.m., Resource Fair Update

Commissioner Talkington and Commissioner Wright reported that 79 vendors attended with 2 walk-ins and 6 no-shows. Commissioners discussed how to better coordinate with the YMCA for PR for the two events and the possibility of charging the for-profits \$25 for their tables and no-charge for the non-profits. This will help with the no-shows and walk-ins for future events. Discussion continued with the room set up, using some of the round tables for the prizes and food table, posting room changes for exercise classes and making sure that bingo has their normal set-up. Discussed including local restaurants to participate in the event.

Correspondence (None)

Presentations (None)



Commission on Aging

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Consent Calendar

Speaker Series

Commissioners were pleased with the last speaker. June speaker is provided by HI CAP, Barbara Walters, on ABC's &D's of Medicare rescheduled for September. Commissioner Overholt will report in July on "How to Improve You". Other topics discussed were a Dr. Waganon presentation and possible physical activities demonstrations such as low impact aerobics, yoga, ping pong etc.

Report of the Staff

Teens Helping Seniors

Bain reported that registration was slow for this program. Summer Time Fun Club uses 30 volunteers to assist with this program which may have contributed to the low number of volunteers for Teens Helping Seniors.

Senior Center Report

Commissioner Campbell asked when the red paint around the building was scheduled to be repainted and asked if the trash cans at the front of the building could be moved next to the curb. Bain stated that she would bring all of Commissioner Campbell's concerns up at the staff meeting on Wednesday.

Business Items for Next Meeting

Apartment List
Facilities Update-Senior Issues
Teens Helping Seniors Update

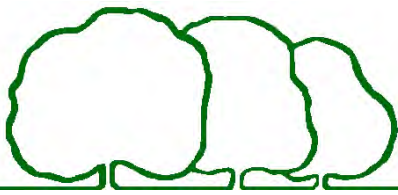
Next Meeting Date July 11, 2013

Adjourn

Commissioner Wright made the motion to adjourn the meeting at 4:10 p.m., Commissioner Talkington seconded the motion, and motion carried 5-0.

Respectfully submitted,

Cathy Haynie, Administrative Secretary
Parks & Recreation Department



Commission on Aging Communication

AGENDA ITEM

SUBJECT: Monthly Senior Center Report

DATE: September 3, 2013

PREPARED BY: Kris Bain, Senior Center Supervisor

RECOMMENDED ACTION:

None. Information only.

BACKGROUND INFORMATION:

The following provides highlights for the Senior Center for August-September 2013.

Teens Helping Seniors

The revitalization of the Teens Helping Seniors program proved to be successful and was financially possible with funding from Senior Center, Inc. Staff plans to increase outreach to teens *and* seniors to generate more work and community exposure in 2014. The volunteers saw the value in the work they were putting in and several were interested returning.

Thirteen high-school students volunteered at seniors homes and performed housework and yard-work. The program was available June 24th through August 14th, and a total of 47 jobs were conducted at the homes of 37 local seniors. The volunteers accumulated over 200 hours of service in the 8-week program.

The response from the seniors was overwhelmingly positive; one resident emailed her feedback:

"Wes and the teens worked harder than anyone I've had help me so far and they did it on one of our hottest days. They arrived promptly and their hours of work have made a huge difference in my backyard landscape. Wes was very courteous, friendly and professional all at the same time. Kudos to him and the teens! And I certainly hope this program will continue; with my limited income, I don't think I could have gotten the same results from any other source. Thank you all so much for such a wonderful program!" –Gloria

Flu Shot Clinic for Seniors

In preparation for flu-season, the Yolo County Healthy Department is offering a low-cost flu shot clinic for seniors on Thursday, October 17 at the Senior Center from 10 a.m. to 1 p.m. The clinic is being offered in conjunction with community forum and open house by Yolo County Health Department.

Special Program Report

Special Presentation – Yolo Hospice’s Accepting the Challenge

Yolo Hospice presented a four-part series: *Accepting the Challenge, Providing the Best Care for People with Dementia*. Members from Yolo Hospice were pleased with the participation for the series, averaging ten or more each session.

Intergenerational Holidays (Pennies for Presents)

The Toddler Time program is looking to adopt an inter-generational family for the holidays to provide presents for the family. Specifically, the target family for this project is grandparents raising (great) grandchildren who can’t afford presents. “Toddler Time” was created as a play date for parents and grandparents and also indirectly exposes the families to the diverse programming Parks & Recreation offers. The program is tailored for young children aged 18 months to 5 years and their parents or grandparents. Toddler Time is looking branch into the community and perform a community service project teaching the young participants the importance of helping others in need. A formal request has been submitted to Senior Center, Inc. for matching funds.

Department Name Change

Change effective October 1, Parks & Recreation will officially change it name to Community Services Department. The name change will not affect the day to day operations of the Senior Center, but will result in an expansion of programs offered to the public. Some programming including affordable housing and the community development block grant program have been transitioned from the Community Development to the Community Services Department.

Senior Center Inc.

Update to be provided at meeting.

Program Participation Summary & Revenue Update

An overview of programming within the Seniors Center for July and August.

July 2013 Totals:			Classes Offered			Total Participants	Total PH	Net Revenue
			27			1906	14287	\$ 351.00
FY 13/14 YTD Totals:			Classes Offered			Total Participants	Total PH	Net Revenue
			27			1906	14,287	\$ 351.00

Recreation Report

classes ending: July 2013

Activity	Start Date	End Date	Meetings	Min/Mtg	Class Hours	Participants	Participant Hours (PH)	Notes
Art	7/3/2013	7/31/2013	5	120	10	30	300	
Bingo	7/3/2013	7/31/2013	9	120	18	205	3690	
Ceramics	7/11/2013	7/25/2013	3	120	6	14	84	
Computer Club General Meeting	7/22/2013	7/22/2013	1	120	2	22	44	
Computer Club Ice Cream Social	7/4/2013	7/4/2013	1	180	3	253	759	
Computer Club Open Lab	7/5/2013	7/26/2013	4	180	12	21	252	
Hand and Foot	7/3/2013	7/31/2013	5	180	15	59	885	
HICAP Consultations	7/11/2013	7/25/2013	2			6		
Legal Consultations	7/18/2013	7/18/2013	1	30	0.5	4	2	
Low Impact Aerobics 8am	7/1/2013	7/31/2013	14	30	7	161	1127	
Low Impact Aerobics 10am	7/1/2013	7/31/2013	14	30	7	331	2317	
Needles & Friends	7/1/2013	7/29/2013	5	60	5	75	375	
Parkinson's Support Group	7/23/2013	7/23/2013	1	60	1	6		
Ping Pong	7/5/2013	7/26/2013	4	60	4	19		
Pedro	7/2/2013	7/30/2013	5	120	10	176	1760	
Pinochle	7/11/2013	7/25/2013	3	120	6	59	354	
Prostate Support Group	7/8/2013	7/8/2013	1	120	2	15	30	
Ship Shape	7/2/2013	7/30/2013	8	30	4	63	252	
Senior Movie Day	7/19/2013	7/19/2013	1	120	2	45	90	Parental Guidance
Stompers	7/1/2013	7/29/2013	5	120	10	71	710	
Stroke Support	7/15/2013	7/15/2013	1	120	2	6	12	
The Novel	7/5/2013	7/26/2013	4	60	4	8	32	
White Elephant Thrift Store	7/3/2013	7/26/2013	4	120	8	91	728	
Woodcarvers	7/3/2013	7/17/2013	1	120	2	14	28	
Yoga	7/11/2013	7/25/2013	3	60	3	152	456	
SPECIAL Classes/ Presentations								
AARP Driver's Safety Course	7/18/2013	7/18/2013	1	270	4.5	18	81	
AA to Sausalito	7/20/2013	7/20/2013	1			45	0	
Library Usage			8.5 vol. hours		128 ret. Book	73 new books		

August 2013 Totals:	Classes Offered			Total Participants	Total PH	Net Revenue
	24			1714	13519.5	\$ 541.00
FY 13/14 YTD Totals:	Classes Offered			Total Participants	Total PH	Net Revenue
	51			3620	27,807	\$ 892.00

Recreation Report								
classes ending: August 2013								
Activity	Start Date	End Date	Meetings	Min/Mtg	Class Hours	Participants	Participant Hours (PH)	Notes
Art	8/7/2013	8/28/2013	4	120	8	6	48	
Arthritis Support Group	8/1/2013	8/1/2013	1	120	2	10	20	
Bingo	8/2/2013	8/30/2013	9	120	18	238	4284	
Ceramics	8/1/2013	8/29/2013	5	120	10	26	260	
Computer Club Classes	8/7-8/28	8/26/2013	1	120	2	29	58	
Computer Club Meeting	8/26/2013	8/26/2013	1	120	2	28	56	
Computer Lab	8/2/2013	8/30/2013	5	180	15	29	435	
Hand and Foot	8/7/2013	8/28/2013	4	180	12	54	648	
HICAP Consultations	8/8/2013	8/22/2013	2	60	2	6	12	
Legal Consultations	8/16/2013	8/16/2013	1	30	0.5	2	1	
Low Impact Aerobics 8am	8/2/2013	8/30/2013	13	30	6.5	213	1384.5	
Low Impact Aerobics 10am	8/2/2013	8/30/2013	13	30	6.5	466	3029	
Needles & Friends	8/5/2013	8/26/2013	4	60	4	60	240	
Ping Pong	8/2/2013	8/30/2013	5	60	5	23	115	
Pedro	8/6/2013	8/27/2013	4	120	8	128	1024	
Pinochle	8/1/2013	8/29/2013	5	120	10	41	410	
Ship Shape	8/1/2013	8/29/2013	9	30	4	89	356	
Senior Movie Day	8/15/2013	8/15/2013	1	120	2	15	30	The Impossible
Stompers	8/5/2013	8/26/2013	4	60	4	48	192	
Woodcarvers	8/7/2013	8/21/2013	2	120	4	18	72	
Yoga	8/8/2013	8/29/2013	4	60	4	100	400	
SPECIAL Classes/ Presentations								
Accepting the Challenge	8/8/2013	8/29/2013	4	60	4	15	60	
AA Trip to Boston Red Sox	8/21/2013	8/21/2013	1	480	8	45	360	Trip sold out in 2 weeks
Collette Travel Showcase	8/29/2013	8/29/2013	1	60	1	25	25	
Library Usage			8.5 vol. hours		151 ret. Book	206 new books		