

**CITY OF WOODLAND
2001 EAST STREET
WOODLAND, CALIFORNIA**

COMMISSION ON AGING AGENDA

**April 10, 2014
3:00 p.m.**

- A. CALL TO ORDER
- B. ROLL CALL
- C. PLEDGE OF ALLEGIANCE
- D. COMMUNICATIONS-PUBLIC COMMENT

This an opportunity for the public to speak to the Commission on any item other than those listed for public hearing on this agenda. Speakers are requested begin by stating their name, whether they reside in Woodland and the name of the organization they represent if any. The Chair may impose a time limit on any speaker depending on the number of people wanting to speak and time available for the rest of the agenda. In the event comments are related to an item scheduled on the agenda, speakers may be required to wait to make their comments until that item is considered.

- E. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission’s consideration of any items a Commission Member would like to have discussed at a future Commission meeting.

- F. MINUTES
 - F.1 Adopt the Minutes of the Commission Meeting of March 13, 2014
- G. CORRESPONDENCE
- H. PRESENTATIONS

I. REGULAR CALENDAR

I.1 Senior Resource Fair May 28, 2014

I.2 Senior Center Inc. Representative

I.3 Workplan 2014

J. REPORT OF THE STAFF

J.1 Senior Center Report-Kris Bain
Recommendation: Information only

J.2 Facility Update, Senior Issues-Kris Bain
Recommendation: Information only

K. ADJOURN

L. NEXT MEETING May 8, 2014

I declare under penalty of perjury that the foregoing Agenda for the Commission on Aging regular meeting of the City of Woodland scheduled for Thursday, April 10, 2014 was posted on April 7, 2014 in the outside display case at 2001 East Street, Woodland, CA, and was available to the public during normal business hours.

Cathy Haynie, Administrative Secretary

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

March 13, 2014

Call to Order

Meeting convened at 3:03 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Garman presiding.

Roll Call

Commissioners Present: Garman, Campbell, Overholt
Absent: Wright
Staff: Engel, Haynie and Bain
Guest: Mayor Skip Davies

Pledge of Allegiance

Communications-Public Comment

Minutes

Commissioner Campbell made the motion to accept the minutes of February 13, 2014 as written, Commissioner Overholt seconded the motion. 3/0

Regular Calendar

Report of Measure J

Mayor Davies asks the COA for their endorsement for Measure J, extension of the ¼ cent sales tax. Explaining that Measure J focuses on Woodland's youth but passing Measure J will help everyone in our community. Measure J is accompanied by four advisory measures. Voting "yes" on Measure J in the June 3rd election will extend the current ¼ cent sales tax.

Measure K – 60%- Restore Parks/Recreation programs, reduce fees and re-open Hiddleson Pool.

Measure L -20%- Literacy programs for youth, technology assess & increased library hours.

Measure M- 15%- Public Safety=Crime Prevention, Neighborhood Watch and alternatives for at-risk youth & gang intervention strategies.

Measure N-5%- Rate payer assistance for Low income seniors and families- Water & Sewer bills.

Commissioner Campbell made the motion that the Commission on Aging endorses Measure J; Commissioner Overholt seconded the motion. 3/0

Commissioner Garman asked Mayor Davies about the Council's goals for seniors. Mayor Davies responded that the City cannot do it all and that partnerships like Meals on Wheels, Care Car, non-profits and faith based organization do a great job assisting with these issues. The biggest problems with seniors is the closed in seniors, we need more intergenerational activities.

Report of the Staff

Senior Center Report

Discussed article about the Senior Resource Fair for Around Town, Commissioner Campbell and Wright will edit and send to staff.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Facility Update

Engel reported on the progress in assessing the need for additional handicap parking to the Woodland Community & Senior Center.

Business Items for Next Meeting
Commission/Council Coordination
Senior Resource Fair
2014 Workplan

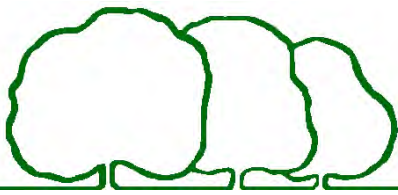
Next Meeting Date April 10, 2014

Adjourn

Commissioner Campbell made the motion to adjourn the meeting at 3:39 p.m., Commissioner Overholt seconded the motion, and motion carried 3/0.

Respectfully submitted,

Cathy Haynie, Administrative Secretary
Parks & Recreation Department



Commission on Aging Communication

AGENDA ITEM

SUBJECT: Monthly Senior Center Report

DATE: April 10, 2014

PREPARED BY: Kris Bain, Community Services Program Manager

RECOMMENDED ACTION:

None. Information only.

BACKGROUND INFORMATION:

The following provides highlights of the Senior Center since the last report.

Ping Pong Table Donation

The Ping Pong group has outgrown the use of one table with a consistent 7 seniors attending the program on Friday mornings. Ms. Sara Jeska (new to the Ping Pong group) contacted Big 5 and purchased a floor model for the Senior Center. Staff picked up the table and put it together, making any minor fixes it needed. Now the Ping Pong group can have up to eight people playing simultaneously, rather than four.

Program Update

In March, the Senior Center offered new classes and presentations for seniors. The Alzheimer's Association led an interactive and well attended presentation about Dementia. Family members and care-givers were encouraged to attend. Another presentation sponsored by the Alzheimer's Association, titled "The Ten Signs is scheduled for September.

Other new classes that started in March were: Arm Chair Travel by Mr. and Mrs. Ralph Quinn and Life Journey Card making class by Mrs. Carol Furlong. Both classes are held bi-weekly, although attendance has been slow, growth in both classes is anticipated.

Facility Updates

Parking Study: In order to evaluate the parking needs at the Community & Senior Center, a parking study is underway. Staff is taking note of the amount of used and unused parking stalls throughout the day (senior only and handicapped). This information will be used as one tool to assess the need for additional parking at the facility.

Facility Operation & Maintenance: Facility maintenance staff has contracted with Wallace to re-test and calibrate all of the Community & Senior Center doors to ensure they are opening at the proper poundage of 15 pounds. Staff has identified this task to be included in the annual inspection of the facility.

Senior Center Inc.

Update from the Board of Directors: *(Will provide a quick update from the 4/3 board of directors meeting here.)*

Hand and Foot Card Party: On March 15th, Senior Center Inc. hosted a fundraising Hand & Foot Card party. Over sixty participated in the event and over \$700 was raised for SCI.

Affordable Adventures: Affordable Adventures returned from Laughlin and Palm Springs, the longest trip offered with, 48 passengers. The trip was five days and four nights long and packed with attractions, shows, and special activities for our seniors. The weather did not cooperate and the Tram ride in Palm Springs was cancelled.

Dates to Note

April 25: Movies on Main Street

May 8: Senior Center Inc. membership meeting, installation of new board, and dinner

May 28: National Senior Fitness Day and Senior Resource Fair

July 4: City of Woodland 4th of July Celebration

SUBJECT: Monthly Senior Center Report

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ITEM:

Senior Center Classes and Revenue Summaries

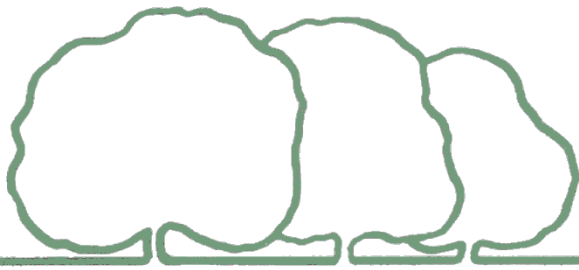
March 2014 Totals:			Classes Offered			Total Participants	Total PH	Net Revenue
			33			1930	12523.5	\$ 376.00
FY 13/14 YTD Totals:			Classes Offered			Total Participants	Total PH	Net Revenue
			261			15596	108,145	\$ 5,360.80

2013 Comparison

March 2013 Totals:			Classes Offered			Total Participants	Total PH	Net Revenue
			33			1694	13776.5	\$ 504.59
FY 12/13 YTD Totals:			Classes Offered			Total Participants	Total PH	Net Revenue
			278			15272	121,169	\$ 4,771.89

Recreation Report
classes ending: March 2014

Activity	Start Date	End Date	Meetings	Min/Mtg	Class Hours	Participants	Participant Hours (PH)	Notes
Arm Chair Travel	3/14/2014	3/28/2014	2	60	2	15	30	
Art	3/5/2014	3/26/2014	4	120	8	20	160	
Arthritis Support Group	3/6/2014	3/6/2014	1	120	2	9	18	
Bingo	3/5/2014	3/28/2014	8	120	16	186	2976	
Ceramics	3/6/2014	3/27/2014	3	120	6	20	120	
Changes to Choices	3/4/2014	3/18/2014	2	120	4	8	32	
Computer Club Class	3/18/2014	3/18/2014	1	120	2	6	12	
Computer Club Meeting	3/24/2014	3/24/2014	1	120	2	31	62	
Computer Lab	3/7/2014	3/28/2014	4	180	12	31	372	
Hand and Foot	3/5/2014	3/26/2014	4	180	12	46	552	
HICAP Consultations	3/	3/27/2014	2	180	6	8	48	
Legal Consultations	3/20/2014	3/20/2014	1	30	0.5	6	3	
Low Impact Aerobics 8am	3/3/2014	3/31/2014	13	30	6.5	188	1222	
Low Impact Aerobics 10am	3/3/2014	3/31/2014	13	30	6.5	555	3607.5	
Needles & Friends	3/3/2014	3/31/2014	5	60	5	60	300	
Outa Sight SPEAKER	3/4/2014	3/4/2014	1	120	2	18	36	
Outa Sight SUPPORT	3/18/2014	3/18/2014	1	120	2	17	34	
Parkinson's Support Group	3/25/2014	3/25/2014	1	60	1	8	8	
Ping Pong	3/6/2014	3/28/2014	4	60	4	23	92	
Peripheral Neropathy	3/4/2014	3/4/2014	1	60	1	11	11	
Pedro	3/4/2014	3/25/2014	4	120	8	131	1048	
Pinochle	3/6/2014	3/27/2014	4	120	8	35	280	
Prostate Support Group	3/10/2014	3/10/2014	1	120	2	26	52	
Scrapbooking	3/14/2014	3/28/2014	2	30	4	6	24	
Ship Shape	3/4/2014	3/27/2014	8	30	4	63	252	
Senior Movie Day	3/20/2014	3/20/2014	1	120	2	35	70	The Lone Ranger
Stompers	3/3/2014	3/31/2014	5	60	5	69	345	
Stroke Support	3/17/2014	3/17/2014	1	120	2	7	14	
Woodcarvers	3/5/2014	3/26/2014	2	120	4	14	56	
Yoga	3/13/2014	3/27/2014	3	60	3	105	315	
SPECIAL Classes/Presentations								
Senior Art Show	3/7/2014	3/7/2014	1	60	1	100	100	
Conversation about Dementia	3/14/2014	3/14/2014	1	120	2	25	50	
SCI Hand &Foot Card Party	3/15/2014	3/15/2014	1	240	4	63	252	
Tax Aid Prep	3/3/2014	3/28/2014	8	240	32		0	
Library Usage			10 vol. hours		111 ret. Book	197 new books		



Senior Center

2001 East Street | Woodland, CA 95776 | (530) 661-2001

Enjoyment & Needs Assessment Survey

The Senior Center staff is interested in your satisfaction while you participate in activities at the Senior Center. We value your opinions and appreciate your input and cooperation. In order to better understand your satisfaction with the Senior Center programming, we ask you to complete this short survey. Your answers are anonymous and confidential.

If you would like to discuss further with Senior Center staff about your experience, please include your name and phone number.

Please return to the Senior Center by June 1, 2014.

I. FACILITY

A. How do you rate the overall condition of the building?

Excellent

Good

Fair

Poor

B. What could be done to improve the facility?

C. Do you use senior parking?

Yes

No

Do you find parking available for you when you arrive?

Always

Usually

Never

D. Do you use Handicapped parking?

Yes

No

Do you find parking available for you when you arrive?

Always

Usually

Never

D. Does the parking meet your needs at the Facility?

Always

Usually

Never

II. PROGRAMS

A. How do you rate the programs, services and activities that you are involved with at the Center?

Excellent

Good

Fair

Poor

B. Do Senior Center programs, services, and activities meet your interests in quality and quantity?

Yes

No

Explain: _____

III. STAFF

A. Are the staff courteous?

Always

Usually

Never

B. Does the staff help you feel welcome?

Always

Usually

Never

C. Are staff efficient & effective?

Always

Usually

Never

D. What is your opinion of the staff's ability to respond to your concerns?

IV. VOLUNTEERS

A. Are volunteer receptionists courteous and welcoming?

Always

Usually

Never

B. Are volunteer receptionists efficient & effective?

Always

Usually

Never

C. Are volunteers who lead groups/activities courteous and welcoming?

Always

Usually

Never

D. Are volunteers who lead groups/activities efficient & effective?

Always

Usually

Never

E. Would you like to volunteer?

No

Yes----Please contact staff.

V. FUTURE PROGRAMS, SERVICES OR ACTIVITIES

A. What new programs, activities, or services would you like offered at the Senior Center?

B. Are there programs, activities, or services presently in place that could be discontinued in order to carry out new programs in the future? Yes (If Yes, which ones?) No

C. Would you like information about (check all that apply)

☐ Safety education and prevention (home safety, preventing falls, preventing fires, fire safety, crime stop)

☐ Elder abuse intervention and prevention

☐ Health promotion activities

☐ Disease prevention activities

☐ Other _____

VI. OTHER

A. What else would improve your satisfaction level at the Senior Center?

B. How many days each month are you at the Senior Center?

5 days or less

6 -10 days

11 - 15 days

16+ days

C. How many programs, services or activities each month do you attend/use at the Senior Center?

1- 5

6 - 10

10 +

D. How long have you participated in activities at the Senior Center?

Less than a year

1-3 years

3-5 years

5+ years

D. What is your age group?

49 or younger

50-60

61-70

71-80

81-89

90+