

**CITY OF WOODLAND
2001 EAST STREET
WOODLAND, CALIFORNIA**

COMMISSION ON AGING AGENDA

**June 12, 2014
3:00 p.m.**

- A. CALL TO ORDER
- B. ROLL CALL
- C. PLEDGE OF ALLEGIANCE
- D. COMMUNICATIONS-PUBLIC COMMENT

This an opportunity for the public to speak to the Commission on any item other than those listed for public hearing on this agenda. Speakers are requested begin by stating their name, whether they reside in Woodland and the name of the organization they represent if any. The Chair may impose a time limit on any speaker depending on the number of people wanting to speak and time available for the rest of the agenda. In the event comments are related to an item scheduled on the agenda, speakers may be required to wait to make their comments until that item is considered.

- E. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission’s consideration of any items a Commission Member would like to have discussed at a future Commission meeting.

- F. MINUTES
 - F.1 Adopt the Minutes of the Commission Meeting of May 8, 2014
- G. CORRESPONDENCE
- H. PRESENTATIONS

I. REGULAR CALENDAR

I.1 Senior Resource Fair May 28, 2014

I.2 Senior Center Inc. Representative

I.3 Workplan 2014

I.4 Workplan 2015

J. REPORT OF THE STAFF

J.1 Teens Helping Seniors Update-Dallas Tringali
Recommendation: Information only

J.2 Senior Center Report-Kris Bain
Recommendation: Information only

J.3 Facility Update, Senior Issues-Kris Bain
Recommendation: Information only

K. ADJOURN

L. NEXT MEETING July 10, 2014

I declare under penalty of perjury that the foregoing Agenda for the Commission on Aging regular meeting of the City of Woodland scheduled for Thursday, June 12, 2014 was posted on June 9, 2014 in the outside display case at 2001 East Street, Woodland, CA, and was available to the public during normal business hours.

Cathy Haynie, Administrative Secretary

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

Call to Order

Meeting convened at 3:06 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Garman presiding.

Roll Call

Commissioners Present: Garman, Campbell, Overholt, Wright

Absent:

Staff: Bain and Haynie

Guest: YMCA

Pledge of Allegiance

Communications-Public Comment (none)

Minutes

Commissioner Wright made the motion to accept the minutes of April 10, 2014 as written, Commissioner Campbell seconded the motion. 4/0

Regular Calendar

Senior Resource Fair May 28, 2014

Commissioners and staff discussed and finalized the details for the May 28, 2014 Senior Resource Fair. Bain reported that 65 vendors had confirmed attendance. YMCA will map out Fun Walk around the main building of the Community & Senior Center. Participants can sign up on the day of the event. All speakers have been confirmed and demonstrations will be in Meeting Rooms 1 & 2. Low Impact Aerobics will take place in Court C at 8 a.m. and 10 a.m. Discussed press releases and postings on the City web pages and Facebook. Administrative staff will design and print 300 tickets, participants will put their name and phone number on the ticket. Winning names will be posted on white board.

Commissioners Wright and Campbell will review the Gym set up and designate vendors to the appropriate tables. Haynie will update room set up at Commissioners directions and will provide the set up to maintenance staff. Commissioners Wright and Campbell will come to the Community & Senior Center at 9:00 a.m. on May 28, 2014 to assist staff with the set up for the event.

Commissioner Garman will create directional signage for the event. Staff will provide table number tents for all tables and tripods for signage. Discussed survey for vendors of the Senior Resource Fair, Commissioner Overholt will create the survey and send link for Commissioner Garman to send to vendors.

Senior Center Inc. Representative

Commissioner Overholt will attend the June Senior Center, Inc. meeting at 9:00 a.m. Commissioners will discuss whether a COA commissioner will attend SCI meetings every 2 months or a different schedule.

Workplan 2014

Item tabled until June meeting.

Workplan 2015

Item tabled until June meeting.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Report of the Staff

Senior Center Report

Commissioners accepted the report and did not have any additional questions.

Business Items for Next Meeting

Senior Resource Fair

2014 Workplan

2015 Workplan

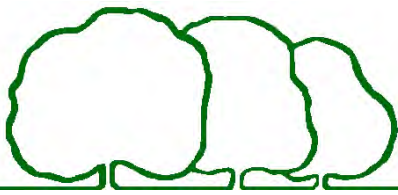
Next Meeting Date June 12, 2014

Adjourn

Commissioner Wright made the motion to adjourn the meeting at 4:15 p.m., Commissioner Overholt seconded the motion, and motion carried 4/0.

Respectfully submitted,

Cathy Haynie, Administrative Secretary
Parks & Recreation Department



Commission on Aging Communication

AGENDA ITEM

SUBJECT: Monthly Senior Center Report

DATE: June 12, 2014

PREPARED BY: Kris Bain, Community Services Program Manager

RECOMMENDED ACTION:

None. Information only.

BACKGROUND INFORMATION:

The following provides highlights of the Senior Center since the last report.

Senior Resource Fair

The Senior Resource Fair, held on Wednesday May 28, included over seventy vendor resources related to seniors. Over 200 seniors were able to gather important information and network with others who could provide other assistance. The Senior Resource Fair was held in conjunction with the National Senior Fitness Day, an event the YMCA Fitness & Wellness Center sponsored. To kick off the event, the YMCA provided a fun walk around the facility. New this year several informative presentations and fitness demonstrations were available for attendees to attend.

Flowers for Mother's Day

On Friday, May 9th, board member Jan Bello conducted a floral arrangement making workshop for the Senior Center. Mrs. Bello used her expertise to guide twelve volunteers in the creation of over 40 flower arrangements. In addition to each participant making their own arrangement to take home, the class put together and donated 32 arrangements for residents of the Californian for Mother's Day. The class was free to attend and Senior Center Inc. purchased the flowers, vases, and cards to be delivered with every flower arrangement.

Senior Center Inc. Installation Dinner

Senior Center Inc. held their installation dinner for new officers on Thursday, May 8. New officers and board members for the 2014/15 year are: Nick Pohl (President), Stan Moorhead (Vice-President), Chuck Winter (Secretary), Elizabeth Kemper (Treasurer), Jan Bello, Etters, Roy Miller, Linda Nantz, Maxine Polkinghorne, Donna Penn, Carla Sanborn, and Judy Tommeraason.

Program Update

Yoga and Meditation: Participants from the Yoga and Meditation class have recommended for the class to be taught every week; Volunteer Instructor Garrie Wright is willing to accommodate this request. Starting in August, Yoga will be held every Thursday at 1 p.m, rather than the scheduled 2nd, 3rd, and 4th Thursdays of the month. Yoga and Meditation has grown to 30-45 participants at every class and uses three meeting rooms.

Teens Helping Seniors: Staff has spent the month of May seeking teen volunteers through various outreach opportunities within the community at the junior high and high schools. Staff has distributed the senior work request forms within the Senior Center, at the Senior Resource Fair, and Leisureville. This year, Mari Sanchez will be the coordinator of the Teens Helping Seniors program. Mari is a teacher at Maxwell Elementary School and has 14 years of service with the Community Services Department in youth recreation programs.

Dates to Note

July 4: City of Woodland 4th of July Celebration
August 21: Senior Volunteer Appreciation Dinner

Senior Center Classes and Revenue Summaries

Recreation Report classes ending: May 2014								
Activity	Start Date	End Date	Meetings	Min/Mtg	Class Hours	Participants	Participant Hours (PH)	Notes
Art	5/7/2014	5/28/2014	4	120	8	17	136	
Arthritis Support Group	5/1/2014	5/1/2014	1	120	2	8	16	
Bingo	5/2/2014	5/30/2014	9	120	18	232	4176	
Ceramics	5/1/2014	5/29/2014	5	120	10	24	240	
Changes to Choices	5/6/2014	5/20/2014	2	120	4	7	28	
Computer Club Meeting	5/19/2014	5/19/2014	1	120	2	9	18	
Computer Lab	5/2/2014	5/30/2014	4	180	12	31	372	
Hand and Foot	5/7/2014	5/28/2014	4	180	12	59	708	
HICAP Consultations	5/8/2014	5/22/2014	2		6	6	36	
Legal Consultations	5/15/2014	5/15/2014	1	30	0.5	3	1.5	
Low Impact Aerobics 8am	5/2/2014	5/30/2014	12	30	6	224	1344	
Low Impact Aerobics 10am	5/2/2014	5/30/2014	12	30	6	441	2646	
Needles & Friends	5/5/2014	5/19/2014	3	60	3	48	144	
Outa Sight SPEAKER	5/6/2014	5/6/2014	1	120	2	14	28	
Outa Sight SUPPORT	5/20/2014	5/20/2014	1	120	2	16	32	
Parkinson's Support Group	5/27/2014	5/27/2014	1	60	1	5	5	
Ping Pong	5/2/2014	5/30/2014	5	60	35	16	560	
Peripheral Neropathy	5/6/2014	5/6/2014	1	60	12	25	300	
Pedro	5/6/2014	5/27/2014	4	120	124	112	13888	
Pinochle	5/1/2014	5/29/2014	5	120	10	43	430	
Prostate Support Group	5/12/2014	5/12/2014	1	120	2	15	30	
Retiree Support Group	5/13/2014	5/13/2014	1	60	1	16	16	
Scrapbooking	5/9/2014	5/23/2014	1	120	2	4	8	
Ship Shape	5/1/2014	5/29/2014	9	30	4	95	380	
Senior Movie Day	5/15/2014	5/15/2014	1	120	2	45	90	Gravity
Stompers	5/5/2014	5/19/2014	3	60	4	44	176	
Stroke Support	5/19/2014	5/19/2014	1	120	2	14	28	
The Novel	5/6/2014	5/6/2014	1	60	1	8	8	
Woodcarvers	5/7/2014	5/21/2014	2	120	4	13	52	
Yoga	5/8/2014	5/29/2014	4	60	4	115	460	
SPECIAL Classes/Presentations								
Senior Resource Fair	5/28/2014	5/28/2014	1	240	4	250	1000	
Mother's Day Flowers	5/9/2014	5/9/2014	1	120	2	13	26	
SCI Membership meeting dinner	5/8/2014	5/8/2014	1	120	2	125	250	
AA Trip to Turtle Bay	5/31/2014	5/31/2014	1	12	0.2	35	7	

SUBJECT: Monthly Senior Center Report

PAGE: 4

ITEM:

2013/2014 Comparison

May 2014 Totals:	Classes Offered			Total Participants	Total PH	Net Revenue
	34			2116	27579.5	\$ 434.00
FY 13/14 YTD Totals:	Classes Offered			Total Participants	Total PH	Net Revenue
	325			19436	149,145	\$ 6,319.80

May 2013 Totals:	Classes Offered			Total Participants	Total PH	Net Revenue
	33			1966	15244	\$ 344.00
FY 12/13 YTD Totals:	Classes Offered			Total Participants	Total PH	Net Revenue
	341			19156	155,998	\$ 7,578.89