CITY OF WOODLAND
2001 EAST STREET
WOODLAND, CALIFORNIA

COMMISSION ON AGING AGENDA

January 8, 2015
3:00 p.m.

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS-PUBLIC COMMENT

This an opportunity for the public to speak to the Commission on any item other than those listed for public hearing on this agenda. Speakers are requested begin by stating their name, whether they reside in Woodland and the name of the organization they represent if any. The Chair may impose a time limit on any speaker depending on the number of people wanting to speak and time available for the rest of the agenda. In the event comments are related to an item scheduled on the agenda, speakers may be required to wait to make their comments until that item is considered.

E. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission's consideration of any items a Commission Member would like to have discussed at a future Commission meeting.

F. MINUTES

F.1 Adopt the Minutes of the Commission Meeting of November 13, 2014

G. CORRESPONDENCE

H. REGULAR CALENDAR

H.1 Review COA Report to City Council - February 17, 2015

H.2 Workplan 2015

H.3 Election of Officers

H.4 Senior Resource Fair 2015- May 28, 2015

I. REPORT OF THE STAFF

J.1 Senior Center Report January-Kris Bain
Recommendation: Information only

J.2 Facility Update, Senior Issues-Kris Bain
Recommendation: Information only

J. ADJOURN

K. NEXT MEETING February 12, 2015

I declare under penalty of perjury that the foregoing Agenda for the Commission on Aging regular meeting of the City of Woodland scheduled for Thursday, January 8, 2015 was posted on January 5, 2015 in the outside display case at 2001 East Street, Woodland, CA, and was available to the public during normal business hours.

Cathy Haynie, Administrative Secretary

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.

Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

November 13, 2014

Call to Order

Meeting convened at 3:16 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Garman presiding.

Roll Call

Commissioners Present:	Garman, Campbell, Overholt, Sanborn
Absent:	Brown
Staff:	Bain, Engel, Haynie,
Guest:	

Pledge of Allegiance

Communications-Commission/Staff Statements and Requests

Engel introduced new members and reviewed officer positions which will be added to the next agenda.

Minutes

Commissioner Campbell made the motion to accept the minutes of September 9, 2014 as written, Commissioner Sanborn seconded the motion. 3/0, 1 Abstain

Regular Calendar

Senior Resource Fair May 28, 2014

Commission and staff discussed Senior Resource Fair 2014. Deciding on which changes were needed for the 2015 Senior Resource Fair. The event will be moved from Thursday to Wednesday in 2015. May 28, 2015 with the time changed to 10-12 p.m. Save the date will be sent out in March 2015. Commissioner Campbell and Brown will contact potential presenters. Haynie updated the "Suggested changes for Senior Resource Fair 2015" document with the Commission's changes.

Workplan 2014

Commissioner Overholt will contact Nurse Hatchet for a presentation in February. CHP presentation is scheduled for January 2015.

Workplan 2015

Commissioners will bring draft ideas for the Workplan to the January 2015 meeting.

Report of the Staff

Senior Center Report

Bain reminded the Commission of the Senior Thanksgiving Dinner on November 20th, 300 participants have made reservations.

Business Items for Next Meeting
Review City Council Report
Senior Resource Fair 2015
2015 Workplan
Election of Officers

Next Meeting Date February 12, 2015

Adjourn

Commissioner Campbell made the motion to adjourn the meeting at 4:30 p.m., Commissioner Overholt seconded the motion, and motion carried 4/0.

Respectfully submitted,

Cathy Haynie, Administrative Supervisor
Community Services Department

Suggested Changes for Senior Resource Fair 2015

1. No sharing of tables
2. No skinny tables
3. Move snacks to far east/south corner of gym
4. Regan send out survey (first 25 to respond gets pick of area next year) Regan will submit to Kris
5. Kris needs to be involved with the placement of vendors to tables
6. Rotate table set up to diagonal, with walkway directly to food tables
7. Group vendors to like groups (insurance together etc.)
8. Cambridge college, 10 volunteers (3 prize table, 3 snack, 4- escort vendors and walk with signs)
9. Invite Stompers back- Carla
10. Cambridge Students to do presentations
11. Event needs to end earlier 12-12:30 p.m., time changed to 10-12 p.m.
12. Provide lunch to vendors (Californian?)
13. Confirmation to vendors should include table location, presentations and times
14. Tickets worked well –Ilda to create for next year
15. Cancel Bingo- Don will talk to Bingo
16. Book rest of Building so no conflicts
17. Move check in into the Lobby
18. Schedule for Door at of presentation room
19. Aquatics to have table for passes and lap swim
20. Snacks, Water, Ice Tea, Coffee
21. Thank you cards for vendors and gifts from SCI for presenters-Kris talk to SCI
22. Dave Edwards is retiring and will take pictures-Retiring

23. Banners needed for event

24. Is there a better day of the week for event (Tuesday evening is difficult for staff the set up the event)

25. Contact Veteran groups, VFW, American Legion and Eagles, Elks, Food Closet.

26. More volunteer to escort vendors to their tables

27. Tape down group name on table, not table number.

28. Kris will talk to Kelly

29. Presentations will run 3 at a time, presenters to do presentation twice. Times 10, 10:30, 11, 11:30.

30. No food being cooked as a demo or being prepared. Kris will update form.

31. Research renting additional tables for event.

City of Woodland

COMMISSION ON AGING

Updated: 9/9/14

NAME	ADDRESS	PHONE/ Email	TERM
Regan Overholt	1521 Saratoga Drive Woodland, CA 95695 Mail to: c/o First Five 403 Court Street Woodland, CA 95695	669-2475 668-9619 roverholt@first5yolo.org	12/31/2014
Carla Sanborn	962 W. Cross Street Woodland, CA 95695	662-7891 Carla.sanborn@sbcglobal.net	12/31/2015
Don Campbell, Vice-Chairperson	1742 Amherst Way Woodland, CA 95695	666-3021 C 908-1189 campbell5224@sbcglobal.net	12/31/2015
Benjamin Garman, Chairperson	123 W. El Dorado Dr. Woodland, CA 95695 Mail to: P.O. Box 8236 Woodland, CA 95776	C 723-6128 bdgarman@gmail.com	12/31/2016
Therese Brown	1719 Casa Nueva St. Woodland, CA 95695	tbrown@sjrv.org 662-1290 C 805-705-9907	12/31/2018

This is a 5 member Commission with four year terms.
Meetings: Second Thursday of each month
Location: Community & Senior Center, 2001 East Street.
Contact Information: 530.661.2001
Agenda packets available online: http://www.cityofwoodland.org/prcs/comissions.htm#aging

City of Woodland

Commission on Aging Communication

AGENDA ITEM

SUBJECT: Monthly Senior Center Report DATE: January 8, 2015

PREPARED BY: Kris Bain, Community Services Program Manager

RECOMMENDED ACTION: None. Information only.

BACKGROUND INFORMATION: The following provides highlights of the Senior Center since the last report.

Program Report

Holiday events: The Senior Center hosted two holiday events in November and December, the annual Thanksgiving dinner and the Santa's Holiday Social Brunch. Both events were so well attended and had greater attendance than any prior event that they were relocated from the Banquet Rooms to the Gymnasium. Senior Center Inc supported both events, by supplying and preparing the meals. More volunteers than ever were needed to assist with the events. Volunteers came from the Californian, St. John's Village & Retirement Home, the Church of Jesus Christ of Latter Day Saints, and from the Target Distribution Center. During the Holiday Social, seniors participated in a raffle and the funds raised exceeded $1,300 benefiting Senior Center Inc.

Senior center staff changes: Dallas Tringali transitioned on January 2 as the Senior Center Manager. Kris will continue to work with Dallas over the next several months to ensure his transition into the senior program area is seamless. The official introduction of Dallas to the seniors and volunteers is scheduled for January 9 at 11 a.m. at the Cookie and Cocoa social. Both Dallas and Kris will be available to answer questions.

Senior program changes: We have been informed that no one will be able to lead the peripheral neuropathy group; therefore this support group will no longer meet**.** Additionally, Mr. Ralph Quinn completed his series of the Arm Chair Travels and the program will no longer be available.

Dates to Note

January 9: Meet & Greet Cookie & Cocoa Social
January 19: Senior Center Closed
January 26: Drive Smart presentation (by CHP)
March 6: Senior Art Show (and ReXpo)

Senior Center Activity & Revenue Summary

This Year/Last Year Comparison

	Classes Offered			Total Participants	Total PH	Net Revenue
November 2014 Totals:	30			1896	10217	$ 1,293.32
FY 14/15 YTD Totals:	137			9791	68,593	$ 4,118.21

	Classes Offered			Total Participants	Total PH	Net Revenue
November 2013 Totals:	31			1615	9859	$ 190.00
FY 13/14 YTD Totals:	142			8784	63,513	$ 3,240.80

	Classes Offered			Total Participants	Total PH	Net Revenue
December 2014 Totals:	23			1318	6919.5	$ 439.58
FY 14/15 YTD Totals:	160			11109	75,513	$ 4,557.79

	Classes Offered			Total Participants	Total PH	Net Revenue
December 2013 Totals:	24			1487	8774	$ 427.00
FY 13/14 YTD Totals:	166			10271	72,287	$ 3,667.80

Senior Center Activity Participation

November

Recreation Report

classes ending: November 2014

Activity	Start Date	End Date	Meetings	Min/Mtg	Class Hours	Participants	Participant Hours (PH)	Notes
Art	11/5/2014	11/26/2014	3	120	6	21	**126**	
Arthitis Support Group	11/6/2014	11/6/2014	1	120	2	7	**14**	
Bingo	11/5/2014	11/26/2014	7	120	14	198	**2772**	
Ceramics	11/6/2014	11/20/2014	3	120	6	25	**150**	
Changes to Choices	11/4/2014	11/18/2014	2	120	4	3	**12**	
Computer Club Class	11/14/2014	11/14/2014	1	120	2	7	**14**	
Computer Club Class	11/21/2014	11/21/2014	1	120	2	6	**12**	
Computer Club Meeting	11/24/2014	11/24/2014	1	120	2	33	**66**	
Computer Lab	11/7/2014	11/21/2014	3	180	9	13	**117**	
Hand and Foot	11/5/2014	1/30/1903	4	180	12	64	**768**	
HICAP Consulations	11/6/2014	11/20/2014	3			24		
Legal Consulations	11/20/2014	11/20/2014	1	30	0.5	4	**2**	
Low Impact Aerobics 8am	11/3/2014	11/26/2014	10	30	5	234	**1170**	
Low Impact Aerobics 10am	11/3/2014	11/26/2014	10	30	5	367	**1835**	
Needles & Friends	11/3/2014	11/24/2014	4	60	4	49	**196**	
Outa Sight SPEAKER	11/4/2014	11/4/2014	1	120	2	13	**26**	
Outa Sight SUPPORT	11/18/2014	11/18/2014	1	120	2	11	**22**	
Parkinson's Support Group	11/25/2014	11/25/2014	1	60	1	7		
Ping Pong	11/4/2014	11/25/2014	6	60	6	35		
Pedro	11/4/2014	11/25/2014	3	120	6	96	**576**	
Pinochle	11/6/2014	11/20/2014	3	120	6	71	**426**	
Prostate Support Group	11/10/2014	11/10/2014	1	120	2	8		
Scrapbooking	4/26/1900	11/21/2014	2	120	4	6	**24**	
Ship Shape	11/4/2014	11/25/2014	6	30	4	59	**236**	
Senior Movie Day	11/13/2014	11/13/2014	1	120	2	30	**60**	**Grand Budapest Hotel**
Stompers	11/3/2014	11/24/2014	4	60	4	60	**240**	
Stroke Support	11/17/2014	11/17/2014	1	120	2	6	**12**	
Woodcarvers	11/5/2014	11/26/2014	2	120	4	24	**96**	
Yoga	11/6/2014	11/20/2014	3	60	3	65	**195**	
SPECIALThanksgiving Dinner	11/20/2014	11/20/2014	1	120	3	350	**1050**	
Library Usage		6.5 vol. hours			118 ret. Book	121 new books		

December

Recreation Report
classes ending: December 2014

Activity	Start Date	End Date	Meetings	Min/Mtg	Class Hours	Participants	Participant Hours (PH)	Notes
Art	12/3/2014	12/17/2014	3	120	6	15	**90**	
Arthitis Support Group	12/4/2014	12/4/2014	1	120	2	7	**14**	
Bingo	12/3/2014	12/26/2014	5	120	10	116	**1160**	
Ceramics	12/7/2014	12/18/2014	2	120	4	16	**64**	
Changes to Choices	12/2/2014	12/6/2014	2	120	4	1	**4**	
Computer Lab	12/5/2014	12/19/2015	3	180	9	36	**324**	
Hand and Foot	12/3/2014	12/17/2014	3	180	9	39	**351**	
HICAP Consulations	12/4/2014	12/18/2014	3			8	**0**	
Low Impact Aerobics 8am	12/1/2014	12/31/2014	13	30	6.5	191	**1241.5**	
Low Impact Aerobics 10am	12/1/2014	12/31/2014	10	30	5	213	**1065**	
Needles & Friends	12/1/2014	12/29/2014	3	60	3	31	**93**	
Outa Sight SUPPORT	12/16/2014	12/16/2014	1	120	2	20	**40**	
Ping Pong	12/2/2014	12/30/2014	3	60	3	10	**30**	
Pedro	12/2/2014	12/30/2014	5	120	10	108	**1080**	
Pinochle	12/4/2014	12/18/2014	3	120	6	33	**198**	
Ship Shape	12/2/2014	12/30/2014	8	30	4	49	**196**	
Senior Movie Day	12/11/2014	12/11/2014	1	120	2	25	**50**	**Heaven is For Real**
Stompers	12/1/2014	12/29/2014	5	60	5	17	**85**	
The Novel	12/9/2014	12/9/2014	1	60	1	16	**16**	
Stroke Support	12/15/2014	12/15/2014	1	120	2	10	**20**	
Yoga	12/4/2014	12/18/2014	3	60	3	84	**252**	
SPECIAL Flu Shots	12/10/2014	12/10/2014	1		2	8	**16**	
SPECIAL Holiday Social	12/18/2014	12/18/2014	1		2	265	**530**	
Library Usage		9.5 vol. hours			129 ret. Book	77 new books		