

**CITY OF WOODLAND
2001 EAST STREET
WOODLAND, CALIFORNIA**

**COMMISSION ON AGING AGENDA
February 12, 2015
3:00 p.m.**

- A. CALL TO ORDER
- B. ROLL CALL
- C. PLEDGE OF ALLEGIANCE
- D. MINUTES
 - D.1 Adopt the Minutes of the Commission Meeting of January 8, 2014
- E. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission's consideration of any items a Commission Member would like to have discussed at a future Commission meeting.

- F. REGULAR CALENDAR
 - F.1 Workplan 2015
 - F.2 Healthy Aging Alliance
 - F.3 Senior Resource Fair 2015- May 28, 2015-Update
- G. REPORT OF THE STAFF
 - G.1 Senior Center Report January-Dallas Tringali
Recommendation: Information only
 - G.2 Facility Update, Senior Issues-Dallas Tringali
Recommendation: Information only

H. COMMUNICATIONS-PUBLIC COMMENT

This an opportunity for the public to speak to the Commission on any item other than those listed for public hearing on this agenda. Speakers are requested begin by stating their name, whether they reside in Woodland and the name of the organization they represent if any. The Chair may impose a time limit on any speaker depending on the number of people wanting to speak and time available for the rest of the agenda. In the event comments are related to an item scheduled on the agenda, speakers may be required to wait to make their comments until that item is considered.

- I. AGENDA ITEMS FOR NEXT MEETING
- J. ADJOURN

K. NEXT MEETING March 12, 2015

I declare under penalty of perjury that the foregoing Agenda for the Commission on Aging regular meeting of the City of Woodland scheduled for Thursday, February 12, 2015 was posted on February 9, 2015 in the outside display case at 2001 East Street, Woodland, CA, and was available to the public during normal business hours.

Cathy Haynie, Administrative Secretary

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

January 8, 2015

Call to Order

Meeting convened at 3:04 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Garman presiding.

Roll Call

Commissioners Present: Garman, Campbell, Overholt, Sanborn, Brown

Staff: Bain, Engel, Haynie, Tringali

Guest:

Pledge of Allegiance

Communications-Commission/Staff Statements and Requests

Commissioner Garman reported attending the Yolo County Adult Services presentation on Identity Theft. Engel reported that Tringali became the Senior Center Manager on January 1, 2015.

Minutes

Commissioner Overholt made the motion to accept the minutes of November 8, 2014 with changes, Commissioner Campbell seconded the motion. 5/0

Correspondence

Commission and City staff received Commissioner Garman's resignation letter. Commissioner Garman's last meeting will be on March 12, 2015 but will volunteer to work the Senior Resource Fair on May 28, 2015.

Regular Calendar

Review of COA Report to City Council- February 17, 2015

Commissioners discussed and made adjustments to the report. Commissioner Garman will provide staff with the updated document for insertion in the City Council meeting packet for February 17, 2015. Commissioner Garman will present the report at the Council meeting.

Commissioner Brown made the motion to accept the COA Report to City Council with discussed changes; Commissioner Campbell seconded the motion. 5/0

Workplan 2015

Commissioner Garman explained the Workplan to Commissioner Brown. Commission discussed Workplan items, items added were Advocacy and Technology for seniors. Commissioner Brown will supply wording for Advocacy and Commissioner Overholt will supply wording for Technology for seniors to Haynie.

Election of Officers

Commissioner Overholt made the motion to make Commissioner Campbell Chair and Commissioner Sanborn Vice-Chair; Commissioner Brown seconded the motion. 5/0



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Report of the Staff

Senior Center Report

Staff asked Commission if they had any questions about the staff report, no questions were asked.

Facility Update, Senior Issues

Commissioner Campbell asked for an update on the addition of handicap parking. Engel reported that she was attending a Master Plan meeting next week. This meeting was looking at realigning development of the site to better meet the needs of the facility. The Solar Project at the Woodland Community & Senior Center has been updated; arrays will be installed on the south side of the property only. Engel will keep the Commission updated on both projects.

Business Items for Next Meeting

2015 Workplan

Healthy Aging Alliance

Senior Resource Fair 2015- Update

Next Meeting Date February 12, 2015

Adjourn

Commissioner Campbell made the motion to adjourn the meeting at 4:36 p.m., Commissioner Overholt seconded the motion, and motion carried 5/0.

Respectfully submitted,

Cathy Haynie, Administrative Supervisor
Community Services Department

Commission on Aging Work Plan (January – December 2015)

The following action plan contains 7 specific items that the Commission on Aging proposes to accomplish, or at least begin over the next year. General objectives, dates, and required resources are listed for the sake of planning. *However, they are subject to change as the year progresses and particular action items are moved towards implementation.*

Each action item, with a brief statement of objective, outcome, timeline, and resource requirements are as follows:

1. Intergenerational Project
2. Promotion, Speaker Series
3. Senior Resource Fair
4. Woodland Apartment List
5. Advocacy
6. Technical Support
7. Handicap Parking in Front of WC&SC

1. Intergenerational Project (Commissioner Overholt)

Objective: Develop and implement intergenerational project between seniors and children.

Outcome: Social benefit for young children and seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time

2. Promotion & Speaker Series (Commissioner Overholt)

Objective: Promote a positive image of aging and seniors through public information.

Outcome: Create greater awareness of positive and healthy aging, including an increased awareness of programs and services for seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time

3. Senior Resource Fair (_____)

Objective: Inform seniors and their families/neighbors about senior programs in the community.

Outcome: Create greater awareness and participation in senior programs in the community.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

4. Woodland Apartment List (All Commissioners)

Objective: To complete annual update of the list of Apartment Complexes in Woodland, this includes apartments for 'seniors only'. Biannually Outcome: Provide current rental information for seniors and their families.

Timeline: January/February 2016.

Required Funding: Program costs, Commission and staff time

5. Technology for seniors (_____)

Objective:

Outcome:

Timeline:

Required Funding: Program costs, Commission and staff time.

6. Advocacy (_____)

Objective:

Outcome:

Timeline:

Required Funding: Program costs, Commission and staff time.

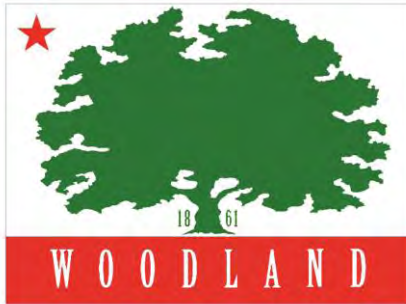
7. Handicap Parking at front of WC&SC (Commissioner Campbell)

Objective: Add 10 handicap parking spaces at the front of the WC&SC.

Outcome: More accessibility at the main entrance for seniors.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.



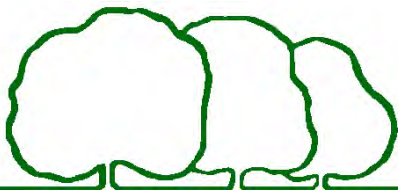
COMMISSION ON AGING

Updated: 1/20/15

NAME	ADDRESS	PHONE/Email	TERM
Regan Overholt	1521 Saratoga Drive, Woodland, CA 95695 <u>Mail to:</u> c/o First Five 403 Court Street, Woodland, CA 95695	W: 669-2311 668-9619 roverholt@first5yolo.org	12/31/2016
Carla Sanborn, Vice-Chair	962 W. Cross Street Woodland, CA 95695	662-7891 Carla.sanborn@sbcglobal.net	12/31/2015
Don Campbell, Chairperson	1742 Amherst Way Woodland, CA 95695	H: 530-666-3021 C: 530-908-1189 campbell5224@sbcglobal.net	12/31/2015
Benjamin Garman, Chairperson	260 West Court St. #24, Woodland, CA 95695 Mail to: P.O. Box 8236, Woodland, CA 95776	H: 530-723-6128 bdgarman@gmail.com	2/12/2015
Therese Brown		mbrown@sjru.org	12/31/2018

This is a 5 member Commission with four year terms.
Meetings: Second Thursday of each month
Location: Community & Senior Center, 2001 East Street.
Contact Information: 530.661.2005

Agenda packets available online: <http://www.cityofwoodland.org/prcs/comissions.htm#aging>



Commission on Aging Communication

AGENDA ITEM

SUBJECT: Monthly Senior Center Report

DATE: February 12, 2015

PREPARED BY: Dallas Tringali, Community Services Program Manager

RECOMMENDED ACTION:

None. Information only.

BACKGROUND INFORMATION:

The following provides highlights of the Senior Center since the last report.

Program Report

Tax Aid: Annual Tax Aid preparation offered by AARP volunteers began on February 2. The appointments are scheduled from the first week of February until mid-April and aid seniors in submitting their federal and state tax returns. The Senior Center front desk is busy booking the appointments for seniors. Appointments are Monday afternoons at 1:00, 2:00, 3:00, and 4:00 p.m. and Friday mornings at 9:00, 10:00, 11:00 a.m., and 12:00 p.m.

Senior Art Show & ReXpo: The Senior Art Show and ReXpo events are scheduled for Friday, March 6. The Senior Art Show highlights the artwork of seniors participating in classes and programs at the Senior Center. To celebrate the agricultural heritage of our community, wine tasting and olive oil tasting will be a part of the Senior Art Show. ReXpo is a recreation exposition that highlights recreation classes and opportunities for all ages.

Grief Support Group: The Senior Center is partnering with Yolo Hospice to offer a new support group for the senior center. Staff from Yolo Hospice facilitates a grief support group for those who have recently lost a loved one.

CHP Driver Safety: Pedro Leon of the CHP volunteered his time to present safe driving tips for seniors. This was a course that was recommended by Senior Center Inc and 6 seniors attended presentation. Staff plans on offering more of these courses to Woodland's seniors.

Dates to Note

March 6: Senior Art Show (and ReXpo)

March 14: Hand & Foot Card Party

Senior Center Activity Participation

January

Recreation Report
classes ending: January 2014

Activity	Start Date	End Date	Meeting s	Min/Mtg	Class Hours	Participants	Participant Hours (PH)	Notes
Art	1/7/2015	1/28/2015	4	120	8	47	376	
Arthritis Support Group	1/8/2015	1/8/2015	1	120	2	3	6	
Bingo	1/7/2015	1/30/2015	5	120	10	224	2240	
Ceramics	1/8/2015	1/23/2015	4	120	8	35	280	
Changes to Choices	1/6/2015	1/6/2015	1	120	2	1	2	
Computer Lab	1/2/2015	1/30/2015	5	180	15	32	480	
Current Events	1/16/2015	1/16/2015	1	120	2	6	12	
Hand and Foot				180	0		0	
HICAP Consultations			3		0		0	
Low Impact Aerobics 8am	1/2/2015	1/30/2015	11	30	5.5	200	1100	
Low Impact Aerobics 10am	1/2/2015	1/31/2015	11	30	5.5	356	1958	
Needles & Friends	1/5/2015	1/26/2015	4	60	4	56	224	
Outa Sight SUPPORT			1	120	2		0	
Ping Pong	1/3/2015	1/30/2015	4	60	4	14	56	
Pedro	1/6/2015	1/27/2015	4	120	8	152	1216	
Pinochle	1/8/2015	1/23/2015	4	120	8	49	392	
Ship Shape	1/6/2015	1/27/2015	7	30	3.5	39	136.5	
Senior Movie Day			1	120	2		0	Hundred Foot Journey
Stompers				60	0		0	
The Novel				60	0		0	
Stroke Support	1/26/2015	1/26/2015	1	120	2	7	14	
Woodcarvers	1/7/2015	1/21/2015	2	180	6	8	48	
Yoga	1/15/2015	1/23/2015	2	60	2	59	118	
					0			
CHP Driver Course			1	180	3	6	18	
Library Usage			8 vol. hours		130 ret. Book	83 new books		
January 2015 Totals:			Classes Offered			Total Participants	Total PH	Net Revenue
			0			1294	8676.5	\$ 757.00
FY 14/15 YTD Totals:			Classes Offered			Total Participants	Total PH	Net Revenue
			160			12403	84,183	\$ 5,314.79