

**CITY OF WOODLAND
2001 EAST STREET
WOODLAND, CALIFORNIA**

COMMISSION ON AGING AGENDA

April 21, 2016

3:00 p.m.

- A. CALL TO ORDER
- B. ROLL CALL
- C. PLEDGE OF ALLEGIANCE
- D. CONSENT
 - D.1 Adopt the Minutes of the Commission Meeting of March 17, 2016
- E. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission's consideration of any items a Commission Member would like to have discussed at a future Commission meeting.

- F. REGULAR CALENDAR
 - F.1 2016 Work Plan
 - F.2 Annual Report to Council
 - F.3 Speakers Series Update
 - F.4 Handicap Parking-Update
 - F.5 Woodland Telephone Reassurance Program
 - F.6 Senior Resource Fair May 26, 2016
- G. REPORT OF THE STAFF
 - G.1 Senior Center Report Dallas Tringali
Recommendation: Information only
 - G.2 Facility Update, Senior Issues-Dallas Tringali
Recommendation: Information only

- H. COMMUNICATIONS-PUBLIC COMMENT

This an opportunity for the public to speak to the Commission on any item other than those listed for public hearing on this agenda. Speakers are requested begin by stating their name, whether they reside in Woodland and the name of the organization they represent, if any. The Chair may impose a time limit on any speaker depending on the number of people wanting to speak and time available for the rest of the agenda. In the event comments are related to an

item scheduled on the agenda, speakers may be required to wait to make their comments until that item is considered.

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN

K. NEXT MEETING May12, 2016

I declare under penalty of perjury that the foregoing Agenda for the Commission on Aging regular meeting of the City of Woodland scheduled for Thursday, May 12, 2016 was posted on May 9, 2016 in the outside display case at 2001 East Street, Woodland, CA, and was available to the public during normal business hours.

Cathy Haynie, Administrative Secretary

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

March 17, 2016

Call to Order

Meeting convened at 3:02 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Campbell presiding.

Roll Call

Commissioners Present: Campbell, Wheeler, Brown, Parker
Absent Overholt
Staff: Tringali, Haynie

Pledge of Allegiance

Consent Item

February 18, 2016 Minutes

Commissioner Brown made the motion to accept the February 11, 2015 as written; Commissioner Wheeler seconded the motion. 4/0

Communications-Commission/Staff Statements and Requests

Commissioners Brown was present at the Rotary meeting that Tringali did a presentation about recreation programs offered by the Community Services Department.

Regular Calendar

Work Plan

Engel explain that the COA Work Plan is based on the calendar year. Early in the year, a commissioner goes to the council to present work plan. Commission has not formulated 2016 plan. Put on the agenda for next month.

Commissioner Brown suggested that Commission look at Healthy Yolo plan and incorporates their strategic initiative into the Work Plan. Engel responded that we have to be consistent with City goals. Brown responded that COA use County's areas of emphasis to keep us on the same page. Engel suggested the Work Plan be added to the next agenda, commissioners should bring items of interest; every item should have a Commissioner identified as a key lead.

Speaker Series

Tringali reported Important Document seminar is on April 28, 2016 and will be a biannual offering on the 4th Thursday of April and October
Commissioner Brown stated that the POLST form was updated.

Handicap parking at front of WC&SC

Commissioner Campbell stated that there was nothing new to report.

YCOA (Yolo Commission on Aging) Update-Brown

Commissioner Brown attended a meeting with open forum for public comment on AAA4 plan.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Woodland Telephone Reassurance Program

Tornincasa updated the Commission that they will start the program in April. Program will connect volunteer with homebound/isolated seniors in the community. Connections made with Eskaton (guidance for program), Kevin Clark (Yolo County Elder Protection), and Cindi Unger (providing training for volunteers); currently have 8 volunteers and 1 participant applicant so far. Future connections: with Yolo 211, YHAA, ENP, APS, senior apartment, assisted living facilities, and YC Sheriff.

Senior Resource Fair May 26, 2016

Tringali reported that over half of the applications have been turned in, working on speakers, setting up tables on May 18, 2016.

Adult Day Health Services-Update

Commissioner Brown informed the Commission that Dignity Health extended their relationship with Adult Day Health Services for another year. This will give Adult Day Health the opportunity to determine the next step. Engel stated that the term of the interim agreement could be two years. Ad Hoc committee went to Sutter Health in Sacramento County, a private facility in West Sacramento, and will go to Napa to look at similar programs. After Napa, committee will reconvene to discuss extending program for a year or two.

Report of the Staff

Senior Center Report

Tringali reported on the SCI Hand and Foot tournament, Blood Pressure clinic, Cache Creek nature preserve program, AARP Tax Aid, and the Recreation Guide.

Facility Update, Senior Issues

Tringali stated that the parking lot should be open by Tuesday, March 22, 2016.

Business Items for Next Meeting

Minutes

2016 Work Plan

Annual Report to Council

Speaker Series

Handicap parking

Woodland Telephone Reassurance Program

Senior Resources Fair May 26, 2016

Senior Center Report

Facilities update

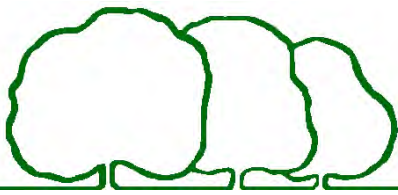
Next Meeting Date April 14, 2016

Adjourn

Commissioner Wheeler made the motion to adjourn the meeting at 4:05 p.m., Commissioner Brown seconded the motion, and motion carried 4/0.

Respectfully submitted,

Cathy Haynie, Administrative Supervisor
Community Services Department



Commission on Aging Communication

AGENDA ITEM

SUBJECT: Monthly Senior Center Report

DATE: April 21, 2016

PREPARED BY: Dallas Tringali, Community Services Program Manager

RECOMMENDED ACTION:

None. Information only.

BACKGROUND INFORMATION:

The following provides highlights of the Senior Center since the last report.

Program Report

Tax Aid Update: The annual Tax Aid preparation offered by AARP volunteers ended on April 18. In the month of March there were 77 people who made appointments, and in April there were 93 appointments.

Travel Presentations: The Woodland Senior Centers offers many excursions throughout the year through partnerships with Collette Travel and Affordable Adventures. On May 26 after the Senior Resource Fair, these groups will conduct a presentation highlighting the upcoming trips. There will be a travel presentation offered every January, May, and October.

Dates to Note

April 28 – Important Healthcare Documents Workshop

April 28 – “Digital You” Introduction to Tablets (technology training workshop)

May 12 – SCI Installation Dinner

May 26 – Senior Resource Fair

May 26 – Senior Travel Presentations with Collette Vacations and Affordable Adventures

May 30 – Memorial Day, Community & Senior Center closed

Woodland Senior Center Monthly Participant Report

classes ending: March 2016

Activity	End Date	Sign-Ins/ Participants
ART		
Art	3/30/2016	64
Ceramics	3/31/2016	17
Needles & Friends	3/21/2016	34
Woodcarvers	3/16/2016	16
Scrapbooking	3/29/2016	9
EXERCISE		
Badminton	3/30/2016	200
Low Impact Aerobics 8am	3/30/2016	177
Low Impact Aerobics 10am	3/30/2016	321
Ping Pong AM	3/25/2016	17
Ping Pong PM	3/29/2016	20
Pickleball	3/31/2016	62
Ship Shape	3/31/2016	75
Stompers	3/28/2016	67
Yoga	3/31/2016	119
GAMES		
Bingo	3/30/2016	193
Bridge for Fun	3/30/2016	53
Cribbage	3/29/2016	21
Hand and Foot	3/30/2016	82
Mah Jong	3/24/2016	17
Open Game Day	3/31/2016	46
Pedro	3/22/2016	124
Pinochle	3/31/2016	40
GENERAL		
Affordable Adventures - Oscar de la Renta	3/17/2016	38
Chit Chat Café	3/31/2016	531
Collette Travel - Americas Music Cities	3/13/2016	6
Current Events	3/18/2016	21
Senior Movie Day	3/14/2016	50
The Novel	3/8/2016	7
Thrift Store	3/31/2016	360

EDUCATION/RESOURCE		
Computer Club CLASS	3/22/2016	13
Computer Club Meeting	3/28/2016	9
Computer Lab	3/25/2016	24
Handy Helpers	3/31/2016	9
Hearing Exams	3/22/2016	9
HICAP Consultations	3/24/2016	5
Legal Consultations	3/31/2016	4
One-on-One Tech Help	3/25/2016	23
Senior Link	3/30/2016	17
EVENTS		
Senior Art Show	3/4/2016	200
Hand & Foot Card Party	3/12/2016	72
SUPPORT		
Arthritis Support Group	3/3/2016	5
Outa Sight SPEAKER	3/1/2016	10
Outa Sight SUPPORT	3/15/2016	14
Parkinson's Support Group	3/22/2016	7
Prostate Support	3/14/2016	12
Retiree Assistance Group	2/8/2016	15
Stroke Support	3/21/2016	11
Transitions	3/22/2016	6
SPECIAL PROGRAMS		
AARP TAX AIDE	3/31/2016	77
Healthier Living- Chronic Disease Workshop	3/16/2016	5
St. Johns Blood Pressure Clinics	3/23/2016	20