

**CITY OF WOODLAND
2001 EAST STREET
WOODLAND, CALIFORNIA**

COMMISSION ON AGING AGENDA

July 21, 2016

3:00 p.m.

- A. CALL TO ORDER
- B. ROLL CALL
- C. PLEDGE OF ALLEGIANCE
- D. CONSENT
 - D.1 Adopt the Minutes of the Commission Meeting of June 23, 2016
- E. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission's consideration of any items a Commission Member would like to have discussed at a future Commission meeting.

- F. NEW BUSINESS
 - i. Consider Commissioner Requests for Excused Absences from Future Meetings
- G. REGULAR CALENDAR
 - i. 2016 Work Plan
 - ii. Annual Report to Council
 - iii. Speakers Series Update
 - iv. Handicap Parking-Update
 - v. Senior Resource Fair May 2017
- H. REPORT OF THE STAFF
 - i. Senior Center Report Dallas Tringali
Recommendation: Information only
 - ii. Facility Update, Senior Issues-Dallas Tringali
Recommendation: Information only

A. COMMUNICATIONS-PUBLIC COMMENT

This an opportunity for the public to speak to the Commission on any item other than those listed for public hearing on this agenda. Speakers are requested begin by stating their name, whether they reside in Woodland and the name of the organization they represent, if any. The Chair may impose a time limit on any speaker depending on the number of people wanting to

7/18/2016

speak and time available for the rest of the agenda. In the event comments are related to an item scheduled on the agenda, speakers may be required to wait to make their comments until that item is considered.

B. AGENDA ITEMS FOR NEXT MEETING

C. ADJOURN

D. NEXT MEETING September 15, 2016

I declare under penalty of perjury that the foregoing Agenda for the Commission on Aging regular meeting of the City of Woodland scheduled for Thursday, July 21, 2016 was posted on July 18, 2016 in the outside display case at 2001 East Street, Woodland, CA, and was available to the public during normal business hours.

Cathy Haynie, Administrative Secretary

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

June 16, 2016

Call to Order

Meeting convened at 3:02 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Campbell presiding.

Roll Call

Commissioners Present: Campbell, Wheeler, Brown, Parker
Absent Overholt
Staff: Tringali, Haynie

Pledge of Allegiance

Consent Item

April 21, 2016 Minutes

Commissioner Brown made the motion to accept the March 17, 2016 as written; Commissioner Parker seconded the motion. 4/0

Communications-Commission/Staff Statements and Requests

Commissioners Campbell asked about poor lighting on the north side of the building. Tringali reported that the area was scheduled for tree trimming on June 23, 2016.

Regular Calendar

Senior Resource Fair May 26, 2016

Commissioner Campbell thanked the Commissioner for their attendance. Commission discussed starting the speakers 30 minutes before the Resource Fair; and limiting speakers to 6-8 speakers.

Speaker Series

Tringali reported on July 11, 2016 UC Davis Fellows will bring their culture to the City of Woodland Senior Center. The Mandela Washington Fellowship Cultural Presentation runs from 9-11:30 a.m.

Handicap parking at front of WC&SC

Commissioner Campbell talked with Council.

Woodland Telephone Reassurance Program

Remove from regular agenda.

Report of the Staff

Senior Center Report

Tringali reported that tonight the City of Woodland was receiving an award from the Yolo County Historical Archives for use of historical pictures in the Woodland Community & Senior Center. The Senior Center offers two types of trips for seniors. Local trips are offered by Senior Center Inc.'s Affordable Adventures. All trips depart from the Woodland Target parking lot. SCI members receive a \$5 discount. Detailed trip flyers are available at the Woodland Senior Center. The Senior Center partners with Collette Vacations for trips domestic and abroad. All flights for travel depart from Sacramento International Airport. These trips are all inclusive, including travel insurance. Some special excursions are not included in the price of the trip. More



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

trips and complete flyers with trip details and payment deadlines are available at the Senior Center. Collette travel bookings are done in person, by appointment only. Tringali invited the Commission to the Teens Helping Seniors spaghetti feed fundraiser of June 22, dinner served at 5:30 p.m. and the Computer Club Ice Cream Social on July 4 at 1 p.m.

Facility Update, Senior Issues

This item covered during Commission/Staff Statements and Requests under communications

Business Items for Next Meeting

Minutes

2016 Work Plan

Speaker Series

Handicap parking

Senior Resources Fair 2017

Senior Center Report

Facilities update

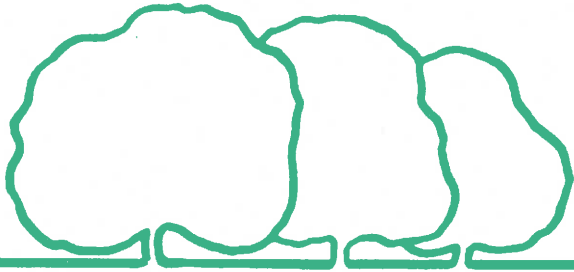
Next Meeting Date July 21, 2016

Adjourn

Commissioner Parker made the motion to adjourn the meeting at 3:45 p.m., Commissioner Wheeler seconded the motion, and motion carried 4/0.

Respectfully submitted,

Cathy Haynie, Administrative Supervisor
Community Services Department



City of Woodland

CITY CLERK
ana.gonzalez@cityofwoodland.org

300 FIRST STREET

WOODLAND, CALIFORNIA 95695

(530) 661-5806
FAX: (530) 661-5813

July 15, 2016

Dear Board/Commission Member:

The Woodland City Council at their July 5, 2016 Council meeting discussed the reappointment of board and commission members whose terms ended on June 30, 2016. In conjunction with those re-appointments, Council also took up the subject of attendance as it relates to City boards and commissions.

Specifically, it was brought to staff's attention, that individual members of several commissions over the course of their current 3- or 4-year terms, may not have satisfied the requirement for continued eligibility due to missed meetings.

The City Code states the following in regards to attendance:

Sec. 2-1-37. General qualifications for appointment and service.

- (4) No appointee shall be absent for **four unexcused absences from regular board, commission or committee meetings** during any one continuous twelve-month period without automatically forfeiting his appointment to such board, commission or committee. "Unexcused absence" shall mean an absence which was not a subject of a request by the appointee which, prior to such absence, has been approved by majority vote of such board, commission or committee.

With the exception of the Historical Preservation Commission, which in part states:

"...If a member of the commission is absent without cause for **three successive regular meetings of the commission**, the office becomes vacant automatically and the commission immediately shall notify the council hereof."

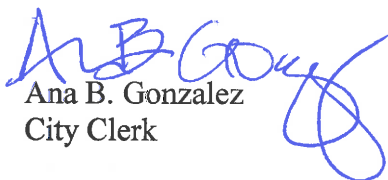
After some discussion, Council approved the re-appointment of those commissioners who may have failed to meet the attendance requirement for continued eligibility, as specified in the municipal code.

Concurrent with this action, staff was directed to notify all current board and commission members of the attendance requirement and begin tracking and reporting attendance records. Individuals, who, going forward, fail to meet this requirement for continued service, will forfeit their board and commission appointment.

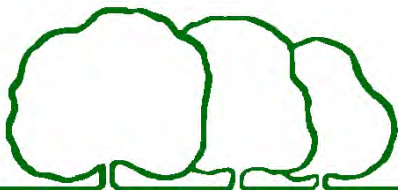
My office will be working with staff responsible for each City Board and Commission to track and administer the consistent application of this requirement.

If you have any questions, please don't hesitate to contact me or your staff liaison.

Sincerely,


Ana B. Gonzalez
City Clerk

cc: City Council
Staff Liaisons



Commission on Aging Communication

AGENDA ITEM

SUBJECT: Monthly Senior Center Report

DATE: April 21, 2016

PREPARED BY: Dallas Tringali, Community Services Program Manager

RECOMMENDED ACTION: None. Information only.

BACKGROUND INFORMATION: The following provides highlights of the Senior Center since the last report.

Program Report

“Being Mortal” Screening: On Friday June 10, the Woodland Community & Senior Center hosted a screening of the PBS Frontline film “Being Mortal,” based on the book by Atul Gawande, MD. The documentary explores the hopes of patients and families facing terminal illnesses and their relationships with the physicians who treat them. This is part of a national conversation that brings medical professionals and community members together around the shared responsibility of discussing what matters most to patients and families facing difficult treatment decisions and how to have these conversations ahead of a medical crisis. Event organizers at Yolo Hospice partnered with the City of Woodland, Dignity Health, St. John’s Village, and the Chinese Coalition for Compassionate Care for this event to happen. Over 100 seniors and healthcare practitioners participated in the screening and discussion facilitated by medical professionals.

Teens Helping Seniors: The Teens Helping Senior program takes middle- and high-school-aged volunteers around to the homes of older adults to perform housework and yardwork free of charge during the school break. The teens are rewarded at the end of the summer with a trip to the Santa Cruz Beach Boardwalk. They are able to fund their trip by collecting tips at the jobs and at an annual spaghetti feed fundraiser. This year, the spaghetti feed had over 100 diners. The teens earned over \$800 in donations from a very generous community. The food was donated by Woodland Senior Center Inc. and the food was prepared by SCI president Roy Miller. The volunteers served salads, garlic bread, spaghetti, and drinks to all of the attendees. Senior Center Program Manager Dallas Tringali addressed the crowd with a story of running the Teens Helping Seniors program 10 years ago and taking volunteers to the Boardwalk who had never seen the ocean before. One of the program’s long-time customers, Maresa Nyman, shared a heartwarming story about how five years ago she hired one of the teen volunteers to continue helping her around the house after summer had ended. Maresa talked about watching this volunteer graduate from college be accepted to the police academy. Data can only illustrate so much, but this story shows one of the results from the City of Woodland’s intergenerational programs.

Dates to Note

August 4 – Volunteer Appreciation Dinner

August 18 – AARP Driver Safety Recertification Course

September 22 – Senior Center Fall Potluck

Woodland Senior Center Monthly Participant Report

classes ending: June 2016

Activity	End Date	Sign-Ins/ Participants
ART		
Art	6/29/2016	64
Ceramics	6/30/2016	37
Needles & Friends	6/27/2016	48
Woodcarvers	6/15/2016	12
Scrapbooking	6/14/2016	3
EXERCISE		
Badminton	6/29/2016	269
Low Impact Aerobics 8am	6/29/2016	221
Low Impact Aerobics 10am	6/29/2016	329
Pickleball	6/30/2016	78
Ship Shape	6/30/2016	81
Stompers	6/27/2016	68
Yoga	6/30/2016	131
GAMES		
Bingo	6/29/2016	142
Bridge for Fun	6/29/2016	60
Cribbage	6/29/2016	23
Hand and Foot	6/29/2016	84
Mah Jong	6/23/2016	2
Open Game Day	6/30/2016	41
Pedro	6/28/2016	112
Pinochle	6/30/2016	26
GENERAL		
Affordable Adventures -	6/4/2016	52
Chit Chat Café	6/30/2016	538

Current Events	6/17/2016	22
Senior Movie Day	6/13/2016	61
Thrift Store	6/17/2016	278
EDUCATION/RESOURCE		
Computer Club Meeting	6/27/2016	19
Computer Lab	6/24/2016	28
Handy Helpers	6/30/2016	10
Hearing Exams	6/28/2016	3
HICAP Consolations	6/23/2016	7
Legal Consolations	6/23/2016	4
One-on-One Tech Help	6/17/2016	12
Senior Link	6/29/2016	23
EVENTS		
Spaghetti Feed	6/22/2016	110
SUPPORT		
Arthritis Support Group	6/2/2016	7
Outa Sight SPEAKER	6/7/2016	19
Stroke Support	6/20/2016	12
Transitions	6/28/2016	7
SPECIAL PROGRAMS		
Yolo Hospice Screening	6/10/2016	100
AARP Driving Course	6/29/2016	32
Travel Presentation	5/26/2016	3
St. Johns Blood Pressure Clinics	5/25/2016	11