

**CITY OF WOODLAND
2001 EAST STREET
WOODLAND, CALIFORNIA**

**COMMISSION ON AGING AGENDA
September 15, 2016
3:00 p.m.**

- A. CALL TO ORDER
- B. ROLL CALL
- C. PLEDGE OF ALLEGIANCE
- D. CONSENT
 - D.1 Adopt the Minutes of the Commission Meeting of June 23, 2016
- E. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission’s consideration of any items a Commission Member would like to have discussed at a future Commission meeting.

- F. NEW BUSINESS
 - i. Consider Commissioner Requests for Excused Absences from Future Meetings
 - ii. Appoint a Commissioner to Yolo County Commission on Aging
- G. REGULAR CALENDAR
 - i. 2016 Work Plan
 - ii. Annual Report to Council
 - iii. Speakers Series Update
 - iv. Handicap Parking-Update
 - v. Senior Resource Fair May 2017
 - vi. Thermostat Setting in Senior Game Room
- H. REPORT OF THE STAFF
 - i. Senior Center Report Dallas Tringali
Recommendation: Information only
 - ii. Facility Update, Senior Issues-Dallas Tringali
Recommendation: Information only

A. COMMUNICATIONS-PUBLIC COMMENT

This an opportunity for the public to speak to the Commission on any item other than those listed for public hearing on this agenda. Speakers are requested begin by stating their name, whether they reside in Woodland and the name of the organization they represent, if any. The

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Chair may impose a time limit on any speaker depending on the number of people wanting to speak and time available for the rest of the agenda. In the event comments are related to an item scheduled on the agenda, speakers may be required to wait to make their comments until that item is considered.

B. AGENDA ITEMS FOR NEXT MEETING

C. ADJOURN

D. NEXT MEETING September 15, 2016

I declare under penalty of perjury that the foregoing Agenda for the Commission on Aging regular meeting of the City of Woodland scheduled for Thursday, September 15, 2016 was posted on September 12, 2016 in the outside display case at 2001 East Street, Woodland, CA, and was available to the public during normal business hours.

Cathy Haynie, Administrative Secretary

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

June 16, 2016

Call to Order

Meeting convened at 3:02 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Campbell presiding.

Roll Call

Commissioners Present: Campbell, Wheeler, Brown, Parker
Absent Overholt
Staff: Tringali, Haynie

Pledge of Allegiance

Consent Item

April 21, 2016 Minutes

Commissioner Brown made the motion to accept the March 17, 2016 as written; Commissioner Parker seconded the motion. 4/0

Communications-Commission/Staff Statements and Requests

Commissioners Campbell asked about poor lighting on the north side of the building. Tringali reported that the area was scheduled for tree trimming on June 23, 2016.

Regular Calendar

Senior Resource Fair May 26, 2016

Commissioner Campbell thanked the Commissioner for their attendance. Commission discussed starting the speakers 30 minutes before the Resource Fair; and limiting speakers to 6-8 speakers.

Speaker Series

Tringali reported on July 11, 2016 UC Davis Fellows will bring their culture to the City of Woodland Senior Center. The Mandela Washington Fellowship Cultural Presentation runs from 9-11:30 a.m.

Handicap parking at front of WC&SC

Commissioner Campbell talked with Council.

Woodland Telephone Reassurance Program

Remove from regular agenda.

Report of the Staff

Senior Center Report

Tringali reported that tonight the City of Woodland was receiving an award from the Yolo County Historical Archives for use of historical pictures in the Woodland Community & Senior Center. The Senior Center offers two types of trips for seniors. Local trips are offered by Senior Center Inc.'s Affordable Adventures. All trips depart from the Woodland Target parking lot. SCI members receive a \$5 discount. Detailed trip flyers are available at the Woodland Senior Center. The Senior Center partners with Collette Vacations for trips domestic and abroad. All flights for travel depart from Sacramento International Airport. These trips are all inclusive, including travel insurance. Some special excursions are not included in the price of the trip. More



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

trips and complete flyers with trip details and payment deadlines are available at the Senior Center. Collette travel bookings are done in person, by appointment only. Tringali invited the Commission to the Teens Helping Seniors spaghetti feed fundraiser of June 22, dinner served at 5:30 p.m. and the Computer Club Ice Cream Social on July 4 at 1 p.m.

Facility Update, Senior Issues

This item covered during Commission/Staff Statements and Requests under communications

Business Items for Next Meeting

Minutes

2016 Work Plan

Speaker Series

Handicap parking

Senior Resources Fair 2017

Senior Center Report

Facilities update

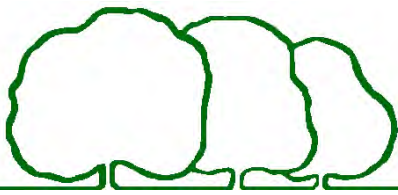
Next Meeting Date July 21, 2016

Adjourn

Commissioner Parker made the motion to adjourn the meeting at 3:45 p.m., Commissioner Wheeler seconded the motion, and motion carried 4/0.

Respectfully submitted,

Cathy Haynie, Administrative Supervisor
Community Services Department



Commission on Aging Communication

AGENDA ITEM

SUBJECT: Monthly Senior Center Report

DATE: April 21, 2016

PREPARED BY: Dallas Tringali, Community Services Program Manager

RECOMMENDED ACTION:

None. Information only.

BACKGROUND INFORMATION:

The following provides highlights of the Senior Center since the last report.

Program Report

Woodland Senior Center Volunteer Appreciation: On August 4, the Woodland Senior Center and Senior Center Inc. held the annual Volunteer Appreciation Dinner for the people who serve their time leading and helping with Senior Center programs. 150 former and current volunteers were in attendance. Nine people were named as Outstanding Volunteers and recognized for their dedication to senior programs.



Top row (L-R): Bonnie Gartung (Bridge), Carol Miller (Welcome Desk), Mardi Bagan (Welcome Desk), Joan Tolla (“Outa Sight” support group); bottom row (L-R): Angela Ramirez (“Ship Shape” exercise program), Margie Blixt (Badminton), Garrie Wright (Yoga & Meditation); not pictured: Jessie Helin (Bingo), Avis Sloan (AARP Driver Safety class)

Yolo County Crime Prevention & Senior Resource Fair: The City of Woodland Senior Center, in partnership with the Yolo County District Attorney's Office and the Woodland Police Department, is hosting the 2016 Yolo County Senior Resource and Crime Prevention Fair on Thursday, October 13th from 10:00 a.m.-2:00 p.m. at the Woodland Community and Senior Center. There is an opportunity to meet local law enforcement leaders, fraud experts, and scam-fighting experts to better prepare oneself to avoid fraud tactics.

Dates to Note

September 22 – Senior Center Fall Potluck

September 27 – Stop Falls 2016: Fall Prevention Workshop

October 13 – Yolo County Crime Prevention & Senior Resource Fair

October 27 – Important Documents Workshop

Woodland Senior Center Monthly Participant Report

classes ending: July 2016

Activity	End Date	Sign-Ins/ Participants
ART		
Art	7/27/2016	57
Ceramics	7/28/2016	33
Needles & Friends	7/25/2016	26
Woodcarvers	7/27/2016	8
Scrapbooking	7/26/2016	10
EXERCISE		
Badminton	7/29/2016	227
Low Impact Aerobics 8am	7/29/2016	181
Low Impact Aerobics 10am	7/29/2016	268
Ping Pong AM	7/29/2016	5
Ping Pong PM	7/26/2016	15
Pickleball	7/28/2016	53
Ship Shape	7/28/2016	81
Stompers	7/25/2016	42
Yoga	7/28/2016	98
GAMES		
Bingo	7/29/2016	141
Bridge for Fun	7/27/2016	50

Cribbage	7/27/2016	17
Hand and Foot	7/27/2016	69
Mah Jong	7/19/2016	4
Open Game Day	7/29/2016	34
Pedro	7/26/2016	112
Pinochle	7/28/2016	6
GENERAL		
Affordable Adventures -	7/16/2016	41
Chit Chat Café	7/29/2016	462
Current Events	7/15/2016	20
Senior Movie Day	7/11/2016	60
The Novel	7/12/2016	8
Thrift Store	7/29/2016	228
EDUCATION/RESOURCE		
Computer Club Meeting	7/25/2016	20
Computer Lab	6/24/2016	24
Handy Helpers	7/29/2016	8
Hearing Exams	7/28/2016	7
HICAP Consultations	7/28/2016	6
Legal Consultations	7/21/2016	3
One-on-One Tech Help	7/29/2016	23
Senior Link	7/29/2016	22
SUPPORT		
Arthritis Support Group	7/7/2016	7
Prostate Support	7/11/2016	14
Retiree Assistance Group	7/12/2016	23
Stroke Support	7/18/2016	7
Transitions	7/26/2016	7
SPECIAL PROGRAMS		
St. Johns Blood Pressure Clinics	7/13/2016	4
Computer Club Ice Cream Social	7/4/2016	476
Scrapbooking Workshop	7/19/2016	6

Woodland Senior Center Monthly Participant Report

classes ending: Aug 2016

Activity	End Date	Sign-Ins/ Participants
ART		
Art	8/31/2016	59
Ceramics	8/25/2016	32
Needles & Friends	8/31/2016	26
Woodcarvers	8/17/2016	12
Scrapbooking	7/26/2016	10
EXERCISE		
Badminton	8/29/2016	257
Low Impact Aerobics 8am	8/31/2016	236
Low Impact Aerobics 10am	8/31/2016	341
Ping Pong AM	8/22/2016	9
Ping Pong PM	8/30/2016	18
Pickleball	8/30/2016	74
Ship Shape	8/30/2016	114
Stompers	8/29/2016	76
Yoga	8/25/2016	103
GAMES		
Bingo	8/31/2016	153
Bridge for Fun	8/31/2016	71
Cribbage	8/31/2016	19
Hand and Foot	8/31/2016	67
Mah Jong	8/16/2016	5
Open Game Day	8/30/2016	36
Pedro	8/30/2016	156
GENERAL		
Affordable Adventures -	8/31/2016	41
Chit Chat Café	8/31/2016	548
Current Events	8/19/2016	19
Senior Movie Day	8/8/2016	37
The Novel	8/9/2016	10
Thrift Store	8/31/2016	347
EDUCATION/RESOURCE		
Computer Club Meeting	8/22/2016	15

Computer Lab	8/26/2016	24
Handy Helpers	8/31/2016	11
Hearing Exams	8/25/2016	5
HICAP Consultations	8/25/2016	3
Legal Consultations	8/18/2016	2
One-on-One Tech Help	8/26/2016	16
Senior Link	8/31/2016	29
EVENTS		
Volunteer Appreciation Dinner	8/4/2016	
SUPPORT		
Arthritis Support Group	8/4/2016	7
Stroke Support	8/15/2016	23
Transitions	8/23/2016	6
SPECIAL PROGRAMS		
St. Johns Blood Pressure Clinics	8/25/2016	12
AARP Driving Class	8/18/2016	17