

**CITY OF WOODLAND
2001 EAST STREET
WOODLAND, CALIFORNIA**

**COMMISSION ON AGING AGENDA
November 17, 2016
3:00 p.m.**

- A. CALL TO ORDER
- B. ROLL CALL
- C. PLEDGE OF ALLEGIANCE
- D. CONSENT
 - D.1 Adopt the Minutes of the Commission Meeting of October 20, 2016
- E. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission's consideration of any items a Commission Member would like to have discussed at a future Commission meeting.

- F. NEW BUSINESS
 - i. Consider Commissioner Requests for Excused Absences from Future Meetings
- G. REGULAR CALENDAR
 - i. 2016 Work Plan
 - ii. Annual Report to Council
 - iii. Speakers Series Update
 - iv. Handicap Parking-Update
 - v. Senior Resource Fair May 25,2017
- H. REPORT OF THE STAFF
 - i. Senior Center Report Dallas Tringali
Recommendation: Information only
 - ii. Facility Update, Senior Issues-Dallas Tringali
Recommendation: Information only

A. COMMUNICATIONS-PUBLIC COMMENT

This an opportunity for the public to speak to the Commission on any item other than those listed for public hearing on this agenda. Speakers are requested begin by stating their name, whether they reside in Woodland and the name of the organization they represent, if any. The Chair may impose a time limit on any speaker depending on the number of people wanting to speak and time available for the rest of the agenda. In the event comments are related to an

10/26/2016



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

October 20, 2016

Call to Order

Meeting convened at 3:02 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Campbell presiding.

Roll Call

Commissioners Present: Campbell, Wheeler, Parker
Absent Overholt
Staff: Engel, Halcon, Tringali, Haynie

Pledge of Allegiance

Consent Item

June 16, 2016 Minutes

Commissioner Parker made the motion to accept the June 16, 2016 as written; Commissioner Wheeler seconded the motion. 3/0

New Business

Consider Commissioner Requests for Excused Absences for Future Meetings

Engel explained the City's policy for Commissioner Absences. No absences were requested at this time.

Appoint a Commissioner to Yolo County Commission on Aging

After discussion Commissioner Parker made the motion to appoint Commissioner Wheeler to the Yolo County Commission on Aging; Commissioner Campbell seconded the motion. 3/0

Regular Calendar

Work Plan

Update Work Plan in January 2017

Annual Report to Council

Report to Council in May 2017

Speaker Series

Tringali reported that the Senior Center was looking into unique and informative presentations for the Speaker Series. Tringali has scheduled the Important Document presentations twice as year, the first on October 27, 2016 and the second in May 2017.

Handicap parking at front of WC&SC

Commissioner Campbell talked with Councilmember Davies and will discuss more after November.

Senior Resource Fair May 25, 2017

Tringali stated that staff would send out letters to past vendors in January 2017. On October 13, 2016 the Yolo County Crime Prevention & Senior Resource Fair took place in the gym. With the purchase of additional 8' tables, staff was able to set up 75 8' tables for this event



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Thermostat Setting in Senior Game Room

Tringali explained the operation of the thermostats in the building, demonstrating with the thermostat in the Conference room.

Public Comment

Carol Miller a volunteer for the Senior Center expressed her concern with the boxing program moving to the Woodland Community & Senior Center. Ms. Miller highlighted the Daily Democrat editorial on the boxing program. Engel responded that the YMCA is evaluating their program at the Woodland Community & Senior Center to determine if the program is still viable. No decisions have been made on either program. City Council and staff are reviewing the options.

Report of the Staff

Senior Center Report

Tringali reported that the Thanksgiving Dinner is scheduled for November, 17, 2016; doors open at 5 p.m. and the dinner will be served at 5:30 p.m. Last year's event had over 200 seniors attending. The Santa Holiday Brunch is on December 15, 2016 at 11 a.m. This popular event was moved to the gym and over 300 attended last year. The Woodland Community & Senior Center will be closed from December 23, 2016 at noon to January 2, 2017. During that time the two gyms will receive their annual resurfacing. Tringali has been in communication with both the Care Car and ENP concerning the closure.

Facility Update, Senior Issues

Update under Thermostat Setting in Senior Game Room

Business Items for Next Meeting

Minutes

2016 Work Plan

Speaker Series

Handicap parking

Senior Resources Fair May 25, 2017

Senior Center Report

Facilities update

Next Meeting Date November 17, 2016

Adjourn

Commissioner Parker made the motion to adjourn the meeting at 3:42 p.m., Commissioner Wheeler seconded the motion, and motion carried 3/0.

Respectfully submitted,

Cathy Haynie, Administrative Supervisor
Community Services Department

item scheduled on the agenda, speakers may be required to wait to make their comments until that item is considered.

B. AGENDA ITEMS FOR NEXT MEETING

C. ADJOURN

D. NEXT MEETING January 19, 2016

I declare under penalty of perjury that the foregoing Agenda for the Commission on Aging regular meeting of the City of Woodland scheduled for Thursday, November 17, 2016 was posted on November 14, 2016 in the outside display case at 2001 East Street, Woodland, CA, and was available to the public during normal business hours.

Cathy Haynie, Administrative Secretary

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.

Commission on Aging 2017

Election of Officers– November Meeting

Approve Workplan 2017-February Meeting

Council Report-May

January

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October

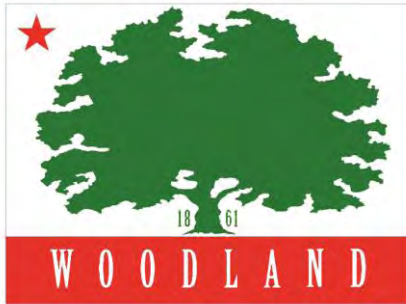
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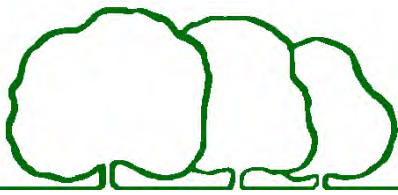
COMMISSION ON AGING

Updated: 9/15/2016

NAME	ADDRESS	PHONE/Email	TERM
Vacant			12/31/2018
Melody R. Parker	35 W. Clover Street Apt.F-4, Woodland, CA 95695	530-662.0461 melodyangel@rocketmail.com	12/31/2020
Don Campbell, Chairperson	1742 Amherst Way Woodland, CA 95695	H: 530-666-3021 C: 530-908-1189 campbell5224@sbcglobal.net	12/31/2015
Heidi Wheeler	1805 Farnham Avenue Woodland, CA 95776	H: 530-383-2390 H: 530-662-1290 hwheeler@sjrv.org	12/31/2016
Vacant			12/31/2018

This is a 5 member Commission with four year terms.
Meetings: Third Thursday of each month
Location: Community & Senior Center, 2001 East Street.
Contact Information: 530.661.2005

Agenda packets available online: <http://www.cityofwoodland.org/prcs/comissions.htm#aging>



Commission on Aging Communication

AGENDA ITEM

SUBJECT: Monthly Senior Center Report

DATE: November 17, 2016

PREPARED BY: Dallas Tringali, Community Services Program Manager

RECOMMENDED ACTION: None. Information only.

BACKGROUND INFORMATION: The following provides highlights of the Senior Center since the last report.

Program Report

Senior Thanksgiving Dinner: Staff is preparing for the Senior Thanksgiving Dinner scheduled for Thursday, November 17. Seniors are encouraged to attend this annual event sponsored by Senior Center Inc. Volunteers from the LDS church and Dutch Bros. have been requested to assist with the serving of the meal, and some meal preparation will be provided by the Californian.

Santa's Holiday Social: Next month, Senior Center Inc. and the Woodland Senior Center will host the annual Santa's Holiday Social brunch event on Thursday December 15. This event features breakfast foods and a sizeable raffle provided by our numerous Senior Center groups and volunteers.

Senior Center Inc. Membership Drive: Membership for Senior Center Inc. is now accepted for 2017. Annual dues are \$20 per couple or \$15 for an individual. Membership to SCI includes the mailing of the Senior Gram, a special discounted rate for every Affordable Adventure trip, and early seating into the monthly movie on Movie Day. Seniors may choose to purchase a Century Club (life-time) membership to enjoy the benefits of membership and pay the one-time fee of \$100. Membership fees, fundraisers, and donations to Senior Center Inc. help support senior programs and activities for the Senior Center such as the special events offered during the year.

Dates to Note

November 17 – SCI Thanksgiving Dinner
December 15 – SCI Santa's Holiday Social brunch
January 26 – Travel Presentation
February 9 – Dinner and a Movie
March 3 – Senior Art Show & ReXpo

Woodland Senior Center Monthly Participant Report

classes ending: Oct 2016

Activity	End Date	Sign-Ins/ Participants
ART		
Art	10/24/2016	56
Ceramics	10/27/2016	28
Needles & Friends	10/31/2016	61
Woodcarvers	10/17/2016	7
Scrapbooking	10/25/2016	6
EXERCISE		
Badminton	10/31/2016	186
Low Impact Aerobics 8am	10/31/2016	201
Low Impact Aerobics 10am	10/31/2016	289
Ping Pong AM	10/28/2016	12
Ping Pong PM	10/28/2016	16
Pickleball	10/26/2016	64
Ship Shape	10/27/2016	79
Stompers	10/31/2016	70
Yoga	10/27/2016	102
GAMES		
Bingo	10/28/2016	184
Bridge for Fun	10/19/2016	49
Cribbage	10/26/2016	15
Hand and Foot	10/26/2016	62
Mah Jong	10/27/2016	3
Open Game Day	10/28/2016	27
Pedro	10/25/2016	116
GENERAL		
Affordable Adventures -	10/31/2016	0
Chit Chat Café	10/31/2016	536
Current Events	10/21/2016	10
Senior Movie Day	10/10/2016	49
The Novel	10/11/2016	9
Thrift Store	10/31/2016	282
EDUCATION/RESOURCE		
Computer Club CLASS	10/7/2016	6
Computer Club Meeting	10/24/2016	15
Computer Lab	10/28/2016	15

Handy Helpers	10/31/2016	5
Hearing Exams	10/31/2016	0
HICAP Consultations	10/27/2016	6
Legal Consultations	10/20/2016	5
One-on-One Tech Help	10/28/2016	10
Senior Link	10/31/2016	22
SUPPORT		
Arthritis Support Group	10/6/2016	6
Outa Sight SPEAKER	10/4/2016	15
Outa Sight SUPPORT	10/18/2016	18
Parkinson's Support Group	10/26/2016	11
Prostate Support	10/25/2016	11
Retiree Assistance Group	10/31/2016	0
Stroke Support	10/17/2016	15
Transitions	10/25/2016	8
SPECIAL PROGRAMS		
Library Usage	10/31/2016	8
Telephone Reassurance Program	10/31/2016	2
DVD Project	10/11/2016	3
St. Johns Blood Pressure Clinics	10/27/2016	13
Understanding Medi Care	10/26/2016	5
Important Health Care	10/27/2016	42
Travel Presentation (Collette)	10/27/2016	14