CITY OF WOODLAND
2001 EAST STREET
WOODLAND, CALIFORNIA

COMMISSION ON AGING AGENDA
January 12, 2017
3:00 p.m.

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. CONSENT
D.1 Adopt the Minutes of the Commission Meeting of November 17, 2016

E. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission's consideration of any items a Commission Member would like to have discussed at a future Commission meeting.

F. NEW BUSINESS
i. Consider Commissioner Requests for Excused Absences from Future Meetings

G. REGULAR CALENDAR
i. 2017 Work Plan Update
ii. Annual Report to Council- May 2017
iii. Speakers Series Update
iv. Handicap Parking-Update
v. Senior Resource Fair May 25,2017

H. REPORT OF THE STAFF
i. Senior Center Report Dallas Tringali
Recommendation: Information only
ii. Facility Update, Senior Issues-Dallas Tringali
Recommendation: Information only

A. COMMUNICATIONS-PUBLIC COMMENT
This an opportunity for the public to speak to the Commission on any item other than those listed for public hearing on this agenda. Speakers are requested begin by stating their name, whether they reside in Woodland and the name of the organization they represent, if any. The Chair may impose a time limit on any speaker depending on the number of people wanting to speak and time available for the rest of the agenda. In the event comments are related to an

item scheduled on the agenda, speakers may be required to wait to make their comments until that item is considered.

B. AGENDA ITEMS FOR NEXT MEETING

C. ADJOURN

D. NEXT MEETING February 18, 2017

I declare under penalty of perjury that the foregoing Agenda for the Commission on Aging regular meeting of the City of Woodland scheduled for Thursday, January 19, 2017 was posted on January 17, 2017 in the outside display case at 2001 East Street, Woodland, CA, and was available to the public during normal business hours.

Cathy Haynie, Administrative Secretary

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.

Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

November 17, 2016

Call to Order

Meeting convened at 3:02 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Campbell presiding.

Roll Call

Commissioners Present:	Campbell, Wheeler, Parker
Absent	
Staff:	Engel, Halcon, Tringali,

Pledge of Allegiance

Consent Item

June 16, 2016 Minutes

Commissioner Campbell made a comment on the minutes. Under New Business: change, motion seconded by Commissioner Wheeler not Commissioner Campbell. Commissioner Parker made the motion to accept the October 20, 2016 with the changes; Commissioner Wheeler seconded the motion. 3/0

New Business

Consider Commissioner Requests for Excused Absences for Future Meetings

No requests for excused absences. Commissioners are not supportive of the policy to request absences from meetings to be considered an excused absence.

Regular Calendar

Work Plan

Update Work Plan in January 2017

Annual Report to Council

Report to Council in May 2017, Regan Overholt has offered to help with the report.

Speaker Series

Tringali reported that 42 people attended the last important documents workshop. Alzheimer's Association usually makes a presentation one time a year at the Senior Center. Generally, the Alzheimer's Association makes a presentation for care givers.

Handicap parking at front of WC&SC

Tringali provided an update on the possibility of adding new handicap parking at the facility; without the need for major construction. Staff identified 4 additional spaces that could be added through consultation with Community Development staff. Tringali and Commissioner Campbell will walk around the facility to look at the potential sites. Commissioner Campbell would like Measure F funds used for the addition of handicap parking at the Community & Senior Center.

Senior Resource Fair May 25, 2017

Tringali stated that staff would send out letters to past vendors in January 2017.

Report of the Staff

Senior Center Report

Tringali reported that the Thanksgiving Dinner is scheduled for November, 17, 2016. Over 300 people have responded that they will attend the event which makes it the largest event to date. The Santa Holiday Brunch is on December 18, 2016 at 11 a.m. Commissioner Wheeler stated that St. Johns will be the host site for the ENP lunches during the winter closure of the Woodland Community & Senior Center. Staff will post signs that the congregate lunch will be moved during the closure.

Facility Update, Senior Issues

The roof above the kitchen will be repaired. During the closure, the gymnasium and court C will be resurfaced.

Public Comment-None

Business Items for Next Meeting
Minutes
2017 Work Plan
Speaker Series
Handicap parking
Senior Resources Fair May 25, 2017
Senior Center Report
Facilities update
Next Meeting Date January 12, 2017

Adjourn

Commissioner Wheeler made the motion to adjourn the meeting at 3:47 p.m., Commissioner Parker seconded the motion, and motion carried 3/0.

Respectfully submitted,

Cathy Haynie, Administrative Supervisor
Community Services Department

City of Woodland

Commission on Aging Communication

AGENDA ITEM

SUBJECT: Monthly Senior Center Report DATE: January 12, 2017

PREPARED BY: Dallas Tringali, Community Services Program Manager

RECOMMENDED ACTION: None. Information only.

BACKGROUND INFORMATION: The following provides highlights of the Senior Center since the last report.

Program Report

Senior Art Show & ReXpo: The annual Senior Art Show will take place on Friday March 3 from 4:00-7:00 pm. This event showcases art pieces from one of the many senior art classes that take place at the Woodland Senior Center. This event operates alongside ReXpo, which is the Community Service Department's spring and summer class kickoff event.

AARP Tax Aide: Starting February 3, the Woodland Senior Center along with AARP is offering free tax preparation help for older adults. Clients can call the Senior Center Welcome Desk at 661-2001 to make their appointment. This service will run until April 14. Tax prep will be at the Woodland Senior Center on Monday afternoons and Friday mornings. This year, Woodland has added an additional site on Tuesday evenings for tax preparation.

Dates to Note

February 9 – Dinner and a Movie
March 3 – Senior Art Show & ReXpo

Woodland Senior Center Monthly Participant Report

classes ending: NOV 2016

Activity	End Date	Sign-Ins/ Participants
ART		
Art	11/30/2016	40
Centerpiece Workshops	11/1/2016	14
Ceramics	11/17/2017	18
Needles & Friends	11/28/2016	38
Woodcarvers	11/16/2016	7
Scrapbooking	11/22/2016	6
EXERCISE		
Badminton	11/30/2016	170
Low Impact Aerobics 8am	11/30/2016	199
Low Impact Aerobics 10am	11/30/2016	268
Ping Pong AM	11/18/2016	5
Ping Pong PM	11/29/2016	18
Pickleball	11/28/2016	41
Ship Shape	11/22/2016	73
Stompers	11/28/2016	69
Yoga	11/17/2016	76
GAMES		
Bingo	11/30/2016	148
Bridge for Fun	11/30/2016	54
Cribbage	11/17/2016	10
Hand and Foot	11/30/2016	58
Mah Jong	11/2/2016	2
Open Game Day	11/18/2016	13
Pedro	11/29/2016	136
GENERAL		
Affordable Adventures -	11/10/2016	104
Chit Chat Café	11/30/2016	451
Collette Travel -	11/30/2016	2
Current Events	11/18/2016	18
Senior Movie Day	11/14/2016	40
The Novel	11/8/2016	9
Thrift Store	11/30/2016	184

EDUCATION/RESOURCE		
Computer Club Meeting	11/28/2016	10
Computer Lab	11/18/2016	8
Handy Helpers	11/2/2016	1
HICAP Consulations	11/17/2016	7
Legal Consulations	11/17/2016	5
One-on-One Tech Help	11/18/2016	8
Senior Link	11/30/2016	25
SUPPORT		
Arthritis Support Group	11/3/2016	6
Outa Sight SPEAKER	11/1/2016	23
Outa Sight SUPPORT	11/15/2016	16
Parkinson's Support Group	11/29/2016	6
Prostate Support	11/14/2016	12
Retiree Assistance Group	11/8/2016	14
Stroke Support	11/21/2016	8
Transitions	11/22/2016	10
SPECIAL PROGRAMS		
Library Usage	11/15/2016	8
Telephone Reassurance Program	11/630/16	3
DVD Project	11/30/2016	2
St. Johns Blood Pressure Clinics	11/10/2016	7
Pinochle	11/25/2016	26
SCI Thanksgiving Dinner	11/17/2016	293

Woodland Senior Center Monthly Participant Report

classes ending: Dec 2016

Activity	End Date	Sign-Ins/ Participants
ART		
Art	12/14/2016	24
Centerpiece Workshops	12/14/2016	14
Ceramics	12/15/2016	22
Needles & Friends	12/19/2016	40
Woodcarvers	12/21/2016	7
EXERCISE		
Badminton	12/16/2016	110

Low Impact Aerobics 8am	12/19/2016	136
Low Impact Aerobics 10am	12/21/2016	186
Ping Pong AM	12/19/2016	7
Ping Pong PM	11/29/2016	18
Pickleball	12/20/2016	16
Ship Shape	12/20/2016	59
Stompers	12/16/2016	52
Yoga	12/8/2016	40
GAMES		
Bingo	12/14/2016	115
Bridge for Fun	12/14/2016	32
Cribbage	12/7/2016	3
Hand and Foot	12/21/2016	51
Mah Jong	12/31/2016	2
Open Game Day	12/9/2016	10
Pedro	12/13/2016	96
GENERAL		
Chit Chat Café	12/23/2016	365
Current Events	12/16/2016	18
Senior Movie Day	12/12/2016	40
The Novel	12/13/2016	12
Thrift Store	12/21/2016	147
EDUCATION/RESOURCE		
Computer Lab	12/16/2016	15
Handy Helpers	12/31/2016	2
HICAP Consulations	12/8/2016	11
Legal Consulations	12/15/2016	4
One-on-One Tech Help	12/16/2016	10
Senior Link	12/23/2016	17
SUPPORT		
Arthitis Support Group	12/1/2016	6
Outa Sight SPEAKER	12/6/2016	20
Outa Sight SUPPORT	12/20/2016	13
Parkinson's Support Group	12/31/2016	6
Prostate Support	12/31/2016	14
Stroke Support	12/16/2016	8
Transitions	12/13/2016	3
SPECIAL PROGRAMS		
Library Usage	12/31/2016	8

Telephone Reassurance Program	12/31/2016	2
DVD Project	12/1/2016	2
St. Johns Blood Pressure Clinics	12/1/2016	3
Pinochle	12/16/2016	32
SCI Holiday Social	12/15/2016	265