

**CITY OF WOODLAND
2001 EAST STREET
WOODLAND, CALIFORNIA**

**COMMISSION ON AGING AGENDA
February 16, 2017
3:00 p.m.**

- A. CALL TO ORDER
- B. ROLL CALL
- C. PLEDGE OF ALLEGIANCE
- D. CONSENT
 - D.1 Adopt the Minutes of the Commission Meeting of January 12, 2017
- E. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission's consideration of any items a Commission Member would like to have discussed at a future Commission meeting.

- F. NEW BUSINESS
 - i. Consider Commissioner Requests for Excused Absences from Future Meetings
- G. REGULAR CALENDAR
 - i. 2017 Work Plan Update
 - ii. Annual Report to Council- May 2017
 - iii. Speakers Series Update
 - iv. Handicap Parking-Update
 - v. Senior Resource Fair May 25,2017
- H. REPORT OF THE STAFF
 - i. Senior Center Report Dallas Tringali
Recommendation: Information only
 - ii. Facility Update, Senior Issues-Dallas Tringali
Recommendation: Information only

A. COMMUNICATIONS-PUBLIC COMMENT

This an opportunity for the public to speak to the Commission on any item other than those listed for public hearing on this agenda. Speakers are requested begin by stating their name, whether they reside in Woodland and the name of the organization they represent, if any. The Chair may impose a time limit on any speaker depending on the number of people wanting to speak and time available for the rest of the agenda. In the event comments are related to an

2/13/2017

item scheduled on the agenda, speakers may be required to wait to make their comments until that item is considered.

B. AGENDA ITEMS FOR NEXT MEETING

C. ADJOURN

D. NEXT MEETING March 16, 2017

I declare under penalty of perjury that the foregoing Agenda for the Commission on Aging regular meeting of the City of Woodland scheduled for Thursday, February 16, 2017 was posted on February 13, 2017 in the outside display case at 2001 East Street, Woodland, CA, and was available to the public during normal business hours.

Cathy Haynie, Administrative Secretary

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

January 12, 2017

Call to Order

Meeting convened at 3:03 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California;
Chair Campbell presiding.

Roll Call

Commissioners Present: Campbell, Wheeler, Parker

Absent

Staff: Tringali, Haynie

Pledge of Allegiance

Consent Item

November 17, 2016 Minutes

Commissioner Wheeler made the motion to accept the November 17, 2016 minutes as written;
Commissioner Parker seconded the motion. 3/0

Communication-Commission/Staff Statements and Requests

Commissioner Parker thanked St. Johns for hosting ENP lunch during the Community & Senior Center.

New Business

Consider Commissioner Requests for Excused Absences for Future Meetings

No requests for excused absences. Commissioners are not supportive of the policy to request absences from meetings to be considered an excused absence. Chair Campbell would like a copy of the Commissioner Absence Policy.

Regular Calendar

Work Plan

Commission tabled Work Plan update until new commissioner is appointed.

Annual Report to Council

Report to Council in May 2017, Regan Overholt has offered to help with the report.

Speaker Series

Tringali reported that Citizens Who Care program provides one-on-one support for area seniors in times of struggle. Citizens Who Care is recruiting volunteers 55 and older to be screened and trained for this program. This training session takes place on four consecutive Tuesdays at 3:00 p.m.

Handicap parking at front of WC&SC

Chair Campbell stated that he was still talking with the Mayor and Skip Davies about the need for additional handicap parking at the Woodland Community & Senior Center.

Senior Resource Fair May 25, 2017

Tringali stated that staff would send out letters to past vendors in January 2017.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Report of the Staff

Senior Center Report

Tringali reviewed the next upcoming event Dinner & a Movie. Cost is \$20 or \$10 plus \$10 for SCI annual membership. ReXpo and the Senior Art Show will be on March 3, 2017 the 10th birthday of the Woodland Community & Senior Center.

Facility Update, Senior Issues

During the holiday closure both gyms were resurfaced. Staff has scheduled repairs to the kitchen roof and replacement of the scoreboards. Chair Campbell asked for an update on the Boxing Program. Tringali explained that staff is still looking at the different options with more meetings scheduled.

Public Comment-None

Business Items for Next Meeting

Minutes

Consider Commissioner Requests for Excused Absences from Future Meetings

2017 Work Plan

Speaker Series

Handicap parking

Senior Resources Fair May 25, 2017

Senior Center Report

Facilities update

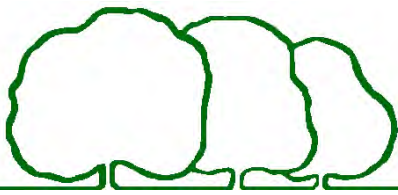
Next Meeting Date February 16, 2017

Adjourn

Commissioner Parker made the motion to adjourn the meeting at 3:36 p.m., Commissioner Wheeler seconded the motion, and motion carried 3/0.

Respectfully submitted,

Cathy Haynie, Administrative Supervisor
Community Services Department



Commission on Aging Communication

AGENDA ITEM

SUBJECT: Monthly Senior Center Report

DATE: February 16, 2017

PREPARED BY: Dallas Tringali, Community Services Program Manager

RECOMMENDED ACTION: None. Information only.

BACKGROUND INFORMATION: The following provides highlights of the Senior Center since the last report.

Program Report

“Alive Inside” Documentary: The Woodland Senior Center continues its partnership with Yolo Hospice to offer another documentary viewing for older adults and healthcare professionals whom work closely with seniors. “Alive Inside” explores the relationship between music and memory loss, and the film is shown nation-wide to community organizations. Yolo Hospice will also be facilitating a discussion between seniors and healthcare professionals about the film and its message. The viewing will be on Friday March 24 from 1:00-3:00 pm at the Woodland Community & Senior Center. This event follows two successful viewings/discussions of the PBS documentary “Alive Inside,” where Yolo Hospice facilitated about 140 people.

Boxing Club Update: On November 7, the Woodland City Council approved the relocation of the Woodland Boxing Club to the Woodland Community & Senior Center. The youth center room will be repurposed to hold a boxing ring and several boxing amenities. The programs affected by this move are the Friday senior ping pong group, the Thursday morning Toddler Time class, and the Dynamic Dancing classes in the evenings. These programs will be relocated to other areas of the Woodland Community & Senior Center.

Dates to Note

February 6 – April 14: AARP Tax Aide sessions
March 3: Senior Art Show & ReXpo
March 18: Senior Center Inc.’s Hand & Foot Card Party
March 24: “Alive Inside” documentary screening

Woodland Senior Center Monthly Participant Report

classes ending: Jan 2017

Activity	End Date	Sign-Ins/ Participants
ART		
Art	1/25/2017	24
Ceramics	1/19/2017	22
Needles & Friends	1/30/2017	38
Woodcarvers	1/18/2017	7
Scrapbooking	1/24/2017	6
EXERCISE		
Badminton	1/30/2017	177
Low Impact Aerobics 8am	1/29/2017	158
Low Impact Aerobics 10am	1/29/2017	230
Ping Pong AM	1/27/2017	8
Pickleball	1/31/2017	54
Ship Shape	1/31/2017	74
Stompers	1/23/2017	84
Yoga	1/26/2017	46
GAMES		
Bingo	1/27/2017	115
Bridge for Fun	1/25/2017	33
Cribbage	1/11/2017	2
Hand and Foot	1/25/2017	44
Mah Jong	1/31/2017	1
Open Game Day	1/31/2017	9
Pedro	1/24/2017	128
GENERAL		
Affordable Adventures -	1/31/2017	104
Chit Chat Café	1/31/2017	427
Current Events	1/20/2017	11
Senior Movie Day	1/9/2017	12
The Novel	1/10/2017	4
Thrift Store	1/31/2017	148
EDUCATION / RESOURCE		
Computer Lab	1/27/2017	15
Handy Helpers	1/31/2017	4
HICAP Consultations	1/26/2017	4
Legal Consultations	1/19/2017	5
One-on-One Tech Help	1/27/2017	16
Senior Link	1/31/2017	24
SUPPORT		
Arthritis Support Group	1/5/2017	8
Outa Sight SPEAKER	1/6/2013	13
Outa Sight SUPPORT	1/6/2013	13
Parkinson's Support Group	1/24/2017	10

SUBJECT: Monthly Senior Center Report

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Prostate Support	1/9/2017	8
Retiree Assistance Group	1/18/2017	18
Stroke Support	1/16/2016	8
SPECIAL PROGRAMS		
Library Usage	1/31/2017	8
Telephone Reassurance Program	1/31/2017	2
DVD Project	1/18/2017	2
Pinochle	1/22/2017	48
Scrapbooking Workshop	1/17/2017	6
Travel Presentation (Collette)		8