

**CITY OF WOODLAND
2001 EAST STREET
WOODLAND, CALIFORNIA**

**COMMISSION ON AGING AGENDA
March 16, 2017
3:00 p.m.**

- A. CALL TO ORDER
- B. ROLL CALL
- C. PLEDGE OF ALLEGIANCE
- D. CONSENT
 - D.1 Adopt the Minutes of the Commission Meeting of February 16, 2017
- E. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission's consideration of any items a Commission Member would like to have discussed at a future Commission meeting.

- F. NEW BUSINESS
 - i. Consider Commissioner Requests for Excused Absences from Future Meetings
 - ii. Appoint 2 Commissioners to Handicap Parking Subcommittee
- G. REGULAR CALENDAR
 - i. 2017 Work Plan Update
 - ii. Annual Report to Council- May 2017
 - iii. Speakers Series Update
 - iv. Handicap Parking-Update
 - v. Senior Resource Fair May 25,2017
- H. REPORT OF THE STAFF
 - i. Senior Center Report Dallas Tringali
Recommendation: Information only
 - ii. Facility Update, Senior Issues-Dallas Tringali
Recommendation: Information only

A. COMMUNICATIONS-PUBLIC COMMENT

This an opportunity for the public to speak to the Commission on any item other than those listed for public hearing on this agenda. Speakers are requested begin by stating their name, whether they reside in Woodland and the name of the organization they represent, if any. The Chair may impose a time limit on any speaker depending on the number of people wanting to

3/13/2017

speak and time available for the rest of the agenda. In the event comments are related to an item scheduled on the agenda, speakers may be required to wait to make their comments until that item is considered.

B. AGENDA ITEMS FOR NEXT MEETING

C. ADJOURN

D. NEXT MEETING April 20, 2017

I declare under penalty of perjury that the foregoing Agenda for the Commission on Aging regular meeting of the City of Woodland scheduled for Thursday, March 16, 2017 was posted on March 13, 2017 in the outside display case at 2001 East Street, Woodland, CA, and was available to the public during normal business hours.

Cathy Haynie, Administrative Secretary

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



Commission on Aging
Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes
February 16, 2017

Call to Order

Meeting convened at 3:03 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California;
Chair Campbell presiding.

Roll Call

Commissioners Present: Campbell, Wheeler, Parker, Overholt
Absent
Staff: Engel, Tringali, Haynie

Pledge of Allegiance

Consent Item

November 17, 2016 Minutes

Commissioner Parker made the motion to accept the January 16, 2017 minutes with changes; Commissioner Wheeler seconded the motion. 4/0

Communication-Commission/Staff Statements and Requests

Chair Campbell read the City Code covering the COA, reviewing the absent requests.

New Business

Consider Commissioner Requests for Excused Absences for Future Meetings

No requests for excused absences.

Regular Calendar

Work Plan

Commission tabled Work Plan update until new commissioner Terry Kelley is present. Chair Campbell discussed the Apartment List update that the Commission will provide to staff.

Annual Report to Council

Report to Council at May 16, 2017 Council Meeting. Commissioner Overholt and Chair Campbell will update the presentation. During the Council Meeting COA will receive the Proclamation for May as Older American Month.

Speaker Series

Tringali reported that Citizens Who Care program provides one-on-one support for area seniors in times of struggle. Citizens Who Care is recruiting volunteers 55 and older to be screened and trained for this program. This training session takes place on four consecutive Tuesdays at 3:00 p.m.

Handicap parking at front of WC&SC

Chair Campbell continues to discuss the handicap parking at the Woodland Community & Senior Center with Council members. Chair Campbell requested to be informed if a Committee was assigned to look into the handicap parking at the WC&SC.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Senior Resource Fair May 25, 2017

Tringali stated that 24 vendors have confirmed attendance to the Senior Resource Fair. Eight of the vendors would like to do a presentation. Commission will finalize the presentations for the Resource Fair for the April 15, 2017 press release deadline.

Report of the Staff

Senior Center Report

Tringali reviewed "Alive Inside" Documentary presented by Yolo Hospice on March 24, 1-3 p.m. Alive Inside explores the relationship between music and memory loss. Tringali reminded the COA that March 3, 2017 was the Senior Art Show, the 10th birthday of the Woodland Community & Senior Center and ReXpo, 4-7 p.m.

Facility Update, Senior Issues

Tringali updated the Commission on the sewer issues in the south side public restrooms.

Public Comment-None

Business Items for Next Meeting

Minutes

Consider Commissioner Requests for Excused Absences from Future Meetings

2017 Work Plan

Speaker Series

Handicap parking

Senior Resources Fair May 25, 2017

Senior Center Report

Facilities update

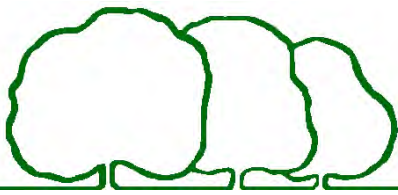
Next Meeting Date March 16, 2017

Adjourn

Commissioner Parker made the motion to adjourn the meeting at 3:36 p.m., Commissioner Wheeler seconded the motion, and motion carried 3/0.

Respectfully submitted,

Cathy Haynie, Administrative Supervisor
Community Services Department



Commission on Aging Communication

AGENDA ITEM

SUBJECT: Monthly Senior Center Report

DATE: February 16, 2017

PREPARED BY: Dallas Tringali, Community Services Program Manager

RECOMMENDED ACTION: None. Information only.

BACKGROUND INFORMATION: The following provides highlights of the Senior Center since the last report.

Program Report

Senior Art Show & ReXpo: The Senior Art Show and ReXpo events took place on Friday March 3. Over 30 vendors participated in the ReXpo, which showcased many different activities in Woodland for all ages. The Art Show featured pieces by the Woodland Senior Center's own art class participants, including paintings, wood carvings, scrapbook pages, and quilts.

Tax Aid: The annual Tax Aid preparation offered by AARP volunteers began on February 3 and will run through April 14. In the month of February there have been 126 people who made appointments. Assistance is provided by appointment on Mondays and Fridays. Appointments can be made by calling the Senior Center Welcome Desk at (530) 661-2001.

Facility Update: Recently the Woodland Community & Senior Center experienced a major plumbing backup. The south restrooms are the most affected. Staff is working with the Public Works department to investigate the sewage line, find the problem areas, and resolve the issue to minimize these problems going forward. If the restrooms become backed up, there is a high likelihood of having to cancel programs and rentals.

Dates to Note

March 18: Senior Center Inc.'s Hand & Foot Card Party
March 24: "Alive Inside" documentary screening
April 21: Welcome Desk general meeting
April 27: Important Documents Workshop
May 11: Senior Center Inc. Installation Dinner
May 25: Senior Resource Fair

Woodland Senior Center Monthly Participant Report

classes ending: Feb 2017

Activity	End Date	Sign-Ins/ Participants
ART		
Art	2/22/2017	49
Ceramics	2/23/2017	24
Needles & Friends	2/27/2017	35
Woodcarvers	2/15/2017	6
Scrapbooking	2/28/2017	6
EXERCISE		
Badminton	2/27/2017	186
Low Impact Aerobics 8am	2/27/2017	229
Low Impact Aerobics 10am	2/28/2017	254
Ping Pong AM	2/24/2017	10
Ping Pong PM	2/28/2017	11
Pickleball	2/28/2017	62
Ship Shape	2/28/2017	75
Stompers	2/27/2017	71
Yoga	2/23/2017	122
GAMES		
Bingo	2/24/2017	171
Bridge for Fun	2/15/2017	33
Cribbage	2/22/2017	3
Hand and Foot	2/15/2017	47
Mah Jong	2/23/2017	2
Open Game Day	2/14/2017	5
Pedro	2/21/2017	151
Pinochle	2/24/2017	21
GENERAL		
Chit Chat Café	2/28/2017	431
Current Events	2/17/2017	16
Senior Movie Day	2/13/2017	20
The Novel	2/14/2017	6
Thrift Store	2/28/2017	149
EDUCATION/RESOURCE		
Computer Club CLASS	2/24/2017	28
Computer Club Meeting	2/27/2017	19
Computer Lab	2/28/2017	20
Handy Helpers	2/28/2017	6
HICAP Consultations	2/9/2017	3
Legal Consultations	2/16/2017	3
One-on-One Tech Help	2/24/2017	22
Senior Link	2/27/2017	28
SUPPORT		
Arthritis Support Group	2/2/2017	8

SUBJECT: Monthly Senior Center Report

PAGE: 3

ITEM:

Outa Sight SPEAKER	2/7/2017	15
Outa Sight SUPPORT	2/21/2017	17
Parkinson's Support Group	2/28/2017	19
Prostate Support	2/28/2017	8
Stroke Support	2/27/2017	12
Transitions	2/14/2017	2
SPECIAL PROGRAMS		
AARP TAX AIDE	2/28/2017	175
Library Usage	2/28/2017	8
Telephone Reassurance Program	2/28/2017	1
AARP Driving Cour	2/15/2017	14
Scrapbooking Workshop	2/28/2017	6