

**CITY OF WOODLAND
2001 EAST STREET
WOODLAND, CALIFORNIA
May 18, 2017
COMMISSION ON AGING AGENDA
3:00 p.m.**

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. CONSENT

- i. Adopt the Minutes of the Commission Meeting of April 20, 2017

E. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission's consideration of any items a Commission Member would like to have discussed at a future Commission meeting.

F. NEW BUSINESS

- i. Consider Commissioner Requests for Excused Absences from Future Meetings
- ii. 2017 Work Plan Finalize

G. REGULAR CALENDAR

- i. Annual Report to Council- May 2017
- ii. Speakers Series Update
- iii. Handicap Parking Subcommittee-Update
- iv. Senior Resource Fair May 25,2017

H. REPORT OF THE STAFF

- i. Senior Center Report Dallas Tringali
Recommendation: Information only
- ii. Facility Update, Senior Issues-Dallas Tringali
Recommendation: Information only

A. COMMUNICATIONS-PUBLIC COMMENT

This an opportunity for the public to speak to the Commission on any item other than those listed for public hearing on this agenda. Speakers are requested begin by stating their name, whether they reside in Woodland and the name of the organization they represent, if any. The Chair may impose a time limit on any speaker depending on the number of people wanting to speak and time available for the rest of the agenda. In the event comments are related to an item scheduled on the agenda, speakers may be required to wait to make their comments until that item is considered.

5/15/2017

B. AGENDA ITEMS FOR NEXT MEETING

C. ADJOURN

D. NEXT MEETING June 15, 2017

E.

I declare under penalty of perjury that the foregoing Agenda for the Commission on Aging regular meeting of the City of Woodland scheduled for Thursday, May 18, 2017 was posted on May 15, 2017 in the outside display case at 2001 East Street, Woodland, CA, and was available to the public during normal business hours.

Cathy Haynie, Administrative Secretary

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.

Commission on Aging Work Plan (January – December 2017)

The following action plan contains 7 specific items that the Commission on Aging proposes to accomplish, or at least begin over the next year. General objectives, dates, and required resources are listed for the sake of planning. *However, they are subject to change as the year progresses and particular action items are moved towards implementation.*

Each action item, with a brief statement of objective, outcome, timeline, and resource requirements are as follows:

1. Intergenerational Project
2. Promotion, Speaker Series
3. Senior Resource Fair
4. Woodland Apartment List
5. Advocacy
6. Technical Support
7. Handicap Parking in Front of WC&SC

1. Intergenerational Project (Commissioner Overholt & Wheeler)

Objective: Develop and implement intergenerational project between seniors and children.

Outcome: Social benefit for young children and seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

2. Promotion & Speaker Series (Commissioners Overholt/Brown)

Objective: Promote a positive image of aging and seniors through public information.

Outcome: Create greater awareness of positive and healthy aging, including an increased awareness of programs and services for seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time

3. Senior Resource Fair (Commissioners Parker/Campbell)

Objective: Inform seniors and their families/neighbors about senior programs in the community.

Outcome: Create greater awareness and participation in senior programs in the community.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

4. Woodland Apartment List (All Commissioners)

Objective: To complete annual update of the list of Apartment Complexes in Woodland, this includes apartments for 'seniors only'. Biannually Outcome: Provide current rental information for seniors and their families.

Timeline: January/February 2018.

Required Funding: Program costs, Commission and staff time

5. Technology for Seniors (Commissioner Wheeler)

Objective: to provide seniors with basic computer/internet information, training and skills.

Outcome: seniors will develop the knowledge and comfort levels necessary to be able to use and take advantage of newer technology.

Timeline: ?

Required Funding: Program costs, Commission and staff time.

6. Advocacy (Commissioners Wheeler)

Objective: To promote and advocate for issues related to seniors.

Outcome: To move issues related to seniors to the front of the legislative agenda.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.

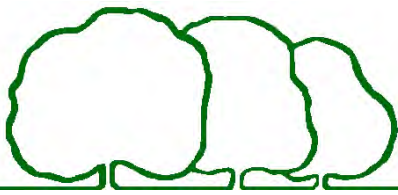
7. Handicap Parking at front of WC&SC (Commissioner Campbell)

Objective: Add 10 handicap parking spaces at the front of the WC&SC.

Outcome: More accessibility at the main entrance for seniors.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.



Commission on Aging Communication

AGENDA ITEM

SUBJECT: Monthly Senior Center Report

DATE: May 18, 2017

PREPARED BY: Dallas Tringali, Community Services Program Manager

RECOMMENDED ACTION:

None. Information only.

BACKGROUND INFORMATION:

The following provides highlights of the Senior Center since the last report.

Program Report

Welcome Desk Meeting: The Senior Center Welcome Desk is operated by 20+ volunteers who help answer phones, register people for programs, and guide people to their locations. In April staff conducted the annual Welcome Desk meeting where all volunteers came to discuss issues and procedures they encounter while working. This helps to maintain consistent customer service to all Senior Center users. Next year, this meeting will be conducted in January in order to train volunteers on Tax Aide procedures.

Tax Aide: The annual Tax Aide preparation offered by AARP volunteers began on February 3 and ran through April 14. In total, AARP transmitted 327 federal and state returns from the Community & Senior Center, which is a slight increase from 2016. 83% of the clients were 60 years and over. The average income of the Tax Aide users was just over \$29,000 per year. The refunds came out to over \$207,000 for all clients helped at the Community & Senior Center. This year, AARP also added a new site at the Woodland United Fellowship Church, and the Senior Center Welcome Desk kept the appointments for that site. Another 98 federal and state returns were transmitted, 70% of the clients were 60 years and over, and their average income was about \$33,000. The total returns from the church site was about \$102,000. There was over \$1,000,000 in federal returns for all of Yolo County. This number does NOT include state returns, refunds associated with paper returns, or amendments to prior years' returns; this means that the amount that has come into the community is higher than that.

Teens Helping Seniors: The Teens Helping Seniors program utilizes teen volunteers during their summer break to assist older adults in Woodland with yardwork or housework. Work request forms can be picked up at the Woodland Senior Center. The volunteers are rewarded with a trip to the Santa Cruz Beach Boardwalk at the end of summer. THS is offering a spaghetti feed fundraiser on Wednesday June 21 to help pay for the trip.

Dates to Note

May 25: Senior Resource Fair

May 25: Collette Travel presentation

May 29: Memorial Day holiday, Community & Senior Center closed

June 1: SCI Board Appreciation Luncheon

June 21: Teens Helping Seniors spaghetti feed dinner

Woodland Senior Center Monthly Participant Report
classes ending: April 2017

Activity	End Date	Sign-Ins/ Participants
ART		
Art	4/26/2017	51
Ceramics	4/26/2017	22
Needles & Friends	4/24/2017	57
Woodcarvers	4/19/2017	6
Scrapbooking	4/25/2017	5
EXERCISE		
Badminton	4/28/2017	237
Low Impact Aerobics 8am	4/28/2017	195
Low Impact Aerobics 10am	4/28/2017	246
Ping Pong AM	4/28/2017	12
Ping Pong PM	4/25/2017	19
Pickleball	4/27/2017	63
Ship Shape	4/27/2017	93
Stompers	4/24/2017	60
Yoga	4/24/2017	101
GAMES		
Bingo	4/28/2017	63
Bridge for Fun	4/28/2017	62
Cribbage	4/26/2017	1
Hand and Foot	4/26/2017	58
Mah Jong	4/20/2017	4
Open Game Day	4/24/2017	13
Pedro	4/25/2017	112
Pinochle	4/30/2017	40
GENERAL		
Affordable Adventures -	4/1/2017	39
Chit Chat Café	4/28/2017	415
Collette Travel -	4/30/2017	8
Current Events	4/21/2017	17
Senior Movie Day	4/10/2017	12
The Novel	4/11/2017	9
Thrift Store	4/28/2017	200

EDUCATION/RESOURCE		
Computer Club Meeting	4/24/2017	18
Computer Lab	4/28/2017	26
Handy Helpers	4/28/2017	5
HICAP Consultations	4/27/2017	2
Legal Consultations	4/20/2017	5
One-on-One Tech Help	4/28/2017	20
Senior Link	4/28/2017	21
SUPPORT		
Arthritis Support Group	4/6/2017	3
Outa Sight SPEAKER	4/4/2017	22
Outa Sight SUPPORT	4/18/2017	14
Parkinson's Support Group	4/25/2017	7
Retiree Assistance Group	4/30/2017	15
Stroke Support	4/17/2017	14
Transitions	4/25/2017	1
SPECIAL PROGRAMS		
AARP TAX AIDE	4/14/2017	107
Library Usage	4/25/2017	8
Telephone Reassurance Program	4/28/2017	1
DVD & Audio Library	4/28/2017	1
AARP Driving Course	4/12/2017	9
Important Documents	4/27/2017	9