

**CITY OF WOODLAND
2001 EAST STREET
WOODLAND, CALIFORNIA
June 15, 2017
COMMISSION ON AGING AGENDA
3:00 p.m.**

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. CONSENT

- i. Adopt the Minutes of the Commission Meeting of April 20, 2017

E. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission's consideration of any items a Commission Member would like to have discussed at a future Commission meeting.

F. NEW BUSINESS

- i. Consider Commissioner Requests for Excused Absences from Future Meetings
- ii. 2017 Work Plan Finalize

G. REGULAR CALENDAR

- i. Annual Report to Council- May 2017
- ii. Speakers Series Update
- iii. Handicap Parking Subcommittee-Update
- iv. Senior Resource Fair May 25,2017- update

H. REPORT OF THE STAFF

- i. Senior Center Report Dallas Tringali
Recommendation: Information only
- ii. Facility Update, Senior Issues-Dallas Tringali
Recommendation: Information only

A. COMMUNICATIONS-PUBLIC COMMENT

This an opportunity for the public to speak to the Commission on any item other than those listed for public hearing on this agenda. Speakers are requested begin by stating their name, whether they reside in Woodland and the name of the organization they represent, if any. The Chair may impose a time limit on any speaker depending on the number of people wanting to speak and time available for the rest of the agenda. In the event comments are related to an item scheduled on the agenda, speakers may be required to wait to make their comments until that item is considered.

5/31/2017

B. AGENDA ITEMS FOR NEXT MEETING

C. ADJOURN

D. NEXT MEETING July 20, 2017, 2017

E.

I declare under penalty of perjury that the foregoing Agenda for the Commission on Aging regular meeting of the City of Woodland scheduled for Thursday, May 18, 2017 was posted on May 15, 2017 in the outside display case at 2001 East Street, Woodland, CA, and was available to the public during normal business hours.

Cathy Haynie, Administrative Secretary

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

April 20, 2017

Call to Order

Meeting convened at 3:03 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Campbell presiding.

Roll Call

Commissioners Present: Campbell, Wheeler, Parker, Kelley, Overholt

Absent

Staff: Engel, Tringali, Haynie

Pledge of Allegiance

Consent Item

March 16, 2017 Minutes

Commissioner Parker made the motion to accept the March 16, 2017 minutes as written; Commissioner Wheeler seconded the motion. Passed 5/0

Communication-Commission/Staff Statements and Requests

Commissioner Overholt may start a new job out of town; Commissioner Parker's last meeting will be in July.

Consider Commissioner Requests for Excused Absences for Future Meetings

No requests.

Regular Calendar

Work Plan

Commissioners discussed all the Work Plan Items.

Annual Report to Council

The Commission will provide their annual report to Council at May 16, 2017 Council Meeting. Commissioner Overholt and Chair Campbell will update the presentation. During the Council Meeting COA will receive the Proclamation for May is Older Americans Month.

Speaker Series

Commissioners discussed the type of speakers to best meet the needs of the seniors.

Handicap parking at front of WC&SC

Commissioners discussed Handicap Parking Subcommittee meeting packet for the May 9, 2017 meeting.

Senior Resource Fair May 25, 2017

Commissioner Parker reported that 44 vendors confirmed for the Resource Fair and 12 speakers were booked.

Apartment List

Apartment List updates provided to staff at the July meeting.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Report of the Staff

Senior Center Report

Tringali reviewed his Commission report highlighting Tax Aid and the Senior Resource Fair. St. Johns hearing aid and blood pressure clinic is held the first and third Wednesday of the month. Commit2Fit Campaign for the month of May is led by Marshall Echols. YMCA is offering free use of the fitness center for the month. June 1, 2017 at 6:00 p.m. is the raffle event with Yolo County Health and Human Services providing healthy food for the event.

Facility Update, Senior Issues

Tringali updated the Commission on the boxing programs move to the Woodland Community & Senior Center. Program starts on May 1, 2017 with the Grand Opening scheduled for May 8, 2017 at 5:30 p.m.

Public Comment-None

Business Items for Next Meeting

Minutes

Consider Commissioner Requests for Excused Absences from Future Meetings

2017 Work Plan Finalize

Speaker Series

Handicap parking

Senior Resources Fair May 25, 2017

Senior Center Report

Facilities update

Next Meeting Date May18, 2017

Adjourn

Commissioner Parker made the motion to adjourn the meeting at 4:11 p.m., Commissioner Overholt seconded the motion, and motion carried 5/0.

Respectfully submitted,

Cathy Haynie, Administrative Supervisor
Community Services Department

Commission on Aging Attendance (current commissioners only)
Meetings 3rd Thursday of each month @ 3:00 pm (no meetings in August or December)

Commissioners	7/2016	9/2016	10/2016	11/2016	1/2017	2/2017	3/2017	4/2017	5/2017	6/2017
Don Campbell										
Regan Overholt	Unexcused Absence	Excused Absence	Unexcused Absence	n/a	n/a		Excused Absence*			
Heidi Wheeler	Unexcused Absence									
Terry Kelley						n/a				
Melody R. Parker										
Quorum	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Meeting Cancelled	

January 2017 – no absences were requested

February 2017 – no absences were requested

March 2017 – no absences were requested (Overholt absent due to family medical issue)

April 2017 – no absences were requested

May 2017- meeting cancelled

Commission on Aging Work Plan (January – December 2017)

The following action plan contains 7 specific items that the Commission on Aging proposes to accomplish, or at least begin over the next year. General objectives, dates, and required resources are listed for the sake of planning. *However, they are subject to change as the year progresses and particular action items are moved towards implementation.*

Each action item, with a brief statement of objective, outcome, timeline, and resource requirements are as follows:

1. Intergenerational Project
2. Promotion, Speaker Series
3. Senior Resource Fair
4. Woodland Apartment List
5. Advocacy
6. Technical Support
7. Handicap Parking in Front of WC&SC

1. Intergenerational Project (Commissioner Overholt & Wheeler)

Objective: Develop and implement intergenerational project between seniors and children.

Outcome: Social benefit for young children and seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

2. Promotion & Speaker Series (Commissioners Overholt/Brown)

Objective: Promote a positive image of aging and seniors through public information.

Outcome: Create greater awareness of positive and healthy aging, including an increased awareness of programs and services for seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time

3. Senior Resource Fair (Commissioners Parker/Campbell)

Objective: Inform seniors and their families/neighbors about senior programs in the community.

Outcome: Create greater awareness and participation in senior programs in the community.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

4. Woodland Apartment List (All Commissioners)

Objective: To complete annual update of the list of Apartment Complexes in Woodland, this includes apartments for 'seniors only'. Biannually Outcome: Provide current rental information for seniors and their families.

Timeline: January/February 2018.

Required Funding: Program costs, Commission and staff time

5. Technology for Seniors (Commissioner Wheeler)

Objective: to provide seniors with basic computer/internet information, training and skills.

Outcome: seniors will develop the knowledge and comfort levels necessary to be able to use and take advantage of newer technology.

Timeline: ?

Required Funding: Program costs, Commission and staff time.

6. Advocacy (Commissioners Wheeler)

Objective: To promote and advocate for issues related to seniors.

Outcome: To move issues related to seniors to the front of the legislative agenda.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.

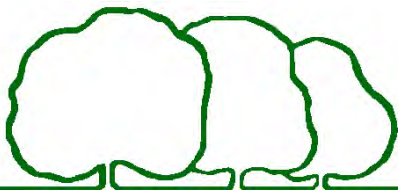
7. Handicap Parking at front of WC&SC (Commissioner Campbell)

Objective: Add 10 handicap parking spaces at the front of the WC&SC.

Outcome: More accessibility at the main entrance for seniors.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.



Commission on Aging Communication

AGENDA ITEM

SUBJECT: Monthly Senior Center Report

DATE: June 15, 2017

PREPARED BY: Dallas Tringali, Community Services Program Manager

RECOMMENDED ACTION: None. Information only.

BACKGROUND INFORMATION: The following provides highlights of the Senior Center since the last report.

Program Report

SCI Installation Dinner: Senior Center, Inc. (SCI) is a non-profit organization that supports and supplements the Woodland Senior Center's users with programs and resources. The SCI board of directors held its annual membership meeting on May 11 where they have dinner with members; then nominate, elect, and install officers and board members. This operational year, the roster of 12 board members includes: President Roy Miller, Vice President Maxine Polkinghorne, Secretary Linda Nantz, Treasurer Elizabeth Kemper; Incumbent Board Members Jan Bello, Connie Crandall, Sharon Coulombe, Carla Sanborn, Judy Tommeraason, Gil Walker; newly-elected Board Members Roger Peeples and Sandi Winter. 101 SCI members and guests attended and enjoyed a tri-tip dinner prepared by President Roy Miller. Senior Center, Inc. currently has 672 subscribing members, 237 of those are lifetime members in the "Century Club."

Senior Resource Fair: The City of Woodland's Commission on Aging and Community Services Department hosted the annual Senior Resource Fair on Thursday, May 25 from 9:00 a.m. to 12:00 p.m. at the Woodland Community & Senior Center. There were 65 regional vendors coming to offer goods and services aimed at seniors, including health care providers, volunteers, legal assistance, health & fitness, support groups, in-home support, and more. 11 of the vendors offered informational sessions.

Dates to Note

June 21 – Teens Helping Seniors spaghetti feed fundraiser
July 4 – Woodland Senior Center Computer Club Ice Cream Social
August 17 – Volunteer Appreciation Dinner

Woodland Senior Center Monthly Participant Report
classes ending: May 2017

Activity	End Date	Sign-Ins/ Participants
ART		
Art	5/31/2017	53
Centerpiece Workshops	5/12/2017	18
Ceramics	5/25/2017	31
Needles & Friends	5/22/2017	54
Woodcarvers	5/17/2017	8
Scrapbooking	5/23/2017	8
EXERCISE		
Badminton	5/31/2017	245
Low Impact Aerobics 8am	5/31/2017	220
Low Impact Aerobics 10am	5/31/2017	319
Ping Pong AM	5/20/2017	8
Ping Pong PM	5/30/2017	19
Pickleball	5/30/2017	61
Ship Shape	5/30/2017	102
Stompers	5/22/2017	64
Yoga	5/18/2017	84
GAMES		
Bingo	5/30/2017	192
Bridge for Fun	5/24/2017	52
Cribbage	5/24/2017	4
Hand and Foot	5/31/2017	58
Mah Jong	5/25/2017	4
Open Game Day	5/31/2017	13
Pedro	5/30/2017	124
Pinochle	5/26/2017	15
GENERAL		
Chit Chat Café	5/31/2017	396
Current Events	5/19/2017	12
Senior Movie Day	5/8/2017	35
The Novel	5/9/2017	10
Thrift Store	5/31/2017	176
EDUCATION/RESOURCE		
Computer Club Meeting	5/22/2017	16
Computer Lab	5/26/2017	21
Handy Helpers	5/31/2017	7
Hearing Exams	5/17/2017	2
HICAP Consultations	5/25/2017	3
Legal Consultations	5/18/2017	5
One-on-One Tech Help	5/26/2017	19
Senior Link	5/26/2017	25

SUBJECT: Monthly Senior Center Report

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ITEM:

EVENTS		
SCI Installation Dinner	5/11/2017	101
SUPPORT		
Arthritis Support Group	5/4/2017	4
Outa Sight SUPPORT	5/16/2017	22
Parkinson's Support Group	5/30/2017	2
Prostate Support	5/8/2017	8
Retiree Assistance Group	5/9/2017	18
Stroke Support	5/15/2017	9
Transitions	5/23/2017	5
SPECIAL PROGRAMS		
Library Usage	5/30/2017	10
Telephone Reassurance Program	5/31/2017	1
AARP Driving Course	5/10/2017	12
Scrapbooking Workshop	5/16/2017	5