

**CITY OF WOODLAND
2001 EAST STREET
WOODLAND, CALIFORNIA
July 20, 2017
COMMISSION ON AGING AGENDA
3:00 p.m.**

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. CONSENT

- i. Adopt the Minutes of the Commission Meeting of June 15 2017

E. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission's consideration of any items a Commission Member would like to have discussed at a future Commission meeting.

F. NEW BUSINESS

- i. Consider Commissioner Requests for Excused Absences from Future Meetings
- ii. 2017 Work Plan Finalize

G. REGULAR CALENDAR

- i. Annual Report to Council- May 2017
- ii. Speakers Series Update
- iii. Handicap Parking Subcommittee-Update
- iv. Senior Resource Fair May 2018

H. REPORT OF THE STAFF

- i. Senior Center Report Dallas Tringali
Recommendation: Information only
- ii. Facility Update, Senior Issues-Dallas Tringali
Recommendation: Information only

A. COMMUNICATIONS-PUBLIC COMMENT

This an opportunity for the public to speak to the Commission on any item other than those listed for public hearing on this agenda. Speakers are requested begin by stating their name, whether they reside in Woodland and the name of the organization they represent, if any. The Chair may impose a time limit on any speaker depending on the number of people wanting to speak and time available for the rest of the agenda. In the event comments are related to an item scheduled on the agenda, speakers may be required to wait to make their comments until that item is considered.

7/17/2017

B. AGENDA ITEMS FOR NEXT MEETING

C. ADJOURN

D. NEXT MEETING July 20, 2017, 2017

E.

I declare under penalty of perjury that the foregoing Agenda for the Commission on Aging regular meeting of the City of Woodland scheduled for Thursday, May 18, 2017 was posted on May 15, 2017 in the outside display case at 2001 East Street, Woodland, CA, and was available to the public during normal business hours.

Cathy Haynie, Administrative Secretary

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

June 15, 2017

Call to Order

Meeting convened at 3:05 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Campbell presiding.

Roll Call

Commissioners Present: Campbell, Wheeler, Parker, Kelley, Overholt

Absent

Staff: Tringali, Haynie

Pledge of Allegiance

Consent Item

March 16, 2017 Minutes

Commissioner Parker made the motion to accept the April 20, 2017 minutes as written; Commissioner Wheeler seconded the motion. Passed 5/0

Communication-Commission/Staff Statements and Requests

Commissioner Kelley asked if the handicap parking survey would appear in the Senior Gram. Tringali informed the Commission the Senior Gram formatted eight (8) weeks before printing. Senior desk is handing out surveys to participants. Commissioner Campbell would like to visit the support groups with the surveys.

Consider Commissioner Requests for Excused Absences for Future Meetings

Commissioner Wheeler and Commissioner Overholt requested off for the July meeting.

Commissioner Kelley made the motion to excuse Commissioners Wheeler and Overholt for the July meeting, Commissioner Parker seconded the motion. 5/0

Regular Calendar

Work Plan

Commissioners will review Work Plan and bring changes to a future meeting for approval.

Annual Report to Council

Commissioner Overholt and Chair Campbell presented the COA Annual Report to Council on May 16, 2017; Commissioner Kelley attended the meeting. Commissioner Campbell stated that the Mayor asked how Council could assist with the Handicap Parking issues. Council seemed impressed with the Teens Helping Program.

Speaker Series

Tringali reviewed the scheduled speakers. "Why getting Older is getting better: How Aging Shapes our Everyday Memory, Speech, and Cognition", Tuesday, June 27 at 1 p.m. Commissioner Regan asked how Tringali responded to requests. Tringali reviews each request and will only approve requests that are informative and do not require the participant to make a purchase. Commissioner Campbell received a request for a class recognizing the signs of a stroke, for those who have not had a stroke. Tringali will contact potential instructor and asked the Commission to forward any additional requests to him.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Handicap parking at front of WC&SC

Commissioner Campbell stated that at the May 9, 2017 meeting they discussed short time and long term options. City Engineer will be providing rough costs for the options.

Senior Resource Fair May 25, 2017

Commission discussed the success of the Senior Resource Fair. Next year the press release will include schedule of events. Commissioners will arrive 90 minutes before the start of the event.

Apartment List

Apartment List updates provided to staff at the July meeting.

Report of the Staff

Senior Center Report

Tringali stated that the summer programs began on June 12; this 10-week program includes the Teens Helping Seniors and the STFC, which will visit the WC&SC four times. Teens Helping Seniors spaghetti feed is on June 21st. Utility assistance program this year is a \$40 per month reduction for 12 months. In this fiscal year, the Senior Center sold \$100,000.00 in Collette Travel trips bringing in revenue of \$10,000 to the Senior Center. These are all inclusive trips that the 30 participants from Woodland have praised for their organization and tour guides. Change in SCI Thanksgiving and Christmas Brunch that requires a \$1 to sign up fee that will go towards the door prize. The maximum number of participation is 300. The HICAP program changed days from Thursday to Wednesday. Upcoming events include the July 4 Ice Cream Social, July 11 "Learn How to Photograph Animals".

Facility Update, Senior Issues

Commissioner Kelley has received complaints about the foul language used around the Boxing Center.

Business Items for Next Meeting

Minutes

Consider Commissioner Requests for Excused Absences from Future Meetings

2017 Work Plan Finalize

Speaker Series

Handicap parking

Senior Resources Fair

Senior Center Report

Facilities update

Next Meeting Date July 20, 2017

Adjourn

Commissioner Parker made the motion to adjourn the meeting at 3:53 p.m., Commissioner Overholt seconded the motion, and motion carried 5/0.

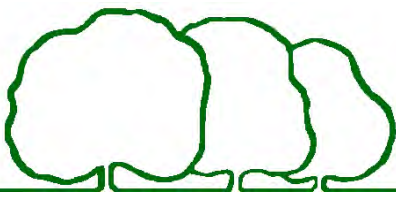
Respectfully submitted,

Cathy Haynie, Administrative Supervisor
Community Services Department

Commission on Aging Attendance (current commissioners only)
Meetings 3rd Thursday of each month @ 3:00 pm (no meetings in August or December)

Commissioners	7/2016	9/2016	10/2016	11/2016	1/2017	2/2017	3/2017	4/2017	5/2017	6/2017
Don Campbell										
Regan Overholt	Excused Absence									
Heidi Wheeler	Excused Absence									
Terry Kelley										
Melody R. Parker										
Quorum										

June 2017- Wheeler and Overholt absent July meeting,



Commission on Aging Communication

AGENDA ITEM

SUBJECT: Monthly Senior Center Report

DATE: July 20, 2017

PREPARED BY: Dallas Tringali, Community Services Program Manager

RECOMMENDED ACTION: None. Information only.

BACKGROUND INFORMATION: The following provides highlights of the Senior Center since the last report.

Program Report

Teens Helping Seniors: The Teens Helping Senior program takes middle- and high-school-aged volunteers around to the homes of older adults to perform housework and yardwork free of charge during the school break. The teens are rewarded at the end of the summer with a trip to the Santa Cruz Beach Boardwalk. They are able to fund their trip by collecting tips at the jobs and at an annual spaghetti feed fundraiser. This year, the spaghetti feed had 111 diners. The teens earned over \$500 in donations from a very generous community. The food was donated by Woodland Senior Center Inc. and the food was prepared by SCI president Roy Miller. The volunteers served salads, garlic bread, spaghetti, and drinks to all of the attendees.

Dates to Note

August 17 – Volunteer Appreciation Dinner
August 18 – AARP Driver Safety Recertification Course
August 28 – SCI Hand & Foot Card Party
September 28 – Senior Center Fall Potluck

**Woodland Senior Center Monthly Participant Report
classes ending: June 2017**

Activity	End Date	Sign-Ins/ Participants
ART		
Art	6/28/2017	44
Ceramics	6/29/2017	50
Needles & Friends	6/26/2017	50
Woodcarvers	6/21/2017	6
Scrapbooking	6/27/2017	7

EXERCISE		
Badminton	6/30/2017	229
Low Impact Aerobics 8am	6/30/2017	212
Low Impact Aerobics 10am	6/30/2017	280
Ping Pong AM	6/30/2017	8
Ping Pong PM	6/27/2017	26
Pickleball	6/29/2017	113
Ship Shape	6/29/2017	112
Stompers	6/26/2017	68
Yoga	6/29/2017	130
GAMES		
Bingo	6/28/2017	158
Bridge for Fun	6/17/2017	28
Cribbage	6/28/2017	4
Hand and Foot	6/21/2017	45
Mah Jong	6/29/2017	5
Open Game Day	6/27/2017	5
Pedro	6/20/2017	68
Pinochle	6/30/2017	32
GENERAL		
SCI Trip: Levi's Stadium	6/25/2017	20
Chit Chat Café	6/30/2017	441
Current Events	6/16/2017	12
Senior Movie Day	6/12/2017	21
The Novel	6/13/2017	10
Thrift Store	6/30/2017	262
EDUCATION / RESOURCE		
Computer Club Meeting	6/26/2017	18
Computer Lab	6/23/2017	22
Handy Helpers	6/21/2017	5
Hearing Exams	6/28/2017	2
HICAP Consultations	6/8/2017	1
Legal Consultations	6/15/2017	4
One-on-One/Apple Tech Help	6/19/2017	16
Senior Link	6/28/2017	39
EVENTS		
Spaghetti Feed Fundraiser	6/21/2017	111
SUPPORT		
Arthritis Support Group	6/1/2017	3
Outa Sight SPEAKER	6/6/2017	22
Outa Sight SUPPORT	6/20/2017	0
Parkinson's Support Group	6/28/2017	12
Prostate Support	6/30/2017	0
Retiree Assistance Group	6/30/2017	0
Stroke Support	6/19/2017	9
Transitions	6/27/2017	8

SUBJECT: Monthly Senior Center Report

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ITEM:

SPECIAL PROGRAMS		
Library Usage	6/27/2017	6.5
DVD & Audio Library	6/30/2017	1.25
St. Johns Blood Pressure Clinics	6/21/2017	15
AARP Driving Course	6/14/2017	10