



City of Woodland

Meeting Agenda

Commission on Aging

WC&SC
2001 East Street
Woodland, CA 95776

Thursday, October 19, 2017

3:00 PM

2001 East Street

***Please Note:** The numerical order of items on this agenda is for the convenience of reference; items may be taken out of order.*

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

E. NEW BUSINESS

1. Minutes

Staff recommends that the commission approve the September 21, 2017 minutes.

2. Consider Commissioner Requests for Excused Absences from Future Meetings

3. 2018 Work Plan

Staff recommends that the Commission finalize and approve the 2018 Work Plan.

4. Apartment List

Staff recommends that the Commission approve the Apartment List for publication.

5. Election of Officers

Staff recommends that the Commission elect the officers for 2018.

F. REGULAR CALENDAR

6. Senior Resource Fair

7. Speaker Series

8. Handicap Parking

9. Annual COA Report to Council

G. REPORT OF THE STAFF

10. Staff Report

Staff recommends that the Commission receive item as information only.

H. COMMUNICATIONS-PUBLIC COMMENT

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN



TO: THE COMMISSION ON AGING
DATE: October 19, 2017
ITEM #: 1.
SUBJECT: Minutes

Recommendation for Action:

Staff recommends that the commission approve the September 21, 2017 minutes.

Report in Brief:

Call to Order

Meeting convened at 3:05 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Campbell presiding.

Roll Call

Commissioners Present: Campbell, Wheeler, Kelley,

Absent: Overholt

Staff: Engel, Tringali, Haynie

Pledge of Allegiance

Consent Item

July 20, 2017 Minutes

Commissioner Kelley made the motion to accept the July 20, 2017 minutes as written; Commissioner Wheeler seconded the motion. Passed 3/0

Communication-Commission/Staff Statements and Requests

Commissioner Wheeler attend the Yolo County COA meeting. The Yolo County Day Health Care program was discussed. Commissioner Wheeler will update the Commission at the October meeting.

New Business

Consider Commissioner Requests for Excused Absences from Future Meetings

No requests.

2017 Work Plan Finalize

Added Commissioner Kelley to #6 Advocacy and #7 Handicap Parking of the Work Plan. New Commissioner will be added at the first meeting.

Handicap Parking Subcommittee Recommendations

Commissioner Wheeler made the motion to approve the recommendations to request City Council approve the use of \$41,000 to modify the current parking lot at the Woodland Community & Senior Center; Commissioner Kelley seconded the motion. Passed 3/0

Regular Calendar

Annual Report to Council- May 2018

Speaker Series

Handicap parking at front of WC&SC

Senior Resource Fair May 24, 2018

Apartment List

Draft Apartment List was provided to Commission. Final review and approval at October COA Meeting.

Report of the Staff

Senior Center Report

Tringali reviewed the Teens Helping Seniors program, 23 teens volunteered for 863 hours of services for 85 seniors. THS also performed 40 alternate projects around the City.

Facility Update, Senior Issues

Tringali reported that the Maintenance III position was posted and first round of interviews are scheduled for September 28, 2017.

Business Items for Next Meeting

Minutes

Consider Commissioner Requests for Excused Absences from Future Meetings

2017 Work Plan Finalize

Speaker Series

Handicap parking

Senior Resources Fair

Apartment List-Approval

Senior Center Report

Facilities update

Next Meeting Date October 19, 2017

Adjourn

Commissioner Wheeler made the motion to adjourn the meeting at 3:53 p.m., Commissioner Kelley seconded the motion, and motion carried 3/0.

Prepared By: Cathy Haynie

Reviewed By: Administrative Supervisor



TO: THE COMMISSION ON AGING
DATE: October 19, 2017
ITEM #: 2.
SUBJECT: Consider Commissioner Requests for Excused Absences from Future Meetings

Recommendation for Action:

Staff recommends that the Commission consider Commissioner requests for excused absences from future meetings

Fiscal Impact:

None

Prepared By: Cathy Haynie

Reviewed By: Administrative Supervisor

ATTACHMENTS:

Description	Upload Date	Type
Attendance Tracking	10/13/2017	Cover Memo

Commission on Aging Attendance (current commissioners only)
Meetings 3rd Thursday of each month @ 3:00 pm (no meetings in August or December)

Commissioners	7/2017	9/2017	10/2017	11/2017	1/2018	2/2018	3/2018	4/2018	5/2018	6/2018
Don Campbell										
Regan Overholt	Excused Absence	Unexcused								
Heidi Wheeler	Excused Absence									
Terry Kelley										
Vacant										
Quorum										

June 2017- Wheeler and Overholt absent July meeting,
September 2017- No Requests



TO: THE COMMISSION ON AGING
DATE: October 19, 2017
ITEM #: 3.
SUBJECT: 2018 Work Plan

Recommendation for Action:

Staff recommends that the Commission finalize and approve the 2018 Work Plan.

Fiscal Impact:

None

Report in Brief:

Staff have updated the Work Plan with the Commissions updates.

Conclusion:

Staff recommends that the Commission finalize and approve the 2018 Work Plan.

Prepared By: Cathy Haynie

Reviewed By: Administrative Supervisor

ATTACHMENTS:

Description	Upload Date	Type
2018 Work Plan	9/27/2017	Cover Memo

Commission on Aging Work Plan (January – December 2018)

The following action plan contains 7 specific items that the Commission on Aging proposes to accomplish, or at least begin over the next year. General objectives, dates, and required resources are listed for the sake of planning. *However, they are subject to change as the year progresses and particular action items are moved towards implementation.*

Each action item, with a brief statement of objective, outcome, timeline, and resource requirements are as follows:

1. Intergenerational Project
2. Promotion, Speaker Series
3. Senior Resource Fair
4. Woodland Apartment List
5. Advocacy
6. Technical Support
7. Handicap Parking in Front of WC&SC

1. Intergenerational Project (Commissioner Overholt & Wheeler)

Objective: Develop and implement intergenerational project between seniors and children.

Outcome: Social benefit for young children and seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

2. Promotion & Speaker Series (Commissioners Overholt/)

Objective: Promote a positive image of aging and seniors through public information.

Outcome: Create greater awareness of positive and healthy aging, including an increased awareness of programs and services for seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time

3. Senior Resource Fair (Commissioners Campbell/)

Objective: Inform seniors and their families/neighbors about senior programs in the community.

Outcome: Create greater awareness and participation in senior programs in the community.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

4. Woodland Apartment List (All Commissioners)

Objective: To complete annual update of the list of Apartment Complexes in Woodland, this includes apartments for ‘seniors only’. Biannually Outcome: Provide current rental information for seniors and their families.

Timeline: January/February 2020.

Required Funding: Program costs, Commission and staff time

5. Technology for Seniors (Commissioner Wheeler)

Objective: to provide seniors with basic computer/internet information, training and skills.

Outcome: seniors will develop the knowledge and comfort levels necessary to be able to use and take advantage of newer technology.

Timeline: ?

Required Funding: Program costs, Commission and staff time.

6. Advocacy (Commissioners Wheeler/Kelley)

Objective: To promote and advocate for issues related to seniors.

Outcome: To move issues related to seniors to the front of the legislative agenda.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.

7. Handicap Parking at front of WC&SC (Commissioner Campbell/Kelley)

Objective: Add 10 handicap parking spaces at the front of the WC&SC.

Outcome: More accessibility at the main entrance for seniors.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.



TO: THE COMMISSION ON AGING
DATE: October 19, 2017
ITEM #: 4.
SUBJECT: Apartment List

Recommendation for Action:

Staff recommends that the Commission approve the Apartment List for publication.

Fiscal Impact:

None

Report in Brief:

The Apartment List is printed, and posted on the web page as a service to the community of Woodland.

Background:

Commission on Aging updates the Apartment List every other year.

Conclusion:

Staff recommends that the Commission approve the Apartment List for publication.

Prepared By: Cathy Haynie

Reviewed By: Administrative Supervisor



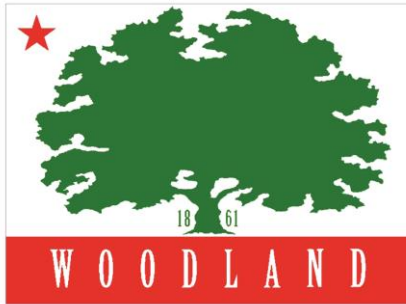
TO: THE COMMISSION ON AGING
DATE: October 19, 2017
ITEM #: 5.
SUBJECT: Election of Officers

Recommendation for Action:

Staff recommends that the Commission elect the officers for 2018.

ATTACHMENTS:

Description	Upload Date	Type
COA Roster	9/27/2017	Cover Memo



COMMISSION ON AGING

Updated: 2/16/2017

NAME	ADDRESS	PHONE/Email	TERM
Terry Kelley	116 Toyon Drive Woodland, CA 95695	H: 916-715-4137 terrykelley@sbcglobal.net	12/31/2017
Vacant			12/31/2020
Don Campbell, Chairperson	1742 Amherst Way Woodland, CA 95695	H: 530-666-3021 C: 530-908-1189 campbell5224@sbcglobal.net	12/31/2019
Heidi Wheeler	1805 Farnham Avenue Woodland, CA 95776	H: 530-383-2390 H: 530-662-1290 hwheeler@sjrv.org	12/31/2020
Regan Overholt	1521 Saratoga Drive, Woodland, CA 95695	668-9619	12/31/2018

This is a 5 member Commission with four year terms.
Meetings: Third Thursday of each month
Location: Community & Senior Center, 2001 East Street.
Contact Information: 530.661.2005

Agenda packets available online: <http://www.cityofwoodland.org/prcs/comissions.htm#aging>



TO: THE COMMISSION ON AGING
DATE: October 19, 2017
ITEM #: 6.
SUBJECT: Senior Resource Fair

Recommendation for Action:

Staff recommends that the Commission report on progress of the Senior Resource Fair scheduled on May 24, 2018.

Prepared By: Cathy Haynie

Reviewed By: Administrative Supervisor



TO: THE COMMISSION ON AGING
DATE: October 19, 2017
ITEM #: 7.
SUBJECT: Speaker Series

Recommendation for Action:

Staff recommends that the Commission report on the Speaker Series.

Fiscal Impact:

None

Background:

Commissioners update items on their Work Plan, including the Speaker Series.

Conclusion:

Staff recommends that the Commission to report on the Speaker Series.

Prepared By: Cathy Haynie

Reviewed By: Administrative Supervisor



TO: THE COMMISSION ON AGING
DATE: October 19, 2017
ITEM #: 8.
SUBJECT: Handicap Parking

Recommendation for Action:

Staff recommends that the Commission report on Handicap Parking at the Woodland Community & Senior Center.

Fiscal Impact:

None

Conclusion:

Staff recommends that the Commission report on Handicap Parking at the Woodland Community & Senior Center.

Prepared By: Cathy Haynie

Reviewed By: Administrative Supervisor



TO: THE COMMISSION ON AGING
DATE: October 19, 2017
ITEM #: 9.
SUBJECT: Annual COA Report to Council

Recommendation for Action:

Staff recommends that the Commission update the report to City Council before the May 2018 meeting.

Fiscal Impact:

None

Background:

Commission on Aging reports to City Council the accomplishments of the previous year.

Conclusion:

Staff recommends that the Commission update the report to City Council before the May 2018 meeting.

Prepared By: Cathy Haynie

Reviewed By: Administrative Supervisor



TO: THE COMMISSION ON AGING
DATE: October 19, 2017
ITEM #: 10.
SUBJECT: Staff Report

Recommendation for Action:

Staff recommends that the Commission receive item as information only.

Staff Contact:

Dallas Tringali, Recreation Manager, (530) 661-2005, dallas.tringali@cityofwoodland.org

Fiscal Impact:

None

Report in Brief:

SCI Fall Potluck: The Woodland Senior Center, in conjunction with Senior Center Inc., held the annual Fall Potluck event on Thursday September 21. Senior Center Inc. provided the main dish and each of the 100 attendants brought a side dish or dessert. The next Senior Center social event will be the Thanksgiving Dinner on Thursday November 16 at 5:00 pm.

Commit2Fit 30-Day Fitness Challenge: Commit2Fit is a citywide fitness initiative aimed to increase physical activity and promote a healthy lifestyle. The City and other community partners have joined together to motivate our community and create awareness of how living a healthy lifestyle is easy and fun. For the month of November, partner agencies will offer access to fitness programs and memberships to the public. Participants can sign up at c2fwoodland.com.

Dates to Note

October 26 – Important Documents Workshop
October 26 – Collette Travel Presentation
November 10 – WC&SC closed for Veterans Day
November 16 – SCI Thanksgiving Dinner
December 21 – SCI Santa's Holiday Social brunch

Woodland Senior Center Monthly Participant Report
classes ending: Sept 2017

Activity	End Date	Sign-Ins/ Participants
ART		
Art	9/26/2017	48
Ceramics	9/28/2017	29
Needles & Friends	9/25/2017	46
Woodcarvers	9/20/2017	16
Scrapbooking	9/26/2017	6
EXERCISE		
Badminton	9/30/2017	211
Low Impact Aerobics 8am	9/29/2017	202

Low Impact Aerobics 10am	9/29/2017	257
Ping Pong AM	9/29/2017	13
Ping Pong PM	9/26/2017	20
Pickleball	9/28/2017	74
Ship Shape	9/28/2017	80
Stompers	9/25/2017	50
Yoga	9/29/2017	81
GAMES		
Bingo	9/29/2017	199
Bridge for Fun	9/26/2017	66
Cribbage	9/13/2017	1
Hand and Foot	9/26/2017	45
Mah Jong	9/21/2017	8
Open Game Day	9/26/2017	5
Pedro	9/26/2017	104
Pinochle	9/29/2017	34
GENERAL		
Chit Chat Café	9/29/2019	443
Current Events	9/15/2017	9
Senior Movie Day	9/11/2017	47
The Novel	9/12/2017	9
Thrift Store	9/29/2017	209
EDUCATION/RESOURCE		
Computer Club CLASS	9/30/2017	0
Computer Club Meeting	9/25/2017	15
Computer Lab	9/22/2017	30
Handy Helpers	9/30/2017	5
Hearing Exams	9/27/2017	2
HICAP Consultations	9/27/2017	2
Legal Consultations	9/21/2017	5
One-on-One/Apple Tech Help	9/25/2017	9
Senior Link	9/29/2017	21
EVENTS		
Fall potluck	9/28/2017	100
SUPPORT		
Arthritis Support Group	9/6/2017	3
Outa Sight SPEAKER	9/5/2017	14
Outa Sight SUPPORT	9/19/2017	17
Parkinson's Support Group	9/26/2017	13
Prostate Support	9/11/2017	15
Retiree Assistance Group	9/12/2017	15
Stroke Support	9/18/2017	14
Transitions	9/26/2017	10
SPECIAL PROGRAMS		

Library Usage	9/26/2017	5.25
Telephone Reassurance Program	9/30/2017	1
DVD & Audio Library	9/18/2017	0.25
St. Johns Blood Pressure Clinics	9/20/2017	8
Scrapbooking Workshop	9/19/2017	2

Prepared By: Dallas Tringali, Recreation Manager