City of Woodland

Meeting Agenda

Commission on Aging

Thursday, November 16, 2017 3:00 PM

Please Note: *The numerical order of items on this agenda is for the convenience of reference; items may be taken out of order.*

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

E. NEW BUSINESS

F. REGULAR CALENDAR

1. October 19. 2017 Minutes
2. Consider Commissioner Requests for Excused Absences from Future Meetings
3. Standing Committee Updates
    - Senior Resource Fair
    - Speaker Series
    - Handicap Parking
    - Annual COA Report to Council

G. REPORT OF THE STAFF

4. Senior Center Staff Report

H. COMMUNICATIONS-PUBLIC COMMENT

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN

TO: THE COMMISSION ON AGING
DATE: November 16, 2017
ITEM #: 1.
SUBJECT: October 19. 2017 Minutes

Recommendation for Action:
Staff recommends that the Commission approve the October 19, 2017 Minutes.

Staff Contact:
Cathy Haynie, Administrative Supervisor, (530) 661-2009, cathy.haynie@cityofwoodland.org

Conclusion:
Staff recommends that the Commission approve the October 19, 2017 Minutes.

Prepared By: Cathy Haynie, Administrative Supervisor

Reviewed By: Dallas Tringali, CSD Program Manager

ATTACHMENTS:

Description	Upload Date	Type
October 19, 2017 Minutes	10/20/2017	Cover Memo

City of Woodland

City Hall
300 First Street
Woodland, CA 95695

Commission on Aging Meeting Minutes

Thursday, October 19, 2017

3:00 PM
2001 East Street

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

E. NEW BUSINESS

1. Minutes
   Staff recommends that the commission approve the September 21, 2017 minutes.

   On a motion by Terry Kelley, seconded by Heidi Wheeler, Motion to accept the minutes with change to Communications- Commissions/Staff Statements and Requests to show that Kelley asked staff for an explanation of the City policy on Absence Requests for Commissions.

   Ayes: Campbell, Kelley, Overholt, Wheeler

2. Consider Commissioner Requests for Excused Absences from Future Meetings

   Kelley will be absence from the January & February Meeting Wheeler will be absent from January

   On a motion by Regan Overholt, seconded by Heidi Wheeler and carried unanimously, Motion to accept the absence of Kelley in January and February and Wheeler for January.

   Ayes: Campbell, Kelley, Overholt, Wheeler

3. 2018 Work Plan
   Staff recommends that the Commission finalize and approve the 2018 Work Plan.

   Discussed removing Technology for Seniors from the Work plan. Added Wheeler to the Speaker Series and all Commissioners to the Resource Fair.
   On a motion by Heidi Wheeler, seconded by Terry Kelley and carried unanimously, Motion to add Wheeler to the Speaker Series, to add all Commissioners to the resource fair.

   Ayes: Campbell, Kelley, Overholt, Wheeler

4. Apartment List

Staff recommends that the Commission approve the Apartment List for publication.

On a motion by Regan Overholt, seconded by Terry Kelley and carried unanimously, Motion accept the Apartment list as written.

Ayes: Campbell, Kelley, Overholt, Wheeler

5. Election of Officers

Staff recommends that the Commission elect the officers for 2018.

Nomination of Don Campbell for Chair; Nomination Kelley as Vice Chair.
On a motion by Regan Overholt, seconded by Terry Kelley and carried unanimously, Motion to appoint Campbell as Chair and Kelley as Vice Chair.

Ayes: Campbell, Kelley, Overholt, Wheeler

F. REGULAR CALENDAR

6. Speaker Series

7. Senior Resource Fair

8. Handicap Parking

9. Annual COA Report to Council

G. REPORT OF THE STAFF

10. Staff Report

Staff recommends that the Commission receive item as information only.

November 1 Commit2fit campaign begins. October 26 Important documents workshop. Commit2fFit will become year round program that will include the Library's Wellness Educational Series.

SCI Thanksgiving Dinner November 16th and SCI Santa's Holiday Social Brunch December 21st.

Second round of interviews have been completed for the Facility Maintenance III position and an offer will be made shortly.

A participant was given a trespass warning by Woodland PD and will not be allowed on the property of the Woodland Community & Senior Center for 6 months.

G. COMMUNICATIONS-PUBLIC COMMENT

H. AGENDA ITEMS FOR NEXT MEETING

Standard agenda for next meeting.

I. ADJOURN

On a motion by Heidi Wheeler, seconded by Terry Kelley and carried unanimously, Motion to adjourn at 4 p.m.

TO: THE COMMISSION ON AGING
DATE: November 16, 2017
ITEM #: 2.
SUBJECT: Consider Commissioner Requests for Excused Absences from Future Meetings

Recommendation for Action:
Staff recommends that the Commission consider Commissioner requests for excused absence for a future meeting.

Staff Contact:
Cathy Haynie, Administrative Supervisor, (530) 661-2009, cathy.haynie@cityofwoodland.org

Fiscal Impact:
None

Prepared By: Cathy Haynie, Administrative Supervisor

ATTACHMENTS:

Description	Upload Date	Type
Attendance Tracking	11/13/2017	Cover Memo
2018 Calendar	11/13/2017	Cover Memo

Commission on Aging Attendance (current commissioners only)
Meetings 3rd Thursday of each month @ 3:00 pm (no meetings in August or December)

Commissioners	7/2017	9/2017	10/2017	11/2017	1/2018	2/2018	3/2018	4/2018	5/2018	6/2018
Don Campbell										
Regan Overholt	Excused Absence	Unexcused								
Heidi Wheeler	Excused Absence				Excused Absence					
Terry Kelley					Excused Absence	Excused Absence				
Linda Weesner										
Quorum										

June 2017- Wheeler and Overholt absent July meeting,
September 2017- No Requests
October 2017- Kelley absent January and February, Wheeler absent January.

Commission on Aging 2018

Election of Officers– November Meeting Approve Workplan 2017-February Meeting Council Report-May

January

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February

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March

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April

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29	30					

May

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June

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July

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August

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No Meeting

September

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November

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December

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30	31					

No Meeting

TO: THE COMMISSION ON AGING
DATE: November 16, 2017
ITEM #: 3.
SUBJECT: Standing Committee Updates

Recommendation for Action:
Staff recommends that the Commission report on their standing committees..

Staff Contact:
Cathy Haynie, Administrative Supervisor, (530) 661-2009, cathy.haynie@cityofwoodland.org

Fiscal Impact:
None

Report in Brief:
- Senior Resource Fair
- Speaker Series
- Handicap Parking
- Annual COA Report to Council

Background:
The items listed are part of the COA Annual Work Plan.

Prepared By: Cathy Haynie, Administrative Supervisor

ATTACHMENTS:

Description	Upload Date	Type
2018 COA Work Plan	11/13/2017	Cover Memo
COA Roster	11/13/2017	Cover Memo

Commission on Aging Work Plan (January – December 2018)
The following action plan contains 7 specific items that the Commission on Aging proposes to accomplish, or at least begin over the next year. General objectives, dates, and required resources are listed for the sake of planning. *However, they are subject to change as the year progresses and particular action items are moved towards implementation.*

Each action item, with a brief statement of objective, outcome, timeline, and resource requirements are as follows:

1. Intergenerational Project
2. Promotion, Speaker Series
3. Senior Resource Fair
4. Woodland Apartment List
5. Advocacy
6. Technical Support
7. Handicap Parking in Front of WC&SC

1. Intergenerational Project (Commissioner Overholt & Wheeler)

Objective: Develop and implement intergenerational project between seniors and children.
Outcome: Social benefit for young children and seniors.
Timeline: Ongoing.
Required Funding: Program costs, Commission and staff time.

2. **Promotion & Speaker Series (Commissioners Overholt/Wheeler)**

Objective: Promote a positive image of aging and seniors through public information.
Outcome: Create greater awareness of positive and healthy aging, including an increased awareness of programs and services for seniors.
Timeline: Ongoing.
Required Funding: Program costs, Commission and staff time

3. Senior Resource Fair (All Commissioners)

Objective: Inform seniors and their families/neighbors about senior programs in the community.
Outcome: Create greater awareness and participation in senior programs in the community.
Timeline: Ongoing.
Required Funding: Program costs, Commission and staff time.

4. Woodland Apartment List (All Commissioners)

Objective: To complete annual update of the list of Apartment Complexes in Woodland, this includes apartments for 'seniors only'. Biannually Outcome: Provide current rental information for seniors and their families.

Timeline: January/February 2020.

Required Funding: Program costs, Commission and staff time

5. Technology for Seniors (Commissioner Wheeler)

Objective: to provide seniors with basic computer/internet information, training and skills.

Outcome: seniors will develop the knowledge and comfort levels necessary to be able to use and take advantage of newer technology.

Timeline: ?

Required Funding: Program costs, Commission and staff time.

6. Advocacy (Commissioners Wheeler/Kelley)

Objective: To promote and advocate for issues related to seniors.

Outcome: To move issues related to seniors to the front of the legislative agenda.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.

7. Handicap Parking at front of WC&SC (Commissioner Campbell/Kelley)

Objective: Add 10 handicap parking spaces at the front of the WC&SC.

Outcome: More accessibility at the main entrance for seniors.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.

COMMISSION ON AGING

Updated: 11/9/17

NAME	ADDRESS	PHONE/Email	TERM
Terry Kelley	116 Toyon Drive Woodland, CA 95695	H: 916-715-4137 terrykelley@sbcglobal.net	12/31/2017
Linda Weesner	21 Monte Vista Drive Woodland, CA 95695	H: 530-669-7468 linda.weesner@gmail.com	12/31/2020
Don Campbell, Chairperson	1742 Amherst Way Woodland, CA 95695	H: 530-666-3021 C: 530-908-1189 campbell5224@sbcglobal.net	12/31/2019
Heidi Wheeler	1805 Farnham Avenue Woodland, CA 95776	H: 530-383-2390 H: 530-662-1290 hwheeler@sjrv.org	12/31/2020
Regan Overholt	1521 Saratoga Drive, Woodland, CA 95695	668-9619	12/31/2018

This is a 5 member Commission with four year terms.
Meetings: Third Thursday of each month
Location: Community & Senior Center, 2001 East Street.
Contact Information: 530.661.2005
Agenda packets available online: http://www.cityofwoodland.org/prcs/comissions.htm#aging

TO: THE COMMISSION ON AGING
DATE: November 16, 2017
ITEM #: 4.
SUBJECT: Senior Center Staff Report

Recommendation for Action:
Staff recommends that the Commission receive the item as information only.

Staff Contact:
Dallas Tringali, CSD Manager, (530) 661-2005, dallas.tringali@cityofwoodland.org

Fiscal Impact:
None

Report in Brief:

Program Report

Senior Center Inc. Membership Drive: Membership for Senior Center Inc. is now accepted for 2018. Annual dues are $20 per couple or $15 for an individual. Membership to SCI includes the mailing of the Senior Gram and a special discounted rate for every Affordable Adventure trip. Seniors may choose to purchase a Century Club (life-time) membership to enjoy the benefits of membership and pay the one-time fee of $100. Membership fees, fundraisers, and donations to Senior Center Inc. help support senior programs and activities for the Senior Center such as the special events offered during the year.

Medicare and MediCal Town Hall: The Senior Center regularly partners with the Yolo Healthy Aging Alliance to offer educational sessions. On Wednesday December 13 at 10:30 am, a guest speaker will discuss the current status of programs, proposed changes, and what it will mean for older adults and persons with disabilities. Contact the Yolo Healthy Aging Alliance for details, (530) 757-5583.

Senior Thanksgiving Dinner: Staff is preparing for the Senior Thanksgiving Dinner scheduled for Thursday, November 16. Seniors are encouraged to attend this annual event sponsored by Senior Center Inc. Volunteers from the LDS church and St. John's Retirement Village will assist with the serving of the meal.

Santa's Holiday Social: Next month, Senior Center Inc. and the Woodland Senior Center will host the annual Santa's Holiday Social brunch event on Thursday December 21. This event features breakfast foods and a sizeable raffle provided by our numerous Senior Center groups and volunteers.

New Facility Maintenance Worker: The Community & Senior Center has hired on its latest Facility Maintenance Worker III. Eric Leggitt started on Monday November 6. Eric previously worked in the Parks division and brings a considerable amount of experience to manage the whole center.

Dates to Note

November 16 – SCI Thanksgiving Dinner
December 21 – SCI Santa's Holiday Social brunch
January 25 – Travel Presentation
March 2 – Senior Art Show & ReXpo

Woodland Senior Center Monthly Participant Report
classes ending: October 2017

Activity	End Date	Sign-Ins/ Participants
ART		
Art	10/25/2017	44
Ceramics	10/26/2017	41
Needles & Friends	10/30/2017	69
Woodcarvers	10/18/2017	14
Scrapbooking	10/24/2017	3
EXERCISE		
Badminton	10/30/2017	193
Low Impact Aerobics 8am	10/30/2017	162
Low Impact Aerobics 10am	10/30/2017	300
Ping Pong AM	10/27/2017	16
Ping Pong PM	10/24/2017	14
Pickleball	10/31/2017	74
Ship Shape	10/31/2017	64
Stompers	10/23/2017	31
Yoga	10/26/2017	92
GAMES		
Bingo	10/26/2017	177
Bridge for Fun	10/25/2017	63
Cribbage	10/18/2017	3
Hand and Foot	10/20/2017	50
Mah Jong	10/19/2017	9
Open Game Day	10/30/2017	13
Pedro	10/31/2017	126
Pinochle	10/27/2017	17
GENERAL		
Chit Chat Café	10/31/2017	382
Current Events	10/6/2017	2
Senior Movie Day	10/9/2017	26
The Novel	10/10/2017	9
Thrift Store	10/31/2017	197
EDUCATION/RESOURCE		
Computer Club CLASS	10/23/2017	20
Computer Club Meeting	10/23/2017	4
Computer Lab	10/27/2017	26
Handy Helpers	10/31/2017	4

Hearing Exams	10/25/2017	4
HICAP Consultations	10/25/2017	5
Legal Consultations	10/19/2017	5
One-on-One/Apple Tech Help	10/16/2017	10
Senior Link	10/30/2017	24
SUPPORT		
Arthritis Support Group	10/2/2017	3
Outa Sight SPEAKER	10/3/2017	15
Outa Sight SUPPORT	10/17/2017	15
Parkinson's Support Group	10/24/2017	12
Stroke Support	10/16/2017	10
Transitions	10/24/2017	4
SPECIAL PROGRAMS		
Library Usage	10/31/2017	5.25
Telephone Reassurance Program	10/31/2017	1
DVD & Audio Library	10/27/2017	0.25
St. Johns Blood Pressure Clinics	10/18/2017	9
Important Health Care	10/26/2017	21

Prepared By: Dallas Tringali, CSD Manager