



City of Woodland

Meeting Agenda

Commission on Aging

Thursday, January 18, 2018

3:00 PM

***Please Note:** The numerical order of items on this agenda is for the convenience of reference; items may be taken out of order.*

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

E. NEW BUSINESS

F. REGULAR CALENDAR

1. Standing Committee Updates
 - Senior Resource Fair
 - Speaker Series
 - Handicap Parking
 - Annual COA Report to Council
2. Consider Commissioner Requests for Excused Absences from Future Meetings
3. November 21, 2017 Minutes

G. REPORT OF THE STAFF

4. Senior Center Staff Report

H. COMMUNICATIONS-PUBLIC COMMENT

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN



TO: THE COMMISSION ON AGING
DATE: January 18, 2018
ITEM #: 1.
SUBJECT: Standing Committee Updates

Recommendation for Action:

Staff recommends that the Commission report on their standing committees..

Staff Contact:

Cathy Haynie, Administrative Supervisor, (530) 661-2009, cathy.haynie@cityofwoodland.org

Fiscal Impact:

None

Report in Brief:

- Senior Resource Fair
- Speaker Series
- Handicap Parking
- Annual COA Report to Council

Background:

The items listed are part of the COA Annual Work Plan.

Prepared By: Cathy Haynie, Administrative Supervisor

ATTACHMENTS:

Description	Upload Date	Type
2018 COA Work Plan	11/13/2017	Cover Memo
COA Roster	1/12/2018	Cover Memo

Commission on Aging Work Plan (January – December 2018)

The following action plan contains 7 specific items that the Commission on Aging proposes to accomplish, or at least begin over the next year. General objectives, dates, and required resources are listed for the sake of planning. *However, they are subject to change as the year progresses and particular action items are moved towards implementation.*

Each action item, with a brief statement of objective, outcome, timeline, and resource requirements are as follows:

1. Intergenerational Project
2. Promotion, Speaker Series
3. Senior Resource Fair
4. Woodland Apartment List
5. Advocacy
6. Technical Support
7. Handicap Parking in Front of WC&SC

1. Intergenerational Project (Commissioner Overholt & Wheeler)

Objective: Develop and implement intergenerational project between seniors and children.

Outcome: Social benefit for young children and seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

2. Promotion & Speaker Series (Commissioners Overholt/Wheeler)

Objective: Promote a positive image of aging and seniors through public information.

Outcome: Create greater awareness of positive and healthy aging, including an increased awareness of programs and services for seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time

3. Senior Resource Fair (All Commissioners)

Objective: Inform seniors and their families/neighbors about senior programs in the community.

Outcome: Create greater awareness and participation in senior programs in the community.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

4. Woodland Apartment List (All Commissioners)

Objective: To complete annual update of the list of Apartment Complexes in Woodland, this includes apartments for ‘seniors only’. Biannually Outcome: Provide current rental information for seniors and their families.

Timeline: January/February 2020.

Required Funding: Program costs, Commission and staff time

5. Technology for Seniors (Commissioner Wheeler)

Objective: to provide seniors with basic computer/internet information, training and skills.

Outcome: seniors will develop the knowledge and comfort levels necessary to be able to use and take advantage of newer technology.

Timeline: ?

Required Funding: Program costs, Commission and staff time.

6. Advocacy (Commissioners Wheeler/Kelley)

Objective: To promote and advocate for issues related to seniors.

Outcome: To move issues related to seniors to the front of the legislative agenda.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.

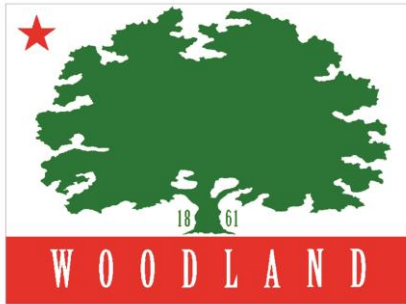
7. Handicap Parking at front of WC&SC (Commissioner Campbell/Kelley)

Objective: Add 10 handicap parking spaces at the front of the WC&SC.

Outcome: More accessibility at the main entrance for seniors.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.



COMMISSION ON AGING

Updated: 11/9/17

NAME	ADDRESS	PHONE/Email	TERM
Terry Kelley	116 Toyon Drive Woodland, CA 95695	H: 916-715-4137 terrykelley@sbcglobal.net	12/31/2017
Linda Weesner	21 Monte Vista Drive Woodland, CA 95695	H: 530-669-7468 linda.weesner@gmail.com	12/31/2020
Don Campbell, Chairperson	1742 Amherst Way Woodland, CA 95695	H: 530-666-3021 C: 530-908-1189 campbell5224@sbcglobal.net	12/31/2019
Heidi Wheeler	1805 Farnham Avenue Woodland, CA 95776	H: 530-383-2390 H: 530-662-1290 hwheeler@sjrv.org	12/31/2020
Regan Overholt	1521 Saratoga Drive, Woodland, CA 95695	668-9619	12/31/2018

This is a 5 member Commission with four year terms.
Meetings: Third Thursday of each month
Location: Community & Senior Center, 2001 East Street.
Contact Information: 530.661.2005

Agenda packets available online: <http://www.cityofwoodland.org/prcs/comissions.htm#aging>



TO: THE COMMISSION ON AGING
DATE: January 18, 2018
ITEM #: 2.
SUBJECT: Consider Commissioner Requests for Excused Absences from Future Meetings

Recommendation for Action:

Staff recommends that the Commission consider Commissioner requests for excused absence for a future meeting.

Staff Contact:

Cathy Haynie, Administrative Supervisor, (530) 661-2009, cathy.haynie@cityofwoodland.org

Fiscal Impact:

None

Prepared By: Cathy Haynie, Administrative Supervisor

ATTACHMENTS:

Description	Upload Date	Type
2018 Calendar	11/13/2017	Cover Memo
Attendance Tracking	1/12/2018	Cover Memo

Commission on Aging 2018

Election of Officers– November Meeting

Approve Workplan 2017-February Meeting

Council Report-May

January

S	M	T	W	T	F	S
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7	8	9	10	11	12	13
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28	29	30	31			

February

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March

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April

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29	30					

May

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27	28	29	30	31		

June

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July

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August

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September

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October

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November

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December

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23	24	25	26	27	28	29
30	31					

Commission on Aging Attendance (current commissioners only)
Meetings 3rd Thursday of each month @ 3:00 pm (no meetings in August or December)

Commissioners	7/2017	9/2017	10/2017	11/2017	1/2018	2/2018	3/2018	4/2018	5/2018	6/2018
Don Campbell										
Regan Overholt	Excused Absence	Unexcused			Excused Absence					
Heidi Wheeler	Excused Absence			Unexcused	Excused Absence					
Terry Kelley					Excused Absence	Excused Absence				
Linda Weesner										
Quorum										

June 2017- Wheeler and Overholt absent July meeting.

September 2017- No Requests.

October 2017- Kelley absent January and February, Wheeler absent January.

November 2017-Regan absent January.



TO: THE COMMISSION ON AGING
DATE: January 18, 2018
ITEM #: 3.
SUBJECT: November 21, 2017 Minutes

Recommendation for Action:

Staff recommends that the Commission approve the November 21, 2017 Minutes.

Staff Contact:

Cathy Haynie, Administrative Supervisor, (530) 661-2009, cathy.haynie@cityofwoodland.org

Conclusion:

Staff recommends that the Commission approve the October 19, 2017 Minutes.

Prepared By: Cathy Haynie, Administrative Supervisor

Reviewed By: Dallas Tringali, CSD Program Manager

ATTACHMENTS:

Description	Upload Date	Type
November 16, 2017 Minutes	1/12/2018	Cover Memo

City of Woodland

City Hall
300 First Street
Woodland, CA 95695



Commission on Aging Meeting Minutes

Thursday, November 16, 2017

3:00 PM

A. CALL TO ORDER

3:02 p.m.

B. ROLL CALL

Absent: Wheeler

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS—COMMISSION/STAFF STATEMENTS AND REQUESTS

Commissioner Kelley noticed that her term was up at the end of the year. Commissioner Kelley would like to extend her term. Commissioner Kelley would like a discussion on the new format of the minutes, and request that more information be included in the minutes.

Absent: Wheeler

E. NEW BUSINESS

F. REGULAR CALENDAR

1. October 19, 2017 Minutes

Keep under Regular calendar.

On a motion by Terry Kelley, seconded by Regan Overholt and carried unanimously, Motion to accept the minutes with consideration to address the way the minutes are currently written as action only minutes.

Ayes: Campbell, Kelley, Overholt

Absent: Wheeler

2. Consider Commissioner Requests for Excused Absences from Future Meetings

Commissioners voiced their disagreement with the process of requesting an absence from a commission meeting in the future. On a motion by Terry Kelley, seconded by Regan Overholt and carried unanimously, Commissioner Overholt was granted an excused absence for January 2018.

Ayes: Campbell, Kelley, Overholt

Absent: Wheeler

3. Standing Committee Updates

- Senior Resource Fair
- Speaker Series
- Handicap Parking
- Annual COA Report to Council

- **Senior Resource Fair: Planning begins in February.**
- **Speaker Series: Tringali will provide Commissioners with the 2018 scheduled event list.**
- **Handicap Parking: Campbell would like to see parking in front of the Woodland Community Center. Approved addition of handicap parking will not start until the new year.**
- **Annual COA Report to Council: May 2018**

Absent: Wheeler

G. REPORT OF THE STAFF

4. Senior Center Report

Yolo Healthy Aging Alliance will offer educational sessions. Wednesday, December 13 at 10:30 a.m. Medicare and MediCal Town Hall.

Eric Leggitt has been hired as the Maintenance Worker III for the Woodland Community & Senior Center, his first day was Monday, November 6, 2017.

Commissioner Kelley asked how to donate to the SCI Thrift Store. Tringali stated that between 9 a.m. and 3 p.m. would be best.

Absent: Wheeler

H. COMMUNICATIONS-PUBLIC COMMENT

No public attended.

Absent: Wheeler

I. AGENDA ITEMS FOR NEXT MEETING

Work Plan Update in New Items.

Commission would like to add the Work Plan Items under Regular Calendar

Keep Standing Committees on each agenda.

Absent: Wheeler

J. ADJOURN

On a motion by Regan Overholt, seconded by Terry Kelley and, Motion to adjourn at 4:02 pm

Ayes: Campbell, Kelley, Overholt



TO: THE COMMISSION ON AGING
DATE: January 18, 2018
ITEM #: 4.
SUBJECT: Senior Center Staff Report

Recommendation for Action:

Staff recommends that the Commission receive the item as information only.

Staff Contact:

Dallas Tringali, CSD Manager, (530) 661-2005, dallas.tringali@cityofwoodland.org

Fiscal Impact:

None

Report in Brief:

Program Report

Holiday Events: There were two large senior events that took place, hosted by Woodland Senior Center Inc., with help from The Californian, St. John's retirement village, and the LDS church missionaries. The Thanksgiving Dinner on November 16 sold 300 tickets and served a full turkey dinner. Santa's Holiday Social was on December 21 and also sold 300 tickets. The social was a full brunch spread and also had a sizable raffle. Over 50 raffle prizes were awarded to the attendees.

Senior Art Show & ReXpo: The annual Senior Art Show will take place on Friday March 2 from 4:00-7:00 pm. This event showcases art pieces from one of the many senior art classes that take place at the Woodland Senior Center. This event operates alongside ReXpo, which is the Community Service Department's spring and summer class kickoff event.

AARP Tax Aide: Starting February 2, AARP volunteers will offer free tax preparation help for older adults. Clients can call the Senior Center Welcome Desk at 661-2001 to make their appointment. This service will run until April 13. Tax prep will be at the Woodland Senior Center on Monday afternoons and Friday mornings. Tuesday evenings are also available at a different site, but reservations can still be made at the Welcome Desk.

Gardening Adventures: The Senior Center is working with the Yolo County Master Gardeners to offer floral arrangement and gardening classes to seniors. There is one class planned per month and people must sign up with the Welcome Desk at 661-2001. There are only 20 spots available per class.

Dates to Note

January 25 – Travel Presentation
February 2 – Holiday Floral Arrangement class
March 2 – Senior Art Show & ReXpo
March 9 – Home Vegetable Gardening class

Woodland Senior Center Monthly Participant Report
classes ending: November 2017

Activity	End Date	Sign-Ins/ Participants
ART		
Art	11/29/2017	40
Ceramics	11/29/2017	29
Needles & Friends	11/27/2017	35
Woodcarvers	11/1/2017	7
Scrapbooking	11/28/2017	8
EXERCISE		
Badminton	11/29/2017	150
Low Impact Aerobics 8am	11/29/2017	162
Low Impact Aerobics 10am	11/29/2017	276
Ping Pong AM	11/17/2017	7
Ping Pong PM	11/28/2017	10
Pickleball	11/30/2017	99
Ship Shape	11/30/2017	66
Stompers	11/27/2017	60
Yoga	11/30/2017	76
GAMES		
Bingo	11/17/2017	120
Bridge for Fun	11/29/2017	76
Cribbage	11/1/2017	1
Hand and Foot	11/15/2017	40
Mah Jong	11/30/2017	13
Open Game Day	11/28/2017	13
Pedro	11/28/2017	81
Pinochle	11/24/2017	5
GENERAL		
Affordable Adventures -	11/9/2017	100
Chit Chat Café	11/30/2017	375
Senior Movie Day	11/13/2017	20
The Novel	11/14/2017	9
Thrift Store	11/30/2017	176
EDUCATION/RESOURCE		
Computer Club Meeting	11/27/2017	21
Computer Lab	11/17/2017	11
Handy Helpers	11/29/2017	4
Hearing Exams	11/25/2017	4
HICAP Consultations	11/7/2017	3
Legal Consultations	11/16/2017	4

One-on-One/Apple Tech Help	11/20/2017	9
Senior Link	11/29/2017	13
EVENTS		
SCI Thanksgiving Dinner	11/16/2017	300
SUPPORT		
Arthritis Support Group	11/2/2017	3
Outa Sight SPEAKER	11/7/2017	18
Outa Sight SUPPORT	11/21/2017	11
Parkinson's Support Group	11/28/2017	16
Prostate Support	11/13/2017	18
Retiree Assistance Group	11/14/2017	12
Stroke Support	11/20/2017	11
Transitions	11/28/2017	5
SPECIAL PROGRAMS		
Library Usage	11/28/2017	7.75
Telephone Reassurance Program	11/30/2017	3
DVD & Audio Library	11/2/2017	0.25
St. Johns Blood Pressure Clinics	11/15/2017	6
AARP Driving Course	11/8/2017	12
Scrapbooking Workshop	11/21/2017	6

Woodland Senior Center Monthly Participant Report
classes ending: December 2017

Activity	End Date	Sign-Ins/ Participants
ART		
Art	12/20/2017	54
Ceramics	12/21/2017	24
Needles & Friends	12/18/2017	24
Scrapbooking	12/12/2017	3
EXERCISE		
Badminton	12/18/2017	130
Low Impact Aerobics 8am	12/20/2017	136
Low Impact Aerobics 10am	12/20/2017	216
Ping Pong AM	12/15/2017	10
Ping Pong PM	12/19/2017	8
Pickleball	12/19/2017	39
Ship Shape	12/19/2017	48
Stompers	12/18/2017	41
Yoga	12/14/2017	50
GAMES		
Bingo	12/20/2017	118
Bridge for Fun	12/19/2017	48
Cribbage	12/6/2017	1

Hand and Foot	12/20/2017	44
Mah Jong	12/21/2017	16
Open Game Day	12/18/2017	6
Pedro	12/19/2017	67
GENERAL		
Chit Chat Café	12/22/2017	308
Senior Movie Day	12/11/2017	30
The Novel	12/12/2017	9
Thrift Store	12/22/2017	176
EDUCATION/RESOURCE		
Computer Lab	12/15/2017	13
Handy Helpers	12/7/2017	1
Hearing Exams	12/20/2017	1
HICAP Consultations	12/13/2017	1
One-on-One/Apple Tech Help	12/4/2017	4
Senior Link	12/22/2017	13
EVENTS		
SCI Holiday Social	12/21/2017	300
SUPPORT		
Arthritis Support Group	12/17/2017	4
Outa Sight SPEAKER	12/5/2017	40
Parkinson's Support Group	12/19/2017	8
Stroke Support	12/18/2017	10
Transitions	12/12/2017	5
SPECIAL PROGRAMS		
Library Usage	12/19/2017	5
Telephone Reassurance Program	12/31/2017	4
DVD & Audio Library	12/15/2017	5
St. Johns Blood Pressure Clinics	12/20/2017	6

Prepared By: Dallas Tringali, CSD Manager