City of Woodland

Meeting Agenda

Commission on Aging

Thursday, February 15, 2018 | 3:00 PM | 2001 East Street

Please Note: *The numerical order of items on this agenda is for the convenience of reference; items may be taken out of order.*

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

E. NEW BUSINESS

F. REGULAR CALENDAR

1. Standing Committee Updates
   - Senior Resource Fair
   - Speaker Series
   - Handicap Parking
   - Annual COA Report to Council
2. Consider Commissioner Request for Excused Absences from Future Meetings
3. Approve January 18, 2018 Minutes

G. REPORT OF THE STAFF

4. Monthly Senior Center Report

H. COMMUNICATIONS-PUBLIC COMMENT

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN

TO: THE COMMISSION ON AGING
DATE: February 15, 2018
ITEM #: 1.
SUBJECT: Standing Committee Updates

Recommendation for Action:
Staff recommends that the Commission report on their standing committees.

Staff Contact:
Cathy Haynie, Administrative Supervisor, (530) 661-2009, cathy.haynie@cityofwoodland.org

Fiscal Impact:
None

Report in Brief:
- Senior Resource Fair
- Speaker Series
- Handicap Parking
- Annual COA Report to Council

Background:
The items listed are part of the COA Annual Work Plan.

Prepared By: Cathy Haynie, Administrative Supervisor

ATTACHMENTS:

Description	Upload Date	Type
2018 Work Plan	2/12/2018	Cover Memo

Commission on Aging Work Plan (January – December 2018)
The following action plan contains 7 specific items that the Commission on Aging proposes to accomplish, or at least begin over the next year. General objectives, dates, and required resources are listed for the sake of planning. *However, they are subject to change as the year progresses and particular action items are moved towards implementation.*

Each action item, with a brief statement of objective, outcome, timeline, and resource requirements are as follows:

1. Intergenerational Project
2. Promotion, Speaker Series
3. Senior Resource Fair
4. Woodland Apartment List
5. Advocacy
6. Technical Support
7. Handicap Parking in Front of WC&SC

1. Intergenerational Project (Commissioner Overholt & Wheeler)

Objective: Develop and implement intergenerational project between seniors and children.
Outcome: Social benefit for young children and seniors.
Timeline: Ongoing.
Required Funding: Program costs, Commission and staff time.

2. **Promotion & Speaker Series (Commissioners Overholt/Wheeler)**

Objective: Promote a positive image of aging and seniors through public information.
Outcome: Create greater awareness of positive and healthy aging, including an increased awareness of programs and services for seniors.
Timeline: Ongoing.
Required Funding: Program costs, Commission and staff time

3. Senior Resource Fair (All Commissioners)

Objective: Inform seniors and their families/neighbors about senior programs in the community.
Outcome: Create greater awareness and participation in senior programs in the community.
Timeline: Ongoing.
Required Funding: Program costs, Commission and staff time.

4. Woodland Apartment List (All Commissioners)

Objective: To complete annual update of the list of Apartment Complexes in Woodland, this includes apartments for 'seniors only'. Biannually Outcome: Provide current rental information for seniors and their families.

Timeline: January/February 2020.

Required Funding: Program costs, Commission and staff time

5. Technology for Seniors (Commissioner Wheeler)

Objective: to provide seniors with basic computer/internet information, training and skills.

Outcome: seniors will develop the knowledge and comfort levels necessary to be able to use and take advantage of newer technology.

Timeline: ?

Required Funding: Program costs, Commission and staff time.

6. Advocacy (Commissioners Wheeler/Kelley)

Objective: To promote and advocate for issues related to seniors.

Outcome: To move issues related to seniors to the front of the legislative agenda.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.

7. Handicap Parking at front of WC&SC (Commissioner Campbell/Kelley)

Objective: Add 10 handicap parking spaces at the front of the WC&SC.

Outcome: More accessibility at the main entrance for seniors.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.

TO: THE COMMISSION ON AGING
DATE: February 15, 2018
ITEM #: 2.
SUBJECT: Consider Commissioner Request for Excused Absences from Future Meetings

Recommendation for Action:
Staff recommends that the Commission consider Commissioner requests for excused absence for a future meeting.

Staff Contact:
Cathy Haynie, Administrative Supervisor, (530) 661-2009, cathy.haynie@cityofwoodland.org

Fiscal Impact:
None

Prepared By: Cathy Haynie, Administrative Supervisor

ATTACHMENTS:

Description	Upload Date	Type
Absent Tracking	2/12/2018	Cover Memo
Calendar 2018	2/12/2018	Cover Memo

Commission on Aging Attendance (current commissioners only)
Meetings 3rd Thursday of each month @ 3:00 pm (no meetings in August or December)

Commissioners	7/2017	9/2017	10/2017	11/2017	1/2018	2/2018	3/2018	4/2018	5/2018	6/2018
Don Campbell										
Regan Overholt	Excused Absence	Unexcused			Excused Absence					
Heidi Wheeler	Excused Absence			Unexcused	Excused Absence					
Terry Kelley					Excused Absence	Excused Absence				
Linda Weesner										
Quorum										

June 2017- Wheeler and Overholt absent July meeting.
September 2017- No Requests.
October 2017- Kelley absent January and February, Wheeler absent January.
November 2017-Regan absent January.
January 2018- No Requests received.

Commission on Aging 2018

Election of Officers– November Meeting Approve Workplan 2017-February Meeting Council Report-May

January

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28	29	30	31			

February

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25	26	27	28			

March

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25	26	27	28	29	30	31

April

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29	30					

May

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June

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July

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August

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No Meeting

September

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October

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November

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December

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30	31					

No Meeting

TO: THE COMMISSION ON AGING
DATE: February 15, 2018
ITEM #: 3.
SUBJECT: Approve January 18, 2018 Minutes

Recommendation for Action:
Staff recommends that the Commission approve Minutes from the January 18, 2018 meeting.

Staff Contact:
Cathy Haynie, Administrative Supervisor, (530) 661-2009, cathy.haynie@cityofwoodland.org

Fiscal Impact:
None

Report in Brief:
Approve the Minutes from January 18, 2018 meeting.

Prepared By: Cathy Haynie, Administrative Supervisor

ATTACHMENTS:

Description	Upload Date	Type
January 18, 2018 Minutes	2/12/2018	Cover Memo

City of Woodland

City Hall
300 First Street
Woodland, CA 95695

Commission on Aging Meeting Minutes

Thursday, January 18, 2018

3:00 PM

A. CALL TO ORDER

B. ROLL CALL

Absent: Overholt, Wheeler

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

Don Campbell would like no one to speak until they have been recognized by the Chair. Don Campbell had received complaints concerning the temperature of the card room. Commission would like the roster document included in the meeting packet only after each update. Kelley attended the Yolo COA meeting.

E. NEW BUSINESS

F. REGULAR CALENDAR

1. Standing Committee Updates
   - Senior Resource Fair
   - Speaker Series
   - Handicap Parking
   - Annual COA Report to Council

Staff will send our letters inviting past participants of the Resource Fair in January. Tringali will email Commissioners when letters are ready for signature. Area 4 Agency Job Preparedness for Seniors on February 21st. Don Campbell discussed the Handicap parking needs with Tom Stallard. Terry Kelley asked if valet parking could be offered to seniors. After discussion on options, Commission will take the request to Senior Center Inc.

2. November 21, 2017 Minutes

On a motion by Terry Kelley, seconded by Linda Weesner and , Motion to accept the minutes as written.

Ayes: Campbell, Kelley, Weesner

Absent: Overholt, Wheeler

3. Consider Commissioner Requests for Excused Absences from Future Meetings

No requests received at this meeting.

G. REPORT OF THE STAFF

4. Senior Center Staff Report

Tringali reported on the progress of the HVAC system at the Woodland Community & Senior Center. Beginning on January 22, 2018 volunteers will begin taking appointment for the AARP Tax preparation program, which runs through April 13, 2018. The Gardening Adventures program offered through Yolo County Master Gardeners will offer one class a month. First class was on flower arranging and 20 seniors participated.

H. COMMUNICATIONS-PUBLIC COMMENT

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN

On a motion by Terry Kelley, seconded by Linda Weesner and , Motion to ajourn at 3:32 p.m.

Ayes: Campbell, Kelley, Weesner

Absent: Overholt, Wheeler

TO: THE COMMISSION ON AGING
DATE: February 15, 2018
ITEM #: 4.
SUBJECT: Monthly Senior Center Report

Recommendation for Action:
None. Information only.

Staff Contact:
Dallas Tringali, Community Services Program Manager, (530) 661-2005, dallas.tringali@cityofwoodland.org

Background:
The following provides highlights of the Senior Center since the last report.

Discussion:

Program Report

Job Readiness Program: The Agency on Aging Area 4 sponsors a program for people 60 and older who wish to continue working (or go back to work). The "Mature Edge Job Readiness Program" prepares seniors to seek and maintain employment by: updating resumes, upgrading computer skills, practicing interview techniques, and streamlining job searches. The Woodland Senior Center will host this program on Wednesday February 21 at 1:00 pm.

Hand & Foot Card Party: Woodland Senior Center Inc. is hosting its annual Hand & Foot Card Party on Saturday March 17 at 11:00 am. Tickets can be purchased from the Senior Center Welcome Desk for $20 per player. Lunch is provided and there is a raffle taking place during the event.

Dates to Note

February 2-April 13 – AARP Tax Aide
February 21 – AARP Driver Safety Refresher Course
February 21 – Mature Edge Job Readiness Program
March 2 – ReXpo and Senior Art Show
March 5 & 7 – AARP Driver Safety Course
March 9 – Gardening Adventures: Vegetable Gardening
March 17 – Hand & Foot Card Party (hosted by SCI)

Woodland Senior Center Monthly Participant Report
classes ending: January 2018

Activity	End Date	Sign-Ins/ Participants
ART		
Art	1/24/2018	43
Ceramics	1/18/2018	15
Needles & Friends	1/29/2018	16

Woodcarvers	1/17/2018	6
Scrapbooking	1/23/2018	8
EXERCISE		
Badminton	1/31/2018	176
Low Impact Aerobics 8am	1/31/2018	159
Low Impact Aerobics 10am	1/31/2018	258
Ping Pong AM	1/26/2018	8
Ping Pong PM	1/30/2018	23
Pickleball	1/30/2018	133
Ship Shape	1/30/2018	68
Stompers	1/29/2018	45
Yoga	1/25/2018	50
GAMES		
Bingo	1/17/2018	113
Bridge for Fun	1/31/2018	77
Cribbage	1/17/2018	3
Hand and Foot	1/31/2018	63
Mah Jong	1/25/2018	16
Open Game Day	1/31/2018	8
Pedro	1/30/2018	81
Pinochle	1/26/2018	22
GENERAL		
Chit Chat Café	1/31/2018	446
Senior Movie Day	1/8/2018	39
The Novel	1/9/2018	9
Thrift Store	1/31/2018	165
EDUCATION/RESOURCE		
Computer Club Meeting	1/22/2018	23
Computer Lab	1/26/2018	17
Handy Helpers	1/31/2018	4
Hearing Exams	1/24/2018	4
HICAP consultations	1/10/2018	3
Legal consultations	1/18/2018	5
Senior Link	1/31/2018	18
SUPPORT		
Arthritis Support Group	1/4/2018	2
Outa Sight SPEAKER	1/2/2018	12
Outa Sight SUPPORT	1/17/2018	16
Parkinson's Support Group	1/23/2018	15
Prostate Support	1/8/2018	14
Retiree Assistance Group	1/9/2018	20
Stroke Support	1/22/2018	16

Transitions	1/23/2018	5
SPECIAL PROGRAMS		
Library Usage	1/1/3018	7.75
Garden Adventures	1/5/2018	20
Telephone Reassurance Program	1/31/2018	2
DVD & Audio Library	1/24/2018	2.5
St. Johns Blood Pressure Clinics	11/15/2017	6
Scrapbooking Workshop	1/16/2018	8
Travel Presentation (Collette)	1/25/2018	41

Prepared By: Dallas Tringali, Community Services Program Manager