



City of Woodland

Meeting Agenda

Commission on Aging

Thursday, May 17, 2018

3:00 PM

2001 East Street

***Please Note:** The numerical order of items on this agenda is for the convenience of reference; items may be taken out of order.*

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

E. NEW BUSINESS

1. Discuss Change of Date/Time of Meeting

F. REGULAR CALENDAR

2. Committee Reports
3. Work Plan Assignments
4. Approve February 15, 2018 Minutes
5. Consider Commissioner Request for Excused Absences from Future Meetings

G. REPORT OF THE STAFF

6. Monthly Senior Center Report

H. COMMUNICATIONS-PUBLIC COMMENT

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN



TO: THE COMMISSION ON AGING
DATE: May 17, 2018
ITEM #: 1.
SUBJECT: Discuss Change of Date/Time of Meeting

Recommendation for Action:

Staff recommends that the Commission discuss change of date/time of meeting.

Staff Contact:

Cathy Haynie, Administrative Supervisor, (530) 661-2009, cathy.haynie@cityofwoodland.org

Fiscal Impact:

Unknown at this time.

Report in Brief:

Commissioner Don Campbell asked for a discussion to consider changing the date and time of the COA monthly meetings.

Background:

COA meetings were on the 4th Tuesday of the month at 4 p.m. In 2010 the COA meetings were changed to the 3rd Thursday of the month at 3 p.m.

Prepared By: Cathy Haynie, Administrative Supervisor



TO: THE COMMISSION ON AGING
DATE: May 17, 2018
ITEM #: 2.
SUBJECT: Committee Reports

Recommendation for Action:

Staff recommends that the Commission ...



TO: THE COMMISSION ON AGING
DATE: May 17, 2018
ITEM #: 3.
SUBJECT: Work Plan Assignments

Recommendation for Action:

Staff recommends that the Commission update Work Plan assignments.

Staff Contact:

Cathy Haynie, Administrative Supervisor, (530) 661-2009, cathy.haynie@cityofwoodland.org

Fiscal Impact:

None

Prepared By: Cathy Haynie, Administrative Supervisor

ATTACHMENTS:

Description	Upload Date	Type
2018 Work Plan	3/9/2018	Cover Memo

Commission on Aging Work Plan (January – December 2018)

The following action plan contains 7 specific items that the Commission on Aging proposes to accomplish, or at least begin over the next year. General objectives, dates, and required resources are listed for the sake of planning. *However, they are subject to change as the year progresses and particular action items are moved towards implementation.*

Each action item, with a brief statement of objective, outcome, timeline, and resource requirements are as follows:

1. Intergenerational Project
2. Promotion, Speaker Series
3. Senior Resource Fair
4. Woodland Apartment List
5. Advocacy
6. Technical Support
7. Handicap Parking in Front of WC&SC

1. Intergenerational Project (Commissioner Overholt & Wheeler)

Objective: Develop and implement intergenerational project between seniors and children.

Outcome: Social benefit for young children and seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

2. Promotion & Speaker Series (Commissioners Overholt/Wheeler)

Objective: Promote a positive image of aging and seniors through public information.

Outcome: Create greater awareness of positive and healthy aging, including an increased awareness of programs and services for seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time

3. Senior Resource Fair (All Commissioners)

Objective: Inform seniors and their families/neighbors about senior programs in the community.

Outcome: Create greater awareness and participation in senior programs in the community.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

4. Woodland Apartment List (All Commissioners)

Objective: To complete annual update of the list of Apartment Complexes in Woodland, this includes apartments for ‘seniors only’. Biannually Outcome: Provide current rental information for seniors and their families.

Timeline: January/February 2020.

Required Funding: Program costs, Commission and staff time

5. Technology for Seniors (Commissioner Wheeler)

Objective: to provide seniors with basic computer/internet information, training and skills.

Outcome: seniors will develop the knowledge and comfort levels necessary to be able to use and take advantage of newer technology.

Timeline: ?

Required Funding: Program costs, Commission and staff time.

6. Advocacy (Commissioners Wheeler/Kelley)

Objective: To promote and advocate for issues related to seniors.

Outcome: To move issues related to seniors to the front of the legislative agenda.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.

7. Handicap Parking at front of WC&SC (Commissioner Campbell/Kelley)

Objective: Add 10 handicap parking spaces at the front of the WC&SC.

Outcome: More accessibility at the main entrance for seniors.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.



TO: THE COMMISSION ON AGING
DATE: May 17, 2018
ITEM #: 4.
SUBJECT: Approve February 15, 2018 Minutes

Recommendation for Action:

Staff recommends that the Commission approve the February 15, 2018 minutes..

Staff Contact:

Cathy Haynie, Administrative Supervisor, (530) 661-2009, cathy.haynie@cityofwoodland.org

Fiscal Impact:

None

Prepared By: Cathy Haynie, Administrative Supervisor

ATTACHMENTS:

Description	Upload Date	Type
February 15, 2018 Minutes	4/11/2018	Cover Memo

City of Woodland

City Hall
300 First Street
Woodland, CA 95695



Commission on Aging Meeting Minutes

Thursday, February 15, 2018

**3:00 PM
2001 East Street**

A. CALL TO ORDER

B. ROLL CALL

Absent: Kelley, Overholt

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS—COMMISSION/STAFF STATEMENTS AND REQUESTS

E. NEW BUSINESS

F. REGULAR CALENDAR

1. Standing Committee Updates

- Senior Resource Fair
- Speaker Series
- Handicap Parking
- Annual COA Report to Council

Senior Resource Fair-no update

Speaker Series-no update

Handicap Parking-waiting for bids

Annual Report-add to agenda next meeting

There was a discussion to revisit the assignments for the Work Plan tasks. The group reviewed some of the tasks.

Don Campbell suggested that Linda Weesner talk to City Council members about handicap parking.

2. Consider Commissioner Request for Excused Absences from Future Meetings

On a motion by Linda Weesner, seconded by Don Campbell and carried unanimously, Motion to excuse Heidi Wheeler from March meeting.

Ayes: Campbell, Weesner, Wheeler

Absent: Kelley, Overholt

3. Approve January 18, 2018 Minutes

On a motion by Linda Weesner, seconded by Heidi Wheeler and carried unanimously, Motion to accept the January 18, 2018 minutes as written.

Ayes: Campbell, Weesner, Wheeler

Absent: Kelley, Overholt

G. REPORT OF THE STAFF

4. Monthly Senior Center Report

Tringali provided an overview of the senior center monthly report. He reported that the new summer 2018 recreation guides are available. Pages 20 and 21 include information on senior programs. Dallas also reported that ReXpo would be held on March 2, from 4-7 p.m. Area 4 Agency program on Job Readiness has been postponed. Dallas also mentioned that over the last few years the facility has had problems with the HVAC system and the geothermal system. Ultimately a cooling tower will most likely be installed, this will occur in the last summer/fall.

Don Campbell mentioned that the parking lot was very busy last weekend (as a result of the soccer play date. He also discussed possibly changing the meeting day and time for the COA. This item will be added to next agenda. Don Campbell will talk to SCI about a program to transport participant from the parking lot to the facility during special events, such as the holiday social, etc.

H. COMMUNICATIONS-PUBLIC COMMENT

I. AGENDA ITEMS FOR NEXT MEETING

Assignments for the Work Plan
Meeting Date/Time Discussion

J. ADJOURN

On a motion by Heidi Wheeler, seconded by Linda Weesner and carried unanimously, Motion made to adjourn the meeting at 3:24 p.m.

Ayes: Campbell, Weesner, Wheeler

Absent: Kelley, Overholt



TO: THE COMMISSION ON AGING
DATE: May 17, 2018
ITEM #: 5.
SUBJECT: Consider Commissioner Request for Excused Absences from Future Meetings

Recommendation for Action:

Staff recommends that the Commission consider Commissioner requests for excused absence for a future meeting.

Staff Contact:

Cathy Haynie, Administrative Supervisor, (530) 661-2009, cathy.haynie@cityofwoodland.org

Fiscal Impact:

None

Prepared By: Cathy Haynie, Administrative Supervisor

ATTACHMENTS:

Description	Upload Date	Type
calendar	3/9/2018	Cover Memo
Attendance Report	5/1/2018	Cover Memo

Commission on Aging 2018

Election of Officers– November Meeting

Approve Workplan 2017-February Meeting

Council Report-May

January

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February

S	M	T	W	T	F	S
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18	19	20	21	22	23	24
25	26	27	28			

March

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18	19	20	21	22	23	24
25	26	27	28	29	30	31

April

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22	23	24	25	26	27	28
29	30					

May

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27	28	29	30	31		

June

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24	25	26	27	28	29	30

July

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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

August

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26	27	28	29	30	31	

September

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23	24	25	26	27	28	29
30						

October

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21	22	23	24	25	26	27
28	29	30	31			

November

S	M	T	W	T	F	S
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18	19	20	21	22	23	24
25	26	27	28	29	30	

December

S	M	T	W	T	F	S
						1
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Commission on Aging Attendance (current commissioners only)
Meetings 3rd Thursday of each month @ 3:00 pm (no meetings in August or December)

Commissioners	7/2017	9/2017	10/2017	11/2017	1/2018	2/2018	3/2018	4/2018	5/2018	6/2018
Don Campbell										
Regan Overholt	Excused Absence	Unexcused			Excused Absence	Unexcused	Unexcused			
Heidi Wheeler	Excused Absence			Unexcused	Excused Absence		Excused Absence			
Terry Kelley					Excused Absence	Excused Absence		Unexcused		
Linda Weesner							Unexcused			
Quorum							No	No		

June 2017- Wheeler and Overholt absent July meeting.
September 2017- No Requests.
October 2017- Kelley absent January and February, Wheeler absent January.
November 2017-Overholt absent January.
January 2018- No Requests received.
February 2018 – Wheeler requested for March
March 2018-No Quorum
April 2018- No Quorum



TO: THE COMMISSION ON AGING
DATE: May 17, 2018
ITEM #: 6.
SUBJECT: Monthly Senior Center Report

Recommendation for Action:

None, information only.

Staff Contact:

Dallas Tringali, Community Services Program Director, (530) 661-2005, dallas.tringali@cityofwoodland.org

Discussion:

Tax Aide: The Woodland Senior Center works with AARP volunteers every year to help people prepare and file their taxes. The program started on February 5 and ended April 13. In total, AARP transmitted 333 Federal and State returns prepared at the Woodland Community & Senior Center (327 in 2017). Another 97 returns were completed by AARP volunteers at the Woodland United Fellowship Church (98 in 2017). The average income of the Tax Aide users was about \$30,000 annually. The total Federal returns at these two sites in Woodland was just over \$296,000 (\$309,000 in 2017). In all of Yolo County, there were over 1,200 users and \$1,000,000 in Federal refunds (California refunds are not reported).

Teens Helping Seniors: The Teens Helping Seniors program utilizes teen volunteers during their summer break to assist older adults in Woodland with yardwork or housework. Work request forms can be picked up at the Woodland Senior Center. The volunteers are rewarded with a trip to the Santa Cruz Beach Boardwalk at the end of summer. THS is offering a spaghetti feed fundraiser on Wednesday July 18 to help pay for their trip.

Dates to Note

May 24 – Senior Resource Fair
May 24 – Travel Presentation (Collette & Affordable Adventures)
May 28 – Senior Center CLOSED for Memorial Day
May 29 – Presentation: “Prevention & Treatment on Cognitive Impairment and Early Alzheimer's”
June 11 – First day of Teens Helping Seniors program

Woodland Senior Center Monthly Participant Report
classes ending: April 2018

Activity	End Date	Sign-Ins/ Participants
ART		
Art	4/24/2018	40
Ceramics	4/26/2018	23
Needles & Friends	4/30/2018	39
Woodcarvers	4/18/2018	6
Scrapbooking	4/24/2018	9

EXERCISE		
Badminton	4/30/2018	252
Low Impact Aerobics 8am	4/30/2018	176
Low Impact Aerobics 10am	4/30/2018	320
Ping Pong AM	4/27/2018	5
Ping Pong PM	4/24/2018	28
Pickleball	4/25/2018	142
Ship Shape	4/26/2018	102
Stompers	4/30/2018	59
Yoga	4/26/2018	82
GAMES		
Bingo	4/27/2018	159
Bridge for Fun	4/25/2018	74
Cribbage	4/30/2018	5
Hand and Foot	4/25/2018	41
Mah Jong	4/26/2018	21
Open Game Day	4/23/2018	10
Pedro	4/24/2018	85
Pinochle	4/20/2018	9
GENERAL		
Affordable Adventures -	4/11/2018	94
Chit Chat Café	4/30/2018	420
Senior Movie Day	4/9/2019	30
Thrift Store	4/30/2018	211
EDUCATION/RESOURCE		
Computer Club Meeting	4/23/2018	15
Computer Lab	4/27/2018	21
Hearing Exams	4/11/2018	1
HICAP Consultations	4/11/2018	2
Legal Consultations	4/19/2018	5
SUPPORT		
Arthritis Support Group	4/2/2018	5
Outa Sight SPEAKER	4/3/2018	14
Outa Sight SUPPORT	4/24/2018	20
Parkinson's Support Group	4/24/2018	12
Prostate Support	4/30/2018	19
Retiree Assistance Group	4/30/2018	20
Stroke Support	4/23/2018	23
Transitions	4/24/2018	4
SPECIAL PROGRAMS		
AARP TAX AIDE	4/10/2018	89
Library Usage	4/24/2018	6.25

Garden Adventures	4/6/2018	19
Telephone Reassurance Program	4/30/2018	1
DVD & Audio Library	4/20/2018	0.15
St. Johns Blood Pressure Clinics	4/18/2018	3
AARP Driving Course	4/18/2018	9

Prepared By: Dallas Tringali, Community Services Program Director