



City of Woodland

Meeting Agenda

Commission on Aging

Thursday, June 21, 2018

4:00 PM

2001 East Street

***Please Note:** The numerical order of items on this agenda is for the convenience of reference; items may be taken out of order.*

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

E. NEW BUSINESS

F. REGULAR CALENDAR

1. May 17, 2018 Minutes
2. Revisit Work Plan-Technology
3. Consider Commissioner Request for Excused Absences from Future Meetings
4. Committee Reports
5. Update on SFR

G. REPORT OF THE STAFF

6. Monthly Senior Center Report

H. COMMUNICATIONS-PUBLIC COMMENT

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN



TO: THE COMMISSION ON AGING
DATE: June 21, 2018
ITEM #: 1.
SUBJECT: May 17, 2018 Minutes

Recommendation for Action:

Staff recommends that the Commission ...

Staff Contact:

Cathy Haynie, Administrative Supervisor, (530) 661-2009, cathy.haynie@cityofwoodland.org

Fiscal Impact:

None

Prepared By: Cathy Haynie, Administrative Supervisor

ATTACHMENTS:

Description	Upload Date	Type
May 17, 2018 Minutes	6/16/2018	Cover Memo

City of Woodland

City Hall
300 First Street
Woodland, CA 95695



Commission on Aging Meeting Minutes

Thursday, May 17, 2018

**3:00 PM
2001 East Street**

A. CALL TO ORDER

B. ROLL CALL

Absent: Weesner

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS—COMMISSION/STAFF STATEMENTS AND REQUESTS

E. NEW BUSINESS

1. Discuss Change of Date/Time of Meeting

Commission will revisit if time does not work for Commissioner Regan Overholt.

On a motion by Regan Overholt, seconded by Heidi Wheeler and carried unanimously, Motion to change COA meeting from 3 p.m. to 4 p.m. beginning at the June meeting.

Ayes: Campbell, Kelley, Overholt, Wheeler

Absent: Weesner

F. REGULAR CALENDAR

2. Committee Reports

Chair Campbell reported on the new handicap parking, 10 new spots added. Chair Campbell would still like handicap spaces added across front entrance.

3. Work Plan Assignments

Intergenerational Project: Commissioner Overholt will come to next meeting with ideas.

Speaker: Staff has been working on this.

Senior Resource Fair: Commissioner Overholt will not be there. Commissioners will arrive at 8 a.m.

Technology for Seniors: Chair Campbell will ask computer club representative to come to next meeting. Chair Campbell will discuss with them hours of operation and possibly expanding hours. Tringali will explore summer youth program to help with technology.

Handicap Parking: Completed.

4. Approve February 15, 2018 Minutes

On a motion by Heidi Wheeler, seconded by Regan Overholt and carried unanimously, Motion to accept the minutes as written.

Ayes: Campbell, Kelley, Overholt, Wheeler

Absent: Weesner

5. Consider Commissioner Request for Excused Absences from Future Meetings

On a motion by Regan Overholt, seconded by Terry Kelley and carried unanimously, Motion to accept Commissioner Terry Kelley's absence from the June 2018 meeting.

Absent: Weesner

G. REPORT OF THE STAFF

6. Monthly Senior Center Report

Tringali presented staff report. Provided information on tax aide for 2017 taxes, Teens Helping Seniors will be offered for 10 weeks with the annual Spaghetti feed taking place on July 18, 2018. Tringali provided update on new program "Brains and Balance Training".

H. COMMUNICATIONS-PUBLIC COMMENT

I. AGENDA ITEMS FOR NEXT MEETING

**Revisit time change
Revisit Work Plan-Technology
Update on SRF**

Absent: Weesner

J. ADJOURN

On a motion by Regan Overholt, seconded by Terry Kelley and carried unanimously, Motion to adjourn at 4:10 p.m.

Ayes: Campbell, Kelley, Overholt, Wheeler

Absent: Weesner



TO: THE COMMISSION ON AGING
DATE: June 21, 2018
ITEM #: 2.
SUBJECT: Revisit Work Plan-Technology

Recommendation for Action:

Staff recommends that the Commission ...

ATTACHMENTS:

Description	Upload Date	Type
Work Plan	6/16/2018	Cover Memo

Commission on Aging Work Plan (January – December 2018)

The following action plan contains 7 specific items that the Commission on Aging proposes to accomplish, or at least begin over the next year. General objectives, dates, and required resources are listed for the sake of planning. *However, they are subject to change as the year progresses and particular action items are moved towards implementation.*

Each action item, with a brief statement of objective, outcome, timeline, and resource requirements are as follows:

1. Intergenerational Project
2. Promotion, Speaker Series
3. Senior Resource Fair
4. Woodland Apartment List
5. Advocacy
6. Technical Support
7. Handicap Parking in Front of WC&SC

1. Intergenerational Project (Commissioner Overholt & Wheeler)

Objective: Develop and implement intergenerational project between seniors and children.

Outcome: Social benefit for young children and seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

2. Promotion & Speaker Series (Commissioners Overholt/Wheeler)

Objective: Promote a positive image of aging and seniors through public information.

Outcome: Create greater awareness of positive and healthy aging, including an increased awareness of programs and services for seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time

3. Senior Resource Fair (All Commissioners)

Objective: Inform seniors and their families/neighbors about senior programs in the community.

Outcome: Create greater awareness and participation in senior programs in the community.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

4. Woodland Apartment List (All Commissioners)

Objective: To complete annual update of the list of Apartment Complexes in Woodland, this includes apartments for ‘seniors only’. Biannually Outcome: Provide current rental information for seniors and their families.

Timeline: January/February 2020.

Required Funding: Program costs, Commission and staff time

5. Technology for Seniors (Commissioner Wheeler)

Objective: to provide seniors with basic computer/internet information, training and skills.

Outcome: seniors will develop the knowledge and comfort levels necessary to be able to use and take advantage of newer technology.

Timeline: ?

Required Funding: Program costs, Commission and staff time.

6. Advocacy (Commissioners Wheeler/Kelley)

Objective: To promote and advocate for issues related to seniors.

Outcome: To move issues related to seniors to the front of the legislative agenda.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.

7. Handicap Parking at front of WC&SC (Commissioner Campbell/Kelley)

Objective: Add 10 handicap parking spaces at the front of the WC&SC.

Outcome: More accessibility at the main entrance for seniors.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.



TO: THE COMMISSION ON AGING
DATE: June 21, 2018
ITEM #: 3.
SUBJECT: Consider Commissioner Request for Excused Absences from Future Meetings

Recommendation for Action:

Staff recommends that the Commission ...

ATTACHMENTS:

Description	Upload Date	Type
Attendance Report	6/16/2018	Cover Memo

Commission on Aging Attendance (current commissioners only)
Meetings 3rd Thursday of each month @ 3:00 pm (no meetings in August or December)

Commissioners	7/2017	9/2017	10/2017	11/2017	1/2018	2/2018	3/2018	4/2018	5/2018	6/2018
Don Campbell										
Regan Overholt	Excused Absence	Unexcused			Excused Absence	Unexcused	Unexcused			
Heidi Wheeler	Excused Absence			Unexcused	Excused Absence		Excused Absence			
Terry Kelley					Excused Absence	Excused Absence		Unexcused		Excused Absence
Linda Weesner							Unexcused		Unexcused	
Quorum							No	No		

June 2017- Wheeler and Overholt absent July meeting.
September 2017- No Requests.
October 2017- Kelley absent January and February, Wheeler absent January.
November 2017-Overholt absent January.
January 2018- No Requests received.
February 2018 – Wheeler requested for March
March 2018-No Quorum
April 2018- No Quorum
May 2018—Kelley requested for June



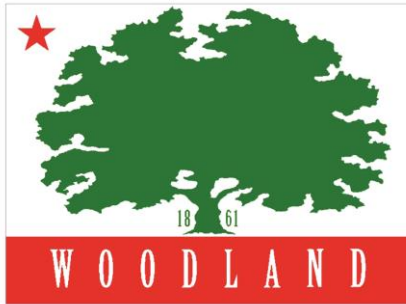
TO: THE COMMISSION ON AGING
DATE: June 21, 2018
ITEM #: 4.
SUBJECT: Committee Reports

Recommendation for Action:

Staff recommends that the Commission ...

ATTACHMENTS:

Description	Upload Date	Type
Roster	6/16/2018	Cover Memo



COMMISSION ON AGING

Updated: 11/9/17

NAME	ADDRESS	PHONE/Email	TERM
Terry Kelley	116 Toyon Drive Woodland, CA 95695	H: 916-715-4137 terrykelley@sbcglobal.net	12/31/2017
Linda Weesner	21 Monte Vista Drive Woodland, CA 95695	H: 530-669-7468 linda.weesner@gmail.com	12/31/2020
Don Campbell, Chairperson	1742 Amherst Way Woodland, CA 95695	H: 530-666-3021 C: 530-908-1189 campbell5224@sbcglobal.net	12/31/2019
Heidi Wheeler	1805 Farnham Avenue Woodland, CA 95776	H: 530-383-2390 H: 530-662-1290 hwheeler@sjrv.org	12/31/2020
Regan Overholt	1521 Saratoga Drive, Woodland, CA 95695	668-9619	12/31/2018

This is a 5 member Commission with four year terms.
Meetings: Third Thursday of each month
Location: Community & Senior Center, 2001 East Street.
Contact Information: 530.661.2005

Agenda packets available online: <http://www.cityofwoodland.org/prcs/comissions.htm#aging>



TO: THE COMMISSION ON AGING
DATE: June 21, 2018
ITEM #: 5.
SUBJECT: Update on SFR

Recommendation for Action:

Staff recommends that the Commission ...



TO: THE COMMISSION ON AGING
DATE: June 21, 2018
ITEM #: 6.
SUBJECT: Monthly Senior Center Report

Recommendation for Action:

None, information only.

Staff Contact:

Dallas Tringalii, Community Services Program Manager, (530) 661-2005, dallas.tringalii@cityofwoodland.org

Discussion:

SCI Installation Dinner: Senior Center, Inc. (SCI) is a non-profit organization that supports and supplements the Woodland Senior Center's users with programs and resources. The SCI board of directors held its annual membership meeting on May 10 where they have dinner with members; then nominate, elect, and install officers and board members. This operational year, the roster of 13 board members includes: President Roy Miller, Vice President Maxine Polkinghorne, Secretary Linda Nantz, Treasurer Elizabeth Kemper; Incumbent Board Members Jan Bello, Connie Crandall, Sharon Coulombe, Roger Peeples, Carla Sanborn, Judy Tommeraason, Gil Walker, Sandi Winter; and newly-elected board members Dale Morris and Alan Flory. 140 SCI members and guests attended and enjoyed a tri-tip dinner prepared by President Roy Miller. Senior Center, Inc. currently has 675 subscribing members, 275 of those are lifetime members in the "Century Club."

Senior Resource Fair: The City of Woodland's Commission on Aging and Community Services Department hosted the annual Senior Resource Fair on Thursday, May 24 from 9:00 a.m. to 12:00 p.m. at the Woodland Community & Senior Center. There were 65 regional vendors coming to offer goods and services aimed at seniors, including health care providers, volunteers, legal assistance, health & fitness, support groups, in-home support, and more.

Dates to Note

July 4 – Woodland Senior Center Computer Club Ice Cream Social
July 18 – Teens Helping Seniors spaghetti feed fundraiser.
August 16 – Senior Center Volunteer Appreciation Dinner

Woodland Senior Center Monthly Participant Report
classes ending: May 2018

Activity	End Date	Sign-Ins/ Participants
ART		
Art	5/30/2018	16
Centerpiece Workshops	5/11/2018	18
Ceramics	5/17/2018	23
Gardening Adventures	5/4/2018	20
Needles & Friends	5/21/2018	39
Woodcarvers	5/16/2018	9

Scrapbooking	5/22/2018	6
EXERCISE		
Badminton	5/31/2018	177
Low Impact Aerobics 8am	5/31/2018	164
Low Impact Aerobics 10am	5/31/2018	305
Ping Pong AM	5/18/2018	10
Ping Pong PM	5/29/2018	25
Pickleball	5/29/2018	123
Ship Shape	5/31/2018	114
Stompers	5/21/2018	45
Yoga	5/31/2018	94
GAMES		
Bingo	5/23/2018	147
Bridge for Fun	5/30/2018	86
Cribbage	5/30/2018	5
Hand and Foot	5/30/2018	46
Mah Jong	5/31/2018	15
Open Game Day	5/23/2018	7
Pedro	5/29/2018	110
Pinochle	5/18/2018	9
GENERAL		
Affordable Adventures -	5/9/2018	50
Chit Chat Café	5/31/2018	405
Senior Movie Day	5/14/2018	35
Thrift Store	5/31/2018	254
EDUCATION/RESOURCE		
Computer Club Meeting	5/21/2018	19
Computer Lab	5/25/2018	17
Handy Helpers	5/31/2018	4
Hearing Exams	5/30/2018	1
HICAP Consultations	5/23/2018	4
Legal Consultations	5/17/2018	5
EVENTS		
SCI Installation Dinner	5/10/2018	140
SUPPORT		
Arthritis Support Group	5/3/2018	3
Outa Sight SPEAKER	5/15/2018	15
Outa Sight SUPPORT	5/15/2018	15
Parkinson's Support Group	5/22/2018	20
Prostate Support	5/14/2018	12
Retiree Assistance Group	5/31/2018	20
Stroke Support	5/27/2018	12

Transitions	5/22/2018	7
SPECIAL PROGRAMS		
AARP TAX AIDE		89
Library Usage	5/29/2018	6.25
Garden Adventures		19
Telephone Reassurance Program	5/31/2018	3
DVD & Audio Library	5/18/2018	30
AARP Driving Course		9
Important Health Care	5/3/2018	14
Travel Presentation (Collette)	5/24/2018	30

Prepared By: Dallas Tringali, Community Services Program Manager