



City of Woodland

Meeting Agenda

Commission on Aging

Thursday, July 19, 2018

4:00 PM

2001 East Street

***Please Note:** The numerical order of items on this agenda is for the convenience of reference; items may be taken out of order.*

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

E. NEW BUSINESS

F. REGULAR CALENDAR

1. June 21, 2018 Minutes
2. Consider Commissioner Request for Excused Absences from Future Meetings
3. Committee Reports

G. REPORT OF THE STAFF

4. Monthly Senior Center Report

H. COMMUNICATIONS-PUBLIC COMMENT

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN



TO: THE COMMISSION ON AGING
DATE: July 19, 2018
ITEM #: 1.
SUBJECT: June 21, 2018 Minutes

Recommendation for Action:

Staff recommends that the Commission approve the June 21, 2018 minutes.

Staff Contact:

Cathy Haynie, Administrative Supervisor, (530) 661-xxxx,

Fiscal Impact:

None

Prepared By: Cathy Haynie, Administrative Supervisor

ATTACHMENTS:

Description	Upload Date	Type
June 21, 2018 Minutes	7/16/2018	Cover Memo

City of Woodland

City Hall
300 First Street
Woodland, CA 95695



Commission on Aging Meeting Minutes

Thursday, June 21, 2018

**4:00 PM
2001 East Street**

A. CALL TO ORDER

B. ROLL CALL

Absent: Kelley

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS—COMMISSION/STAFF STATEMENTS AND REQUESTS

Don Campbell brought the picture from the May Council meeting that declared May as Senior month.

Linda Weesner asked if there is a better way to address the attendance. Since the public can see the Attendance Sheet in the COA meeting packet. Linda Weesner would like it to say "unforseen" absence instead of unexcused.

E. NEW BUSINESS

F. REGULAR CALENDAR

1. May 17, 2018 Minutes

On a motion by Regan Overholt, seconded by Heidi Wheeler and carried unanimously, Motion to accept minutes as written

Ayes: Campbell, Overholt, Weesner, Wheeler

Absent: Kelley

2. Revisit Work Plan-Technology

3. Consider Commissioner Request for Excused Absences from Future Meetings

On a motion by Regan Overholt, seconded by Heidi Wheeler and carried unanimously, Motion to approve absent request for September from Heidi Wheeler and Linda Weesner.

Ayes: Campbell, Overholt, Weesner, Wheeler

Absent: Kelley

4. Committee Reports

No reports.

5. Update on SFR

Have two check in tables for vendors next year.

G. REPORT OF THE STAFF

6. Monthly Senior Center Report

Tringali reported that the Sports Park would be busy next week with Headfirst Baseball Camps. Teens Helping Seniors spaghetti feed is on July 15, 2018. Neptune Society will be holding a class on Options After Death in September.

H. COMMUNICATIONS-PUBLIC COMMENT

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN

On a motion by Regan Overholt, seconded by Heidi Wheeler and carried unanimously, Motion to adjourn at 5:00 p.m.

Ayes: Campbell, Overholt, Weesner, Wheeler

Absent: Kelley



TO: THE COMMISSION ON AGING
DATE: July 19, 2018
ITEM #: 2.
SUBJECT: Consider Commissioner Request for Excused Absences from Future Meetings

Recommendation for Action:

Staff recommends that the Commission approve requests for absence from future meeting.

Staff Contact:

Cathy Haynie, Administrative Supervisor, (530) 661-xxxx, cathy.haynie@cityofwoodland.org

Prepared By: Cathy Haynie, Administrative Supervisor

ATTACHMENTS:

Description	Upload Date	Type
Absent Tracking	7/16/2018	Cover Memo
Calendar	7/16/2018	Cover Memo

Commission on Aging Attendance (current commissioners only)
Meetings 3rd Thursday of each month @ 3:00 pm (no meetings in August or December)

Commissioners	7/2017	9/2017	10/2017	11/2017	1/2018	2/2018	3/2018	4/2018	5/2018	6/2018
Don Campbell										
Regan Overholt	Excused Absence	Unexpected Absence			Excused Absence	Unexpected Absence	Unexpected Absence			
Heidi Wheeler	Excused Absence			Unexpected Absence	Excused Absence		Excused Absence			
Terry Kelley					Excused Absence	Excused Absence		Unexpected Absence		Excused Absence
Linda Weesner							Unexpected Absence		Unexpected Absence	
Quorum							No	No		

June 2017- Wheeler and Overholt absent July meeting.

September 2017- No Requests.

October 2017- Kelley absent January and February, Wheeler absent January.

November 2017-Overholt absent January.

January 2018- No Requests received.

February 2018 – Wheeler requested for March

March 2018-No Quorum

April 2018- No Quorum

May 2018—Kelley requested for June

June 2018-Wheeler & Weesner for September

Commission on Aging Attendance (current commissioners only)
Meetings 3rd Thursday of each month @ 3:00 pm (no meetings in August or December)

Commissioners	7/2018	9/2018	10/2018	11/2018	1/2019	2/2019	3/2019	4/2019	5/2019	6/2019
Don Campbell										
Regan Overholt										
Heidi Wheeler		Excused								
Terry Kelley										
Linda Weesner		Excused								
Quorum										

Commission on Aging 2018

Election of Officers– November Meeting

Approve Workplan 2017-February Meeting

Council Report-May

January

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

March

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

June

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

July

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

August

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

September

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

October

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

November

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

December

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



TO: THE COMMISSION ON AGING
DATE: July 19, 2018
ITEM #: 3.
SUBJECT: Committee Reports

Recommendation for Action:

Staff recommends that the Commission report on Committee

Staff Contact:

Cathy Haynie, Administrative Supervisor, (530) 661-xxxx, cathy.haynie@cityofwoodland.org

Fiscal Impact:

None

Prepared By: Cathy Haynie, Administrative Supervisor

ATTACHMENTS:

Description	Upload Date	Type
2019 Work Plan	7/16/2018	Cover Memo
Roster	7/16/2018	Cover Memo

Commission on Aging Work Plan (July 2018-June 2019)

The following action plan contains 7 specific items that the Commission on Aging proposes to accomplish, or at least begin over the next year. General objectives, dates, and required resources are listed for the sake of planning. *However, they are subject to change as the year progresses and particular action items are moved towards implementation.*

Each action item, with a brief statement of objective, outcome, timeline, and resource requirements are as follows:

1. Intergenerational Project
2. Promotion, Speaker Series
3. Senior Resource Fair
4. Woodland Apartment List
5. Advocacy
6. Technical Support
7. Handicap Parking in Front of WC&SC

1. Intergenerational Project (Commissioner Overholt & Wheeler)

Objective: Develop and implement intergenerational project between seniors and children.

Outcome: Social benefit for young children and seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

2. Promotion & Speaker Series (Commissioners Overholt/Wheeler)

Objective: Promote a positive image of aging and seniors through public information.

Outcome: Create greater awareness of positive and healthy aging, including an increased awareness of programs and services for seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time

3. Senior Resource Fair (All Commissioners)

Objective: Inform seniors and their families/neighbors about senior programs in the community.

Outcome: Create greater awareness and participation in senior programs in the community.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

4. Woodland Apartment List (All Commissioners)

Objective: To complete annual update of the list of Apartment Complexes in Woodland, this includes apartments for ‘seniors only’. Biannually Outcome: Provide current rental information for seniors and their families.

Timeline: January/February 2020.

Required Funding: Program costs, Commission and staff time

5. Technology for Seniors (Commissioner Weesner)

Objective: to provide seniors with basic computer/internet information, training and skills.

Outcome: seniors will develop the knowledge and comfort levels necessary to be able to use and take advantage of newer technology.

Timeline: ?

Required Funding: Program costs, Commission and staff time.

6. Advocacy (Commissioners Weesner/Kelley)

Objective: To promote and advocate for issues related to seniors.

Outcome: To move issues related to seniors to the front of the legislative agenda.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.

7. Handicap Parking at front of WC&SC (Commissioner Campbell/Kelley)

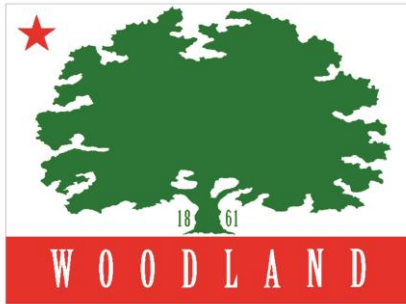
Objective: Add 10 handicap parking spaces at the front of the WC&SC.

Outcome: More accessibility at the main entrance for seniors.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.

Parking lot added with update of Sports Park project phase.



COMMISSION ON AGING

Updated: 6/21/2018

NAME	ADDRESS	PHONE/Email	TERM
Terry Kelley	116 Toyon Drive Woodland, CA 95695	H: 916-715-4137 terrykelley@sbcglobal.net	12/31/2021
Linda Weesner	21 Monte Vista Drive Woodland, CA 95695	H: 530-669-7468 C: 530-383-8603 linda.weesner@gmail.com	12/31/2020
Don Campbell, Chairperson	1742 Amherst Way Woodland, CA 95695	H: 530-666-3021 C: 530-908-1189 campbell5224@sbcglobal.net	12/31/2019
Heidi Wheeler	1805 Farnham Avenue Woodland, CA 95776	C: 530-383-2390 W: 530-662-1290 hwheeler@sjrv.org	12/31/2020
Regan Overholt	1521 Saratoga Drive, Woodland, CA 95695	C: 530-867-1426 raoverholt@ucdavis.edu	12/31/2018

This is a 5 member Commission with four year terms.
Meetings: Third Thursday of each month
Location: Community & Senior Center, 2001 East Street.
Contact Information: 530.661.2005

Agenda packets available online: <http://www.cityofwoodland.org/prcs/comissions.htm#aging>



TO: THE COMMISSION ON AGING
DATE: July 19, 2018
ITEM #: 4.
SUBJECT: Monthly Senior Center Report

Recommendation for Action:

None; information only.

Staff Contact:

Dallas Tringali, Community Services Program Manager, (530) 661-2005, dallas.tringali@cityofwoodland.org

Discussion:

Volunteer Appreciation Dinner: On Thursday August 22, the Senior Center and Senior Center Inc. will be hosting the annual Volunteer Appreciation Dinner. This dinner celebrates the nearly 200 volunteers who contribute their time to facilitate all of the senior programs offered. A handful of volunteers will be added to the plaque of “Outstanding Volunteers,” which are those who have gone above and beyond in their volunteer capacity. The current list of Outstanding Volunteers sits at 222 individuals and organizations who have been honored for their contributions to the Senior Center.

Dates to Note

August 16 – Senior Center Volunteer Appreciation Dinner

September 27 – Fall Potluck

**Woodland Senior Center Monthly Participant Report
classes ending: June 2018**

Activity	End Date	Sign-Ins/ Participants
ART		
Art	6/27/2018	28
Ceramics	6/27/2018	8
Gardening Adventures	6/1/2018	10
Needles & Friends	6/25/2018	43
Woodcarvers	6/20/2018	9
Scrapbooking	6/12/2018	4
EXERCISE		
Badminton	6/27/2018	234
Low Impact Aerobics 8am	6/29/2018	208
Low Impact Aerobics 10am	6/27/2018	232
Ping Pong AM	6/29/2018	12
Ping Pong PM	6/25/2018	30
Pickleball	6/28/2018	128

Ship Shape	6/28/2018	64
Stompers	6/11/2018	31
Yoga	6/28/2018	70
GAMES		
Bingo	6/27/2018	119
Bridge for Fun	6/27/2018	63
Cribbage	6/29/2018	13
Hand and Foot	6/25/2018	46
Mah Jong	6/28/2018	11
Open Game Day	6/27/2018	11
Pedro	6/26/2018	87
Pinochle	6/29/2018	40
GENERAL		
Affordable Adventures -	6/26/2018	48
Chit Chat Café	6/29/2018	339
Senior Movie Day	6/11/2018	40
Thrift Store	6/29/2018	203
EDUCATION/RESOURCE		
Computer Club Meeting	6/18/2018	7
Computer Lab	6/29/2018	22
Handy Helpers	6/30/2018	5
HICAP Consultations	6/26/2018	3
Legal Consultations	6/21/2018	4
SUPPORT		
Arthritis Support Group	6/8/2018	6
Outa Sight SPEAKER	6/30/2018	18
Outa Sight SUPPORT	6/5/2018	18
Parkinson's Support Group	6/26/2018	16
Stroke Support	6/18/2018	14
Transitions	6/12/2018	6
SPECIAL PROGRAMS		
Library Usage	6/30/2018	5.75
Telephone Reassurance Program	6/30/2018	2
DVD & Audio Library	6/27/2018	40
St. Johns Blood Pressure Clinics	6/20/2018	1
AARP Driving Course	6/6/2018	12

Prepared By: Dallas Tringali, Community Services Program Manager