



City of Woodland
Meeting Agenda
Commission on Aging

Woodland Community &
Senior Center
2001 East Street
Woodland, CA 95776

January 17, 2019
4:00 PM

Please Note: The numerical order of items on this agenda is for the convenience of reference; items may be taken out of order.

- A. CALL TO ORDER**
- B. ROLL CALL**
- C. PLEDGE OF ALLEGIANCE**
- D. COMMUNICATIONS - COMMISSION/STAFF STATEMENTS AND REQUESTS**
- E. NEW BUSINESS**
- F. REGULAR CALENDAR**
 - 1. Approve the November 15, 2018 Minutes
 - 2. Consider Commissioner Requests for Planned Absences from Future Meetings
 - 3. Committee Reports
- G. REPORT OF THE STAFF**
 - 4. Monthly Senior Center Report
- H. COMMUNICATIONS - PUBLIC COMMENT**
- I. AGENDA ITEMS FOR NEXT MEETING**
- J. ADJOURN**

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Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: January 17, 2019
ITEM #: F.1.
SUBJECT: Approve the November 15, 2018 Minutes

Staff recommends that the Commission approve the November 15, 2018 Minutes

Attachments:

1. Minutes_2018_11_15

City of Woodland

Woodland Community & Senior Center
2001 East Street
Woodland, CA 95776



Commission on Aging –

Thursday, November 15, 2018

4:00 PM

A. CALL TO ORDER

Meeting called to order at 4:00 p.m.

B. ROLL CALL

Commission Members Present: Chairperson Don Campbell, Commissioner Terry Kelley, Commissioner Regan Overholt, Commissioner Heidi Wheeler

Absent: Commissioner Linda Weesner

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS - COMMISSION/STAFF STATEMENTS AND REQUESTS

E. REGULAR CALENDAR

1. Consider Commissioner Requests for Planned Absences from Future Meetings

No requests.

2. Approve the October 18, 2018 Minutes

On a motion by Commissioner Heidi Wheeler, seconded by Commissioner Terry Kelley and carried unanimously, Approve the October 18, 2018 Minutes

Ayes: Chairperson Don Campbell, Commissioner Terry Kelley, Commissioner Regan Overholt, Commissioner Heidi Wheeler

Noes: None

Absent: Commissioner Linda Weesner

3. Committee Reports

No reports.

F. NEW BUSINESS

4. Election of Officers

On a motion by Commissioner Terry Kelley, seconded by Commissioner Heidi Wheeler and carried unanimously, to elect Don Campbell as Chair.

Ayes: Chairperson Don Campbell, Commissioner Terry Kelley, Commissioner Regan Overholt, Commissioner Heidi Wheeler

Noes: None

Absent: Commissioner Linda Weesner

On a motion by Commissioner Heidi Wheeler, seconded by Commissioner and carried unanimously, to elect Terry Kelley as Vice Chair.

Ayes: Chairperson Don Campbell, Commissioner Terry Kelley, Commissioner Regan Overholt, Commissioner Heidi Wheeler

Noes: None

Absent: Commissioner Linda Weesner

Regan Overholt

5. Update Work Plan

Update the Work Plan for 2019 as follows:

1. Change objective to "Recommend and Support Intergeneration projects between seniors and children
2. Remove Promotion & Speaker Series
5. Remove Technology for Seniors
6. Add All Commissioners
7. Change Objective to Support Opportunities for Fundraising and Provision of Increased Handicap Parking Spaces.

G. REPORT OF THE STAFF

Engel provided an update on the Senior Center Inc. Fundraiser and an upcoming "Coffee with the District Attorney".

6. Monthly Senior Center Report

H. COMMUNICATIONS - PUBLIC COMMENT

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN

On a motion by Commissioner Terry Kelley, seconded by Commissioner Heidi Wheeler and carried unanimously, to Adjourn at 4:45 p.m.

Ayes: Chairperson Don Campbell, Commissioner Terry Kelley, Commissioner Regan Overholt, Commissioner Heidi Wheeler

Noes: None

Absent: Commissioner Linda Weesner



TO: THE COMMISSION ON AGING

AGENDA: Commission on Aging

DATE: January 17, 2019

ITEM #: F.2.

SUBJECT: Consider Commissioner Requests for Planned Absences from Future Meetings

Staff recommends that the Commission approve Commissioner request for absence from future meeting.

Attachments:

1. COA Oct 2018
2. 2019 calendar

Commission on Aging Attendance (current commissioners only)
Meetings 3rd Thursday of each month @ 4:00 pm (no meetings in August or December)

Commissioners	7/2017	9/2017	10/2017	11/2017	1/2018	2/2018	3/2018	4/2018	5/2018	6/2018
Don Campbell										
Regan Overholt	Planned Absence	Unplanned Absence			Planned Absence	Unplanned Absence	Unplanned Absence			
Heidi Wheeler	Planned Absence			Unplanned Absence	Planned Absence		Planned Absence			
Terry Kelley					Planned Absence	Planned Absence		Unplanned Absence		Planned Absence
Linda Weesner							Unplanned Absence		Unplanned Absence	
Quorum					No		No	No		

June 2017- Wheeler and Overholt absent July meeting.
September 2017- No Requests.
October 2017- Kelley absent January and February, Wheeler absent January.
November 2017-Overholt absent January.
January 2018- No Requests received.
February 2018 – Wheeler requested for March
March 2018-No Quorum
April 2018- No Quorum
May 2018—Kelley requested for June
June 2018-Wheeler & Weesner for September

Commission on Aging Attendance (current commissioners only)
Meetings 3rd Thursday of each month @ 4:00 pm (no meetings in August or December)

Commissioners	7/2018	9/2018	10/2018	11/2018	1/2019	2/2019	3/2019	4/2019	5/2019	6/2019
Don Campbell										
Regan Overholt			Unplanned Absence							
Heidi Wheeler		Planned Absence								
Terry Kelley										
Linda Weesner		Planned Absence		Planned Absence						
Quorum		No	Yes							

July2018: No Requests
 September 2018: No Meeting
 October 2018: Weesner requested for November
 November:
 January:
 February:
 March:
 April:
 May:
 June:

Commission on Aging 2019

Election of Officers– November Meeting

Approve Workplan 2019-February Meeting

Council Report-May

January

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

February

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17	18	19	20	21	22	23
24	25	26	27	28		

March

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31						

April

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21	22	23	24	25	26	27
28	29	30				

May

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19	20	21	22	23	24	25
26	27	28	29	30	31	

June

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30						

July

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August

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18	19	20	21	22	23	24
25	26	27	28	29	30	31

September

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29	30					

October

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November

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December

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22	23	24	25	26	27	28
29	30	31				



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: January 17, 2019
ITEM #: F.3.
SUBJECT: Committee Reports

Attachments:

1. Commission on Aging Work Plan 2020

Commission on Aging Work Plan (July 2019-June 2020)

The following action plan contains 5 specific items that the Commission on Aging proposes to accomplish, or at least begin over the next year. General objectives, dates, and required resources are listed for the sake of planning. *However, they are subject to change as the year progresses and particular action items are moved towards implementation.*

Each action item, with a brief statement of objective, outcome, timeline, and resource requirements are as follows:

1. Intergenerational Project
2. Senior Resource Fair
3. Woodland Apartment List
4. Advocacy
5. Handicap Parking Spaces

1. Intergenerational Project (Commissioner Overholt & Wheeler)

Objective: Recommend and support intergenerational project between seniors and children.

Outcome: Social benefit for young children and seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

2. Senior Resource Fair (All Commissioners)

Objective: Inform seniors and their families/neighbors about senior programs in the community.

Outcome: Create greater awareness and participation in senior programs in the community.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

3. Woodland Apartment List (All Commissioners)

Objective: To complete annual update of the list of Apartment Complexes in Woodland, this includes apartments for 'seniors only'. Biannually Outcome: Provide current rental information for seniors and their families.

Timeline: January/February 2020.

Required Funding: Program costs, Commission and staff time

4. Advocacy (All Commissioners)

Objective: To promote and advocate for issues related to seniors.

Outcome: To move issues related to seniors to the front of the legislative agenda.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.

5. Handicap Parking at front of WC&SC (Commissioner Campbell/Kelley)

Objective: Increased Handicap Parking Spaces.

Outcome: More accessibility at the main entrance for seniors.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.



TO: THE COMMISSION ON AGING
 AGENDA: Commission on Aging
 DATE: January 17, 2019
 ITEM #: G.4.
 SUBJECT: Monthly Senior Center Report

Holiday Events: There were two large senior events that took place, hosted by Woodland Senior Center Inc. The Thanksgiving Dinner on November 15 sold 300+ tickets, and the Santa's Holiday Social also sold 300+ tickets. These events also had community volunteers helping, including St. John's Retirement Village and the Church of Jesus Christ of Latter-Day Saints.

AARP Tax Aid: Starting February 1, AARP will be holding free tax preparation for seniors at the Woodland Senior Center. People interested in tax preparation can make their appointments with the Welcome Desk starting on January 22. Prep days are Monday afternoons and Friday mornings. This service is available through April 15.

Dates to Note

February 4 – iPhone Training Class (California Phones)
 February 5 – Doughnuts with the DA
 February 13 – Cephalonia Earthquake presentation (Ralph Quinn)
 February 14 – Dinner and a Movie
 March 23 – Hand & Foot Card Party

Woodland Senior Center Monthly Participant Report classes ending: November 2018

Activity	End Date	Sign-Ins/ Participants
ART		
Art	11/7/2018	50
Ceramics	11/22/2018	21
Gardening Adventures	11/2/2018	19
Needles & Friends	11/26/2018	37
Woodcarvers	11/7/2018	2
Scrapbooking	11/27/2018	13
EXERCISE		
Badminton	11/30/2018	161
Low Impact Aerobics 8am	11/30/2018	171
Low Impact Aerobics 10am	11/30/2018	206

Ping Pong PM	11/27/2018	12
Pickleball	11/29/2018	144
Ship Shape	11/29/2018	74
Stompers	11/26/2018	51
Yoga	11/22/2018	64
GAMES		
Bingo	11/28/2018	152
Bridge for Fun	11/28/2018	53
Cribbage	11/30/2018	15
Hand and Foot	11/28/2018	52
Mah Jong	11/29/2018	12
Open Game Day	11/28/2018	9
Pedro	11/27/2018	91
Pinochle	11/30/2018	15
GENERAL		
Affordable Adventures -	11/29/2018	56
Chit Chat Café	11/30/2018	257
Senior Movie Day	11/18/2013	40
Thrift Store	11/30/2018	224
EDUCATION/RESOURCE		
Computer Club Meeting	11/26/2018	14
Computer Lab	11/30/2018	14
Handy Helpers	11/30/2018	6
HICAP Consultations	11/28/2018	6
Legal Consultations	11/15/2018	3
EVENTS		
Friday Night Jam	11/9/2018	200
SCI Thanksgiving Dinner	11/16/2018	325
SUPPORT		
Arthritis Support Group	11/1/2018	4
Outa Sight SPEAKER	11/6/2018	24
Outa Sight SUPPORT	11/20/2018	10
Parkinson's Support Group	11/27/2018	14
Prostate Support	11/13/2018	14
Transitions	11/27/2018	7
SPECIAL PROGRAMS		
Library Usage	11/27/2018	7.25
DVD & Audio Library	11/30/2018	40
AARP Driving Course	11/14/2018	11
Abbie's Tech Help	11/29/2018	9

**Woodland Senior Center Monthly Participant Report
classes ending: Dec 2018**

Activity	End Date	Sign-Ins/ Participants
ART		
Art	12/19/2018	38
Ceramics	12/10/18	10
Gardening Adventures	12/7/2018	27
Needles & Friends	12/18/2018	41
Scrapbooking	12/11/2018	6
EXERCISE		
Badminton	12/31/2018	161
Low Impact Aerobics 8am	12/21/2018	150
Low Impact Aerobics 10am	12/21/2018	172
Ping Pong PM	12/11/2018	5
Pickleball	12/13/2018	130
Ship Shape	12/20/2018	64
Stompers	12/17/2018	47
Yoga	12/13/2018	36
GAMES		
Bingo	12/21/2018	139
Bridge for Fun	12/18/2018	60
Cribbage	12/18/2018	13
Hand and Foot	12/19/2018	25
Mah Jong	12/20/2018	12
Open Game Day	12/12/2018	5
Pedro	12/18/2018	66
Pinochle	12/14/2018	4
GENERAL		
Affordable Adventures -	12/9/2018	52
Chit Chat Café	12/21/2018	226
Senior Movie Day	12/10/2018	25
Thrift Store	12/21/2018	139
EDUCATION/RESOURCE		
Computer Club Meeting	12/18/2018	5
Computer Lab	12/21/2018	13
Handy Helpers	12/31/2018	1
HICAP Consultations	12/12/2018	3
Legal Consultations	12/13/2018	5
EVENTS		
SCI Holiday Social	12/20/2018	325
SUPPORT		
Arthritis Support Group	12/6/2018	3
Outa Sight SPEAKER	12/4/2018	25
Outa Sight SUPPORT	12/4/2018	25

Parkinson's Support Group	12/18/2018	14
Stroke Support	12/17/2018	10
Transitions	12/11/2018	2
SPECIAL PROGRAMS		
Library Usage	12/18/2018	6.5
DVD & Audio Library	12/31/2018	40
Abbie's Tech Help	12/17/2018	8

Attachments:

None