



City of Woodland
Meeting Agenda
Commission on Aging

Woodland Community &
Senior Center
2001 East Street
Woodland, CA 95776

September 19, 2019
4:00 PM

Please Note: The numerical order of items on this agenda is for the convenience of reference; items may be taken out of order.

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS - COMMISSION/STAFF STATEMENTS AND REQUESTS

E. NEW BUSINESS

1. Election of Officers

F. REGULAR CALENDAR

2. Standing Committee Report
 - Intergenerational Project
 - Senior Resource Fair
 - Woodland Apartment List
 - Advocacy-Area 4 AOA Update
 - Handicap Parking at front of WC&SC
3. Consider Commissioner Requests for Planned Absences from Future Meeting.
4. Approve the June 20, 2019 Minutes
5. Senior Survey

G. REPORT OF THE STAFF

6. Monthly Senior Center Report

H. COMMUNICATIONS - PUBLIC COMMENT

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such requests must be made in writing to the

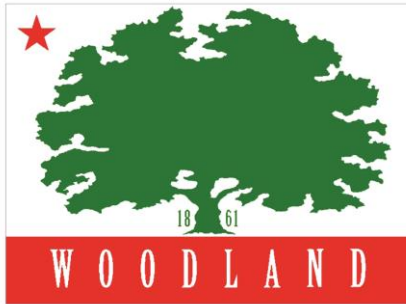
Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.
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TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: September 19, 2019
ITEM #: E.1.
SUBJECT: Election of Officers

Attachments:

1. 7012019 COA Roster



COMMISSION ON AGING

Updated: 6/10/19

NAME	ADDRESS	PHONE/Email	TERM
Terry Kelley	116 Toyon Drive Woodland, CA 95695	H: 916-715-4137 terrykelley@sbcglobal.net	6/30/2021
Linda Weesner	21 Monte Vista Drive Woodland, CA 95695	H: 530-669-7468 C: 530-383-8603 linda.weesner@gmail.com	6/30/2023
Richard DeLiberty	2382 Ortiz Avenue Woodland, CA 95695	C: 530-574-8126 Richard.n@deliberty.net	6/30/2020
Heidi Wheeler	1805 Farnham Avenue Woodland, CA 95776	C: 530-383-2390 W: 530-662-1290 hwheeler@sjrv.org	6/30/2020
Regan Overholt	1521 Saratoga Drive, Woodland, CA 95695	C: 530-867-1426 raoverholt@ucdavis.edu	6/30/2023 (since 1999)

This is a 5 member Commission with four year terms.
Meetings: Third Thursday of each month
Location: Community & Senior Center, 2001 East Street.
Contact Information: 530.661.2005

Agenda packets available online: <http://www.cityofwoodland.org/prcs/comissions.htm#aging>

Commission on Aging Work Plan (July 2019-June 2020)

The following action plan contains 5 specific items that the Commission on Aging proposes to accomplish, or at least begin over the next year. General objectives, dates, and required resources are listed for the sake of planning. *However, they are subject to change as the year progresses and particular action items are moved towards implementation.*

Each action item, with a brief statement of objective, outcome, timeline, and resource requirements are as follows:

1. Intergenerational Project
2. Senior Resource Fair
3. Woodland Apartment List
4. Advocacy
5. Handicap Parking Spaces

1. Intergenerational Project (Commissioner Overholt & Wheeler)

Objective: Recommend and support intergenerational project between seniors and children.

Outcome: Social benefit for young children and seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

2. Senior Resource Fair (All Commissioners)

Objective: Inform seniors and their families/neighbors about senior programs in the community.

Outcome: Create greater awareness and participation in senior programs in the community.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

3. Woodland Apartment List (All Commissioners)

Objective: To complete annual update of the list of Apartment Complexes in Woodland, this includes apartments for 'seniors only'. Biannually Outcome: Provide current rental information for seniors and their families.

Timeline: January/February 2020.

Required Funding: Program costs, Commission and staff time

4. Advocacy (All Commissioners)

Objective: To promote and advocate for issues related to seniors.

Outcome: To move issues related to seniors to the front of the legislative agenda.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.

5. Handicap Parking at front of WC&SC (Commissioner Campbell/Kelley)

Objective: Increased Handicap Parking Spaces.

Outcome: More accessibility at the main entrance for seniors.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.

Past work plan items

Long-Term Care – Supported a defunct county committee (Yolo County Health Council’s Long Term Care Planning Committee)

Transportation – Requested Transportation Development Act funds (\$50,000) to purchase a wheelchair accessible van that would go between Woodland and Davis

COA Rules and Regulations – Revise the outdated “COA Organization and Operations Procedures”

Evaluation – There used to be an annual “Enjoyment Survey” to the participants

Promotions – Promoting a positive image of aging and seniors through public information

Resources for Spanish Speaking Seniors – Expanding opportunities for Spanish speaking seniors

CDBG – Supporting the efforts of the Community Development Block Grant program

Focal Point Coordinating Council – Woodland, Davis, and West Sacramento senior centers periodically met to discuss programs

Senior Transit – Makes Woodland seniors aware of the transit options they have in Woodland



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: September 19, 2019
ITEM #: F.3.
SUBJECT:

Staff recommends that the Commission approve Commissioner request for absence from future meeting.

Attachments:

1. 2019 calendar
2. 2020 calendar
3. COA June 2019

Commission on Aging 2019

Election of Officers– November Meeting

Approve Workplan 2020-November Meeting

Council Report-May

January

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Commission on Aging 2020

Election of Officers– June Meeting Approve Workplan 2020-November Meeting Council Report-May

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July

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August

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September

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October

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November

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December

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Commission on Aging Attendance (current commissioners only)
Meetings 3rd Thursday of each month @ 4:00 pm (no meetings in August or December)

Commissioners	7/2019	9/2019	10/2019	11/2019	1/2020	2/2020	3/2020	4/2020	5/2020	6/2020
Richard DeLiberty										
Regan Overholt										
Heidi Wheeler										
Terry Kelley										
Linda Weesner										
Quorum	Cancelled									

September Requests
October Requests
November Requests
January Requests
February Requests
March Requests
April Requests
May Requests
June Requests

Commission on Aging Attendance (current commissioners only)
Meetings 3rd Thursday of each month @ 4:00 pm (no meetings in August or December)

Commissioners	7/2018	9/2018	10/2018	11/2018	1/2019	2/2019	3/2019	4/2019	5/2019	6/2019
Don Campbell										
Regan Overholt			Unplanned Absence		Unplanned Absence		Unplanned Absence			Unplanned Absence
Heidi Wheeler		Planned Absence			Unplanned Absence		Unplanned Absence	Planned Absence		
Terry Kelley		Planned Absence						Planned Absence		Planned Absence
Linda Weesner		Planned Absence		Planned Absence				Planned Absence		
Quorum		Meeting Cancelled	Yes	Yes	Yes	Meeting Cancelled	Yes	Meeting Cancelled	Yes	Yes

July2018: No Requests

September 2018: No Meeting

October 2018: Weesner requested for November

November:

January: Weesner and Kelley requested April, Kelley also requested June.

February: No meeting

March: Wheeler asked for April.

April: No Quorum

May: Changed to May 9th.

June:

July 2019: No Meeting



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: September 19, 2019
ITEM #: F.4.
SUBJECT: Approve the June 20, 2019 Minutes

Approve the June 20, 2019 Minutes

Attachments:

1. 06202019 Minutes

City of Woodland

Woodland Community & Senior Center
2001 East Street
Woodland, CA 95776



Commission on Aging –

Thursday, June 20, 2019

4:00 PM

A. CALL TO ORDER

Meeting called to order at 04:02 PM

B. ROLL CALL

Council Members Present: Commissioner Linda Weesner, Commissioner Heidi Wheeler

Absent: Commissioner Regan Overholt

Excused: Commissioner Terry Kelley

Guest: Richard DeLiberty

Commissioner Terry Kelley,

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS - COMMISSION/STAFF STATEMENTS AND REQUESTS

E. NEW BUSINESS

F. REGULAR CALENDAR

1. Standing Committee Report

- Intergenerational Project
- Senior Resource Fair
- Woodland Apartment List
- Advocacy-Area 4 AOA Udate
- Handicap Parking at front of WC&SC
- Senior Survey

No upates for Intergenerational Project, Advocary-Area 4 AOA, Handingcap Parking, or the Apartment List update in 2020.

Senior Resource Fair was discussed. Timing of the event, interactive activities are needed and the check in area needs some organization and water.

Tringali will email the Senior Survey to Commissioner Weesner.

2. Approve the May 9, 2019 Minutes

On a motion by Commissioner Linda Weesner, seconded by Commissioner Heidi Wheeler and carried unanimously, to Approve the May 9, 2019 Minutes.

Ayes: Commissioner Linda Weesner, Commissioner Heidi Wheeler

Noes: None

Absent: Commissioner Regan Overholt, Commissioner Terry Kelley

3. Consider Commissioner Requests for Planned Absences from Future Meeting.

No requests were received at this meeting.

G. REPORT OF THE STAFF

4. Monthly Senior Center Report

Verbal updates provided by Staff highlighted Smart Phone training, 4th of July events and the Teens Helping Seniors Spagetti Feed on July 18, 2019.

H. COMMUNICATIONS - PUBLIC COMMENT

I. AGENDA ITEMS FOR NEXT MEETING

Election of Officers

J. ADJOURN

On a motion by Commissioner Linda Weesner, seconded by Commissioner Heidi Wheeler and carried unanimously, meeting adjourned at 04:35 PM.

Ayes: Commissioner Linda Weesner, Commissioner Heidi Wheeler

Noes: None

Absent: Commissioner Regan Overholt, Commissioner Terry Kelley



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: September 19, 2019
ITEM #: F.5.
SUBJECT:

Attachments:

None



TO: THE COMMISSION ON AGING
 AGENDA: Commission on Aging
 DATE: September 19, 2019
 ITEM #: G.6.
 SUBJECT: Monthly Senior Center Report

Volunteer Appreciation Dinner: On August 8, the Woodland Senior Center and Senior Center Inc. hosted the annual Volunteer Appreciation Dinner. There were four appreciation awards given out to: Abbie Morrison (1-on-1 Tech Help), Roberta Peebles (Woodland Stompers), Roger Peebles (Woodland Stompers, Computer Club, SCI), and The Californian (who donates snacks to Senior Center programs and meals for SCI programs). There was also one Lifetime Volunteer Achievement Award that went to Joel Yoder, a longtime Senior Center volunteer.

Yolo Food Bank: Every Wednesday, the Community & Senior Center receives food donations from Nugget Market and distributes the food to adults and seniors. Nugget donates mostly bakery items, but also will give produce, canned goods, and other grocery items. The food bank receives reports for the donated food as part of the Feeding America program, which is the third largest charity in the United States. All this is accomplished through a partnership between the Woodland Senior Center, the Yolo Food Bank, Senior Center Inc., and Nugget Market.

Dates to Note

September 20 – Movie in the Park
 September 26 – SCI Fall Potluck
 October 4 – Tickets for SCI Thanksgiving Dinner go on sale for members only
 October 11 – Movies on Main Street
 October 18 – Tickets for SCI Thanksgiving Dinner go on sale to general senior public
 November 1 – Tickets for SCI Holiday Social go on sale for members only
 November 11 – Community & Senior Center closed for Veterans Day
 November 15 – Tickets for SCI Holiday Social go on sale to general senior public

Woodland Senior Center Monthly Participant Report classes ending: July 2019

Activity	End Date	Sign-Ins/ Participants
ART		
Art	7/31/2019	67
Ceramics	7/18/2019	13
Gardening Adventures	7/12/2019	11
Needles & Friends	7/29/2019	99
Woodcarvers	7/17/2019	6
Scrapbooking	7/23/2019	7
EXERCISE		
Badminton	7/31/2019	334

Low Impact Aerobics 8am	7/31/2019	208
Low Impact Aerobics 10am	7/31/2019	260
Ping Pong PM	7/30/2019	13
Pickleball	7/30/2019	173
Ship Shape	7/30/2019	70
Stompers	7/24/2019	84
Yoga	7/25/2019	56
GAMES		
Bingo	7/26/2019	73
Bridge for Fun	7/31/2019	78
Cribbage	7/31/2019	3
Hand and Foot	7/31/2019	32
Mah Jong	7/25/2019	16
Open Game Day	7/30/2019	11
Pedro	7/31/2019	65
Pinochle	7/26/2019	24
GENERAL		
Affordable Adventures -	7/14/2019	52
Chit Chat Café	7/31/2019	431
Senior Movie Day	7/8/2019	40
Thrift Store	7/31/2019	193
EDUCATION/RESOURCE		
Computer Club Meeting	7/22/2019	11
Computer Lab	7/26/2019	19
Handy Helpers	7/31/2019	6
HICAP Consultations	7/24/2019	6
Legal Consultations	7/18/2019	5
SUPPORT		
Prostate Support	7/8/2019	13
Stroke Support	7/15/2019	10
Transitions	7/23/2019	28
SPECIAL PROGRAMS		
Library Usage	7/30/2019	8
DVD & Audio Library	7/26/2019	85
AARP Driving Course	7/10/2019	7
Abbie's Tech Help	7/29/2019	7
Prediabetes & Diabetes	7/31/2019	10
Conversations About the End of Life Series	7/12/2019	3

Woodland Senior Center Monthly Participant Report
classes ending: Aug 2019

Activity	End Date	Sign-Ins/ Participants
ART		
Art	8/28/2019	38
Ceramics	8/29/2019	26
Gardening Adventures	8/2/2019	10
Needles & Friends	8/26/2019	45
Woodcarvers	8/21/2019	9
Scrapbooking	8/13/2019	4
EXERCISE		
Badminton	8/30/2019	266
Low Impact Aerobics 8am	8/30/2019	180
Low Impact Aerobics 10am	8/30/2019	244
Ping Pong PM	8/27/2019	14
Pickleball	8/29/2019	206
Ship Shape	8/30/2019	70
Stompers	8/27/2019	61
Yoga	8/29/2019	104
GAMES		
Bingo	8/24/2019	132
Bridge for Fun	8/28/2019	21
Cribbage	8/28/2019	1
Hand and Foot	8/28/2019	44
Mah Jong	8/24/2019	21
Open Game Day	8/27/2019	16
Pedro	8/6/2019	13
Pinochle	8/30/2019	34
GENERAL		
Chit Chat Café	8/30/2019	445
Senior Movie Day	8/12/2019	35
Thrift Store	8/30/2019	170
EDUCATION/RESOURCE		
Computer Club Meeting	8/30/2019	11
Computer Lab	8/30/2019	18
Handy Helpers	8/28/2019	4
HICAP Consultations	8/28/2019	6
Legal Consultations	8/15/2019	5
EVENTS		
Volunteer Appreciation Dinner	8/8/2019	175
SUPPORT		
Arthritis Support Group	8/1/2019	2
Stroke Support	8/20/2019	9
Transitions	8/20/2019	6
SPECIAL PROGRAMS		

Library Usage	8/27/2019	8.5
AARP Driving Course	8/21/2019	7
Abbie's Tech Help	8/12/2019	5
Prediabetes & Diabetes	8/31/2019	10
Conversations About the End of Life Series	8/9/2019	2
Iphone & Andriod phone training	8/26/2019	20
Yolo Bread Day	8/28/2019	242

Attachments:

None