



City of Woodland
Meeting Agenda
Commission on Aging

Woodland Community &
Senior Center
2001 East Street
Woodland, CA 95776

January 19, 2023
4:00 PM

Please Note: The numerical order of items on this agenda is for the convenience of reference; items may be taken out of order.

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. REGULAR CALENDAR

1. Approve Minutes from the November 17, 2022 Commission on Aging Meeting
2. Woodland Apartment Guide 2023/2024
3. Senior Satisfaction Survey

E. NEW BUSINESS

4. Senior Resource Fair 2023
5. Assign Representative to the Yolo County Commission on Aging & Adult Services

F. COMMUNICATIONS - COMMISSION/STAFF STATEMENTS AND REQUESTS

6. Commissioner Statements
7. Request for Absence from Future Commission on Aging Meetings

G. REPORT OF THE STAFF

8. Senior Center Staff Report

H. COMMUNICATIONS - PUBLIC COMMENT

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such requests must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: January 19, 2023
ITEM #: D.1
SUBJECT: Approve Minutes from the November 17, 2022 Commission on Aging Meeting

Attachments:

1. 2022 11 17 COA Minutes

**City of Woodland
Meeting Minutes
Commission on Aging
November 17, 2022
4:00 pm**

A. CALL TO ORDER

Meeting called to order by Commissioner Campbell at 4:00 pm

B. ROLL CALL

*Commissioners Present: Campbell, DeLiberty, Harryman, Overholt
Commissioners Absent: Crider
Staff Present: Tringali*

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS - COMMISSION/STAFF STATEMENTS AND REQUESTS

1. Commissioner Statements

Commissioner Harryman commented on Waste Management information. It was difficult to find information related to seniors. Presented a discount listing for seniors from the internet. Commissioner Campbell requested copies of discount lists be copied and provided to seniors. Commissioner DeLiberty expressed concern over the content of the list. Commissioner Harryman will work on the list to tailor for Woodland.

2. Request for Absence from Future Commission on Aging Meetings

None requested. Commissioner Campbell requests that Commissioners reply to him via email if they are unable to make it to a meeting.

E. NEW BUSINESS

3. Presentation by John Tan from the Health Insurance Counseling & Advocacy Program (HICAP)

John Tan is the Yolo County Coordinator for HICAP. HICAP provides information on Medicare and long-term care insurance, sign up for new services or compare services to save money. Program is partially funded by Agency on Aging Area 4.

Volunteer counselors (that live in the community) advise the people. Services are also available in Davis, West Sacramento, RISE in Esparto, and a medical office in Winters. Regular appointments are offered to people for free. Homebound seniors have been served over the phone and Zoom.

HICAP intends to bring in-person meeting spaces back. There are three regular volunteers in Yolo County, plus staff. Working with CommuniCare to train them in HICAP. They are still looking for a Yolo County Coordinator.

4. Senior Satisfaction Survey

Commissioner Overholt described past efforts at a satisfaction survey. Staff will work on initial survey questions and data collection for January. Commissioner Overholt also wanted to see a clear explanation and visual representation of the relationship Commission, Senior Center Inc., and the Woodland Senior Center.

F. REGULAR CALENDAR

5. Approve Minutes from the October 20, 2022 Commission on Aging Meeting

*Commissioner DeLiberty motioned to approve minutes.
Commissioner Overholt seconds.
Motion passes 4-0*

6. Woodland Apartment Guide 2023/2024

Staff presented an updated Apartment Guide to the Commission, with several non-respondent complexes. Commission advised to move forward with an updated version based on what has already been collected.

G. REPORT OF THE STAFF

7. Senior Center Staff Report

Staff described the Yolo Healthy Aging Alliance annual cross-training, where dozens of senior-serving agencies gather to keep each other updated on staffing and services.

H. COMMUNICATIONS - PUBLIC COMMENT

Art Williams commented that he appreciated discussion on the roles of the senior-serving organizations.

I. AGENDA ITEMS FOR NEXT MEETING

8. Senior Resource Fair 2023

Senior Discount and Free Resource Information

J. ADJOURN

*Commissioner Harryman motioned to adjourn at 4:50 pm.
Commissioner DeLiberty seconds.
Motion passes 4-0*



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: January 19, 2023
ITEM #: D.2
SUBJECT: Woodland Apartment Guide 2023/2024

Attachments:

1. Apartment Complexes 2023-2024

Apartment Complexes In Woodland



PREPARED BY
City of Woodland Commission on Aging

2023/2024

Apartment Complexes in Woodland

Based on information available from properties management at time of publication. The City of Woodland Commission on Aging welcomes corrected and updated information: 530-661-2001.

Housing Assistance Program information available at **Yolo County Housing**,
147 W. Main Street, Woodland, CA 95695 (530) 662-5428.

Contact information for **Property Management Companies** is on last page.

119 Fifth Street 119 Fifth Street Woodland, CA 95695 (530) 662-5858 12 units A/C wall units www.lawsonpropertymanagement.com	Property Management 1 BR Deposit Credit Check (if accepted) Move in Pets	Lyon Property \$925/month \$1,025 \$35 if accepted 1 st month + deposit No Pets
702 Third Street 702 Third Street Woodland, CA 95695 (530) 662-5858 6 Units No section 8 Families Welcomed 1 unit downstairs www.lawsonpropertymanagement.com	Property Management 1 BR, 1BA 2 BR, 1 BA 3 BR, 1 BA Deposit Move in Credit Check Pets	Lawson Realty \$1,085/month \$1,370/month \$1,450/month Varies 1 st month + deposit if approved \$35.00 per adult if approved No Pets
1275 East Oak Street 1275 East Oak Street Woodland, CA 95776 (707) 724-6008 930 AM – 4:30 PM 4 units A/C Wall units	Property Management 2 BR, 1 Bath Deposit Credit Check Move in Pets	 Call for Rates Call for Rates \$35 if accepted 1 st month + deposit No pets
Acacis Glen Seniors Only 615 Acacia Way Woodland, CA 95695 (530) 666-4701 (9-1)(M-F) 41 units Handicap accessible units (8) Accepts Section 8 (1 BR only)	1 BR. 1BA 2 BR, 1 BA 2 BR, 2 BA 2 BR, 2 BA Deposit Credit Check Move in 8 only Section 8 1 BD 1BA Pets under 30 lbs. service dogs	\$1,295/month \$1,425/month \$1,530/ month \$1,730/month First Month's Rent \$46 1 st month + deposit Small pets/\$500 deposit
<i>Each Unit: Stackable washer/dryer, dishwasher, microwave, refrigerator, granite counter tops, elevator</i>		
Autumn Run 1180 Matmor Rd. Woodland, CA 95776 (530) 661-9537 396 units 27 handicap accessible units <i>Two pool areas, management on site, with BBQ, Jacuzzi. Spanish speaking Management 12 Month Lease</i>	Property Management 2 BR, 1 BA 2 BR, 2 BA Deposit Credit Check Move in Pets	Autumn Run Investors \$1,900/month \$2,300/month \$750 \$35 per person 1 st month + deposit No pets (only service animals)

Cambridge Square 225 N. Cleveland St. Woodland, CA 95695 (530) 666-2900 (8:00-5:00) FAX (530) 666-2903 37 Units Families Welcome <i>Central Heat/ Air, stove and refrigerator included, pool</i>	Property Management 2 BR townhouse, 1 ½ BA 3 BR – 1 BA (w/yard or upstairs) Deposit Credit Check Move in Pets	Laughton \$1,500/month \$1,600/month \$1,000 if approved \$35 each adult 1 st month + deposit No pets – <i>Service animals only</i>
Casitas 606 California Street Woodland, CA 95695 (530) 662-5858 11 units, A/C wall units www.lawsonpropertymanagement.com	Property Management 3 BR, 1 ½ Bath Deposit Credit Check Move in Pets	Lyon Real Estate \$1,300/Month \$1,400 + \$75 Utility Fee \$35 if accepted 1 st Month + Deposit Negotiable No Pets
Cherry Glen 762 W. Lincoln Ave. Woodland, CA 95695 (530) 666-0152 (1-5) 44 units	2 - 3 BR, 1-1 ½ BA Deposit HUD (income limits) 2 Units Wheel Chair Accessible Pets	Depends on Income Depends on Income No Pets
College Greens 239 N. College St. Woodland, CA 95695 (530) 662-5858 No Section 8 28 units <i>2 unit's wheel chair accessible; fireplaces, washer/ dryer in each unit, common pool area, and central A/C.</i> www.lawsonpm.com	Property Management 2 BR, 1 BA Deposit Credit Check/Families welcomed Pets Move in	Lawson \$1,400/Month \$1,500 \$35.00 Per Adult Small Negotiable 1 st Month + 2 Deposits
College Manor 1411 Elliot Street Woodland, CA 95695 (530) 650-8182 (8:30-5:00) (M-W-F) 40 units	Property Management 1 Studio (1 Unit) 1 BR 1 BA 2 BR 1 BA Deposit Credit Check Move in Pets	Vertuies Properties \$875/month \$1,175/month \$1,200+/month \$600 \$54 each adult 1 st + deposit Small pets 25 lbs. or less, \$500 Dep. Per pet Limit 2 pets
College Street Apartments 162 College St. Woodland, CA 95695 (530) 661-4900 1-5) 26 units www.college.att.com	1 BR, 1 BA Deposit Credit Check Move in Pets <i>Wheel Chair Accessible</i>	Call for Rates Call for Rates Call for Rates 1 st month + dep. No Pets

Community Lane	1 BR, 1 BA	\$1,175/month
435 Community Ln.	2 BR, 1 BA	\$1,345/month
Woodland, CA 95695	Deposit	\$300-\$400
(530) 666-0648 (T-TH)	Credit Check	\$46 each adult
44 units	Move in	1 st prorated + deposit
<i>Accepts Section 8</i>	Pets	Small pets/\$300 deposit
<i>1st Floor Wheel Chair Accessible, Pool, 24hour Laundry Room, Picnic Area with BBQ,</i>		
www.communitylaneapt.com		
Cottonwood Meadows	Yolo County Housing Authority	
120 N. Cottonwood St.	1 BR	Call for Rates
Woodland, CA 95695	Deposit	Call for Rates
(530) 668-0361	Credit Check	
(M-TH 1:30-6:30)		
(T-W 7:30-2:30)	Pets	Under 25 lbs/\$350 deposit
47 units	Move in	1 st month + deposit
Courtyard West	Property Management	Laughton
174 W. Court St.	1 BR, 1 BA	Call for Rates
Woodland, CA 95695	2 BR, 1 BA	Call for Rates
(530) 662-7754 (1-5)	Deposit	Call for Rates
55 units	Credit Check	\$35 each adult if approved
No pets	Move in	1 st month + deposit
www.laughtonproperties.com	<i>Gated, 2 parking places each apartment Pool, BBQ Area, on site storage</i>	
Courtside Towers Senior Apts.	1 BR, 1 BA	\$995/Month
320 W. Court Street	Deposit	\$600
Woodland, CA 95695	Credit Check	\$30 if approved
(530) 661-0410 (M-TH 8am-6pm)	Pet Dog Breed Restrictions	Under 25 lbs/\$600 deposit
(F 9-6) (Sat. 10-3)	2 Cats Indoor Only	
102 units	Move in	1 st Month + Deposit
<i>Accepts Section 8</i>	Eligibility	Seniors Only (55+ years old)
<i>Included: Free laundry for residents, oven, refrigerator, dishwasher, use of pool next door.</i>		
<i>/ Wheel Chair Accessible w/ emergency pull cords in bathrooms and bedrooms, free basic & extended cable, you pay all utilities</i>		
<i>PG&E and city utilities. No Smoking Policy</i>		
courtsidetowers@att.net		
Courtside Village	1 BR 1BA	\$1,345-1,395/month
255 Sonoma Way	2 BR 1BA	\$1,725-1,750/month
Woodland, CA 95695	2 BR townhouse 1.5 bath	\$1,775-1,825/month
(530) 298-9930	Deposit	\$600 or \$175 Bond
150 units	Credit Check	\$30 per adult if approved
2 handicaps accessible units	Pets	\$500 per pet under 30 lbs.
	Move in	1 st month + deposit

Courtwood	1 BR 1 BA	Call for Rates
216 W. Court Street	2 BR 1 BA	Call for Rates
Woodland, CA 95695	2 BR 1 BA	Call for Rates
(530) 666-9427	Deposit	Call for Rates
	Credit Check	\$25 if approved
112 units	Pets Service animals only	No Pets
www.courtwoodaptwoodland.com	Laundry area/pool	
Crosswood	1-2 BR	30% of income
646 Third Street	Move in	Varies w/income
Woodland, CA 95695	HUD	
(530) 666-0501 (M-F 9-4:00 PM)	Pets	Service Animals
48 units		
Eaglewood	Studio	Call for Rates
1975 Maxwell Avenue	1 BR, 1 BA	Call for Rates
Woodland, CA 95776	2 BR, 2 BA	Call for Rates
(530) 662-9800	Deposit	Call for Rates
Leasing Office	Credit Check	\$50 ea. adult
156 units	Pets	Pet Friendly/\$400 deposit per pet
2 ½ rent to qualify, move in varies	Families Welcome	under 25 lbs. \$25 ex. Per Month
<i>Section 8 ok, if proof of other income</i>	Covered parking available	+ \$100/month
<i>Handicap Accessible units, pool, spa, library, and fitness area</i>		
Ella Apartments	Property Management	Pacific Prosperities
1711-1737 Sixth Street	1 BR, 1 BA	\$1,500/month
Woodland, CA 95695	2 BR, 1 BA	\$1,710/month
(844)393-6847 (M-F 9-5)	Deposit	\$500-First Month's Rent
110 units	Pets- 2 pet rent per apt.	\$400 deposit per pet
Wood flooring, deck or patio, dishwasher, wood blinds, A/C, ceiling Fan, 2 swimming pools, laundry centers (BBQ, pet park, fitness center coming soon)		
www.pacificproperities.woodland.com		
Elliot Crossing	Property Management	Laughton
33 W Elliott Street	Studios	\$1,200/Month
Woodland, CA 95695	1 BR	\$1,300/Month
(530) 666-2920 (9-5)	2 BR	\$1,700-\$1,800/Month
Families welcome	Deposit	\$1,000 If Approved
116 units	Credit Check	\$35 each adult
Handicap Accessible units	Pets \$500 Deposit	No pets
www.laughton-properities.com		

Fairmount Apartments 555 Matmor Road Woodland, CA 95776 (530) 662-0500 (M-F 9-6) 192 units (Sat 10-2) 2 handicap accessible units	1 BR/1 BA 2 BR/1 BA - 2 BR/2 BA Deposit Credit Check Move in varies Pets (2 only 25 lbs.)	\$1,695/month \$1,795-\$1,870/month \$750/\$850/\$950 \$49 each adult 1 st month + deposit Breed restriction/\$500 deposit
Fair Plaza East 35 W. Clover Street Woodland, CA 95695 (530) 666-3429 (M-F 8-12) 68 units All handicap accessible units	1 BR, 1BA Deposit Credit Check Pets Move in Eligibility	\$1,052/month Leasing \$400 \$50 each adult 2 at 25 lbs./\$500 deposit 1 st month + deposit Seniors only (55+ years or older)
Ford Manor 730 Fifth Street Woodland, CA 95695 (530) 297-2260 A/C wall units 12 units	Property Management 1 BR, 1 BA 2 BR- 2 BA Deposit Credit Check (if accepted) Move in Pets	Lyons Real Estate \$1,000/Month+\$50 Utility Fee \$1,090/Month \$1,100 \$35 per adult 1 st Month + Deposit Service Animals Only
www.lawsonpropertymanagement.com		
Fowler Commons 135 Third Street Woodland, CA 95695 (530) 662-5858 9 Units Accepts Section 8 Central Heat/Air	Property Management 1 BR Deposit Credit Check Pets Move in washer/dryer inside units	Lawson Real Estate \$1,350/Month \$1,450 \$35 if approved No Pets 1 st Month + Deposit Off Street Parking
www.lawsonpropertymanagement.com		
Franciscan 14 W. Cross Street Woodland, CA 95695 (530) 464-6519 56 units Utilities, Water & sewage charged 50-85	Property Management 1 BR 2 BR 2 BR 2 BA Deposit Credit Check Move in Pets	West Cal \$1,525/month \$1,595/month \$1,625/month \$750, \$850, \$950 \$35 each adult if approved 1 st month + deposit No pets Except companion pet Service only
www.westcal.net		
Greenery 505 W. Cross Street Woodland, CA 95695 (530) 666-2404 95 units Reliant Property Management	Rent & Deposit based on income (30%) Move in 5 handicap accessible units Move in UD & Section 8 only	Varies w/income No Pets Pets Varies w/ income 5 handicap accessible units

The Greens 251 W. Lincoln Avenue Woodland, CA 95695 (530) 666-0609 (M-F 7:30-3:30 p.m.) 53 units Accept Section 8 <i>1 hdep accessible units downstairs only</i> www.laughton-properitites.com	Property Management 1 BR, 1 BA 2 BR, 1 BA Move in (Prorated by date) Pets Families welcomed Credit Check	Laughton Call for Rates Call for Rates Call for Rates Small animals/\$500 dep. ea. up to 25 lbs. must be 1 yr. old \$35 ea adult if approved
Greens Annex 505 Community Lane Woodland, CA 95695 (530) 666-0609 28 units Section 8 only Section 8 Handicap Accessible unit downstairs only www.laughton-properitites.com	Property Management 2 BR – 1 BA Deposit Move in Credit check Pet	Laughton Call for Rates Call for Rates 1 st month + deposit \$35 per adult if approved Small only \$500 deposit ea. must be 1 year's old, 25 lbs
Heritage Oaks 186 Muir Street Woodland, CA 95695 (530) 661-9345 (8-5) M-F Families Welcomed 120 units <i>Accepts Section 8</i> www.heritageoaks-woodland.com	1 BR – 1 BA 2 BR – 1 BA 2 BR – 2 BA Deposit Credit Check (if accepted) Move in Pets	Call for Rates Call for Rates Call for Rates Call for Rates \$30 each adult 1 st month + deposit pro ratio \$250 for each, Plus \$20 per per month extra
Hotel Woodland 436 Main Street Woodland, CA 95695 (530) 661-6944 76 units 4 Handicap only hotelwoodland@chochousing.org	Studios Furnished w/AC Move in Pets <i>Accepts Section 8</i>	\$694/month 1 st month + \$400 deposit Service animals only <i>Community Kitchen</i>
VASH – Veterans Assistant Supportive Housing		<i>no stove</i>
Jefferson Manor 586 California Street (530) 297-2260 Woodland, CA 95695 31 units A/C wall units Lawsonpropertymanagement.com	Property Management 1 BR 1 ½ BA 2 BR 1 BA Deposit Credit Check (if accepted) Move in Pets	Lyons Real Estate \$905/ Month \$1,090/Month \$1,150+ \$75 Utility Fee \$35 per adult 1 st Month + Deposit Service Animals Only

Knights Landing Harbor	1 BR	(30% of income)
9320 Mill Street		
Knights Landing, CA 95645	Credit Check	\$35 per adult
(530) 735-6724 (10-4)	Move in	1 st Month + \$700 Deposit
24 units	Pets	1 Small Pet Under 40lbs
Deposit		Additional \$700 for Pet
<i>HUD Senior/ disabled only, community room, laundry room, lawn area, elevator to second story – handicap accessible</i>		
Lincoln Gardens 1	1 BR, 1BA	Call for Rates
836 W. Lincoln Ave	Deposit	Call for Rates
Woodland, CA 95695	Credit Check	\$46 ea. adult if approved
(530) 668-0366	Move in	1 st month + deposit
66 units	Pets 2 max	small pet/\$200 dep per pet
<i>Accepts Section 8</i>	Eligibility	Seniors only (55+ years old)
<i>All handicap accessible units</i>		
<i>Tub units, 2 laundry rooms, Central Heat/ Air, clubhouse for activities, monthly calendar events, Water & Garbage \$45.</i>		
www.woodlandseniorapartments.com		
Lincoln Gardens 2 Seniors only	1 BR, 1BA	Call for Rates
440 Ashley Street	2 BR, 1BA	Call for Rates
Woodland, CA 95695	Deposit	Call for Rates
(530) 668-0366	Pets small pet	\$200 dep.per pet 2 max.
20 units	Credit Check	\$46 ea. Adult if approved
<i>Partial handicap accessible units, dishwasher, and washer/ dryer, shower walk-in units, clubhouse shared with Lincoln Garden 1. parking by permit. Accepts Section 8 – Pay Utilities (Water & Garbage \$45.00)</i>		
Lone Oak Apartments	1 BR, 1 BA (upstairs w/balcony)	\$1,200/month
591 Matmor Road	1 BR, 1 BA (downstairs w/patio & yard)	\$1,350/month
Woodland, CA 95776	2BR, 1.5 BA (upstairs w/balcony)	\$1,380/month
(916) 780-8228	2BR, 1 BA (downstairs w/patio & yard)	\$1,350/month
Fax (916) 780-9483	Deposit	\$1,000
(916) 247-2533 Jennifer	Credit Check	\$25 each adult
14 Units	Move in	1 st month + deposit
	Pets	(Dogs case by case only)
	Indoor cats \$30/\$300 dep. 2 Max	Dogs \$50/\$500 dep
	Pets case by case only	
www.Rsc-associates.com	<i>Laundry room; issued parking; included water, garbage & sewage; Central Heat / Air.</i>	
Monterey Apartments	1 Br, 1 BA townhouse	\$1,225/month
280 W. Court Street	2 BR, 2 BA, townhouse	\$1,525/month
Woodland, CA 95695	2 BA, 1 BA .	\$1,425/month
(530) 666-5098	Deposit	\$500
Accepts Section 8	Credit Check (if accepted)	\$25 ea. adult
70 units	Move in	1 st month + deposit
	Pets	\$250 deposit per pet
<i>Central Heat/ Air, Stove/ refrigerator, garbage disposal, laundry room, pool and free extended cable</i>		

Moria Garden 1231 Gary Way Woodland, CA 95695 (530) 662-1670 (9-12 M-F) 48 units <i>Handicap accessible units</i> <i>Includes Washer & dryer in each unit Share water & Garbage, Leasing available</i>	Property Management 1 BR, 1 BA 2 BR, 1 BA Deposit Credit Check Pets 25 lbs. or less Move in	WestCal \$1,635/ Month 1 yr. lease \$1,735/Month 1 yr. lease \$600 \$49 ea. Adult \$500 Indoor Cats Only 1 st Month + Deposit
Mutual Housing at Spring Lake 2170 Farmers Central Road Woodland, CA 95776 (530) 669-5767 – Office (9-6) (530) 669-5779 – Fax Email – springlake@hyderco.com Rural Development and Tax credit 101 units <i>Amenities; stove, refrigerator, dishwasher, central heating and air zero net energy facility, free internet, laundry facility, computer lab. 3 stories no elevators. Some units fully handicapped, some accessible that can be made for fully handicapped.</i>	1x1, 2x2, 3x2, 4x2 Deposit Credit Check Move-In: Pets	Rent: 30% of household income Rent – 1 month NO FEE 1 st months + deposit No pets allowed Service dogs only
Northtowne 1037 North Street Woodland, CA 95695 (530) 662-5858 23 units Laundry Room/ Off Street Parking A/C Wall Units www.lawsonpropertymanagement.com	Property Management 1 BR 1 BA Deposit Credit Check Pet Move in	Lawson Real Estate \$1,150/Month \$1,250 \$35 per adult Birds & Fish 1 st Month + Deposit
Northview 338 North Street Woodland, CA 95695 (530)662-5858 31 units <i>Wall A/C</i> www.lawsonpropertymanagement.com	Property Management 1 BR 1 BA 2 BR 1 BA Deposit Pets Move in Credit Check	Lyons Real Estate \$1,050/Month \$1,150/Month \$ 1 ½ Month Rent \$50 Utility Fee No Pets 1 st Month + Deposit \$35 per adult (if approved)
Oak Manor 1308 E. Oak Street Woodland, CA 95695 (530) 666-1206 12 units <i>A/C wall units</i> www.golygon.com	Property Management 1 BR 1 BA Credit Check Deposit Pets Move in	Lyons Real Estate \$715/Month \$35 each adult 1.5x Rent No Pets 1 st Month + Deposit

Plaza Del Monte 522 Cottonwood St. Woodland, CA 95695 (530) 666-0100 61 units Families welcome	Property Management 1 BR- 1 BA 2 BR – 1 BA 2 BR – 2 BA Deposit Credit Check Move in NO PETS	Laughton Call for Rates Call for Rates Call for Rates Call for Rates \$35 each adult if accepted 1 st month + deposit
Utilities included in rent, Common pool, state of art laundry room w/air conditioning, large balcony/patio, off street parking. Water, Garbage. PG&E and Cable Network. www.laughton-properitites.com		
Ridgewood 90 W. Elliot Street Woodland, CA 95695 50 units	Lawson Property Management 1 BR, 1BA 2 BR, 1BA Deposit Credit Check Move in Pets	Lawson Real Estate \$1,175/month \$1,365/month \$1,000 \$35 per Person if accepted 1 st month + deposit Indoor cats \$400 deposit
Gated community, beautiful pool, large laundry room, well maintained grounds, off street parking, tennis courts. Water, garbage and sewer included. Must lease for 6 months then it's month to month www.ridgewoodapts.org		
Rochdale Grange Apartments 2090 Heritage Parkway Woodland, CA 95776 (530) 662-7500 Accepts Section 8 www.newhopecdc.org	1 BR, 1 BA 2 BR, 1 BA 3 BR, 1 BA Deposit Credit Check Move In Pets <i>1 year lease then month to month</i>	\$429-\$759 /month– 1 st Yr. lease \$5143-\$910/ month –1 st Yr. lease \$1,042/ month– 1 st Yr. lease Income Restrictions \$20 each adult 1 month + deposit Service Animals only
Sand and Stone Apartments 404 W. Cross Street Woodland, CA 95695 (916) 247-6489 28 units Two story no evaluator – laundry room, a/c units	1 BR 1 BA Deposit Credit Check Move in Pets	\$900/month \$700 1 st month + deposit \$300 deposit for ea. pet
Shade Tree Village North 220 California Street Woodland, CA 95695 (530) 666-0648 (M-W-F) 60 units	1 BR, 1BA 2 BR, 1BA Deposit Credit Check Move in Pets	\$1,175/month \$1,345/month \$300 - \$400 \$46 Per person if approved 1 st month + deposit 2 pets under 30 lbs./\$300 Plus \$5.00/month Extra
www.shadetreenvillage.com <i>laundry room, short term lease, central heat/ac</i>		

Shade Tree Village South

260 California Street	1 BR, 1BA	\$1,175/month
Woodland, CA 95695	2 BR, 1BA	\$1,345/month
(530) 666-0648(M-W-F)	Deposit	\$300 - \$400
(888) 219-5530	Move in	1 st month + deposit
38 units	Credit Check	\$46 per person if approved
<i>Some handicap accessible units</i>	Pets	2 pets under 30 lbs/\$300 Plus \$5.00/month Extra

Laundry room, short term lease, central heat/ac

www.shadetreesouth.com

Summer Tree Apartments

601 Community Lane	Rent & Deposit based on gross income (30%)	
Woodland, CA 95695	1 BR, 1 BA (63 units)	
	2 BR, 2 BA (4 units)	
(530) 666-0121	Pets	2 pets / \$300 deposit
67 units	Move in	Varies w/ income + Deposit
Accepts Section 8	Eligibility	Over 62 or with disability
<i>All units handicap accessible</i>		

Summer Tree

555 Community Lane	2—3 BR	Rent & Deposit based on income (30%)
Woodland, CA 95695	Pets	\$300 Deposit
(530) 666-0121		
24 units	Move in	varies w/income+ deposit
<i>Accepts Section 8</i>		

Sycamore Pointe

521 Pioneer Avenue	1 BR 1 BA	\$843-1,029/month
Woodland, CA 95776	2 BR 1 BA	\$1,009-1,232/month
	3 BR 2 BA	\$1,116-1,418/month
	4 BR 2BA	\$1,286-1,574/month
136 units	Deposit	\$450 Deposit
	Move in	1 st month + deposit \$450
<i>11 handicap accessible units</i>	Credit Check	\$30 per person Adults only
<i>Three story no elevators</i>	2 Pets	Under 25 lbs. \$350 Deposit

www.sycamorepointe.com

PG&E – Cable Internet

Terracina at SpringLake

1620 Mickle Avenue	Property Management CO.	www.usapropfund.com
Woodland, CA 95776	1 BR 1 BA	Call for Rates
	2 BR 2 BA	Call for Rates
(530) 309-2850	3 BR 2 BA	Call for Rates
FAX (530) 662-1397	Deposit	Call for Rates
Office Hours: (M-W-F 9-5)	Credit Check	\$50.00 per adult
Closed Tues. Thursday, Sat and Sun.	Pets	Cats and Dogs 25 lbs. max.
Section 8		\$500.00 Deposit each/ per pet
Some Handicap Accessible units available		2 pet maximum
No Elevator		

Parking assigned Refrigerator, Dishwasher, Stove, Central Heating and Air / Laundry Room, Water/Garbage, BBQ area, Pool, Fitness/Business center / Basic cable hookup available. Social Worker on site once a week. Activities after school Program Daily M-F 3:30 – 5:00 PM.

www.terracinaspinklake.com

Walnut Manor 507 Cottonwood Street Woodland, CA 95695 (530) 662-5858 24 units <i>Central/ heat/ air, off street parking, laundry room, balcony/ patio</i> www.lawsonpropertymanagement.com	Property Management 1 BR, 1 BA 2 BR 1 BA Deposit Move in Credit Check Pets	Lawson Real Estate \$1,350/month \$1,400 /Month Variable 1 st Month + Deposit \$35 /per adult No Pets
Walnut Wood 514 Community Lane Woodland, CA 95695 (530) 661-6418 (8-5) (Tu-TH) (Tuesday and Thursday) 35 units <i>Handicap accessible downstairs units only</i>	Property Management 1 BR 1 BA 2 BR 1 BA Deposit Move in Pets \$25. ea Credit Check	Westcal Call for Rates Call for Rates Call for Rates 1 st month + deposit \$500 under 25 lbs. dogs/cats \$32 per adult if approved
West Beamer Place 10 N. Cottonwood Street Woodland, CA 95695 Office (530) 419-5991 Fax (530) 402-1898 Office Hrs. 8:30am - 5:30 pm Open Monday-Friday 79 Units 3-4 Handicap units available No Smoking Section 8 <i>Parking available, Central Heating & Air, Cable ready, Laundry Room, Refrigerator, Dishwasher, BBQ area, Play tog area.</i> www.mercyhousing.org	Property Management 1 Bed. 1 Bath (Referral by Yolo Housing Authority only) 2 Bed. 1 Bath 3 Bed, 2 Bath 3 Bed, 2 Bath townhouse Deposit Credit check No Pets	Mercy Housing limited availability8 Call for Rates Call for Rates 1 Months rent \$25 per adult
Westgate Village 839 W. Lincoln Ave Woodland, CA 95695 (530) 662-7596 128 units www.tandemproperties.com	Property Management 1 BR 1 BA 2 BR 1 BA 3-4 BR 2 BA Deposit Move in Credit Check Pets	Tandem Call for Rates Call for Rates Call for Rates Call for Rates 1 st month + deposit \$25, \$40-\$55, # of applicants Only 3-4 BR. 2 cats, 2 dogs, \$500 ea. Deposit per pet

Westwood Apartments	1 BR, 1 BA	Call for Rates
260 W. Court Street	2 BR 1 BA + 2 BR 1 ½ BA	Call for Rates
Woodland, CA 95695	Deposit	Call for Rates
(530) 666-5355	Move in	1 st month + deposit
92 units Families Welcome	Credit Check	\$20 per adult over 18
	Pets	Service/or companion pet
www.westwoodaptwoodland.com		
Windmere Apartments		
650 Community Lane	Studios only	
Woodland, CA 95695		
Fax: (530) 662-3664		
47 units <i>Accepts HUD/Section 8</i>	Information by fax only.	
Woodside Glenn Apartments	Property Management	WestCal
15 Woodland Avenue	1BR, 1 BA	Call for Rates
Woodland, CA 95695	2 BR, 1 BA	Call for Rates
(530) 662-6765 (10:00-4:30)	Deposit	Call for Rates
(916) 348-1188		
20 units	Credit Check	\$46 ea. adult
Families welcome	Pets (sm. dog, indoor cat)	second sm. Pet \$500 deposit
	Move in	1 st month + deposit
2 story no elevator, laundry room	You pay for garbage bill (water, garbage Sewer)	
www.Westcal.net		
Woodland Crossing	Property Management	Pacific Proprieties
59 W. Lincoln Avenue	1 BR, 1 BA	\$1,514/month
Woodland, CA 95695	Deposit	\$500 if approved
(530) 662-8995		
	Credit Check	\$38.00 per adult
M-F (9:00 – 5:00)	Move In	Pro-rated by date of Month
Sat. (10:00-6:00)	Pets	Cat/dog \$400 deposit per pet
Leasing Available, Utilities is billed separately, Wheel Chair/Handicap Accessible.		
www.pacificliving.com		
Woodland Manor	Property Management	Westcal
157 Main Street	Studio	Call for Rates
Woodland, CA 95695	1 BR	Call for Rates
(530) 661-6846	Deposit	Call for Rates
50 units	Move in	1 st month + deposit
<i>Section 8</i>	Credit Check	\$30 per adult
www.woodlandmanor.com	Pet	no pets
Woodland Oaks	1 BR	\$1,679/month
724 Cottonwood Street	2 BR	\$1,715/month
Woodland, CA 95695	Deposit	\$400
(530) 666-1353 (9-5 M-F)	Move in	1 st month + deposit
80 units	Credit Check	\$40 per adult
www.woodlandoakswoodland.com	Pet	Pets \$300 Deposit/\$25 pet rent
Check website for different apartment sizes		

Woodland Village 150 Lincoln Ave. Woodland, CA 95695 (530) 662-8995 (9-6) (M-F) (10-6 Sat) 132 units	Property Management 1 BR, 1 BA 1 BR, Large, 1 BA 2 BR, 1 BA Deposit Credit Check Move in Pets	Pacific Living Properties Call for Rates Call for Rates Call for Rates Call for Rates \$38 per adult 1 st month + deposit Deposit \$400 per pet, 2 pets per Apt.
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Handicap accessible downstairs, A/C and wall A/C units, all have step in tubs, some yards, some condos, swimming pool, 6 laundry room, refrigerator, dishwashers, water/garbage not included. Resident Lounge, Leasing available.

www.pacificliving.com/woodland-village

Woodmark Apartments 700 Kincheloe Court Woodland, CA 95776 (530) 406-0400 (10-5) (M-Sat) 173 units <i>Have handicap accessible units</i> <i>Section 8</i>	Property Management 1 BR, 1 BA 2 BR, 1 BA 3 BR, 1 BA Deposit Move in Credit Check Pets	WestCal \$1,029/month \$1,232/ month \$1,418/ month \$450 1 st month + deposit \$50 per adult Up to 25 lbs. \$350 deposit
Woodside Glen 311 N. College Street Woodland, CA 95695 (530) 662-0400 72 units <i>Have handicap accessible units</i> www.westcal.net	Property Management 1 BR 2 BR Deposit Credit Check Move in Pets small dogs or cats	WestCal \$1,210/Month \$1,345/Month \$600 \$49 per adult 1 st Month + Deposit \$500 Deposit+\$35 pet rent per pet

Property Management Companies

Laughton	Laughton Properties, Inc. www.laughton-properties.com	Sacramento	916-444-9898
Lawson	Lawson Property Management www.lawsonpropertymanagement.com	Woodland	530-662-5858
Pacific Living	Pacific Living Properties www.Pacificliving.com	Woodland	844-767-1710 619-234-9989
Tandem	Tandem Properties www.tandemproperties.com	Davis	530- 756-5075
Terracina Springlake	www.terracinaatspringlake.com	Woodland	530-309-2850
WestCal	WestCal Property Management www.westcal.net	Sacramento	916-348-1188
Mercy Housing	www.yolohousing.org	Woodland	530-662-5428
New Hope CDC	www.newhope.org	Woodland	530-662-5428
Solano Properties	www.solanoPM.com	Fairfield	707-724-6008 707-374-5598

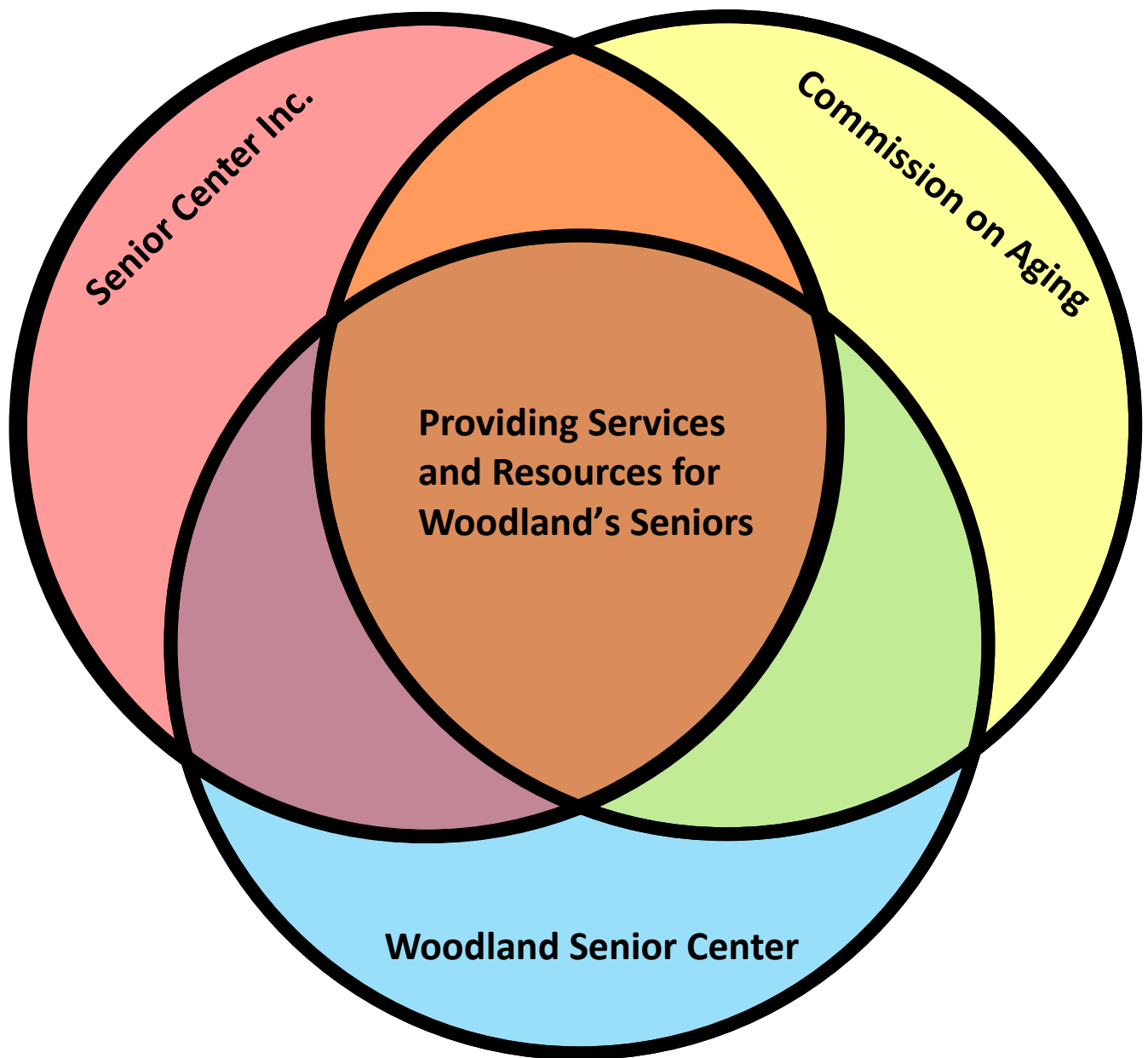


TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: January 19, 2023
ITEM #: D.3
SUBJECT: Senior Satisfaction Survey

Staff was requested to provide example questions for a survey. Included in this packet are several surveys directed at older adults, over a multitude of topics.

Attachments:

1. 2022 Venn Diagram
2. 2023 01 19 Senior Survey 01
3. 2023 01 19 Senior Survey 02
4. 2023 01 19 Senior Survey 03
5. 2023 01 19 Senior Survey 04
6. 2023 01 19 Senior Survey 05



SURVEY RESULTS
WHATCOM COUNTY PARKS AND RECREATION
WHATCOM COUNCIL ON AGING



The following information was obtained through the 2016 Senior Center Participant Surveys conducted online and at the Whatcom County Senior Activity Centers including:

Bellingham Senior Activity Center

Contracted by: Whatcom Council on Aging
315 Halleck Street
Bellingham, WA 98225

Meal Program Provided by: Meals on Wheels and More

Center Hours: Monday – Friday
8:00 am – 4:30 pm
Saturday 9:00 am – 1:00 pm

2016 Volunteer Hours: 26,917
2016 Attendance: 74,320

Lynden Community and Senior Center

Contracted by: City of Lynden
300 4th Street
Lynden, WA 98264

Meal Program Provided by: Lynden Senior Center

Center Hours: Monday – Friday
8:00 am – 4:00 pm

2016 Volunteer Hours: 7,294
2016 Attendance: 34,451

Blaine Senior Center

Contracted by: City of Blaine
435 Martin Street
Blaine, WA 98230

Meal Program Provided by: Meals on Wheels and More

Center Hours: Monday – Friday
8:00 am – 4:00 pm
Saturday
9:00 am – 1:00 pm

2016 Volunteer Hours: 6,346
2016 Attendance: 44,103

Point Roberts Senior Activity Center

Operated by: Pt Roberts Parks & Rec Dist /
Whatcom County Parks & Rec
1487 Gulf Road
Point Roberts, WA 98281

Meal Program Provided by: Meals on Wheels and More

Center Hours: Wednesday & Friday
10:30 am – 2:30 pm

2016 Volunteer Hours: 531
2016 Attendance: 2,989

Everson Senior Activity Center

Operated by: City of Everson / Whatcom County
Parks & Recreation
111 W. Main Street
Everson, WA 98247

Meal Program Provided by: Meals on Wheels and More

Center Hours: Monday & Friday
10:30 am – 1:30 pm

2016 Volunteer Hours: 972
2016 Attendance: 1,400

Sumas Senior Activity Center

Operated by: City of Sumas /
Whatcom County Parks & Rec
461 2nd Street
Sumas, WA 98295

Meal Program Provided by: Meals on Wheels and More

Center Hours: Monday & Friday
10:30 am – 1:30 pm
Wednesdays
4:00 pm to 8:00 pm

2016 Volunteer Hours: 4,165
2016 Attendance: 5,522

Ferndale Senior Activity Center

Contracted by: Jet Oldsters
1999 Cherry Street
Ferndale, WA 98248

Meal Program Provided by: Meals on Wheels and More

Center Hours: Monday – Friday
8:00 am – 4:00 pm

2016 Volunteer Hours: 5,348
2016 Attendance: 20,485

Welcome Senior Activity Center

Operated by: Whatcom County Parks & Rec
5103 Mosquito Lake Road
Deming, WA 98244

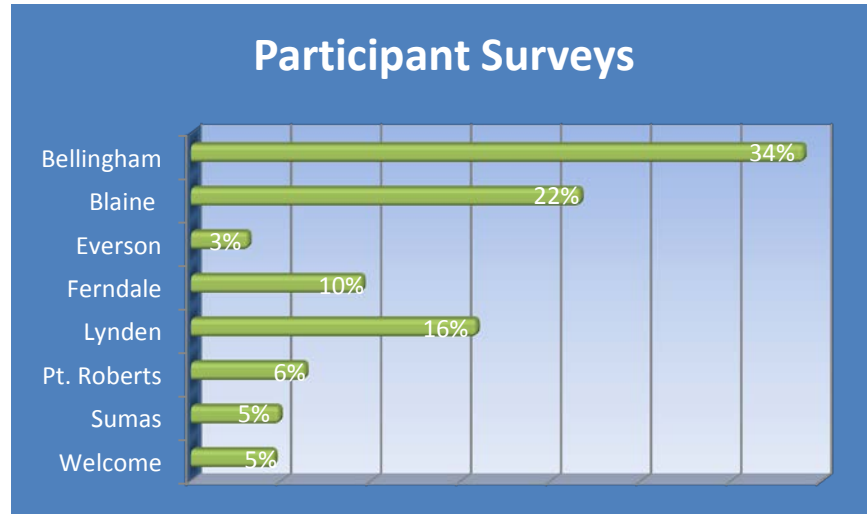
Meal Program Provided by: Welcome Senior Center

Center Hours: Thursday
9:00 am – 3:00 pm

2016 Volunteer Hours: 43
2016 Attendance: 1,183

❖ Survey Sample

A total of 347 surveys were completed and returned to Whatcom County Parks and Recreation:



*Some participants reported attending more than one center

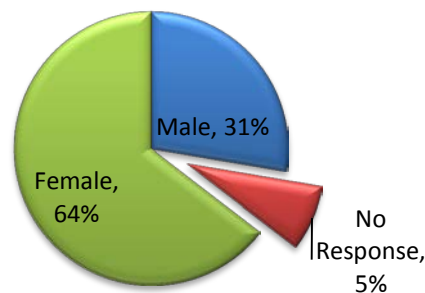
❖ Demographic Information

Participants were asked general demographic information:

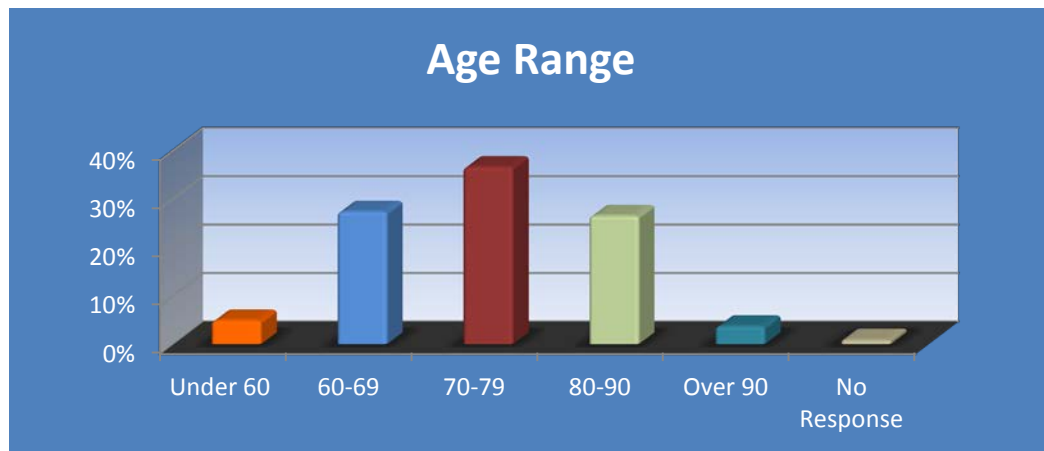
How long have you been coming to the Center?

Senior Center	Less than 1 year	1 - 3 years	3 - 5 years	5 - 10 years	Over 10 years	No Response
Bellingham	21%	23%	20%	17%	18%	1%
Blaine	7%	15%	16%	32%	24%	7%
Everson	9%	36%	18%	0%	36%	0%
Ferndale	3%	24%	21%	27%	21%	3%
Lynden	7%	13%	16%	22%	36%	5%
Point Roberts	14%	9%	23%	18%	27%	9%
Sumas	6%	24%	24%	24%	6%	18%
Welcome	6%	6%	19%	44%	25%	0%

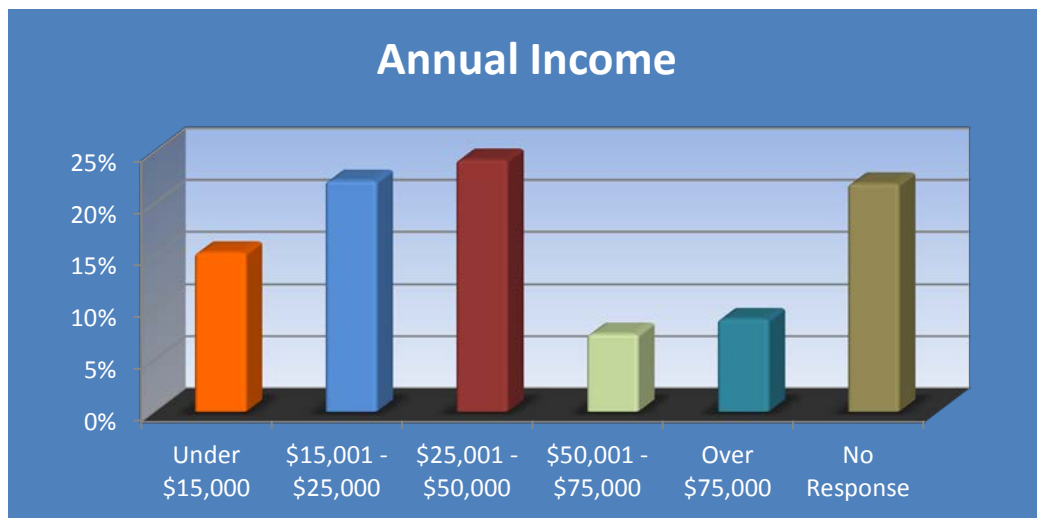
What is your gender?



What is your age range?



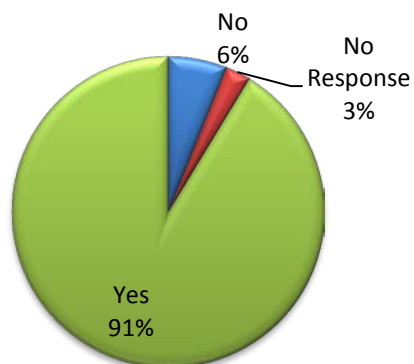
What is your annual income range?



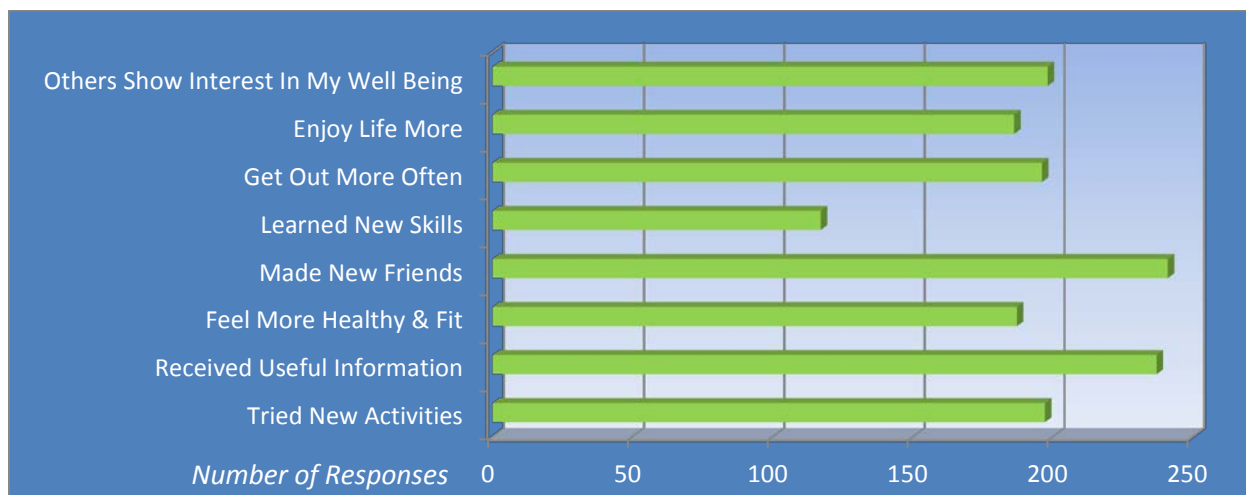
❖ **Participant Satisfaction**

Overall surveys indicated that the senior centers are making a difference in participant's lives and are encouraging others to attend.

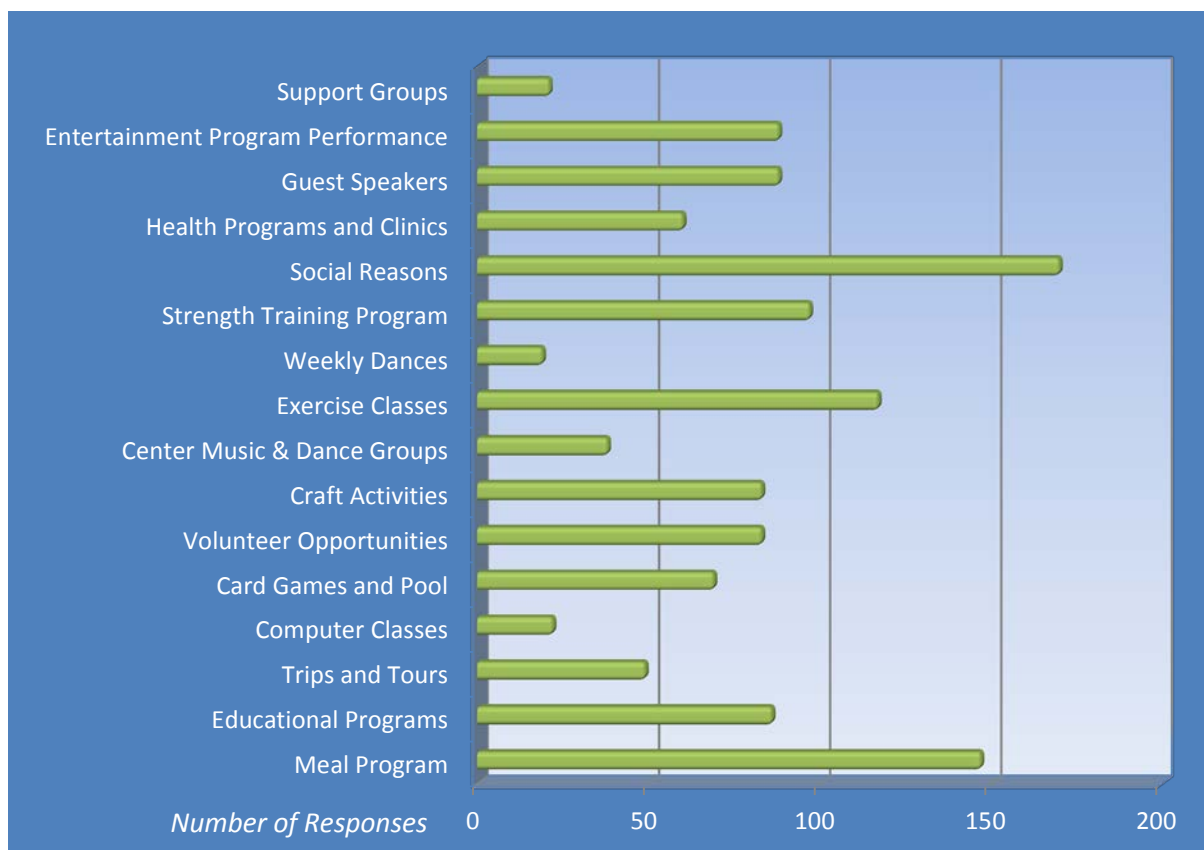
Participants were asked if they encourage others to come to the senior center:



Participants were asked how the senior center made a difference in their lives:



Participants were asked what the primary reasons you attend the senior center:



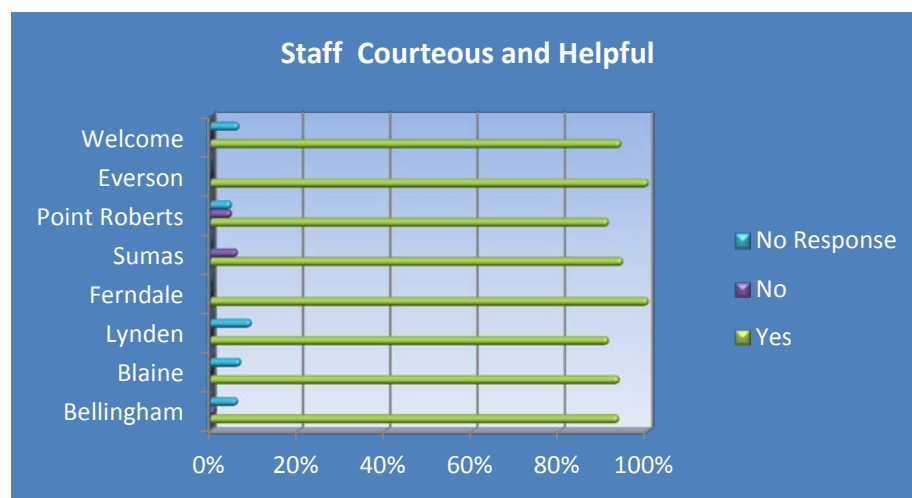
Participants were asked how satisfied they were with the senior center:

Senior Center	Bellingham	Blaine	Lynden	Ferndale	Sumas	Point Roberts	Everson	Welcome
Very Satisfied	55%	83%	69%	76%	76%	55%	36%	69%
Satisfied	29%	9%	24%	24%	12%	36%	18%	19%
Somewhat Satisfied	10%	3%	2%	0%	0%	0%	27%	13%
Somewhat Dissatisfied	2%	4%	0%	0%	0%	0%	9%	0%
Very Dissatisfied	1%	0%	0%	0%	6%	0%	0%	0%
Didn't Respond	3%	1%	5%	0%	6%	9%	9%	0%

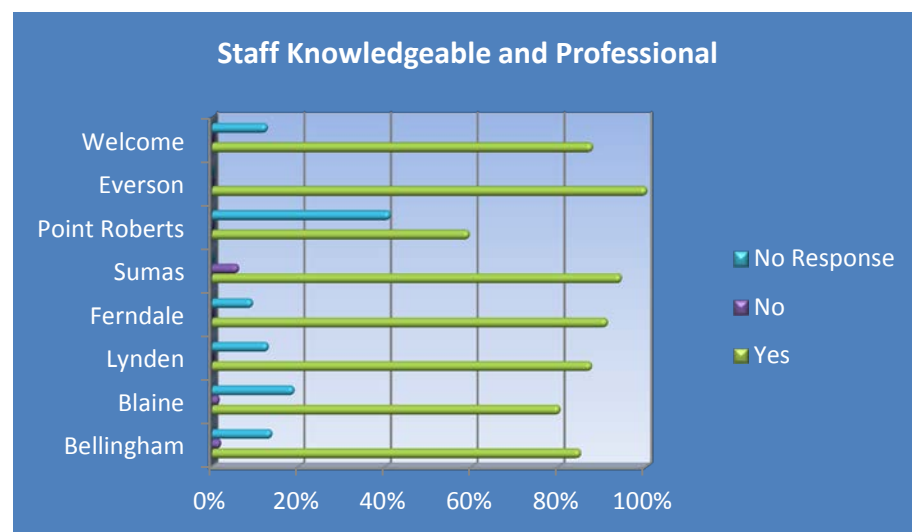
❖ Staff and Volunteer Performance

Participants expressed that they feel the staff is courteous, helpful, knowledgeable and professional. They also expressed that volunteers are courteous and helpful.

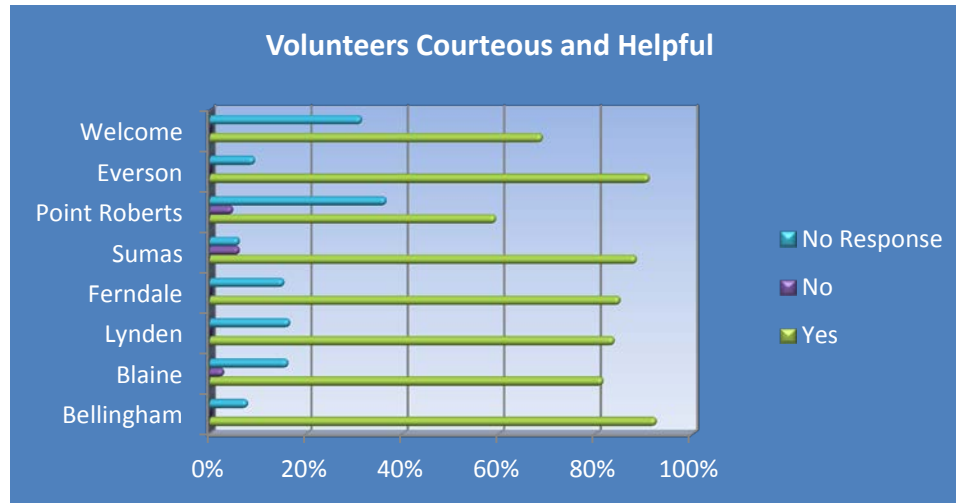
Is the staff courteous and helpful?



Is the staff knowledgeable and professional?

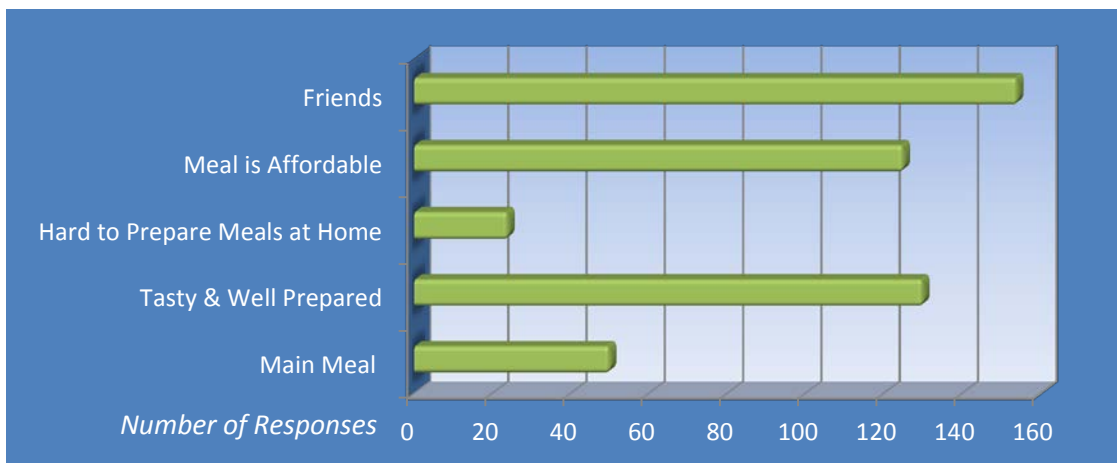


Are volunteers courteous and helpful?

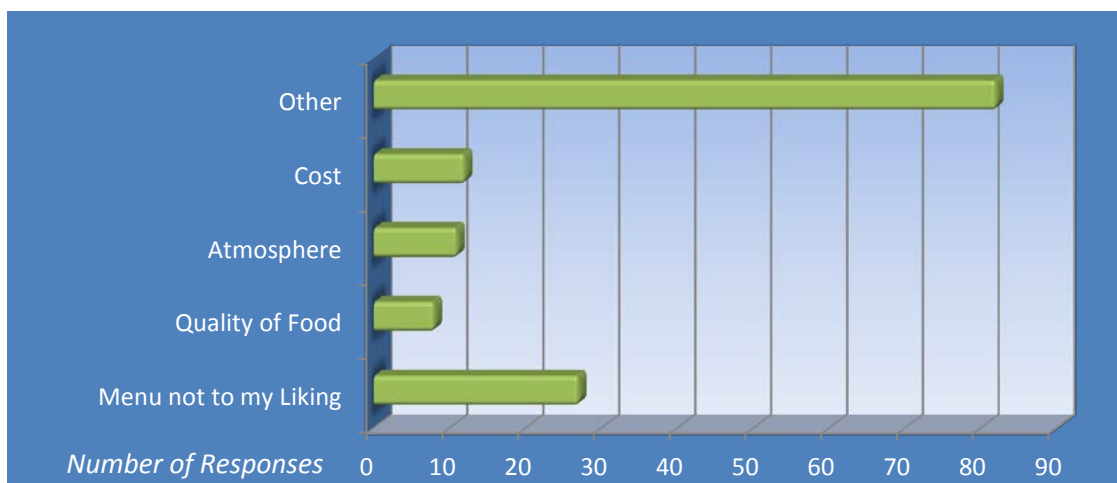


❖ Senior Center Lunch

Participants were asked why they come to lunch at the senior center:



Of those not participating in lunch, why not:



❖ 2016 Survey Comments

Bellingham Senior Activity Center

Has participation made a difference in your life in any of the following ways?

- I am looking for companions with interests in the arts
- The center offers a wide variety of interesting and engaging activities, and a wide range of people to relate to. Is excellent in all respects.
- Water color with Scott and Tai Chi with xxx are wonderful
- The meals are great and add to my nutrition
- Very friendly place
- Lynden Senior Center very helpful and friendly and they offer more Bible studies and activities I like. Also they have more entertainment and special music.
- Also benefits me vocationally, as I perform massage here for pay
- Enjoyed the senior center trips
- This is a very nice place to visit and stay for awhile
- It is a great friendly place – I feel comfortable there
- Got off my butt and volunteered! Makes me feel capable and valued!
- BSAC has given a sense of purpose to my retirement years
- I have learned things from housing to political issues, health care to hiking
- I love having it available and I enjoyed groups and trips. I wouldn't say it made a difference in my life, but it has enriched it.
- I especially like the open gym
- I appreciate the Zumba Class and would like to see it on alternative mornings.
- Strength training helps most
- Made no difference in my life
- Did not find much of interest

Do you encourage others to come to the senior center?

- Companionship vs. loneliness
- Acoustics are a problem for hearing impaired. Hard surfaces most places create ongoing echoes, simply understanding person next to me often difficult when others are talking!
- I invite them to be my guest for a meal
- Wonderful therapy for emotional and mental healing can give huge impact on the person
- Can you change the name to ? Park centers 50 years and up? Keep working on the 50 year and up demographic. Ferndale needs to change the name “Jet Oldsters” the baby boomers don’t even feel old at 70 years and I feel it’s important to keep bringing in the 50 – 65 year group. Bellingham is doing a good job bringing in programs that are pertinent to the “younger” crowd. Let them know what is available at the centers.
- I do volunteer work as well, mostly musical in nature
- Yes, I speak very highly of it to others where I live
- I have invited many new people to volunteer at BSAC. Volunteered myself for last 12 years.
- Many folks are surprised by all that goes on at BSAC. Problem is to get them here that first time.
- This is a valuable asset to the community. I encourage others but am also alerted to good things happening at the Senior Activity Center that encourages me to attend.
- Until BSAC looks inviting – i.e., upgraded lobby and classrooms, I really can't encourage my baby boomer friends to come by.
- I always encourage seniors to come into the Senior Center and see what the fabulous offerings are.
- I recently moved back to Bellingham and know very few people.
- Talk it up wherever I go
- Very nice place to come
- You have classes and information that everyone can use. From the Balance & Bone Pilates class to TED Talks, to a meditation class, and discussions about Medicare and burial options. The center also has excellent tours and daily excursions to experience. I highly recommend the Senior Center to anyone who wishes to broaden their horizon, meet other people, and learn new skills.
- The atmosphere is very friendly. When I refer people I call it the BS Activity Center.
- I like the fact that it is clean and inviting

- The strength training equipment is particularly worthwhile
- What I see is a well-organized offering of activities and programs. The lunch is very good.
- Love the strength training
- The center is a great place for seniors, for almost anything that would interest you. I've been coming since 1994 and still excited every time I go, I've met so many nice people.
- Play cards, eat, visit and go home

Which are the primary reasons you attend the Senior Center?

- Walking group (4 responses)
- Water color
- Tai Chi
- Participate in healthy life style activities
- The reason I started the weight training class was that there was a sign on the gym window – “Weight Training for 50 + older”. I think if you put the sign back up more people would sign up.
- I would like more films for people like me who can't afford to travel

Which statement best describes your experience with the Senior Center?

- Would like to sit down with folks who write especially poetry and fiction, plus memoir writing and doing art – drawing, painting
- Nice building and nice facilities and resources
- The best thing is the walking club
- I come for the walking on trails and support (social, mental, etc.)
- The facility is small and crowded. The lunch clean up and Tai Chi conflict, the strength training gym is way to small
- I appreciate all the efforts being made to create programming that appeal to active engaged folks like myself and changing the image of the center only for people who are frail, in-active, low functioning seniors.
- We need brewed decaf on our lunch table for medical reasons – no caffeine for those with high blood pressure
- Take good care of the seniors in our community
- Daughter from Atlanta though it was outstanding!
- BSAC is a welcoming place; we encourage anyone to get involved it's a place away from home for many seniors
- Especially the recent changes made by Heidi – new manager.
- The Senior Activity Center could use some modernizing (physically and programmatically) to draw in younger and more fit 50 and 60 year olds
- BSAC supports Bellingham At Home in which I'm involved
- People that volunteer there are always helpful. People who attend are always interesting. It is a well-rounded center covering so many interests.
- The staff are pleasant. The setting is gloomy
- Met a lot of nice people
- I just don't like the place, very dreary. Unfriendly. Too many people with no clue of what is going on where. I make use of the place at times for information but otherwise find social outlets elsewhere.
- You fill an enormous gap in the lives of seniors with your diversity of classes, programs, tours, and social activities. I have enjoyed the classes, informational programs, fitness activities, and some of the local tours in the past year. I would recommend the center to anyone without hesitation.
- I joined the center because I have more time and I want to go hiking. The Trailblazers have been welcoming and supportive. I appreciate that we can meet at the center.
- Tai Chi class is overcrowded and very noisy with the kitchen work going on during class
- I primarily make use of the strength training equipment but have also benefited from information learned at one of your conferences
- This has more to do with my current situation. I am caring 24/7 for a parent with dementia. The programs at the center are not appropriate for someone with limited cognitive ability. At this point I attend within a limited window when my parent attends Adult Day Health.
- Find communication difficult. Would like to know several months ahead of time about exercise classes. Not have them pop up. Need time to coordinate other classes. One reason to join was to use the exercise room, however I was never able to get qualified, as the classes were sporadic and no advance notice given.
- The greeters are friendly and welcoming. They are real.

- I appreciate the alliance with the new Whatcom At Home program that gives me an opportunity to volunteer now and will help me stay at home in the future.
- I may use the Center more in the future. Right now, I just enjoy the walking group.
- The newsletter is a waste of money. I cannot imagine that it is helpful to anyone in need of information of what sort? The menu for the month might be considered the best and only information that is useful.
- I don't like the new sign in system. First I have to keep up with yet another card and it's also too much like punching a time clock. I did that enough and don't want to do that anymore. It's also too intrusive, asking what I did etc. I don't need all those questions. I just want to sign in and do what I came to do.
- I belong to both Bellingham and Ferndale. At both places, I find that people are friendly and helpful.

Tell us how senior center state and volunteers are performing:

- I haven't had enough experience here yet
- Most staff courteous and try hard, sometimes uniformed
- Many volunteers are well meaning!
- Excellent leadership by Heidi. Helpful, friendly, staff and volunteers.
- It takes too long to pay for things at the front desk. Surely there is a way to automate this.
- Volunteers at front desk need more training
- Some hosp. desk volunteers (ep. new ones) need training in being more outgoing. Many lunch room volunteers are so friendly and fun.
- By enlarge they are helpful. One very efficient staff member is abrasive to the members.
- Courteous yes. Often given contradictory information or wrong information.
- I would like to recommend more assistance in selecting a dentist. It is a very important part of growing.
- Ok
- Some are helpful, others are not. Some are very friendly and welcoming, and others seem "cold".
- There could be a better way to serve members at the front desk. Especially when they are waiting in line, but the staff is doing an intake. A new member should be assisted by another individual and not expect multitasking at the front desk.
- Generally yes but occasionally forgetful and unorganized
- Nice but not particularly helpful
- I had a bad experience, I was told to call 1-800-dentist, I did, it was a scam, they recommended the very dentist I had a bad experience with. When I asked for an alternative name they didn't have anyone else on their list in Bellingham. Poor recommendation. Eventually I mentioned something to a volunteer at the BS Activity Center, she recommended a fabulous dentist, I am so grateful.
- Ok
- Some are still in training mode
- I have no idea
- Have not had any contact with a volunteer
- Since I mainly come to the center to meet my hiking group one morning a week, some of these questions are not applicable.
- I would like to see more active opportunities for those of us who can't slow down
- Pleasant
- A wonderful organization with outstanding programs and fantastic staff!
- Volunteers could be more outgoing to greet members as they come in the door. Groups could be more welcoming to new members.

Why do you come to lunch at the senior center?

- I'm on the run, don't have time to go home and the price is right.

If you do not come to lunch why not?

- No experience yet... I would like a newcomers workshop about BSAC
- Snack bar is junk food!
- Lunch (Meals on Wheels) MWF and serving (volunteering @ Lincoln Square)
- Menu does not fit my dietary restrictions, gluten free
- Need at least one vegan entrée
- I usually have "left overs" at home or go out with friends for lunch or dinner
- Other plan that must come first when there is an appointment

- I like to cook for myself
- I'm gluten, dairy, sugar free although some of your menus are very whole food healthy
- I eat very little at lunch
- I am busy or going out for errands and etc.
- I have diabetes and don't eat meat. I am very careful in what I eat.
- Spouse is a chef, eating at home is the best!
- Not here at the lunch hour
- I eat at home
- Husband is housebound
- Other obligations at that time
- Have other business I need to take care of doctor appointments, shopping, etc.
- Please! Provide some ½ & ½ for coffee
- Just don't eat big lunches
- Very few vegetarian options
- Like to eat at home
- I cook my own meals
- I am grain free
- I am busy during the day
- Do not eat lunch
- I have dietary restrictions and am usually occupied that time of day
- I have only seen 1 or 2 vegetarian menus, the cold salad alternative is inefficient in cold weather. A vegetarian diet is proven to be healthier.
- I have a special diet
- I eat at home
- Too far to travel for a meal
- Don't normally eat lunch. Big breakfast and small dinner suits my metabolism.
- Prefer fixing my own lunch at home
- I have a number of health issues that sometimes make eating away from home difficult
- I am vegetarian
- Feels crowded and noisy. Too much food. Would like option for small plate.
- Like to cook
- I like to cook
- I am still able to make nutritious meals at home that are budget friendly and suit my esoteric tastes
- I'd rather eat at home
- I am Vegan. Menu not consistent with my diet.
- Lunch doesn't fit into my schedule. I might come for lunch once a month.

Blaine Senior Activity Center

Has participation made a difference in your life in any of the following ways?

- Using the gym to get ready for ski season and marathons in the spring & summer
- Great
- I love the Blaine Senior Center – great people. New Friends.
- I'm less involved now that my husband's mobility is less
- Tai Chi group and weight room
- Have always been an outgoing person

Do you encourage others to come to the senior center?

- Yes for the gym and strength training program
- Fills a gap in my life
- Blaine Senior Center provides a warm, welcoming environment for many lonely people and others
- Great gym, but limited hours
- Best Senior Center in Western US
- At every opportunity. The Blaine Center is very diverse and always welcoming
- Definitely encourage others to join the senior center

- Life xxx for me after losing my mate. Gave me interest.
- Especially for fitness activities
- It makes my day and a fun place to come to
- I volunteer at the Blaine Visitor Center and tell senior visitors about senior center activities.

Which are the primary reasons you attend the Senior Center?

- Tai Chi
- Tai Chi! We are so lucky to have a truly great, expert teacher here in Blaine!

Which statement best describes your experience with the Senior Center?

- The current Board does not have the same political agenda (local not national) as I

Tell us how senior center state and volunteers are performing:

- Staff and others could do better
- New director is great!
- Our new Blaine Senior Center Director, Kathy Sitker appears to be doing a good job; she is friendly and cheerful in running our Center.

Nancy Vogee continues to be people oriented, works hard is well liked and friendly to all that come in contact with her.

Since September there have been a number of new faces, part time staff or replacements in the front office and at the same time performing various chores around our center. Individually I have seen three of them come to our exercise room to empty the donation box and then return to the office. I am sure they might be hard workers or volunteers but individually they need to improve their PR skills and be friendlier. On the two separate occasions I and another fellow have said "HELLO" when they have been emptying the donation box, they just looked, said nothing and left.

Our Blaine Senior Center takes pride being a friendly and well run place for all 50 + seniors and I believe under Kathy's new leadership it will continue to flourish as such.

- Kathy, our new director, is fantastic
- Good job by all!
- I always leave with a smile on my face
- All great!
- Delightful people – fun activities
- All do a great job
- Some staff are courteous, helpful, knowledgeable and professional
- Most of them
- All of them!

If you do not come to lunch why not?

- Lunch is not our main meal
- Not hungry enough
- Our main meal is dinner, not lunch
- Too many food sensitivities
- We eat most of our meals at home
- We eat late xxx
- Just never started
- Hungry husband at home
- Have celiac disease (gluten intolerant)
- Have to prepare lunch for hubby
- Cook at home
- After going to gym (1 hr. 15 min.) and ½ hr. commute I need to get home for other "chores" etc. and my husband
- Cook myself
- Busy with other activities
- I have a very restrictive diet
- Do my own meals at home

- Distance to drive
- Busy with other commitments
- Lunch at home
- Doctor has me on my own diet
- Not usually hungry at noon. I like my own cooking. I do buy a take home meal once in a while.
- I eat at home
- I just eat other places
- Various
- Eat at home

Everson Senior Activity Center

Do you encourage others to come to the senior center?

- I try
- Sometimes

Which statement best describes your experience with the Senior Center?

- Need to get more to come
- It is painful that our membership is dwindling – mostly by death and we have been unable to attract many new members

Tell us how senior center state and volunteers are performing:

- Most of the time

If you do not come to lunch why not?

- Limited Budget

Ferndale Senior Activity Center

Has participation made a difference in your life in any of the following ways?

- Grateful for the opportunity to join when made avail at a discount on pioneer days, I will join and pay dues regularly now.
- Great place to meet new people and to give of my time – worthwhile
- Ferndale Senior Center the very best place in the whole world!

Do you encourage others to come to the senior center?

- Yes I have told others and I am proud of it
- New manager is doing a wonderful job. Thank you
- Sometimes it doesn't work for everyone. Most people find at least one thing that will work for them
- I often phone shut-in's to tell them I will bring them to the center if they are up to it
- It's a good place and a good place to meet friends

Which statement best describes your experience with the Senior Center?

- Wonderful people that I meet here and become lifelong friends. I would be very lonely without the center.
- Friendly kind people!
- Meet good people

Tell us how senior center state and volunteers are performing:

- Karma is great!!
- The staff all of them, are awesome!!
- Manager always helpful and kind to everyone!
- #We love our manager!!
- Volunteers are very nice

If you do not come to lunch why not?

- I work part time
- I still cook and eat at home

- Can't eat – get sick
- Doctor appointment

Lynden Senior Activity Center

Has participation made a difference in your life in any of the following ways?

- Hugs
- It is very fun center – great food, great fellowship
- Many, many friends
- Love clogging!
- Second Home
- It is a wonderful community center!!

Do you encourage others to come to the senior center?

- I live in Bellingham
- Several people have come to our senior center after hearing about my fun here
- Very good place to meet and make friends
- They think they are not old enough
- Always
- I have referred several people to come and some have come
- Especially, but not only, for clogging class
- I make phone calls and invite people to come to the center

Which statement best describes your experience with the Senior Center?

- Staff needs to get along better should have more togetherness need a grant writer manager could do it.
- Only problem I see is president of the board.
- Activities Director is either shy or snobbish.
- Little paint, decrease clutter, make some areas more cheerful
- Seems our center makes us available to many different interesting things

Tell us how senior center state and volunteers are performing:

- They are awesome
- Awesome place to be

If you do not come to lunch why not?

- Time at home
- Eat at home
- I cook at home
- After class – “tired”
- Depends on my schedule
- Many foods I cannot eat
- I clog and run
- Allergies
- We still enjoy cooking for ourselves!
- Time xxx
- I go home to Bellingham for lunch
- I am busy doing other things

Point Roberts Senior Activity Center

Has participation made a difference in your life in any of the following ways?

- A nice friendly place
- I served 2 years as president of senior board
- Just moved to Point Roberts
- Very nice people here

Do you encourage others to come to the senior center?

- Invited friends coming to see me from Bellingham
- Point Roberts has become an important part of my social life

Tell us how senior center state and volunteers are performing:

- Hugh is great
- I don't understand why, on Wednesdays & Fridays (senior lunch days) they don't open 2 entry lines, even for ¼ - 1 hour. 2 hours inconveniences hundred.

If you do not come to lunch why not?

- Sick or out of town
- Commitments

Sumas Senior Activity Center

Has participation made a difference in your life in any of the following ways?

- Wonderful place!

Do you encourage others to come to the senior center?

- Say not old enough
- Nice place to socialize
- xxx is a bully and watch out for her venom! Nothing ever changes as there isn't much interest in change or is this the way xxx want it to be. Nothing new, nothing that appeals to an educated person.

Which statement best describes your experience with the Senior Center?

- Pleasant
- More activities

Tell us how senior center state and volunteers are performing:

- Especially happy with Becky Johns
- Becky is wonderful!
- No! Watch out if you're a first timer! They'll put you in your place fast!

If you do not come to lunch why not?

- Time
- No reason; other outside activities intervene
- Quality of food, atmosphere

Welcome Senior Activity Center

Has participation made a difference in your life in any of the following ways?

- Wonderful service for seniors!
- I enjoy being with people and help whenever I can
- Billiards
- It's another outing perhaps with my "lady friend" and my mother
- I am enjoying fellowship and playing billiards in my free time

Do you encourage others to come to the senior center?

- You meet and enjoy other people and enjoy things
- I do not converse with those who have a desire to go to senior centers. Why bother...
- I will in the future

Which statement best describes your experience with the Senior Center?

- It's a good place to come and visit and be with other people. Very kind.

Tell us how senior center state and volunteers are performing:

- He goes beyond his required duties

If you do not come to lunch why not?

- Other things scheduled
- I stopped by with a friend but it is not part of my routine schedule

Surveying Older Adults



Status: Completed

Evaluated

St. Louis County United States of America

City population: 1000560
22.9% over 60
Practice started in 2014

Summary

In order to best serve older adults and increase the age-friendliness of your community, it is important to ask for and record information from residents on a variety of topics. Collecting resident input provides valuable insight on how the public feels about community issues. This information can guide strategic decisions and priorities for your community.

Engaging the community strengthens civic-resident relationships, promotes transparency, and helps inform municipal leaders on resident preferences. Surveying residents provides municipal leaders and staff with baseline information about the community. Furthermore, consistent data collection over time provides insights into shifting preferences and trends within a community.

Stratify Data by Age

If you already collect information on community issues from your residents, consider stratifying the data you receive by age groups or generations. This allows you to more deeply understand differences and needs among age groups within your community. Using generational categories (Silent and Greatest, born before 1945; Baby Boomer, born between 1946-1964; Gen-X, born between 1965-1979; Millennial, born between 1980-2000) is an easy place to start.

Surveying of Older Adults by Topic

You may also want to gather information from older adult residents on a specific topic. AARP's website is a rich resource for how to survey older adults on a variety of topics (<http://www.aarp.org/research/>). The Livable Communities section of the website provides detailed information on the various topics. Additionally, it includes Livable Communities Surveys and Neighborhood Surveys completed by AARP.

These surveys model potential topics and questions that can be adapted for most communities. For example, some survey questions center around whether or not residents feel that they are likely to retire within or outside of your community. If retention of older adult residents is a priority of your community, you will need to understand how many individuals believe your community is a place they intend to retire. If many do not want to retire in your community, it may be that there are desirable amenities you are missing. From survey results, you can begin to plan how to gather more detailed information from residents.

QUESTION BANK: SURVEYING OLDER ADULTS

Below is a list of standard age-friendly questions, by focus area, to consider including in your next community survey. Survey questions can be developed many ways. You can develop yes/no questions, use a Likert scale, or give multiple choice answers. AARP surveys often ask how important an amenity is to a resident and whether or not that amenity is available within their community. The questions below can be modified to best serve your survey needs.

Health & Wellbeing:

Do you feel there is a range of health services available to you in your community?

Do you feel information about health and support services is clear and accessible to you?

Do you feel there is a good understanding for how to request services as a senior in your community?

Do you feel delivery of health and support services is coordinated and simple?

Are health and social services conveniently located and accessible by all means of transportation?

Are home care services including health, personal care, and housekeeping available and accessible to you?

Mobility & Accessibility:

Is information about transit routes, schedules, and special needs facilities complete and accessible for you?

Are transit stops and stations conveniently located?

Are transit stops and stations safe?

Are transit stops and stations accessible?

Are transit stops and stations clean, well-lit and well-marked?

Do transit stops and stations have adequate seating and shelter?

Are roads well-maintained with covered drains and good lighting?

Are sidewalks well-maintained?

Do sidewalks have good lighting?

Are driver education and refresher courses available to you?

Is outdoor safety promoted by good street lighting?

Is outdoor safety promoted by police patrols?

Is outdoor safety promoted by community education?

Are sidewalks free of obstructions?

Are sidewalks reserved for pedestrians?

Social & Civic Engagement:

Do you feel there is a range of options to volunteer in your community?

Do you feel there are flexible and appropriately paid job opportunities for older people in your community?

Do you feel that you are encouraged and able to participate in the development of policies relevant to your life?

Do you feel that there is a wide variety of activities offered to older adults?

Do you feel the activities in your community appeal to a diverse population of older adults?

Are events held at convenient times for older adults?

Are activities affordable with no hidden or additional participation costs?

Safe & Attractive Neighborhoods:

Do you feel that enough affordable housing is available in your community?

Do you feel that housing is available in safe areas?

Do you feel that housing is close to services and the rest of the community?

Do you feel enough affordable home maintenance and repair services are available to you?

Do you feel safe in your home?

Do you feel safe in your community outside of your home?

Are public spaces clean and pleasant?

Are public restrooms sufficient in number?

Are public restrooms clean?

Are public restrooms well-maintained?

Communication & Information:

What is the best, most effective way for your government to get information to you? (email, website, phone, mail)

Is information available to you in a coordinated and centralized place?

Can you easily access information you need about your community?

Is public access to computers and Internet available to you in public places including government offices, community or recreation centers, and libraries?

Key facts

Main target group: Older people in general

Other target group(s): 45 and older

Sector(s): Education, Health, Housing, Information and communication, Labor, Long-term care, Social protection, Transportation, Urban development

Desired outcome for older people:

Meet their basic needs

Other issues the Age-friendly practice aims to address:

- Accessibility
- Ageing in place
- Healthy behaviours (e.g. physical activity)
- Intergenerational activities
- Inequities
- Inclusion
- Participation

Contact details

Name: Lori Fiegel

Email address: lfiegel@stlouisco.com

Age-friendly practice in detail (click to expand):

- Engaging the wider community
- Moving forward
- Looking back

Senior Center Interest & Satisfaction Survey

Please complete this survey if you are more than 59 years old and live in Wilson. For each question, please give your best answer.

Do you ever go the Wilson County Senior Center? *

- ☐ No, I've never been there
- ☐ I've been there a few times
- ☐ I go the center regularly

For those who do not visit the Wilson County Senior Center regularly, what are the reasons that you don't visit the Center? (you may check more than one) *

- ☐ I do not know much about it
- ☐ I do not know where it is
- ☐ I do not have transportation
- ☐ I do not know anyone who goes there
- ☐ I do not think anything there would interest me
- ☐ I am too busy
- ☐ Other reasons

For those who visit the Wilson County Senior Center regularly, what are the reasons that you visit the Center? (you may check more than one) *

- ☐ To see my friends or not be lonely
- ☐ For arts or crafts classes
- ☐ To eat lunch
- ☐ To use fitness equipment or take exercise class
- ☐ To play cards, bingo or other games
- ☐ To volunteer and help others
- ☐ Other reasons

Do you think that you will visit the Wilson County Senior Center in the next month?

- ☐ Yes
- ☐ Probably so
- ☐ Maybe/Maybe Not
- ☐ Probably Not
- ☐ No

How would you rate the programs and services at the Wilson County Senior Center?

- ☐ Excellent
- ☐ Good
- ☐ Fair
- ☐ Poor
- ☐ Unsatisfactory

The Wilson County Senior Center is considering adding the following the activities listed below. Please let us know how interested you are in these.

	Very Interested	Might be Interested	Not Interested
Walking Club	☐	☐	☐
Corn Hole	☐	☐	☐
Ballroom Dancing	☐	☐	☐
Wii Tournament	☐	☐	☐

Do you have suggestions for new activities at the Senior Center that you would like to see?

Did you know that you could call the Wilson County Senior Center to get information about services that you or a family member might need, such as home-delivered meals?

- ☐ No, not until I read this question
☐ Yes

Do you have any suggestions to make the Wilson County Senior Center better? If you do not come to the center, is there something the center could do to make you want to come?

This survey may be anonymous. Fill in the information below only if you want to learn more about our programs or apply for services to older adults. If you prefer not to submit your name and contact information, you may also call the Senior Center at (252) 206-4059.

- ☐ Please email me the center newsletter and calendar of upcoming events
☐ I would like to come to the center if you can arrange transportation
☐ I would like to talk to Someone about services for myself or a relative

Your Information

Full Name

Street Address

Town

Phone ext.

Zip Code

Email



I'm not a robot

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SUBMIT

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Seniors & Elders Healthy Living Questionnaire

At the Mount Waddington Health Networks (MWHN) *Seniors and Elders Better Living Advisory Committee* (SEBLAC) our group of caring seniors and elders volunteers, community leaders and health professionals want to better understand the challenges by aging people in these quickly changing times. We ask you to please take the time to do this short questionnaire, and add your voice to the plan for healthier living options for seniors.

If you want to do another survey on housing affordability, you can also do the "*Housing and Homelessness: A Service Needs Estimation*" which asked more detailed questions on those at-risk of losing housing, and addresses the circumstances of those people spending more than 30% of their monthly income on housing. [The Housing and Homelessness: A Service Needs Assessment survey is available by clicking here >>>](#)

This survey is completely anonymous. No personal information is recorded.

1. Knowing the purpose of this survey and that your information is kept completely confidential, are you willing to take this survey right now?

☐ Yes

☐ No

2. If answering no for this survey, for which reasons?

- ☐ I don't have time today
- ☐ I have taken this survey before
- ☐ This survey is too long
- ☐ This survey is too personal
- ☐ This survey doesn't relate to me
- ☐ I don't think this will help
- ☐ I don't understand how this will help

3. What town or municipality do you live in?

- ☐ Alert Bay
- ☐ Sointula/Malcolm Island
- ☐ Port McNeill
- ☐ Port Alice
- ☐ Port Hardy
- ☐ Woss
- ☐ Coal Harbour
- ☐ Telegraph Cove
- ☐ Hyde Creek

- ☐ Holberg
- ☐ Winter Harbour
- ☐ Indigenous Community

4. What is your age group?

- ☐ 55-60
- ☐ 61-65
- ☐ 66-70
- ☐ 71-75
- ☐ 76-80
- ☐ 81-85
- ☐ 86-90
- ☐ 91+

5. Who do you live with? (select all that apply)

- ☐ I live alone
- ☐ my spouse or partner
- ☐ a child under 12, youth, young adult or grandchild
- ☐ my adult offspring
- ☐ another family relation

☐ a friend

☐ other

☐ hired help

6. If you have a spouse or partner living with you, please indicate the age group of your partner or spouse.

☐ I live alone

☐ 55-60

☐ 61-65

☐ 66-70

☐ 71-75

☐ 76-80

☐ 81-85

☐ 86-90

☐ 91+

☐ I prefer not to answer

7. Does anyone in your home (including yourself) have a health condition lasting for six months or more that makes it difficult to get around inside the house, and into and out of the house?

☐ Yes

☐ No

8. Overall, how do you feel about your current housing situation?

- ☐ Very satisfied
- ☐ Satisfied
- ☐ Neither satisfied nor dissatisfied
- ☐ Dissatisfied
- ☐ Very dissatisfied
- ☐ I don't have an opinion
- ☐ I need help understanding my current housing situation

9. This question addresses affordability in the context of housing. You may choose not to answer.

What category best described your gross household income from all sources last year? (remember, this survey is completely anonymous.)

- ☐ less than \$10,000
- ☐ \$10,000 to \$25,000
- ☐ \$25,001 to \$50,000
- ☐ \$50,001 to \$100,000
- ☐ Over \$100,000
- ☐ I prefer not to answer
- ☐ I am not sure

10. Do you own or rent your current home?

- ☐ Rent
- ☐ Own
- ☐ I live with family
- ☐ I live in an Recreational Vehicle or Boat

11. How do you feel about the status your home? (please select all that apply)

- ☐ My home is ideal for my needs
- ☐ I feel safe aging-in-place without any changes to my house
- ☐ M house is going to need a lot of work to upgrade it for aging and emergent mobility considerations
- ☐ My home is too big for the number of occupants
- ☐ I have too much stuff to consider moving
- ☐ I have trouble keeping up with maintenance
- ☐ I cannot find anyone to help with yard work
- ☐ I cannot find anyone to help with house work
- ☐ I cannot afford to hire anyone to support me with housework, or yard work
- ☐ I worry about the condition of my house, the roof, leaks, rot, or mold

- ☐ My house has a number of places I have to be careful not to slip, trip or fall
- ☐ I have a lot of stairs
- ☐ My home is too small for the number of occupants
- ☐ I prefer not to answer this question
- ☐ Other comments on my house

12. Do you have or need any of the following in your home? (Select all that apply)

	Have	Need	Don't have and don't need
At least one point of entry with only one or no steps	☐	☐	☐
A ramped entrance (instead of, or in addition to steps)	☐	☐	☐
A front door wide enough for wheelchair passage (at least 32" clear)	☐	☐	☐

	Have	Need	Don't have and don't need
A bathroom door wide enough for a wheelchair	☐	☐	☐
Room to move a wheelchair in the bathroom	☐	☐	☐
Room to move a wheelchair in the kitchen	☐	☐	☐
Grab rails in the tub or shower	☐	☐	☐
Grab rails near the toilet	☐	☐	☐
A washroom on the main floor	☐	☐	☐
A lifting device between floors	☐	☐	☐

13. Do you either need or want to live in Senior's Housing at this time?

(Senior's housing being a place with social activities, meal options, and housekeeping services.)

- ☐ Yes, I would like to have some seniors housing supports right now
- ☐ No, I do not need support right now but I would like it in the future
- ☐ No, I will never want or need supportive housing
- ☐ I prefer not to answer this question

14. If in the future you did need supportive services (like meals, housekeeping, yard work or social activities) would you prefer to move to a smaller space to receive those, or stay in your own home and receive services there?

- ☐ I want to downsize when the time comes
- ☐ I want to stay in my own home and receive support services there

15. If in the the future you anticipate downsizing and moving to a place with increased supports, when do you anticipate that may be?

- ☐ Within 1 to 2 years
- ☐ In 3 to 5 years
- ☐ In 6 to 10 years
- ☐ Over 10 years

16. If you anticipate downsizing in the future, to either supportive housing or smaller independent living units, would you rather rent or own?

☐ Rent

☐ Own

17. If you prefer to own your next home as a senior, what size and kind of home would you like? (With no additional supports)

☐ A condominium

☐ A bungalow or small rancher

☐ A townhouse or split level

☐ I would like under 1,000 square feet

☐ I would like between 1,000 to 2,000 square feet

☐ I would like more than 2,000 square feet

18. If you would prefer to own your next home as a senior, what is your price range? (With no additional supports.)

☐ \$175,000 or less

☐ \$175,000 - \$250,000

☐ More than \$250,000

☐ It depends on how much I can sell my current house for

19. If you prefer to rent, which would you prefer?

- ☐ An apartment or condominium in a multi-unit building
- ☐ A townhouse or slightly independent unit
- ☐ A bungalow or rancher

20. If you prefer to rent, how many bedrooms do you need? (with no additional supports)

- ☐ 1 bedroom
- ☐ 2 bedrooms
- ☐ 3 or more bedrooms

21. If you prefer to rent, how much can you pay per month, not including utilities? (with no additional supports)

- ☐ \$750 or less
- ☐ \$751 to \$1,000
- ☐ \$1,001 to \$1,350
- ☐ \$1,351 to \$1,500
- ☐ \$1,501 to \$2,000
- ☐ Over \$2,000

Seniors' and Elders' Housing

22. If seniors housing that you wanted or needed were available in your community or on the North Island, you would be likely to stay in the area?

☐ Yes

☐ No

23. If you want to leave the area for later-in-life care and seniors housing, what is your reason for leaving?

☐ I want to be closer to family

☐ I prefer to be in a larger urban centre

☐ I prefer to be in a more rural setting

☐ The transportation options here are too limiting for me

☐ Other (please specify)

24. Please indicate the type of dwelling you are most interested in for seniors housing?

☐ Single Story House

☐ Unit in a shared or multi-unit residence

25. If you moved into a shared or multi-kit seniors residence, what size housing unit would you need?

☐ Bedsitting unit with en-suite bathroom

☐ One bedroom unity

☐ Two bedroom unity

26. If you moved into a shared or multi-unit seniors residence, would you prefer to keep your car?

☐ Yes

☐ No

27. In senior's housing, what are your needs or preferences for meal preparation?

☐ My own kitchen to prepare meals

☐ A kitchenette, or access to a shared kitchen so I can prepare light meals or breakfast, but have more meals prepared for me

☐ All meals prepared for me

☐ I don't know

☐ I prefer not to answer

☐ Other (please specify)

28. With your income, what are you able to pay (or willing to pay) per month for senior's housing including services such as meals, housekeeping, and social activities?

☐ \$1,000 or less

- ☐ \$1,001 to \$1,500
- ☐ \$1,500 to \$2,000
- ☐ \$2,001 to \$2,500
- ☐ \$2,500 to \$3,001
- ☐ \$3,001 to \$3,500
- ☐ Over \$3,500
- ☐ I prefer not to answer

29. What kind of payment or financing arrangement are you interested in for senior's housing

- ☐ I would be interested in month-by-month payments
- ☐ I would be interested in purchasing a housing unit
- ☐ I would be interested in pre-purchasing a unit in a senior's housing project
- ☐ I would be interested in investing in a senior's housing project, which would give me some financial return

30. If you own your own home: Do you need to sell your house before you can make decisions about what kind of seniors housing you can live in, or understand what kind of financial commitments you are able to make?

- ☐ Yes, I need to sell my house before I make any decisions
- ☐ No, I can make decisions before I sell my house

☐ I have trouble understanding my options

☐ I prefer not to answer

31. "Affordable housing" for rental properties refers to units will rents that are 65%-80% of the going market rate. These units are modest in size, design and amenities in comparison with market-rate units, and are rented to people with lower incomes.

If affordable housing for seniors were available, are you likely to apply for it?

☐ Yes

☐ No

32. What is important to you about a location for seniors housing?

	Not Important	No Opinion	Somewhat Important	Very Important	N/A
Within 5 minutes walk to stores	☐	☐	☐	☐	☐
Within 10 minutes walk to stores	☐	☐	☐	☐	☐
Within 20 minutes walk to stores	☐	☐	☐	☐	☐
Close to the beach	☐	☐	☐	☐	☐
Has an ocean,	☐	☐	☐	☐	☐

	Not Important	No Opinion	Somewhat Important	Very Important	N/A
mountain or forest view					
Close to the hospital	☐	☐	☐	☐	☐
Is in a quiet setting near parks or nature	☐	☐	☐	☐	☐
Is in a residential setting surrounded by other homes and people	☐	☐	☐	☐	☐

Other (please specify)

33. Please indicate if you are currently receiving any of the following supportive care services from an organization or from individuals. If you are not currently receiving supportive care but would like to, please indicate which services: (Remember: this survey is anonymous.)

	Currently Receiving	Not Receiving	Not receiving but would like to
Meals delivered	☐	☐	☐
Housework	☐	☐	☐
Laundry	☐	☐	☐
Home and Yard Maintenance	☐	☐	☐

	Currently Receiving	Not Receiving	Not receiving but would like to
Driving and Transportation	☐	☐	☐
Personal care (eg, bathing, dressing, hair, feet)	☐	☐	☐
Medication supervision and other advanced home care assistance	☐	☐	☐
Shopping for essentials (eg groceries)	☐	☐	☐
Socialization program or Seniors Club	☐	☐	☐

Other services you are not receiving but would like to:

Thank you for taking the time to take this survey on Seniors Housing Needs on the North Island!

If you feel as though you have affordability issues, problems with the condition or size of your house, we have a further survey you may wish to do that will help us in our advocacy efforts and/or funding requests for increased supportive housing. Please click this link to take our 5-8 minute "[Housing and Homelessness: A Service Needs Assessment Survey.](https://www.surveymonkey.com/r/XQT73T3)"
<https://www.surveymonkey.com/r/XQT73T3>

Done

Powered by



See how easy it is to [create a survey](#).

[Privacy & Cookie Notice](#)

Senior Center Questionnaire

Thank you for answering these questions.
Your feedback will help us to improve our programs.

- This survey is being distributed in person AND to participants who have provided their emails.
- **If you have taken this survey in the last 6 months**, please do NOT take it again. If you are not sure, please complete it now.
- For information about the Senior Center or this survey, contact ocseniorcenters@orangecountync.gov
- **Please answer these questions about your participation at a Senior Center in the past 6 months.**

PREFERRED INFORMATION																																									
1. Today' Date (xx/xx/xxxx) ____ / ____ / ____ Initials of First and Last Name ____ Date of Birth (xx/xx/xxxx) ____ / ____ / ____	2. If you would like to receive information from the Senior Center electronically, please provide your email. OPTIONAL <table border="1" style="width: 100%; height: 40px; border-collapse: collapse;"> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table>																																								
*3. Have you taken this survey in the last 6 months?	☐ No or not sure—then please continue with survey ☐ Yes—STOP. Please do NOT continue. Return survey to staff.																																								
4. What is your gender?	☐ Female ☐ Male ☐ Other																																								
5. What is your race/ethnicity? <u>Check all that apply.</u>	☐ American Indian or Alaskan Native ☐ Hispanic/Latino ☐ Asian ☐ Native Hawaiian/Other Pacific Islander ☐ Black or African American ☐ White ☐ Other																																								
6. What is your age?	☐ 54 or below ☐ 55 to 59 ☐ 60 to 69 ☐ 70 to 79 ☐ 80 to 89 ☐ 90 and over																																								
*7. Which Senior Center do you attend most often?	☐ Passmore Center (Hillsborough) ☐ Seymour Center (Chapel Hill)																																								
8. How did you hear about the Senior Center? <u>Check all that apply.</u>	☐ Brochure ☐ Newspaper ☐ Friend or Family Member ☐ Senior Times newspaper ☐ Internet ☐ Other _____																																								
9. How long have you participated in Center programs?	_____ # of Years _____ # of Months																																								

Please answer the rest of these questions for the Center programs that you attended in the last 6 months.

- | | |
|---|---|
| 10. Which Senior Center programs have you participated in in the last 6 months?

<u>Check all that apply.</u> | ☐ Cultural / Performing Arts: dance, theater, music
☐ Education: aging seminars, arts and crafts, computer classes, financial management, health insurance / Medicare, language classes, legal counseling, tax assistance
☐ Health / Wellness: appointment, education, exercise, fitness room, screening
☐ Meals or snacks
☐ Recreation: games, sports
☐ Social Events: bingo, films, potlucks, receptions, trips, etc.
☐ Volunteer |
|---|---|

11. If you participated in a **HEALTH APPOINTMENT**, please check which one.

Check all that apply.

- ☐ Fit Feet ☐ Massage
☐ Reflexology ☐ Reiki ☐ Senior Wellness Clinic
☐ Trager ☐ Other _____

If not, **skip to the next question.**

12. If you participated in an **EXERCISE CLASS**, please check which group.

Check all that apply.

If not, **SKIP TO THE NEXT QUESTION.**

- ☐ Aerobics, Ageless Grace, Inspired Movement, Pacesetter, Sally's Senior Workout, Silver Sneakers Classes, Sit to be Fit
☐ Balance, TBT Tone-Balance-Tighten
☐ Strength Training, Strength Training & Movement, Strong & Steady
☐ Pilates, Tai Chi, Chair/Gentle Yoga, Yoga
☐ NIA or Zumba
☐ Other _____

13. If you participated in a **HEALTH SCREENING**, please check which ones

- ☐ Blood pressure ☐ Glucose and cholesterol

If not, **SKIP TO THE NEXT QUESTION.**

- ☐ Hearing ☐ Physical function ☐ Vision

14. Overall, in the last 6 months, how helpful have Senior Center programs been to you?

- ☐ Very helpful ☐ Somewhat helpful ☐ Not at all

15. What has been most helpful about your involvement with the Senior Center?

16. Please let us know how much the Senior Center programs have contributed to improvements in your health and wellness.	Helps a lot	Helps a little	Does not help this timeframe	Does not apply
a. Physical health				
b. Mental well-being, mood, outlook on life				
c. Enjoyment of life				
d. Activity level, energy				
e. Social life, people I have met				

17. PLEASE INDICATE YOUR FEELINGS ABOUT THE CENTER.	AGREE	MIXED	DISAGREE
a. The location made it easy for me to attend			
b. I feel at ease at the Center			
c. I have learned new things that are useful to me			
d. I am more likely to participate in other community activities			
e. My ability to remain independent in my home has improved			
f. I would recommend that others come to the Center			

18. How helpful are the volunteers who help run programs at the Center?	Very Helpful	Somewhat Helpful	Not Helpful	Do not know
a. Front desk				
b. Class teachers				
c. Special events				
d. Health screenings				

19. Please add comments about the Center's programs or activities

(Please use the backside of this page if needed.)



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: January 19, 2023
ITEM #: E.4
SUBJECT: Senior Resource Fair 2023

The following vendors will be invited to the 2023 Senior Resource Fair on Thursday May 25, 2023:

- Advocates 4 Pickleball Activities
- Aetna Medicare
- Alderson Convalescent Hospital
- Alzheimer's Association
- Anthem Blue Cross
- Apexcare
- Area 4 Agency on Aging
- ASM Cecilia Aguiar-Curry
- Association Frontotemporal Degeneration
- BTBL / Braille & Talking Book Library
- California Highway Patrol
- City of Woodland - Environmental Services
- City of Woodland Aquatics
- Collette Travel
- Community Care Car
- Cornerstone Assisted Living
- Crider Law Group
- CTAP/CA Phones
- Davis Senior Center
- Del Oro Caregiver Resource Center
- Empower Yolo
- George William Beach Insurance Services
- Good Neighbor Transport
- HICAP
- Jackson Medical Supply
- Kaiser Permanente Senior Advantage
- League of Women Voters of Woodland
- Legal Services of Northern CA
- Meals on Wheels Yolo County
- Northern Valley Indian Health
- Office of Senator Bill Dodd
- Osher Lifelong Learning @ UC Davis
- Outa Sight
- Pacifica Senior Living Vacaville
- PGR Insurance Services
- Prostate Cancer Support Group
- Retired Public Employees Assoc. Chapter 43 - Yolo County
- Solera Asset Managers

- Sonin Law
- STARS - Yolo Co Sheriff
- Stroke Support Group
- Teens Helping Seniors
- There's No Place Like Home
- UC Davis Health
- Vaca Valley Living
- West Sacramento Senior Center
- Woodland Chiropractic
- Woodland Fire Department
- Woodland Healthcare
- Woodland Healthcare Auxiliary
- Woodland Police Department
- Woodland Senior Center Inc.
- Woodland Stompers
- Woodland Tennis Club
- YMCA
- Yolo Adult Day Health Center
- Yolo Cares
- Yolo County District Attorney's Office
- Yolo County Law Library
- Yolo County Library
- Yolo County Transportation District
- Yolo Food Bank
- Yolo Healthy Aging Alliance

Attachments:

1. 2023 Senior Resource Fair Vendor Application

February 18, 2023

The Woodland Senior Center and the City of Woodland's Commission on Aging would like to invite you to the annual Senior Resource Fair to be held on Thursday, May 25 from 9:00 am to 12:00 pm. The event will be held at the Woodland Community & Senior Center, 2001 East Street in Woodland.

This is an excellent opportunity for resources throughout the region to present information for seniors in an open-house setting. This invitation is extended to local resources including healthcare information, assisted living facilities, support groups, exercise, health and wellness, emotional and social programs, and more. Every resource will be allocated a table to present their information.

Should your organization be interested in participating in the Senior Resource Fair, please complete the enclosed application.

Notes for the day:

- Arrive to the Woodland Community & Senior Center between 8:30 and 8:45 am to check in and to set up at your table. We will open the doors to the public at 9:00 am.
- Enter the building through the main entrance and walk straight through the main lobby into the gymnasium. The sign-in table will be just outside the gymnasium doors.
- Table locations will be assigned by the Commission on Aging.
- We recommend you bring a tablecloth or other table covering. You can also split a table with another attending organization of your choosing. We require a separate application from each vendor.
- No hot plates for food service will be allowed in the exhibition area.

What you should bring to the Fair:

- Table covering, banners, signs, easels, and business cards.
- Literature that describes your organization including pamphlets, flyers, posters, etc.
- (If you have any) Give-aways that connects your organization to those interested.

Application deadline is Friday, May 12. All applications will be taken on a first come, first served basis. There are only 70 tables available and we will not be able to accommodate all requests. For additional information, contact Dallas Tringali at (530) 661-2005.



Woodland Senior Center
2001 East Street | Woodland, CA 95776 | (530) 661-2001

Application for Participation in the Senior Resource Fair May 25, 2023

Organization Information

Name of Organization/Group	Affiliated with the Woodland Senior Center?	☐ YES ☐ NO	Government or non-profit?	☐ YES ☐ NO
Point of Contact for Organization/Group	Email Address			
Mailing Address	City		Zip	
Phone 1	☐ Home ☐ Cell ☐ Office	Phone 2	☐ Home ☐ Cell ☐ Office	

Space Request

Table Space Needed: ☐ 8' ☐ 6' ☐ Split table Splitting Table with: _____

Need Electricity? ☐ YES ☐ NO

Describe material and information to be provided _____

Would like to be placed near _____
Organization

Application deadline is **Friday, May 12**. All applications will be taken on a first come, first served basis. There are only 70 tables available and we will not be able to accommodate all requests.

Submit application to:

Woodland Senior Center
 Attention: Senior Resource Fair
 2001 East St. Woodland, CA 95776

- or -

Email scanned application to:

dallas.tringali@cityofwoodland.org



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: January 19, 2023
ITEM #: E.5
SUBJECT: Assign Representative to the Yolo County Commission on Aging & Adult Services

The City of Woodland Commission on Aging assigns one representative to attend the Yolo County Commission on Aging & Adult Services (along with the other Cities in Yolo county). Matthew Crider was the representative but has resigned as Commissioner. The Yolo County Commission on Aging & Adult Services meets the first Wednesday of the month from 9:00-11:00 am. The next meeting is on February 7.

Attachments:

None



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: January 19, 2023
ITEM #: F.6
SUBJECT: Commissioner Statements

Attachments:

None



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: January 19, 2023
ITEM #: F.7
SUBJECT: Request for Absence from Future Commission on Aging Meetings

Attachments:

None



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: January 19, 2023
ITEM #: G.8
SUBJECT: Senior Center Staff Report

Upcoming Presentations

The Woodland Senior Center has lined up a number of informative presentations.

- "California Relay Service Captioned Telephones" Thursday January 26 at 1:30 pm - A demonstration of adaptive telephone devices and services. Presenter: Melissa Floyd, Hamilton Relay.
- "Woodland Senior Center Travel Presentation" Thursday February 9 at 1:30 pm - Reviewing trips available from Affordable Adventures and Collette Travel. Presenters: Jan Bello, Affordable Adventures; and Jay Fehan, Collette Travel.
- "Who Gets Grandma's Yellow Pie Plate?" Wednesday March 29 at 9:30 am - A guide to passing on personal possessions. Presenter: Miranda Duncan, Co-Op Home Care.
- "OLLI Presents: Gertrude's Trees" Tuesday April 25 at 10:00 am - A history of Woodland's relationship with its trees. Presenter: David Wilkinson, Author of "Gertrude's Oaks: The History and Legacy of Woodland's Urban Forest."

AARP Tax Aide and VITA Tax Assistance

Volunteers are ready to help Woodland seniors prepare their taxes. Local volunteers affiliated with AARP Tax Aide and Volunteer Income Tax Assistance (VITA) will be on hand Mondays, Thursdays, and Fridays by appointment. Appointments begin in February. Sign-ups open on January 23. Interested people can call the Woodland Senior Center Welcome Desk at (530) 661-2001.

Attachments:

None