



City of Woodland
Meeting Agenda
Commission on Aging

Woodland Community &
Senior Center
2001 East Street
Woodland, CA 95776

April 20, 2023
4:00 PM

Please Note: The numerical order of items on this agenda is for the convenience of reference; items may be taken out of order.

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. REGULAR CALENDAR

1. Approve Minutes from the January 19, 2023 Commission on Aging Meeting
2. Senior Satisfaction Survey
3. Senior Resource Fair 2023

E. NEW BUSINESS

4. Assign Representative to the Yolo County Commission on Aging & Adult Services
5. May is Older Americans Month 2023
6. Commission on Aging Work Plan
7. Woodland Community & Senior Center Parking Lot Speed Bumps

F. COMMUNICATIONS - COMMISSION/STAFF STATEMENTS AND REQUESTS

8. Commissioner Statements
9. Request for Absence from Future Commission on Aging Meetings

G. REPORT OF THE STAFF

10. Senior Center Staff Report

H. COMMUNICATIONS - PUBLIC COMMENT

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such requests must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: April 20, 2023
ITEM #: D.1
SUBJECT: Approve Minutes from the January 19, 2023 Commission on Aging Meeting

Attachments:

1. 2023 01 19 COA Minutes

**City of Woodland
Meeting Minutes
Commission on Aging
January 19, 2023
4:00 pm**

A. CALL TO ORDER

Meeting called to order by Commissioner Campbell at 3:59 pm

B. ROLL CALL

*Commissioners Present: Campbell, Harryman, Overholt
Commissioners Absent: DeLiberty
Staff Present: Engel, Tringali*

C. PLEDGE OF ALLEGIANCE

D. REGULAR CALENDAR

1. Approve Minutes from the November 17, 2022 Commission on Aging Meeting

*Commissioner Overholt motioned to approve minutes.
Commissioner Harryman seconds.
Motion passes 3-0*

2. Woodland Apartment Guide 2023/2024

*Commissioner Harryman motioned to approve the Apartment Guide.
Commissioner Overholt seconds.
Motion passes 3-0*

3. Senior Satisfaction Survey

Staff provided five examples of senior surveys to the Commission. Commissioners will review and discuss at the February meeting.

E. NEW BUSINESS

4. Senior Resource Fair 2023

Staff presented information on the upcoming Senior Resource Fair. Applications will go out in early February. Commissioners were provided with a list of vendors who will be initially invited.

5. Assign Representative to the Yolo County Commission on Aging & Adult Services

Tabling to February meeting.

F. COMMUNICATIONS - COMMISSION/STAFF STATEMENTS AND REQUESTS

6. Commissioner Statements

Harryman: want goals for commission. Reviews Waste Management flyer. Wants more offered to seniors. Thinks the title of the promotion is misleading because it makes it seem it's exclusively for seniors. Will link Harryman to Rosie

Campbell: handicap button at front. Speed bumps at the community center. Wants agendas to be looked at by Commission.

Overholt: Contact Jean Dorris for Important documents slides/information.

7. Request for Absence from Future Commission on Aging Meetings

None requested.

G. REPORT OF THE STAFF

8. Senior Center Staff Report

Educational presentations. Tax aide. Overholt asked about Important documents. Ongoing partnership with Dignity.

H. COMMUNICATIONS - PUBLIC COMMENT

Sue Mazzoni asked the Commission about the services provided. Wants a list of services provided to seniors.

I. AGENDA ITEMS FOR NEXT MEETING

*Preparing for Older Americans Month presentation to City Council on May 2, 2023.
Yolo County Commission representative.
Work plan.
Speed bumps in the parking lot of the Woodland Community & Senior Center*

J. ADJOURN

*Commissioner Overholt motioned to adjourn at 4:58 pm.
Commissioner Harryman seconds.
Motion passes 3-0*



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: April 20, 2023
ITEM #: D.2
SUBJECT: Senior Satisfaction Survey

Attachments:

1. 2023 Senior Satisfaction Survey DRAFT

WOODLAND SENIOR CENTER SATISFACTION SURVEY – DRAFT

About the Woodland Senior Center

- 1) Are you a member of the Woodland Senior Center's non-profit partner, Woodland Senior Center Inc. (SCI)? (YES / NO)
 - a. YES
 - i. Are you an annual member or a Century Club member?
 - ii. How long have you been a member?
 - b. NO
 - i. Have you been a SCI member in the past?
- 2) Do you read the Woodland Senior Center's monthly newsletter, the "Senior Gram"? (YES / NO)
 - a. YES
 - i. How do you get your Senior Gram newsletter? (MAIL, PICK UP, ONLINE)
 - ii. What information do you look forward to learning about most?
 - iii. Do you have any recommendations on making a better Senior Gram?
 - b. NO
 - i. Why don't you read the Senior Gram newsletter?
 - ii. Do you have any recommendations on making a better Senior Gram?
- 3) Do you participate in Woodland Senior Center programs at the Woodland Community & Senior Center? (YES / NO)
 - a. YES
 - i. Which programs do you participate in?
 - ii. How long have you participated in these programs?
 - iii. On a scale of 1-10 (1 being "not satisfied at all" and 10 being "exceeds my expectations"), how satisfied are you with Woodland Senior Center programs?
 - iv. Would you recommend Woodland Senior Center programs to a friend or family member?
 - v. Do you have any suggestions for improvement in these programs?
 - vi. What else do you do for recreation?
 - b. NO
 - i. Have you participated in Woodland Senior Center programs in the last 10 years?
 1. YES
 - a. Which programs did you participate in?
 - b. How long did you participate in those programs?
 - c. What else do you do for recreation?
 - d. Describe the benefits that your recreation choices have provided to your life overall.
 2. NO
 - a. What programs could be offered that would make you use the Woodland Senior Center?
 - b. What do you do for recreation?
 - c. Describe the benefits that your recreation choices have provided to your life overall.
- 4) Do you want to see new programs being offered at the Woodland Senior Center? (YES / NO)
 - a. YES
 - i. What new programs could the Woodland Senior Center offer that you would be interested in participating in?
 - ii. Are there any interesting activities that someone you know participates in?

- iii. What other organizations or facilities do you go to for recreation?
- b. NO
 - i. What organizations or facilities do you go to for recreation?

About Woodland

- 1) How long have you lived in Woodland?
- 2) Besides the Woodland Senior Center, what other senior-related programs or services do you use?
- 3) What types of programs and services do you think are missing for seniors in Woodland?
- 4) What do you like about living in Woodland?
- 5) What would you like to see improved about living in Woodland?
- 6) In general, how would you rate living in Woodland?
 - a. Excellent
 - b. Very Good
 - c. Good
 - d. Fair
 - e. Poor

About You

- 1) How long have you lived in Woodland?
 - a. 9 years and less
 - b. 10-19 years
 - c. 20-29 years
 - d. 30-39 years
 - e. 40-49 years
 - f. 50-59 years
 - g. 60 years and more
 - h. I live in a different city:
- 2) Age category
 - a. 49 and under
 - b. 50 to 54
 - c. 55 to 59
 - d. 60 to 64
 - e. 65 to 69
 - f. 70 to 74
 - g. 75 to 79
 - h. 80 to 84
 - i. 85 to 89
 - j. 90 and over
- 3) Gender (M / F)
- 4) Are you of Hispanic or Latino origin or descent? (Y / N)
- 5) What is your race? Mark one or more.
 - a. White
 - b. Black or African American
 - c. Asian
 - d. Native Hawaiian or Other Pacific Islander
 - e. American Indian or Alaska Native
 - f. Other

- 6) What language do you mainly speak at home?
 - a. English
 - b. Spanish
 - c. Other
- 7) Provide name, phone number, and email address for the raffle. This information is kept separate from the results of the survey.



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: April 20, 2023
ITEM #: D.3
SUBJECT: Senior Resource Fair 2023

Attachments:

None



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: April 20, 2023
ITEM #: E.4
SUBJECT: Assign Representative to the Yolo County Commission on Aging & Adult Services

Attachments:

1. Commission AgingAdultSer_4-3-23

Commission on Aging & Adult Services

Purpose: Upon request of the Board of Supervisors, this commission reviews and makes recommendations on specific issues and policy questions, as well as state and federal legislation and regulations relating to the aged, disabled, or other adults needing the protection of authority and state; serves as the County's policy liaison to the Area 4 Agency on Aging; reviews, considers, develops and advances plans for Board of Supervisors' consideration for better coordination of County resources devoted to the aged, disabled and other adults needing the protection of authority and state.

Authority: Resolution No. 04-90 (5/4/04) based on 42 USC Sec. 3026...45 CFR – 1321.57 and Resolution No. 20-11 (1/28/20)

Staff Liaison: Sheila Allen

Telephone: 530-757-5583

Email: Sheila.Allen@yolocounty.org

Board of Supervisors Representative: Supervisor Jim Provenza
Supervisor Oscar Villegas (Alternate)

Telephone: 530-666-8624
916-375-6441

Email: jim.provenza@yolocounty.org
oscar.villegas@yolocounty.org (Alternate)

Makeup of membership: 14 members:

One - appointed from each supervisorial district

Four - at large members. (Board appointed)

Three - members from the Commission on Aging from Woodland, Davis, West Sacramento (Parks, Recreation & Intergenerational Services Commission) and Winters – No fixed or limited term.

One - each representing the County Administrator's office and Public Guardian's office – No fixed or limited term.

Membership terms: Two-year terms commencing Jan 31

Frequency and time of meetings: 1st Wednesday every month from 9:00 to 11:00 A.M. via Zoom
(Please call staff liaison for meeting dates)

Current Committee membership and terms:

Member	Category/District	Date Appointed	Expiration of Term
VACANT	1	1/12/2021	1/30/2025
K Kevyne Baar	2	3/21/2023	1/30/2025
Sue Tarleton	3	1/12/2021	1/30/2023
Elaine Roberts Musser	4	2/7/2023	1/30/2025
James Bohon	5	1/10/2023	1/30/2025
VACANT	At-large (Board App't'd)		1/30/2024
Dawn Myers	At-large (Board App't'd)	4/26/2022	1/30/2024
Seth Brunner	At-large (Board App't'd)	4/26/2022	1/30/2024
Dolores D. Olivarez	At-large (Board App't'd)	10/11/2022	1/30/2024
Kim Britt	CAO or designee	10/25/2022	No limit
Laurie Haas	Public Guardian	1/10/2017	No limit
VACANT	Woodland Comm. on Aging		No limit
Jim Daniel	Davis Commission on Aging	2/9/2023	No limit
VACANT	W. Sac Parks, Recreation & Intergenerational Services Comm.		No limit
Cheryl Sandoval	Winters Comm. on Aging		No limit

How to apply to be a member of this committee:

Individuals interested in serving on this advisory body may submit an application to the Yolo County Board of Supervisors' Office, 625 Court Street, Room 204, Woodland, CA 95695 or by completing an application on our website at www.yolocounty.org > Governance > Advisory Bodies. For more information please call the Clerk of the Board at (530) 666-8195.



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: April 20, 2023
ITEM #: E.5
SUBJECT: May is Older Americans Month 2023

Attachments:

None



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: April 20, 2023
ITEM #: E.6
SUBJECT: Commission on Aging Work Plan

Attachments:

1. COA Work Plan 2021

City of Woodland Commission on Aging Work Plan

#1 DIVERSITY OF SENIOR POPULATION

Objective: To explore needs of seniors in diverse populations.
Action: Identify and engage representatives/leaders from diverse populations.
Outcome: Needs of all seniors in Woodland are made known and appropriately addressed.
Timeline: Ongoing.
Resources: Commission and staff time. Use of Community & Senior Center.

Lead Commissioner: Overholt Backup Commissioner: Campbell

#2 INFORMATIONAL PRESENTATIONS

Objective: Increased awareness of existing resources for seniors and their families.
Action: Facilitate at least one group presentation regarding existing programs, including caregiver services, respite, hospice, home-delivered meals, safety, and more.
Outcome: Commission to inform the community on senior-related issues.
Timeline: Ongoing.
Resources: Commission and staff time. Use of Community & Senior Center.

Lead Commissioner: Crider Backup Commissioner: Overholt

#3 RESOURCE GUIDE

Objective: Facilitate utilization of existing resources.
Action: Create and circulate list of existing projects to the community. Coordinate with other agencies' resource guides and services.
Outcome: Increased utilization of existing resources.
Timeline: Ongoing.
Resources: Commission and staff time. Use of Community & Senior Center.

Lead Commissioner: Madsen Backup Commissioner: DeLiberty

#4 SENIOR RESOURCE FAIR

Objective: Create opportunity for seniors to relate one-on-one with providers of programs and services available in the community.
Action: Promote awareness of the Fair and assist as needed on the day of the Fair.
Outcome: Greater awareness of programs available to seniors in the community.
Timeline: January through May, event always on 4th Thursday of May.
Resources: Commission and staff time. Use of Community & Senior Center.

Lead Commissioner: Campbell Backup Commissioner: Madsen

#5 WOODLAND APARTMENT LIST

Objective: Complete updated list of apartment complexes in Woodland, including those which can accommodate seniors and those with a disability.

Action: All Commissioners to participate in calling apartment management to update information and availability.

Outcome: Updated resource guide regarding apartments in Woodland, printed and available to the community.

Timeline: January/February of even years.

Resources: Commission and staff time.

Lead Commissioner: All Commissioners

#6 ADVOCACY

Objective: Promoting and advocating for issues related to seniors.

Action: Communicate senior issues to City Council. Annual report to Council by Commission.

Outcome: Increased action to meet senior needs in Woodland.

Timeline: Ongoing. Annual report to Council in May.

Resources: Commission and staff time.

Lead Commissioner: DeLiberty Backup Commissioner: Crider

#7 EMERGENCY PREPAREDNESS

Objective: Support the Yolo County Emergency Preparedness Plan.

Action: Review and become familiar with the Yolo County Emergency Preparedness Plan. Identify opportunities to educate the community regarding resources, including SNAP applications.

Outcome: Improved safety for seniors in emergent situations.

Timeline: Ongoing.

Resources: Commission and staff time.

Lead Commissioner: Madsen Backup Commissioner: Overholt

The results of this work plan are dependent on the Commission's ability to navigate the community safely during a pandemic.



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: April 20, 2023
ITEM #: E.7
SUBJECT: Woodland Community & Senior Center Parking Lot Speed Bumps

Attachments:

None



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: April 20, 2023
ITEM #: F.8
SUBJECT: Commissioner Statements

Attachments:

None



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: April 20, 2023
ITEM #: F.9
SUBJECT: Request for Absence from Future Commission on Aging Meetings

Attachments:

None



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: April 20, 2023
ITEM #: G.10
SUBJECT: Senior Center Staff Report

Woodland Senior Center Inc. Events

On February 9, Woodland Senior Center Inc. (SCI) hosted the annual Valentine's Dinner and a Movie. The meal was chicken and salmon, and the movie was "Some Like It Hot." 44 people attended this event. Then on March 18, SCI hosted the Hand & Foot Card Party. 70 people attended to play cards and have lunch with each other. Coming up on May 11, SCI will hold the annual Membership and Installation Dinner.

Educational Presentations

The Woodland Senior Center has lined up a number of educational presentations this spring and summer free for seniors.

- March 29 - "Who Gets Grandma's Yellow Pie Plate?" by Co-Op Home Care
- April 19 - "Everything You Wanted to Know about a Reverse Mortgage" by Harry Ahlstrom
- April 25 - "Gertrude's Trees" by Dave Wilkinson and Osher Lifelong Learning Institute
- May 3 - "Disaster Preparedness" by Jim Bohon, Yolo County Commission on Aging and Adult Services
- May 31 - "Smart TV 101" by Woodland Senior Center
- June 27 - "Fraud Prevention" by Yolo County District Attorney's Office
- June 28 - "Healthy Living for your Brain and Body" by Alzheimer's Association
- July/August - "A History of the Nut Tree" by Diane Zimmerman

Attachments:

None