



City of Woodland
Meeting Agenda
Commission on Aging

Woodland Community &
Senior Center
2001 East Street
Woodland, CA 95776

April 18, 2024
4:00 PM

***Please Note:** The numerical order of items on this agenda is for the convenience of reference; items may be taken out of order.*

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS - COMMISSION/STAFF STATEMENTS AND REQUESTS

E. CONSENT CALENDAR

1. Approve Minutes from the January 18, 2024 Commission on Aging Meeting
2. Commissioner Request for Absence from Future Meetings

F. NEW BUSINESS

3. Senior Resource Fair Update
4. May is Older Americans Month

G. REPORT OF THE STAFF

5. Senior Center Staff Report

H. COMMUNICATIONS - PUBLIC COMMENT

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN

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Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: April 18, 2024
ITEM #: E.1
SUBJECT: Approve Minutes from the January 18, 2024 Commission on Aging Meeting

Attachments:

1. 2024 01 18 COA Minutes

**City of Woodland
Meeting Minutes
Commission on Aging
January 18, 2024
4:00 pm**

A. CALL TO ORDER

Meeting called to order by Commissioner Campbell at 4:00 pm

B. ROLL CALL

*Commissioners Present: Bliss-Moreau, Harryman, Overholt
Commissioners Absent: Campbell
Staff Present: Engel, Tringali*

C. PLEDGE OF ALLEGIANCE

D. CONSENT CALENDAR

1. Approve Minutes from the October 19, 2023 Commission on Aging Meeting

*Commissioner Bliss-Moreau motioned to approve minutes.
Commissioner Harryman seconds.
Motion passes 3-0*

2. Commissioner Request for Absence from Future Meeting

No absences requested.

E. NEW BUSINESS

3. Approve Updated Work Plan for 2024

*Commissioner Bliss-Moreau motioned to approve minutes.
Commissioner Harryman seconds.
Motion passes 3-0*

4. Waste Management Discussion

Staff to discuss Waste Management issue with Council before they go out for bids for waste services. The Commission on Aging will write a letter to Environmental Services to identify benefits sought for seniors in Waste Management rates.

5. Senior Resource Fair

Staff is going to invite the past partners to the Senior Resource Fair in the coming weeks.

F. COMMUNICATIONS - COMMISSION/STAFF STATEMENTS AND REQUESTS

Commissioner Harryman would like to discuss contemporary health issues for women and functional fitness classes.

Commissioner Bliss-Moreau is going to poll her contacts at UC Davis for those who might want to present to the Woodland Senior Center. Her group is setting priorities in February and will report back.

Commissioner Overholt notes that the Yolo County Commission on Aging was cancelled for the town hall event.

G. REPORT OF THE STAFF

6. Senior Center Staff Report

Staff discussed the senior center's annual events. Staff described the replacement of the community center carpets being completed soon. ReXpo and the Senior Art Show are being planned next. Staff also discussed the conversion of the front grass area of the Community & Senior Center into a parking lot, in anticipation of the building of the new pool.

H. COMMUNICATIONS - PUBLIC COMMENT

Gil Walker from the Senior Center's Prostate Cancer Support Group is supportive of planning health presentations.

I. AGENDA ITEMS FOR NEXT MEETING

7. Senior Healthcare Topics

J. ADJOURN

Commissioner Harryman motioned to adjourn at 4:40 pm.

Commissioner Bliss-Moreau seconds.

Motion passes 3-0



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: April 18, 2024
ITEM #: E.2
SUBJECT: Commissioner Request for Absence from Future Meetings

Attachments:

None



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: April 18, 2024
ITEM #: F.3
SUBJECT: Senior Resource Fair Update

Below is the list of the 60 confirmed vendors signed up for the resource fair (20 spots left:

- Aetna Medicare
- Alzheimer's Association
- Apexcare Non-Medical Home Care Agency
- Assembly Majority Leader
Cecilia Aguiar-Curry
- Braille and Talking Book Library
- California Connect
- California Highway Patrol Woodland Area
- California Retired Teachers Association (CalRTA)
- CaptionCall
- Catholic Charities of Yolo-Solano
- City of Woodland Aquatics
- City of Woodland Environmental Services
- Community Care Car
- Corner Drug Co.
- Crider Law Group
- Del Oro Caregiver Resource Center
- Elder Care Management
- Empower Yolo
- Friends of the Woodland Public Library
- Gentiva Hospice
- George Beach Insurance Services LLC
- HICAP - Health Insurance
Counseling and Advocacy Program
- Meals on Wheels
Yolo County
- Medicare Made Simple
- Solera Asset Managers & Insurance Agency
- New Leaf Senior Transitions
Senior Move Management
- Osher Lifelong Learning Institute (OLLI)
- Pacifica Senior Living Vacaville
Memory Care Community
- Polished - Mobile Dental Hygiene
- REM Senior Day Program
Helping Memory Care
- Retired Public Employees' Association of California
- RISE Inc.
- Senior Helpers
- Seniors Real Estate Specialist
- Solano Lifehouse

Assisted Living with Memory Care

- STARS
- Teens Helping Seniors
- The Californian Assisted Living & Dementia Care
- The Farmstead at Dixon Senior Living
- Tri Counties Bank
- Vaca Valley Living Memory Care
- Welcome Home Care
- Western Health Advantage
- Local Medicare Health Plan
- Woodland Area Pickleball Association (WAPA)
- Woodland Community Stroke Support Group
- Woodland Food Closet
- Woodland Host Lions

We Serve

- Woodland Memorial Hospital Auxiliary (Volunteering)
- Woodland Parkinson's Support Group
- Woodland Senior Center Inc.
- Woodland Stompers
- Line Dance Group
- YMCA of Superior California
- Yolo County CASA
- Yolo County District Attorney's Office
- Yolo County IHSS Public Authority
- Yolo County In-Home Supportive Services
- Yolo County Library
- Your Elder Care Specialist

Attachments:

None



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: April 18, 2024
ITEM #: F.4
SUBJECT: May is Older Americans Month

Attachments:

None



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: April 18, 2024
ITEM #: G.5
SUBJECT: Senior Center Staff Report

Collette Travel Milestone

The Woodland Senior Center has worked with Collette Travel Agency since 2005. Recently, the Woodland Senior Center hit a revenue milestone with the company. Through 2024, 142 Woodland travelers have paid over \$800,000 on travel among about 60 trips. The trips planned next are:

- Sunny Portugal
- Amish Country Getaway
- Canadian Rockies & Glacier National Park
- Iceland: Land of Fire and Ice
- Discover the Islands of New England
- Niagara Falls to New York City
- Wonders of Thailand
- Spotlight on Tuscany
- Holland and Belgium Springtime River Cruise

Medicare Services Expanding

Certified counselors from HICAP (the Health Insurance Counseling and Advocacy Program) are now at Woodland Senior Center twice each month for personal appointments. Medicare beneficiaries and others with questions about enrolling may schedule appointments at 10:00 am or 11:30 am on the 2nd and 4th Thursdays by calling (916) 376-8915. Telephone appointments are also available other days each month.

Dinner and a Movie Event

On February 8, the Senior Center hosted the annual Valentine's Dinner and a Movie event. Over 80 people were in attendance to enjoy a salmon or chicken dinner prepared by Woodland Senior Center Inc. The participants enjoyed the classic romance film, "Roman Holiday."

Attachments:

None