



City of Woodland
Meeting Agenda
Commission on Aging

Woodland Community &
Senior Center
2001 East Street
Woodland, CA 95776

May 16, 2024
4:00 PM

Please Note: The numerical order of items on this agenda is for the convenience of reference; items may be taken out of order.

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. CONSENT CALENDAR

1. Approve Minutes from the April 18, 2024 Commission on Aging Meeting
2. Commissioner Request for Absence from Future Meetings

E. COMMUNICATIONS - COMMISSION/STAFF STATEMENTS AND REQUESTS

3. Commissioner Reports and Updates
4. Senior Resource Fair Update

F. NEW BUSINESS

G. REPORT OF THE STAFF

5. Senior Center Staff Report

H. COMMUNICATIONS - PUBLIC COMMENT

I. AGENDA ITEMS FOR NEXT MEETING

6. Waste Management Presentation

J. ADJOURN

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such requests must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.

**City of Woodland
Meeting Minutes
Commission on Aging
April 18, 2024
4:00 pm**

A. CALL TO ORDER

Meeting called to order by Commissioner Campbell at 4:04 pm

B. ROLL CALL

*Commissioners Present: Bliss-Moreau, Campbell, Harryman, Overholt
Commissioners Absent: None
Staff Present: Tringali*

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS – COMMISSION/STAFF STATEMENTS AND REQUESTS

Commissioner Harryman discussed the negotiations between Aetna insurance and Dignity Healthcare. Will draft a letter for Commission review.

Commissioner Bliss-Moreau is working on a lecture series to be presented at the senior center in late-summer or early-fall.

Commissioner Campbell discussed Waste Management services for seniors and expressed interest in having a discussion with someone from Waste Management.

E. CONSENT CALENDAR

1. Approve Minutes from the January 18, 2024 Commission on Aging Meeting

*Commissioner Bliss-Moreau motioned to approve minutes.
Commissioner Harryman seconds.
Motion passes 4-0*

2. Commissioner Request for Absence from Future Meeting

No absences requested.

F. NEW BUSINESS

3. Senior Resource Fair Update

Staff updated Commission that there were 66 registered vendors for the Senior Resource Fair. Commissioners will arrive at 8:00 am for briefing and to get ready for vendor check-in at 8:15 am. Commissioner Bliss-Moreau will not be in attendance.

4. May is Older Americans Month

City Council will proclaim May to be Older Americans Month at the regular Council meeting on Tuesday May 7 at 6:30 pm. Commissioner Campbell will be in attendance.

G. REPORT OF THE STAFF

5. Senior Center Staff Report

Staff discussed the recruitment for the Civic Fellow who will be hired for the Community Services Department. The selected Fellow will be researching Spanish-language programs, surveying Spanish-speaking people, and building bridges to resources and services conducted in Spanish at the Woodland Senior Center. Interviews are on May 7.

H. COMMUNICATIONS - PUBLIC COMMENT

None.

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN

*Commissioner Overholt motioned to adjourn at 4:31 pm.
Commissioner Harryman seconds.
Motion passes 4-0*



TO:
AGENDA:
DATE:
ITEM #:
SUBJECT:

THE COMMISSION ON AGING
Commission on Aging
May 16, 2024
E.3

Commissioner Reports and Updates

Attachments:

None



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: May 16, 2024
ITEM #: E.4
SUBJECT: Senior Resource Fair Update

The following are confirmed vendors to be in attendance at the resource fair:

Agency

- 1AARP
- 2Aetna Medicare
- 3Agency on Aging Area 4
- 4Aging Life Care Management Agency
- 5Alzheimer's Association
- 6Apexcare Non-Medical Home Care Agency
- 7Assembly Majority Leader
Cecilia Aguiar-Curry
- 8Braille and Talking Book Library
- 9California Connect
- 10California Highway Patrol Woodland Area
- 11California Retired Teachers Association (CalRTA)
- 12CaptionCall
- 13Catholic Charities of Yolo-Solano
- 14City of Woodland Aquatics
- 15City of Woodland Environmental Services
- 16Collette Travel, Inc.
- 17Community Care Car
- 18Corner Drug Co.
- 19Cornerstone Assisted Living Community
- 20Crider Law Group
- 21Del Oro Caregiver Resource Center
- 22Empower Yolo
- 23EnABLE Care Management
- 24Friends of the Woodland Public Library
- 25Gentiva Hospice
- 26George Beach Insurance Services LLC
- 27Good Neighbor Transport

28HICAP - Health Insurance
Counseling and Advocacy Program

29Jackson Medical Supply

30League of Women Voters

31Meals on Wheels
Yolo County

32Medicare Made Simple
Solera Asset Managers & Insurance Agency

33Mo's Go's Non- Emergency Transport

34New Leaf Senior Transitions
Senior Move Management

35NextHome Family Tree Realty: Seniors Real Estate Specialist

36Osher Lifelong Learning Institute (OLLI)

37Pacifica Senior Living Vacaville
Memory Care Community

38Polished - Mobile Dental Hygiene

39REM Senior Day Program
Helping Memory Care

40Resources for Independent Living

41Retired Public Employees' Association of California

42RISE Inc.

43Senior Helpers

44Seniors Real Estate Specialist

45SL8 Fitness & Nutrition Senior Fitness Program

46Solano Lifehouse
Assisted Living with Memory Care

47St. John's Retirement Village

48STARS

49Teens Helping Seniors

50The Californian Assisted Living & Dementia Care

51The Farmstead at Dixon Senior Living

52TOPS CA #09461

53Tri Counties Bank

54Vaca Valley Living Memory Care

55Welcome Home Care

56Western Health Advantage
Local Medicare Health Plan

57Woodland Area Pickleball Association (WAPA)

58Woodland Community Stroke Support Group

59Woodland Fire Department

60Woodland Food Closet

61Woodland Host Lions
We Serve

62Woodland Memorial Hospital Auxiliary
(Volunteering)

63Woodland Parkinson's Support Group

64Woodland Police Department

65Woodland Senior Center Inc.

66Woodland Stompers
Line Dance Group

67YMCA of Superior California

68Yolo County CASA

69Yolo County District Attorney's Office

70Yolo County Elections

71Yolo County IHSS Public Authority

72Yolo County In-Home Supportive Services

73Yolo County Library

74YoloCares

75Your Elder Care Specialist

Attachments:

None



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: May 16, 2024
ITEM #: G.5
SUBJECT: Senior Center Staff Report

Community Services Department Quarterly Reports

The Community Services Staff provides program statistics to City Council every quarter. Staff recently presented Council with the department's Quarter 3 report covering January-March 2024. Senior information is on page 6. Anybody can access these reports when they are on a Council agenda. Typically the reports will be given in January, April, July, and October.

Attachments:

1. Q3_24

Community Services Department Quarterly Status Report Third Quarter FY24

The following provides a summary of the Community Service Department's programs, activities, and events for the third quarter, January through March 2024.

This report refers to participant hours; the methodology for calculating participant hours is described at the end of the document. *Participant totals (total participants and total participant hours) are the total amount of participants/hours for the entire reporting period (i.e. in most cases three months).*

Quarterly Highlights

- Approximately 26,691 participant hours were recorded for aquatics; youth, teen, and adult recreation activities and classes.
- Approximately 2,101 people attended events at the Community & Senior Center during facility rentals.
- Over 1,829 people participated in Community events such as the Polar Bear Plunge, Game On!, Valentine's Day Cookie Decorating, ReXpo and Senior Art Show, and the César Chávez Celebration.
- Approximately 11,492 participant hours were recorded for senior programs and events.

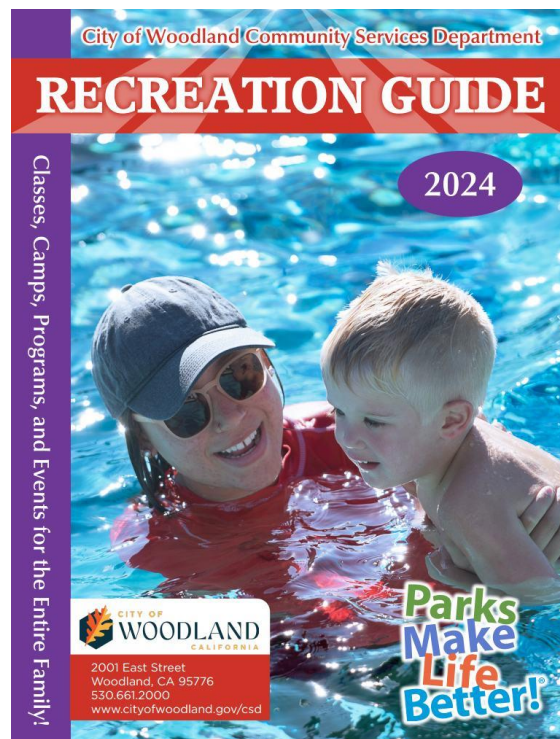


Valentine's Day Cookie Decorating, February 9

PROGRAM MARKETING & OUTREACH

During this reporting period, the Department used the following marketing efforts to promote the recreation program offerings as well as community events and senior programs.

- Direct Marketing: Staff marketed activities to current and past participants for the REXPO and Camperships, and summer hiring with flyers, digital flyers and emails, and banners.
- Direct Mailing: The Spring Summer Recreation Guide was mailed to all households with children 0-17 years old in Woodland.
- Outreach at local schools: The César Chávez Celebration and the Departmental summer hiring flyers were distributed in English and Spanish digitally via WJUSD.
- Senior Newsletter: The Senior Gram newsletter was mailed to 470 households each month and was available online at www.cityofwoodland.gov/seniors.
- Social Media: The Department utilizes Facebook and Instagram to advertise upcoming events and recreation programs.
- Rec2Go: Rec2Go provided departmental outreach at Food Truck Mania.



Spring Summer 2024 Recreation Guide

PARKS & RECREATION FACILITIES

Community & Senior Center Facility Reservations

The Community & Senior Center facility rental program is designed to both generate revenue for the City of Woodland and provide a location for community events. Types of rentals held at the Community Center include: meetings, parties (bridal and baby showers), weddings and receptions, quinceañeras, and business meetings. Reservations of the facility during the third quarter are shown below.

	General Facility Rentals <i>Includes rentals receiving discounts</i>	Facility Rentals <i>with Fees Waived</i>
Number of Rentals	16	21
Approximate Participants	1,087	1,014
Total Fees	\$15,446	\$28,734 (waived)

Parks and Recreation Facility Improvement Projects

Park/Recreation Facility	Projects Completed
Campbell Park	Repaired light poles.
Community Center Dog Park	Performed maintenance for drain inlets including clean out and repacked with porous material.
Community & Senior Center	Installed sharp disposal station in senior restrooms. Installed carpet in meeting room closets. Rebuilt pumps for geothermal loop (motors, bearings, sleeves, and bushings).
Community Swim Center	Removed and reconstructed the cement wall and stairs up the north hillside.
Clark Ballfield	Resealed the blacktop in area that was cut to make repairs to a waterline.
Crawford Park	Removed and replaced walkway light pole light.
Ferns Park	Cleaned up trees and limbs down from winter storms.
Freeman Park	Planted rose plants around the east side of the Gazebo and planted California native and drought tolerant plants on the west side of the well. Installed a new drip irrigation system in the planter.
Harris Park	Cleaned up trees and limbs down from winter storms.
Legacy Grove	Poured nine pads for benches.
Pioneer Park	Installed a new clock timer for walkway lights.
Slaven Park	Replumbed the drinking fountain and replaced the air pump at the bike station. Repaired damaged tables and benches in the picnic shelters. Installed two pads for benches at the dog activity area.
Sports Park	Replumbed urinals and replaced the hand dryers.
Woodside Park	Repaired the missing and rotted wood expansion joints in the sidewalk.
Other City Locations	Projects Completed
Regional Park	Constructed ten benches and installed along the path at the park.

RECREATION ACTIVITIES – Special Events

Community Special Events are generally activities/events open to the public during a one-day event.

Event	Date	Total Participants	Fees Collected
Polar Bear Plunge*	Jan. 1	63	\$325
MLK Youth Essay Writing Contest	For Jan. 15 event	19 entries	\$0

Game On!*	Jan. 26	113	\$565
Woodland Writes*	Jan. 26-Feb 13	731 letters	\$0
Valentine's Day Cookie Decorating*	Feb. 9	154	\$210
ReXpo and Senior Art Show	March 15	450	\$0
You've Been Egged*	March 22-30	24	\$575
César Chávez Celebration	March 28	275	\$0
Total Participants		1,829	\$1,675

*Event funded by Measure R



César Chávez Celebration on March 28

RECREATION ACTIVITIES - Aquatics

All aquatic programs are held at the Charles Brooks Community Swim Center. During the winter months, the primary programming at the pool is lap swim, water aerobics, and the use of the pool by the Woodland Swim Team and the Woodland Joint Unified School District for Woodland and Pioneer High Schools.

Aquatics Program	Total Participants (3 months)	Participant Hours (3 months)	Fees Collected (3 months)
Lap Swim & Water Aerobics	6,103	6,103	\$967
Lifeguard Training	17	680	\$1,480
Woodland Swim Team	n/a	n/a	\$5,730
WJUSD (WHS & PHS)	n/a	n/a	\$0
Total	6,120	6,783	\$8,177

Pool Scheduling & Reservations

During non-programmed hours, the Charles Brooks Community Swim Center is available to reserve for other aquatic activities not affiliated with the City of Woodland. Pool reservation fees account for the facility and safety personnel onsite during the scheduled event.

Woodland Swim Team

Woodland Swim Team is a year-round USA Club Team that has rented the Charles Brooks Community Swim Center for practices and meets since 1952. The Woodland Swim Team held regular practices during this quarter. Fees Collected: \$5,730 (\$1,910 monthly rental fee).

RECREATION ACTIVITIES - Youth & Teen Recreation

A variety of youth and teen recreation programs are offered by the Department year-round; however, the majority of the programs are offered during the summer. In addition to the programs listed below, please refer to the Contract Classes section for other program offerings that are available for youth and teens.

Youth Recreation Program	Total Participants (3 months)	Participant Hours (3 months)	Fees Collected (3 months)
After School Teen Pack*	1,315	3,270	Free Program
Rec2Go*	111	111	Free Program
Youth Basketball League	294	5,880	\$32,988
Total	1,720	9,261	\$32,988

*Program funded by Measure R

RECREATION ACTIVITIES - Contract Classes

The City contracts with outside (special interest) instructors to teach a variety of recreation and leisure classes for participants of all ages. With the exception of tennis and boxing, the City retains 30% of the fees collected for each class (in addition to non-resident fees). The City retains 10% of the fees collected for the tennis program. For boxing, the City retains all of the revenues and pays the two contractors a monthly stipend.

Contract Class	Total Participants (3 months)	Participant Hours (3 months)	Fees Collected (3 months)	Total Expense (3 months)	Net Revenue (3 months)
Art with Stephanie	31	224	\$2,843	\$1,976	\$867
Boxing Youth	138	1,380	\$2,073	\$3,720	-\$1,647
Boxing Adult	69	690	\$1,698	\$4,800	-\$3,102
Cello Tennis Academy	212	965	\$12,170	\$10,699	\$1,471
530 Cheer Academy	6	96	\$620	\$420	\$200
Country Line Dance	338	507	\$2,028	\$1,420	\$608
Cuban Salsa	54	216	\$1,871	\$1,246	\$625
Dance Fitness & Tai Chi	94	376	\$4,272	\$2,842	\$1,430
Meditation	5	20	\$231	\$162	\$69
Pilates	32	288	\$1,102	\$739	\$363
Rock Steady Boxing	40	560	\$1,320	\$650	\$670
Scottish Country Dance	20	280	\$666	\$448	\$218
Socceroo	31	138	\$3,654	\$2,499	\$1,155
Writing Life Stories	5	100	\$125	\$88	\$37
Yoga	38	272	\$1,335	\$926	\$408
Total	1,113	6,112	\$36,008	\$32,635	\$3,372

RECREATION ACTIVITIES - Adult Sports

Adult sports activities are offered through the City. Activities include drop-in sports as well as organized softball, volleyball, and basketball leagues. Drop-in basketball (open gym) numbers are not reported, however, participation for the other programs is listed below.

Drop In Programs

Program	Total Sign-Ins	Participant Hours	Fees Collected
Badminton	904	2,712	Free
Pickleball	561	1,823	Free
Total	1,465	4,535	\$0

RECREATION ACTIVITIES – Senior Activities

Programs at the Woodland Senior Center include art classes; exercise classes; games; leisure programs and activities; education resources; support groups, and special events resulting in a total of 11,492 participant hours during the third quarter.

Senior Programs

Programs	Total Sign-Ins	Participant Hours	Fees Collected
Art Classes	434	1,278	Free Programs
Exercise Classes	2,185	1,893	Free Programs
Games	1,131	3,592	Free Programs
General Programs	2,243	3,724	Free Programs
Support Groups	135	270	Free Programs
Total	6,128	10,757	\$0

Senior Events

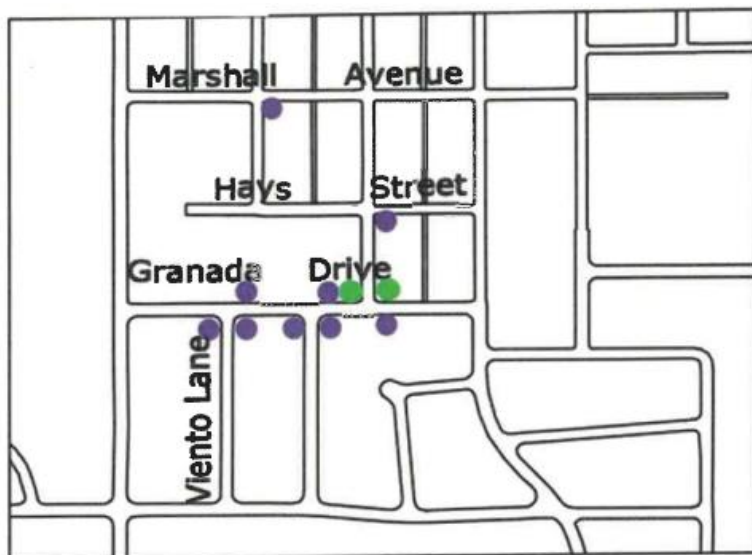
Events	Date	Participants	Participant Hours	Fee Collected
Dinner and a Movie	February 8	90	360	Free Program
Hand & Foot Card Party	March 23	75	375	Free Program
Total		165	735	\$0

Grants and Housing

In addition to implementing recreation and senior programs, the Community Services Department also implements the Community Development Block Grant Entitlement program, grants for non-profit organizations, and affordable housing programs. The highlights of these programs for the third quarter of Fiscal Year 2024 are provided below.

CDBG Activities

City of Woodland, ADA Accessibility Project – The project went out to bid in late April 2024 and construction is set to begin in May 2024. Nine ADA-compliant curb ramps will be upgraded in the ADA priority route.



Legal Services of Northern California, Fair Housing Services – LSNC hosted their 2024 Annual Fair Housing Conference on April 18, 2024 at the Yolo County Housing Authority. The conference is designed for local housing providers and the general public. Topics include disability discrimination, protections for survivors of domestic violence, protections for applications with criminal backgrounds, and other useful legal housing topics.

Other Projects

New Walter's House Substance Use Disorder Treatment Facility

Construction of the new Walter's House facility is underway and anticipated completion in late spring/early summer. The move to the East Beamer Way campus is the third phase in the overall project and will provide for an increase in the number of beds, from 44 beds at the current location to 60 beds at the East Beamer Way Campus. The facility is primarily funded through the California Department of Health Care Services' (DHCS) Behavioral Health Continuum Infrastructure Program (BHCIP) (\$12.5 million).

Vista del Robles Affordable Housing Project Phase I & Phase II

Phase 1: Chelsea Development Corporation broke ground on its 72-unit affordable housing project in April 2022 with loan assistance from the City of Woodland. Rental rates are restricted to low-income households earning between 30 and 60 percent of the median household income, adjusted for household size. The housing development is being constructed at the corner of West Main Street and Ashley Avenue. A ribbon cutting was recently held.

Phase 2: The second phase of the project will include the construction 96 affordable units. Rental rates will also be restricted to low-income households earning between 30 and 60 percent of the median household income, adjusted for household size. The second phase will also include 20+ units for developmentally disabled individuals. The developer is currently pursuing funding for Phase 2.

The overall project will accept Project Based Vouchers and 15% of the total units will be constructed as accessible units. All the units on the first floors of Phase 1 and 2 are adaptable and can be converted to

accessible units. All units of the project are restricted for low-income households earning between 30 and 60 percent of the median household income for Yolo County.

Participant Hours Calculation

The Community Services Department measures programs through “participant hours”. Participant hours are a calculation of total program hours multiplied by the total number of unique participants within a program. Total participant hours reports how much time participants spend within each program. The measurement breaks down to 1 person x 1 hour = 1 Participant Hour. It should be noted that a higher number of participant hours is not, by itself, a measurement of greater program success compared to the participant hours of another program.

Participant Hours (PH) is calculated by:

- Drop-In Programs: 1 Class meeting (in hours) x Total sign ins
Examples include Water Aerobics & Lap Swim, Badminton
- Classes/Camps/Leagues: Total unique participants x total class time (in hours)
Examples include Swim Lessons, Mad Science
- Individual Entry: Each class meeting (in hours) x Total in attendance (adding each day)
Examples include Teens Helping Seniors, Teen Pack
- Event: Total Attendants x Average Time
Examples include ReXpo, 4th of July, Rec2Go visits

Participant hours and participants in this report are listed for the three-month reporting period; therefore if 100 participants are listed, the 100 refers to the total participants for the three-month period and could double or triple count the same participants if they participated each month (i.e. drop in volleyball).



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: May 16, 2024
ITEM #: I.6
SUBJECT: Waste Management Presentation

Attachments:

None