



City of Woodland
Meeting Agenda
Commission on Aging

Woodland Community &
Senior Center
2001 East Street
Woodland, CA 95776

November 21, 2024
4:00 PM

***Please Note:** The numerical order of items on this agenda is for the convenience of reference; items may be taken out of order.*

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. REGULAR CALENDAR

1. Approve Minutes from the October 17, 2024 Commission on Aging Meeting
2. Commissioner Requests for Absence from Future Meetings
3. 2025/2026 Woodland Apartment Guide

E. COMMUNICATIONS - COMMISSION/STAFF STATEMENTS AND REQUESTS

4. Commissioner Reports and Updates

F. NEW BUSINESS

5. Presentation by HICAP (Health Insurance Counseling & Advocacy Program)

G. REPORT OF THE STAFF

6. Senior Center Staff Report

H. COMMUNICATIONS - PUBLIC COMMENT

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such requests must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

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TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: November 21, 2024
ITEM #: D.1
SUBJECT: Approve Minutes from the October 17, 2024 Commission on Aging Meeting

Attachments:

1. 2024 10 17 COA Minutes B

City of Woodland

Woodland Community & Senior Center
2001 East Street
Woodland, CA 95776



Commission on Aging –

Thursday, October 17, 2024

4:00 PM

A. CALL TO ORDER

Meeting called to order at 04:00 PM

B. ROLL CALL

Commissioners Present: Bliss-Moreau, Campbell, Harryman, Overholt, Rubin

Absent: None

Excused: None

C. PLEDGE OF ALLEGIANCE

D. REGULAR CALENDAR

1. Approve Minutes from the September 19, 2024 Commission on Aging Meeting
On a motion by Commissioner Rubin, seconded by Commissioner Overholt,
Commissioners Approve Minutes from the September 19, 2024 Commission on Aging Meeting

Ayes: Bliss-Moreau, Campbell, Harryman, Overholt, Rubin

Noes: None

Absent:

2. Commissioner Request for Absence from Future Meetings
On a motion by Commissioner Kathy Harryman, seconded by Commissioner Dan Rubin
and carried unanimously on a roll call vote, Commissioners approved Commissioner
Regan Overholt's request for absence on November 21, 2024.

Ayes: Commissioner Regan Overholt, Chairperson Don Campbell, Commissioner Eliza
Bliss-Moreau, Commissioner Kathy Harryman, Commissioner Dan Rubin

Noes: None

Absent:

E. COMMUNICATIONS - COMMISSION/STAFF STATEMENTS AND REQUESTS

3. Commissioner Reports and Updates
Verbal updates provided by Commissioners.

Commissioner Regan Overholt reports that the Yolo County Commission on Aging is
interested in Commissioner Dan Rubin's work on identifying a "senior navigator." Adult
Day Healthcare is moving to Norton Hall and can accommodate about 100 people.

Commissioner Kathy Harryman reports that many seniors received letters that Dignity
does not accept certain insurance providers.

F. NEW BUSINESS

4. Apartment Listing Update for 2025/2026

Commissioners divided up the Apartment guide for updating. Information to be provided to Staff in February 2025.

5. Senior Center Speaker Series

Commissioner Eliza Bliss-Moreau provided verbal updates for the Speaker Series.

G. REPORT OF THE STAFF

6. Senior Center Staff Report

Verbal updates provided by Staff.

H. COMMUNICATIONS - PUBLIC COMMENT

No public comment.

I. AGENDA ITEMS FOR NEXT MEETING

Staff to invite speaker from HICAP to attend November's Commission meeting.

J. ADJOURN

On a motion by Commissioner Regan Overholt, seconded by Commissioner Dan Rubin, Meeting adjourned at 04:56 PM.



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: November 21, 2024
ITEM #: D.2
SUBJECT: Commissioner Requests for Absence from Future Meetings

Attachments:

None



TO:
AGENDA:
DATE:
ITEM #:
SUBJECT:

THE COMMISSION ON AGING
Commission on Aging
November 21, 2024
D.3

Attachments:

None



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: November 21, 2024
ITEM #: E.4
SUBJECT: Commissioner Reports and Updates

Attachments:

None



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: November 21, 2024
ITEM #: F.5
SUBJECT: Presentation by HICAP (Health Insurance Counseling & Advocacy Program)

Attachments:

None



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: November 21, 2024
ITEM #: G.6
SUBJECT: Senior Center Staff Report

Senior Technology and Resource Class

In partnership with Agency on Aging Area 4, the Senior Center will host the Senior Technology and Resource (STAR) class. This is designed to help older adults improve their digital skills, and qualified seniors will receive a laptop computer at the completion of the course.

New Ongoing Programs

There are a few new ongoing programs starting in the coming weeks. "Reading For Pleasure" book club meets on the third Thursdays starting November 21. "Origami Workshop" takes place on the 2nd and 4th Thursdays of the month.

Attachments:

None