



**City of Woodland**  
**Meeting Agenda**  
**Commission on Aging**

Woodland Community &  
Senior Center  
2001 East Street  
Woodland, CA 95776

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May 15, 2025  
4:00 PM

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*Please Note: The numerical order of items on this agenda is for the convenience of reference; items may be taken out of order.*

**A. CALL TO ORDER**

**B. ROLL CALL**

**C. PLEDGE OF ALLEGIANCE**

**D. REGULAR CALENDAR**

1. Approve Minutes from the April 17, 2025 Commission on Aging Meeting
2. Commissioner Requests for Absence from Future Meetings

**E. COMMUNICATIONS - COMMISSION/STAFF STATEMENTS AND REQUESTS**

3. Commissioner Reports and Updates

**F. NEW BUSINESS**

4. Presentation by Meals on Wheels Yolo County
5. Senior Resource Fair 2025

**G. REPORT OF THE STAFF**

6. Woodland Senior Center Staff Report

**H. COMMUNICATIONS - PUBLIC COMMENT**

**I. AGENDA ITEMS FOR NEXT MEETING**

**J. ADJOURN**

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such requests must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



TO: THE COMMISSION ON AGING  
AGENDA: Commission on Aging  
DATE: May 15, 2025  
ITEM #: D.1  
SUBJECT: Approve Minutes from the April 17, 2025 Commission on Aging Meeting

**Attachments:**

1. 2025 04 17 COA Minutes

# **City of Woodland**

Woodland Community & Senior Center  
2001 East Street  
Woodland, CA 95776



CITY OF  
**WOODLAND**  
CALIFORNIA

## **Commission on Aging –**

**Thursday, April 17, 2025**

4:00 PM

**A. CALL TO ORDER**

Meeting called to order at 04:00 PM

**B. ROLL CALL**

**Council Members Present: Commissioner Regan Overholt, Chairperson Don Campbell, Commissioner Kathy Harryman**

**Absent: Commissioner Eliza Bliss-Moreau, Commissioner Dan Rubin**

**Excused:**

**Staff Present: Christine Ferrara (Engel), Dallas Tringali**

**C. PLEDGE OF ALLEGIANCE**

**D. REGULAR CALENDAR**

1. Approve Minutes from the February 20, 2025 Commission on Aging Meeting  
**On a motion by Commissioner Kathy Harryman, seconded by Commissioner Regan Overholt and carried unanimously on a roll call vote, Commissioners Approve Minutes from the February 20, 2025 Commission on Aging Meeting**

**Ayes: Chairperson Don Campbell, Commissioner Kathy Harryman, Commissioner Regan Overholt**

**Noes: None**

**Absent: Commissioner Eliza Bliss-Moreau, Commissioner Dan Rubin**

2. Commissioner Requests for Absence from Future Meetings  
**No absences requested.**

3. 2025/2026 Woodland Apartment Guide  
**The Apartment Guide is going to be edited by City staff. Staff will bring the publication to the June 2025 meeting.**

**E. COMMUNICATIONS - COMMISSION/STAFF STATEMENTS AND REQUESTS**

4. Commissioner Reports and Updates  
**Commissioner Kathy Harryman would like the Senior Center to look into financial literacy classes for seniors.**

**F. NEW BUSINESS**

5. Presentation by Woodland Senior Center Tax Volunteers (AARP & VITA Programs)

**This presentation was conducted by Woodland Senior Center tax volunteers Tom Elliot and Gary McCaskill. AARP has conducted taxes in Woodland for 18 years. In 2021, volunteers added the United Way's Volunteer Income Tax Assistance (VITA) program to expand their ability to do tax returns. For the current tax year, Yolo County volunteers filed 1,373 returns with over \$1,000,000 in refunds. Woodland specifically had 697 tax returns completed with over \$515,000 in refunds given.**

6. Senior Resource Fair 2025

**There are 80 vendors currently confirmed for the Resource Fair. Commissioner Regan Overholt requested a senior survey be developed so that it may be conducted during the Resource Fair.**

**G. REPORT OF THE STAFF**

7. Woodland Senior Center Staff Report  
Staff discussed "May is Older Americans Month," and that a proclamation would be done at City Council on May 13 at 6:00 pm.

**H. COMMUNICATIONS - PUBLIC COMMENT**

**I. AGENDA ITEMS FOR NEXT MEETING**

**J. ADJOURN**

On a motion by Commissioner Kathy Harryman, seconded by Commissioner Regan Overholt, and carried unanimously on a roll call vote, Meeting adjourned at 04:53 PM.



TO: THE COMMISSION ON AGING  
AGENDA: Commission on Aging  
DATE: May 15, 2025  
ITEM #: D.2  
SUBJECT: Commissioner Requests for Absence from Future Meetings

**Attachments:**

None



TO: THE COMMISSION ON AGING  
AGENDA: Commission on Aging  
DATE: May 15, 2025  
ITEM #: E.3  
SUBJECT: Commissioner Reports and Updates

**Attachments:**

None



TO: THE COMMISSION ON AGING  
AGENDA: Commission on Aging  
DATE: May 15, 2025  
ITEM #: F.4  
SUBJECT: Presentation by Meals on Wheels Yolo County

**Attachments:**

None



TO: THE COMMISSION ON AGING  
AGENDA: Commission on Aging  
DATE: May 15, 2025  
ITEM #: F.5  
SUBJECT: Senior Resource Fair 2025

**Attachments:**

1. Woodland Senior Resource Fair Vendors flyer 2

# Woodland Senior Resource Fair

*Presented by the Commission on Aging*

Thursday, May 22, 2025

9:00AM – 12:00PM



## Woodland Community & Senior Center | 2001 East Street

This free event open to anyone highlights programs, services, and products for adults 50 and older. There will be 70+ organizations that will have tables with information and people to help answer questions about their services.

Below is a list of confirmed vendors:

- 211 Yolo
- AARP
- Agency on Aging Area 4
- Alzheimer's Association
- Assembly Majority Leader Aguiar-Curry
- CA DOJ, Division of Medi-Cal Fraud & Elder Abuse
- California Department of Financial Protection & Innovation
- California Highway Patrol Woodland Area
- California Senior Legislature (CSL)
- CaptionCall
- Catholic Charities Yolo Solano
- CiminoCare Senior Living Properties
- City of Woodland Environmental Services
- Comfort Keepers
- Corner Drug Co.
- Crider Law Group
- Davis Senior Center
- Del Oro Caregiver Resource Center
- Elder Care Management
- Flying Needles Quilters' Guild
- Friends of the Woodland Library
- George Beach Insurance Services LLC
- Good Neighbors Transportation
- Gold Group Realty
- HHRG / health connect RPM
- HICAP - Health Insurance Counseling and Advocacy Program
- JustServe.org and 3rd Thursday Humanitarian Day
- Kaiser Permanente Senior Advantage
- League of Women Voters Yolo County
- Legal Services of Northern California
- Meals on Wheels Yolo County
- Monarch Hospice and Palliative Care
- MO's GO's Non-Emergency Transport
- New Leaf Senior Transitions
- NextHome Family Tree Realty
- North Coast Energy Services
- Notary Rose
- Osher Lifelong Learning Institute at UC Davis
- REM Senior Day Program
- Resources for Independent Living
- Retired Public Employees' Association
- RISE Inc
- Senior Center Inc.
- Senior Helpers
- Solano Care Hospice
- Solano Life House
- Solera Asset Managers & Insurance Agency
- Sonin Law
- Spinetingers Book Repair Volunteers
- St. John's Village
- St. Luke's Episcopal Church
- Stroke Support Group
- Teens Helping Seniors
- The Californian Assisted Living & Dementia Care
- The Farmstead at Dixon
- Vaca Valley Living Memory Care
- Woodland Area Pickleball Association
- Woodland CA FamilySearch Center
- Woodland Community Care Car
- Woodland Community Harvest
- Woodland Fire Department
- Woodland Food Closet
- Woodland Host Lions
- Woodland Kiwanis
- Woodland Memorial Hospital Auxiliary
- Woodland Opera House
- Woodland Police Department
- Woodland Stompers Line Dance Group
- YMCA of Superior California
- Yolo County Adult Protective Services
- Yolo County Assessors, Clerk-Recorder, Elections
- Yolo County CASA
- Yolo County District Attorney
- Yolo County IHSS Public Authority
- Yolo County In-Home Supportive Services- HHSA
- Yolo County Library
- Yolo County Sheriff's Office - STARS
- Yolo County Sheriff's STARS
- Yolo Healthy Aging Alliance
- Yolo HHSA
- YoloCares



TO: THE COMMISSION ON AGING  
AGENDA: Commission on Aging  
DATE: May 15, 2025  
ITEM #: G.6  
SUBJECT: Woodland Senior Center Staff Report

**Woodland Senior Center Inc. Installation Dinner**

On Thursday May 8, Woodland Senior Center Inc. held its annual installation dinner where board members are committed to a three-year term on the board. This year, board members Roger Peeples, Bob Simas, and Sandi Winter (all existing board members) were re-installed. Over 160 Senior Center Inc. members attended the dinner, which was composed of tri-tip, scalloped potatoes, cowboy beans, and bread rolls.

**AARP Document Shredding Event**

AARP of Northern California, in partnership with the Woodland Senior Center, the Yolo County District Attorney's Office, and the Yolo County Sheriff's STARS volunteer program, will be hosting a household document shredding event on Tuesday September 16. Because of the construction happening on the grounds of the Woodland Community & Senior Center, the shred event will be moved to the Yolo County Fairgrounds' north parking lot.

**Community Services Department's Quarter 3 Report**

Every quarter, the Community Service Department compiles a report outlining the accomplishments and statistics of the programs offered. Attached is a copy of the Quarter 3 report covering January through March.

**Attachments:**

1. Q3\_25

## Community Services Department Quarterly Status Report Third Quarter FY25

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The following is a summary of the programs, activities, and events organized by the Community Services Department for the third quarter of FY25, covering the period from January to March 2025.

This report references participant hours. The methodology for calculating participant hours is explained at the end of the document. Participant totals (total number of participants and total participant hours) represent the overall number of participants and hours for the entire reporting period.

### Quarterly Highlights

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- Approximately 30,636 participant hours were recorded for aquatics, youth, teen, and adult recreation activities and classes.
- Approximately 2,020 people attended events at the Community & Senior Center during facility rentals.
- Over 1,926 people participated in events such as the Polar Bear Plunge, MLK Youth Essay and Visual Art Contest, Game On, Valentine's Cookie Decorating, Woodland Writes, and the César Chávez Celebration.
- Approximately 10,782 participant hours were recorded for senior programs and events.



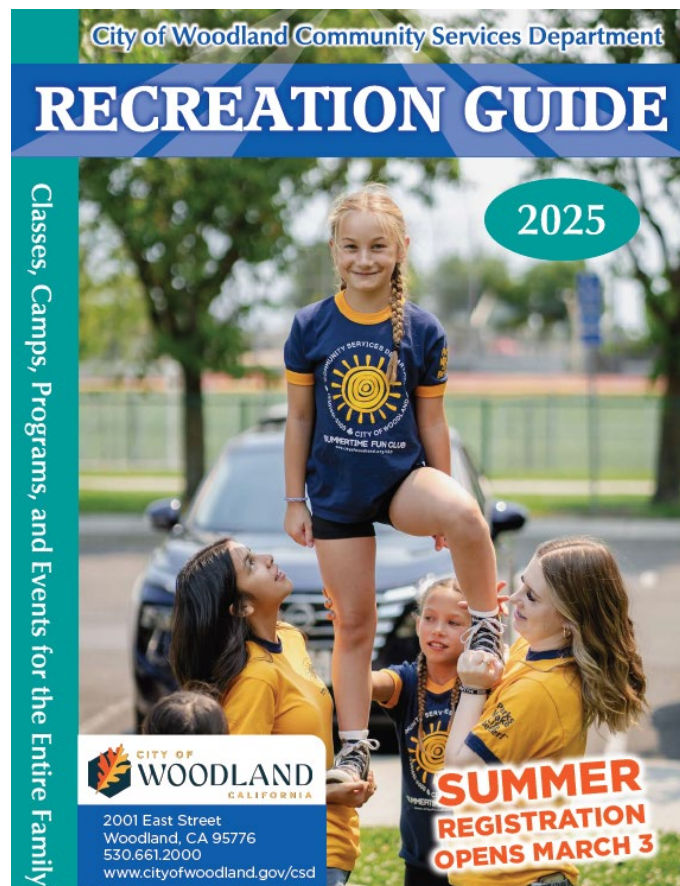
*César Chávez Celebration, March 27, 2025*

## Program Marketing

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During this reporting period, the Department used the following marketing efforts to promote the recreation program offerings, community events, and senior programs.

- Direct Marketing: Staff promoted activities to current and past participants for Camperships and summer hiring through flyers, digital flyers, emails, and banners.
- Recreation Guide Release: The 2025 Rec Guide was released in early February. The Rec Guide was mailed to 5,700 households in Woodland and is available on the City's website.
- Senior Newsletter: The Senior Gram newsletter is mailed to 790 households monthly and is available online at [www.cityofwoodland.gov/seniors](http://www.cityofwoodland.gov/seniors).
- Social Media: The Department utilizes Facebook, Instagram, and Nextdoor to advertise upcoming events and recreation programs.
- Rec2Go: Rec2Go provided departmental outreach at community events and activities, including the Woodland Public Library Bookmobile Kickoff, Rev & Rumble at the Rainbow School, and the Spring Fling at Woodland Regional Park.



2025 Recreation Guide

## Parks & Recreation Facilities

### Community & Senior Center Facility Reservations

The Community & Senior Center's facility rental program is intended to generate revenue for the City of Woodland and offer a venue for community events. Rentals at the Community Center include meetings, parties (such as bridal and baby showers), weddings and receptions, quinceañeras, and business meetings. Reservations for the facility during the third quarter are listed below.

	<b>General Facility Rentals</b> <i>Includes rentals receiving discounts</i>	<b>Facility Rentals</b> <i>with Fees Waived</i>
Number of Rentals	16	13
Approximate Participants	1,240	780
<b>Total Fees</b>	<b>\$14,810</b>	<b>\$19,985 (waived)</b>

### Skip and Julie Davies Sports Park Tournament Reservations

Tournament rentals are available for the Skip and Julie Davies Sports Park. Local tournament directors have the first choice of dates for the following year during the tournament weekend allocation period, which occurs in August. During the third quarter, the Sports Park was reserved for youth baseball, softball, and soccer tournaments.

<b>Skip and Julie Davies Sports Park Tournament Reservations</b>	
Number of Rentals	10
Number of Teams	163
<b>Total Fees Collected</b>	<b>\$37,700</b>

### Parks and Recreation Facility Improvement Projects

<b>Park/Recreation Facility</b>	<b>Projects Completed</b>
Beamer Park	Replaced tennis court light bulbs.
Campbell Park	Replaced broken elements in the dog agility area.
Community & Senior Center	Installed padding on basketball backboards. Repaired roof leak and damaged ceiling tiles.
City Park	Replaced damaged swing.
Crawford Park	Repaired and refreshed the walking path with more decomposed granite. Replaced a damaged light pole. Installed concrete and conduit on the north side of the pickleball court.
Dave Douglass Park	Repaired the decomposed granite pathway around the park.
Everman Park	Installed the Daughters of the American Revolution plaque.
Harris Field	Replaced home plate and added new infield mix.
Jack Slaven Park	Replaced the barbecues.
Pioneer Park	Installed a new slide.
Rick Gonzales Sr Park	Reseeded the grass area and moved goals to allow for worn areas to fill in.
Skip and Julie Davies Sports Park	Installed safety fence tops to the ball field outfield fences. Installed new display cases.
Other City locations Regional Park Pedestrian Overcrossing Main Street City Parking Lot	Performed weed abatement throughout the park. Installed cement pad and permanent garbage can. Power-washed trash cans. Repaired vinyl fencing.

## Recreation Activities – Special Events

Event	Event Date	Total Participants	Participant Hours	Fees Collected
Polar Bear Plunge	Jan. 1	86	86	\$510
MLK Youth Essay Writing Contest	Due Jan. 17	71	71	Free event
Game On!*	Jan. 31	60	180	\$420
Valentine’s Day Cookie Decorating*	Feb. 7	159	159	\$270
Woodland Writes*	Due Feb. 12	1,300	1,300	Free event
César Chávez Celebration	March 27	250	250	Free event
<b>Total Participants</b>		<b>1,926</b>	<b>2,046</b>	<b>\$1,200</b>

\* Event funded by Measure R



Participants at the February 7 Valentine’s Day Cookie Decorating event

## Recreation Activities - Aquatics

All aquatic programs are held at the Charles Brooks Community Swim Center. During the winter months and early spring, the primary programming at the pool consists of lap swimming, water aerobics, and the use of the pool by the Woodland Swim Team and Woodland Joint Unified School District for Woodland and Pioneer High Schools.

Aquatics Program	Total Participants	Participant Hours	Fees Collected
Lap Swim & Water Aerobics	6,182	6,182	\$1,552
Lifeguard Training	17	560	\$2,401
Rentals	n/a	n/a	\$7,347
<b>Total</b>	<b>6,199</b>	<b>6,742</b>	<b>\$11,300</b>

*Rentals*

During non-programmed hours, the Charles Brooks Community Swim Center is available to reserve for other aquatic activities not affiliated with the City of Woodland. Pool reservation fees account for the facility and safety personnel on-site during the scheduled event. Fees collected during the third quarter included \$1,647 for general swim meet reservations and \$5,730 from the Woodland Swim Team.



*Pioneer High School Swim Team, Spring 2025*

**Recreation Activities - Youth & Teen Recreation**

The department offers a variety of youth and teen recreation programs year-round; however, the majority of the programs are offered during the summer. In addition to the programs listed below, please refer to the Contract Classes section for other program offerings for youth and teens.

Youth Recreation Program	Total Participants	Participant Hours	Fees Collected
After School Teen Pack*	1,556	3,770	Free Program
Rec2Go*	217	217	Free Program
Youth Basketball League	345	8,280	\$41,070
<b>Total</b>	<b>2,118</b>	<b>12,267</b>	<b>\$41,070</b>

\*Program funded by Measure R



A 10U Girls Basketball team from YBL

### Recreation Activities - Contract Classes

The City contracts with outside instructors to teach recreation and leisure classes for people of all ages. For all classes except tennis and boxing, the City retains 30% of the collected fees, including non-resident fees. For the tennis program, the City keeps 10% of the fees. The City supplements the boxing programs (utilizing recreation program revenue and Measure R to assist with paying the contractors).

Contract Class	Total Participants (3 months)	Participant Hours (3 months)	Fees Collected (3 months)	Total Expense (3 months)	Net Revenue (3 months)
Boxing Youth	105	1050	\$1,845	\$4,200	-\$2,355
Boxing Adult	73	730	\$1,975	\$4,800	-\$2,825
Cello Tennis Academy	211	743.5	\$9,962	\$8,928	\$1,034
Country Line Dance	235	352	\$1,410	\$987	\$423
Cuban Salsa	38	152	\$1,435	\$931	\$504
Dance Fitness & Tai Chi	92	382	\$4,138	\$2,696	\$1,442
Pilates	10	80	\$227	\$145	\$82
Pioneer Football Conditioning	92	2760	\$1,960	\$1,344	\$616
Rock Steady Boxing	44	616	\$880	\$650	\$230
Scottish Country Dance	17	238	\$437	\$286	\$151
Socceroo	32	142.5	\$3,582	\$2,468	\$1,115
Yoga	35	256	\$1,341	\$924	\$417
Zumba Kids	21	63	\$724	\$497	\$227
<b>Total</b>	<b>1,005</b>	<b>7,565</b>	<b>\$29,916</b>	<b>\$28,856</b>	<b>\$1,061</b>

## Recreation Activities - Adult Sports

Adult sports activities are offered through the City. Activities include drop-in sports and organized leagues for softball, basketball, and volleyball. Drop-in basketball (open gym) numbers are not reported; however, participation in the other programs is listed below.

Open Gym	Total Sign-Ins	Participant Hours	Fees Collected
Badminton	1,101	3,303	Free
Pickleball	253	759	Free
<b>Total</b>	<b>1,354</b>	<b>4,062</b>	<b>\$0</b>

## Recreation Activities – Senior Activities

Programs at the Woodland Senior Center include art classes, exercise classes, games, leisure programs and activities, education resources, support groups, and special events, resulting in 10,782 participant hours during the third quarter.

### Senior Programs

Programs	Total Sign-Ins	Participant Hours	Fees Collected
Art Classes	543	1,532	Free Programs
Exercise Classes	2,871	1,706	Free Programs
Games	997	3,228	Free Programs
General Programs	908	3,420	Free Programs
Support Groups	175	332	Free Programs
<b>Total</b>	<b>5,494</b>	<b>10,218</b>	<b>\$0</b>

### Senior Events

Programs	Date	Participants	Participant Hours
Valentine's Dinner and a Movie	Feb. 13	71	284
Hand & Foot Card Party	Mar. 22	58	280
<b>Total</b>		<b>129</b>	<b>564</b>

## Participant Hours Calculation

The Community Services Department measures programs in terms of “participant hours.” Participant hours are calculated by multiplying the total program hours by the total number of unique participants within a program. The total participant hours report indicates the amount of time participants spend within each program. The measurement breaks down to 1 person x 1 hour = 1 Participant Hour. It should be noted that a higher number of participant hours is not, by itself, a measurement of greater program success compared to the participant hours of another program.

Participant Hours (PH) is calculated by:

- Drop-In Programs: 1 Class meeting (in hours) x Total sign-ins  
Examples include Water Aerobics & Lap Swim, Badminton
- Classes/Camps/Leagues: Total unique participants x total class time (in hours)  
Examples include Swim Lessons, Mad Science
- Individual Entry: Each class meeting (in hours) x Total in attendance (adding each day)  
Examples include Teens Helping Seniors, Teen Pack
- Event: Total Attendants x Average Time  
Examples include Dive-In Movie, 4<sup>th</sup> of July, Rec2Go visits

*Participant hours and participants in this report are listed for the three-month reporting period; therefore, if 100 participants are listed, this refers to the total number of participants for the entire three-month period. The same participants could be counted multiple times if they participated each month (e.g., drop-in lap swim).*