



City of Woodland
Meeting Agenda
Commission on Aging

Woodland Community &
Senior Center
2001 East Street
Woodland, CA 95776

November 20, 2025
4:00 PM

Please Note: The numerical order of items on this agenda is for the convenience of reference; items may be taken out of order.

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS - PUBLIC COMMENT

E. REGULAR CALENDAR

1. Approve Minutes from the September 18, 2025 Commission on Aging Meeting
2. Commissioner Request for Absence from Future Meetings

F. COMMUNICATIONS - COMMISSION/STAFF STATEMENTS AND REQUESTS

3. Commissioner Reports and Updates

G. NEW BUSINESS

4. Review 2025 Senior Satisfaction Survey
5. Commission on Aging FY26 Work Plan

H. REPORT OF THE STAFF

6. Woodland Senior Center Staff Report
7. Senior Center Program Trends

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such requests must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: November 20, 2025
ITEM #: E.1
SUBJECT: Approve Minutes from the September 18, 2025
Commission on Aging Meeting

Attachments:

1. 2025 09 18 COA Minutes

City of Woodland

Woodland Community & Senior Center
2001 East Street
Woodland, CA 95776



CITY OF
WOODLAND
CALIFORNIA

Commission on Aging –

Thursday, September 18, 2025

3:00 PM

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. REGULAR CALENDAR

1. Approve Minutes from the May 15, 2025 Commission on Aging Meeting
On a motion by Commissioner Kathy Harryman, seconded by Commissioner Judy Aubuchon and carried on a 4-0 vote, Commissioners approve the Minutes from the May 15, 2025 Commission on Aging Meeting.

AYES: Commissioner Kathy Harryman, Commissioner Judy Aubuchon, Commissioner Iulia Bodeanu, Commissioner Regan Overholt

NOES:

ABSENT:

ABSTAIN:

2. Commissioner Requests for Absence from Future Meetings
No quorum for October.

E. COMMUNICATIONS - COMMISSION/STAFF STATEMENTS AND REQUESTS

3. Commissioner Reports and Updates
The Commission gave general introductions.

F. NEW BUSINESS

4. Commission on Aging FY26 Work Plan
The Commission elected to table the Work Plan.

5. Updated "Apartment Complexes in Woodland" Document for 2026-2027
On a motion by Commissioner Iulia Bodeanu, seconded by Commissioner Kathy Harryman and carried on a 4-0 vote, Commissioners Approved the Updated "Apartment Complexes in Woodland" Document for 2026-2027.

AYES: Commissioner Kathy Harryman, Commissioner Judy Aubuchon, Commissioner Iulia Bodeanu, Commissioner Regan Overholt

NOES:

ABSENT:

ABSTAIN:

6. Elect Chair and Vice Chair
On a motion by Commissioner Iulia Bodeanu, seconded by Commissioner Judy Aubuchon and carried on a 4-0 vote, Commissioners elect Regan Overholt as Chair, and Kathy Harryman as Vice Chair of the Commission on Aging.

AYES: Commissioner Kathy Harryman, Commissioner Judy Aubuchon, Commissioner Iulia Bodeanu, Commissioner Regan Overholt

**NOES:
ABSENT:
ABSTAIN:**

G. REPORT OF THE STAFF

7. Woodland Senior Center Staff Report
Staff gave updates on the parking lot and pool construction projects, with plans for programming at the pool. Staff also updated about the AARP Document Shredding event and the Volunteer Appreciation Dinner.

H. COMMUNICATIONS - PUBLIC COMMENT

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN

Meeting adjourned at 03:37 PM.



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: November 20, 2025
ITEM #: E.2
SUBJECT: Commissioner Request for Absence from Future Meetings

Attachments:

None



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: November 20, 2025
ITEM #: F.3
SUBJECT: Commissioner Reports and Updates

Attachments:

None



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: November 20, 2025
ITEM #: G.4
SUBJECT: Review 2025 Senior Satisfaction Survey

Attachments:

1. Responses_All_251114
2. Data_All_251114

#1

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, May 22, 2025 7:43:34 AM
Last Modified: Thursday, May 22, 2025 8:41:30 AM
Time Spent: 00:57:56
IP Address: 76.14.159.20

Page 1

Q1 **15 or more miles**

How far away do you live from the Woodland Senior Center?

Q2 **0-4 years**

How long have you been attending programs at the Woodland Senior Center?

Q3 **None of these**

Which special events have you attended at the Woodland Senior Center? (check all that apply)

Q4 **Support Groups**

What types of programs have you participated in at the Woodland Senior Center? (check all that apply)

Q5
What kind of programs or services would you like to see added to Woodland Senior Center offerings?

Age support

Q6
What kinds of activities do you participate in outside of the Woodland Senior Center?

Rise Esparto

#2

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, May 22, 2025 8:10:46 AM
Last Modified: Thursday, May 22, 2025 8:45:52 AM
Time Spent: 00:35:06
IP Address: 76.14.159.20

Page 1

Q1 **0-4 miles**

How far away do you live from the Woodland Senior Center?

Q2 **10 or more years**

How long have you been attending programs at the Woodland Senior Center?

Q3 **Senior Center Inc. Installation Dinner,
Senior Resource Fair,
4th of July Ice Cream Social,
Volunteer Appreciation Dinner,
Thanksgiving Dinner,
Santa's Holiday Social**

Which special events have you attended at the Woodland Senior Center? (check all that apply)

Q4 **Active Programs (badminton, aerobics, etc.),
Art Programs,
Tax Aide,
Travel,
Thrift Store**

What types of programs have you participated in at the Woodland Senior Center? (check all that apply)

Q5 **What kind of programs or services would you like to see added to Woodland Senior Center offerings?**

???

Q6

What kinds of activities do you participate in outside of the Woodland Senior Center?

YMCA classes

#3

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, May 22, 2025 7:44:28 AM
Last Modified: Thursday, May 22, 2025 8:53:28 AM
Time Spent: 01:08:59
IP Address: 76.14.159.20

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Q1 **0-4 miles**

How far away do you live from the Woodland Senior Center?

Q2 **Today is my first day**

How long have you been attending programs at the Woodland Senior Center?

Q3 **None of these**

Which special events have you attended at the Woodland Senior Center? (check all that apply)

Q4 **Respondent skipped this question**

What types of programs have you participated in at the Woodland Senior Center? (check all that apply)

Q5 **Respondent skipped this question**

What kind of programs or services would you like to see added to Woodland Senior Center offerings?

Q6 **Respondent skipped this question**

What kinds of activities do you participate in outside of the Woodland Senior Center?

#4

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, May 22, 2025 8:45:00 AM
Last Modified: Thursday, May 22, 2025 8:56:00 AM
Time Spent: 00:11:00
IP Address: 76.14.159.20

Page 1

Q1 **0-4 miles**

How far away do you live from the Woodland Senior Center?

Q2 **10 or more years**

How long have you been attending programs at the Woodland Senior Center?

Q3 **Senior Resource Fair,
4th of July Ice Cream Social,
Oktoberfest,
Thanksgiving Dinner,
Santa's Holiday Social**

Which special events have you attended at the Woodland Senior Center? (check all that apply)

Q4 **Volunteering**

What types of programs have you participated in at the Woodland Senior Center? (check all that apply)

Q5

What kind of programs or services would you like to see added to Woodland Senior Center offerings?

dinners are great senior trips

Q6

What kinds of activities do you participate in outside of the Woodland Senior Center?

FNQG IN WOODLAND HOLY ROSARY ACTIVITIES

#5

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, May 22, 2025 8:46:26 AM
Last Modified: Thursday, May 22, 2025 8:57:43 AM
Time Spent: 00:11:16
IP Address: 76.14.159.20

Page 1

Q1 **0-4 miles**

How far away do you live from the Woodland Senior Center?

Q2 **10 or more years**

How long have you been attending programs at the Woodland Senior Center?

Q3 **Senior Resource Fair,
4th of July Ice Cream Social,
Teens Helping Seniors Spaghetti Feed**

Which special events have you attended at the Woodland Senior Center? (check all that apply)

Q4 **Social Games (bingo, cards, etc.),
Educational Presentations,
Tax Aide,
Thrift Store,
Volunteering**

What types of programs have you participated in at the Woodland Senior Center? (check all that apply)

Q5

What kind of programs or services would you like to see added to Woodland Senior Center offerings?

It would be WONDERFUL to have a walking path the encircled the whole community cntr property.

Q6

What kinds of activities do you participate in outside of the Woodland Senior Center?

walk my dog

#6

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, May 22, 2025 8:55:15 AM
Last Modified: Thursday, May 22, 2025 8:58:48 AM
Time Spent: 00:03:32
IP Address: 76.14.159.20

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Q1 **5-9 miles**

How far away do you live from the Woodland Senior Center?

Q2 **10 or more years**

How long have you been attending programs at the Woodland Senior Center?

Q3 **Teens Helping Seniors Spaghetti Feed, Thanksgiving Dinner**

Which special events have you attended at the Woodland Senior Center? (check all that apply)

Q4 **Café Yolo (lunch program), Tax Aide, Travel, Thrift Store**

What types of programs have you participated in at the Woodland Senior Center? (check all that apply)

Q5 What kind of programs or services would you like to see added to Woodland Senior Center offerings?

none

Q6 What kinds of activities do you participate in outside of the Woodland Senior Center?

bus trips to casinos on Saturdays

#7

COMPLETE

Collector: Web Link 1 (Web Link)
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Last Modified: Thursday, May 22, 2025 9:04:54 AM
Time Spent: 00:05:07
IP Address: 76.14.159.20

Page 1

Q1 **5-9 miles**

How far away do you live from the Woodland Senior Center?

Q2 **10 or more years**

How long have you been attending programs at the Woodland Senior Center?

Q3 **Senior Center Inc. Installation Dinner,
Senior Resource Fair,
4th of July Ice Cream Social,
Teens Helping Seniors Spaghetti Feed,
Volunteer Appreciation Dinner,
AARP Document Shredding Event,
Oktoberfest,
Thanksgiving Dinner,
Santa's Holiday Social**

Which special events have you attended at the Woodland Senior Center? (check all that apply)

Q4 **Educational Presentations,
Travel,
Thrift Store,
Volunteering**

What types of programs have you participated in at the Woodland Senior Center? (check all that apply)

Q5

What kind of programs or services would you like to see added to Woodland Senior Center offerings?

more day trips

Q6

What kinds of activities do you participate in outside of the Woodland Senior Center?

exercise, food bank, LWV, book club

#8

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, May 22, 2025 8:59:55 AM
Last Modified: Thursday, May 22, 2025 9:05:03 AM
Time Spent: 00:05:08
IP Address: 76.14.159.20

Page 1

Q1 **0-4 miles**

How far away do you live from the Woodland Senior Center?

Q2 **10 or more years**

How long have you been attending programs at the Woodland Senior Center?

Q3 **Senior Center Inc. Installation Dinner,
Senior Resource Fair,
4th of July Ice Cream Social,
Volunteer Appreciation Dinner,
AARP Document Shredding Event,
Thanksgiving Dinner,
Santa's Holiday Social**

Which special events have you attended at the Woodland Senior Center? (check all that apply)

Q4 **Active Programs (badminton, aerobics, etc.),
Travel,
Thrift Store**

What types of programs have you participated in at the Woodland Senior Center? (check all that apply)

Q5

What kind of programs or services would you like to see added to Woodland Senior Center offerings?

BONSAI, POETRY, NUTRITION COOKING FOR ELDERLY, MORE DAY TRIPS

Q6

What kinds of activities do you participate in outside of the Woodland Senior Center?

FOOD BANK, LEAGUE OF WOMEN VOTERS, CACHE CREEK (NOT AT PRESENT), ALCOHOLICS ANONYMOUS.

#9

COMPLETE

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Started: Thursday, May 22, 2025 9:00:37 AM
Last Modified: Thursday, May 22, 2025 9:12:36 AM
Time Spent: 00:11:58
IP Address: 76.14.159.20

Page 1

Q1 **5-9 miles**

How far away do you live from the Woodland Senior Center?

Q2 **10 or more years**

How long have you been attending programs at the Woodland Senior Center?

Q3 **Senior Resource Fair,
4th of July Ice Cream Social,
Teens Helping Seniors Spaghetti Feed,
Santa's Holiday Social**

Which special events have you attended at the Woodland Senior Center? (check all that apply)

Q4 **Active Programs (badminton, aerobics, etc.),
Social Games (bingo, cards, etc.),
Support Groups,
Tax Aide,
Movie Day,
Thrift Store,
Volunteering**

What types of programs have you participated in at the Woodland Senior Center? (check all that apply)

Q5

What kind of programs or services would you like to see added to Woodland Senior Center offerings?

????

Q6

What kinds of activities do you participate in outside of the Woodland Senior Center?

??????

#10

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, May 22, 2025 9:07:59 AM
Last Modified: Thursday, May 22, 2025 9:13:03 AM
Time Spent: 00:05:04
IP Address: 76.14.159.20

Page 1

Q1 **0-4 miles**

How far away do you live from the Woodland Senior Center?

Q2 **10 or more years**

How long have you been attending programs at the Woodland Senior Center?

Q3 **Senior Resource Fair,**

Which special events have you attended at the Woodland Senior Center? (check all that apply)

**4th of July Ice Cream Social,
Teens Helping Seniors Spaghetti Feed,
Volunteer Appreciation Dinner,
AARP Document Shredding Event,
Oktoberfest,
Santa's Holiday Social**

Q4 **Active Programs (badminton, aerobics, etc.),**

What types of programs have you participated in at the Woodland Senior Center? (check all that apply)

**Social Games (bingo, cards, etc.),
Support Groups,
Tax Aide,
Movie Day,
Thrift Store,
Volunteering**

Q5
What kind of programs or services would you like to see added to Woodland Senior Center offerings?

HEALTH EVENTS

Q6

What kinds of activities do you participate in outside of the Woodland Senior Center?

RESOURCE FAIRS

#11

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, May 22, 2025 9:07:43 AM
Last Modified: Thursday, May 22, 2025 9:19:27 AM
Time Spent: 00:11:43
IP Address: 76.14.159.20

Page 1

Q1 **5-9 miles**

How far away do you live from the Woodland Senior Center?

Q2 **10 or more years**

How long have you been attending programs at the Woodland Senior Center?

Q3 **Senior Resource Fair,
Thanksgiving Dinner,
Santa's Holiday Social**

Which special events have you attended at the Woodland Senior Center? (check all that apply)

Q4 **Support Groups,
Educational Presentations**

What types of programs have you participated in at the Woodland Senior Center? (check all that apply)

Q5

What kind of programs or services would you like to see added to Woodland Senior Center offerings?

none

Q6

What kinds of activities do you participate in outside of the Woodland Senior Center?

PEO

#12

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, May 22, 2025 9:21:06 AM
Last Modified: Thursday, May 22, 2025 9:24:27 AM
Time Spent: 00:03:20
IP Address: 76.14.159.20

Page 1

Q1 **0-4 miles**

How far away do you live from the Woodland Senior Center?

Q2 **10 or more years**

How long have you been attending programs at the Woodland Senior Center?

Q3 **Senior Center Inc. Installation Dinner,
Senior Resource Fair,
Teens Helping Seniors Spaghetti Feed,
Volunteer Appreciation Dinner,
Santa's Holiday Social**

Which special events have you attended at the Woodland Senior Center? (check all that apply)

Q4 **Educational Presentations,
Tax Aide,
Volunteering**

What types of programs have you participated in at the Woodland Senior Center? (check all that apply)

Q5 **Respondent skipped this question**

What kind of programs or services would you like to see added to Woodland Senior Center offerings?

Q6

What kinds of activities do you participate in outside of the Woodland Senior Center?

Hospital volunteering, historical society, stro;;

#13

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, May 22, 2025 9:30:08 AM
Last Modified: Thursday, May 22, 2025 9:37:23 AM
Time Spent: 00:07:14
IP Address: 76.14.159.20

Page 1

Q1 **0-4 miles**

How far away do you live from the Woodland Senior Center?

Q2 **0-4 years**

How long have you been attending programs at the Woodland Senior Center?

Q3 **Hand & Foot Card Party,
Senior Resource Fair,
Santa's Holiday Social**

Which special events have you attended at the Woodland Senior Center? (check all that apply)

Q4 **Social Games (bingo, cards, etc.),
Travel**

What types of programs have you participated in at the Woodland Senior Center? (check all that apply)

Q5

What kind of programs or services would you like to see added to Woodland Senior Center offerings?

I would like to see a Scrabble group and/or Tuesday and Thursday exercise class like Nancy Parker currently leads.

Q6

What kinds of activities do you participate in outside of the Woodland Senior Center?

YMCA chair yoga at College St. location; Hand and Foot regular weekly group; volunteering at Cancer Center, No One Dies Alone, at Woodland Memorial Hospital; Stephen Ministry

#14

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, May 22, 2025 9:37:40 AM
Last Modified: Thursday, May 22, 2025 9:45:43 AM
Time Spent: 00:08:03
IP Address: 76.14.159.20

Page 1

Q1 **0-4 miles**

How far away do you live from the Woodland Senior Center?

Q2 **0-4 years**

How long have you been attending programs at the Woodland Senior Center?

Q3 **Senior Resource Fair, AARP Document Shredding Event**

Which special events have you attended at the Woodland Senior Center? (check all that apply)

Q4 **Active Programs (badminton, aerobics, etc.)**

What types of programs have you participated in at the Woodland Senior Center? (check all that apply)

Q5

What kind of programs or services would you like to see added to Woodland Senior Center offerings?

not sure

Q6

What kinds of activities do you participate in outside of the Woodland Senior Center?

Rotary, walking dog

#15

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, May 22, 2025 9:38:12 AM
Last Modified: Thursday, May 22, 2025 9:47:16 AM
Time Spent: 00:09:04
IP Address: 76.14.159.20

Page 1

Q1 **0-4 miles**

How far away do you live from the Woodland Senior Center?

Q2 **5-9 years**

How long have you been attending programs at the Woodland Senior Center?

Q3 **AARP Document Shredding Event**

Which special events have you attended at the Woodland Senior Center? (check all that apply)

Q4 **Active Programs (badminton, aerobics, etc.)**

What types of programs have you participated in at the Woodland Senior Center? (check all that apply)

Q5 **Respondent skipped this question**

What kind of programs or services would you like to see added to Woodland Senior Center offerings?

Q6
What kinds of activities do you participate in outside of the Woodland Senior Center?

yoga quilting gardening

#16

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, May 22, 2025 9:46:08 AM
Last Modified: Thursday, May 22, 2025 10:12:08 AM
Time Spent: 00:26:00
IP Address: 76.14.159.20

Page 1

Q1 **0-4 miles**

How far away do you live from the Woodland Senior Center?

Q2 **0-4 years**

How long have you been attending programs at the Woodland Senior Center?

Q3 **Valentine's Dinner and a Movie,
Senior Resource Fair,
Oktoberfest,
Thanksgiving Dinner,
Santa's Holiday Social**

Which special events have you attended at the Woodland Senior Center? (check all that apply)

Q4 **Social Games (bingo, cards, etc.),
Art Programs,
Support Groups,
Educational Presentations,
Café Yolo (lunch program),
Movie Day,
Thrift Store**

What types of programs have you participated in at the Woodland Senior Center? (check all that apply)

Q5 **Respondent skipped this question**

What kind of programs or services would you like to see added to Woodland Senior Center offerings?

Q6

What kinds of activities do you participate in outside of the Woodland Senior Center?

quilting

#17

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, May 22, 2025 9:47:31 AM
Last Modified: Thursday, May 22, 2025 10:23:09 AM
Time Spent: 00:35:37
IP Address: 76.14.159.20

Page 1

Q1 **15 or more miles**

How far away do you live from the Woodland Senior Center?

Q2 **Today is my first day**

How long have you been attending programs at the Woodland Senior Center?

Q3 **None of these**

Which special events have you attended at the Woodland Senior Center? (check all that apply)

Q4 **Respondent skipped this question**

What types of programs have you participated in at the Woodland Senior Center? (check all that apply)

Q5
What kind of programs or services would you like to see added to Woodland Senior Center offerings?

?

Q6
What kinds of activities do you participate in outside of the Woodland Senior Center?

None

#18

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, May 22, 2025 10:12:28 AM
Last Modified: Thursday, May 22, 2025 10:23:55 AM
Time Spent: 00:11:26
IP Address: 76.14.159.20

Page 1

Q1 **15 or more miles**

How far away do you live from the Woodland Senior Center?

Q2 **Today is my first day**

How long have you been attending programs at the Woodland Senior Center?

Q3 **None of these**

Which special events have you attended at the Woodland Senior Center? (check all that apply)

Q4 **Respondent skipped this question**

What types of programs have you participated in at the Woodland Senior Center? (check all that apply)

Q5 **Respondent skipped this question**

What kind of programs or services would you like to see added to Woodland Senior Center offerings?

Q6
What kinds of activities do you participate in outside of the Woodland Senior Center?

short trips

#19

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, May 22, 2025 10:43:35 AM
Last Modified: Thursday, May 22, 2025 10:45:51 AM
Time Spent: 00:02:15
IP Address: 76.14.159.20

Page 1

Q1 **10-14 miles**

How far away do you live from the Woodland Senior Center?

Q2 **Today is my first day**

How long have you been attending programs at the Woodland Senior Center?

Q3 **None of these**

Which special events have you attended at the Woodland Senior Center? (check all that apply)

Q4 **Respondent skipped this question**

What types of programs have you participated in at the Woodland Senior Center? (check all that apply)

Q5
What kind of programs or services would you like to see added to Woodland Senior Center offerings?

n/a

Q6
What kinds of activities do you participate in outside of the Woodland Senior Center?

n/a

#20

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, May 22, 2025 10:43:41 AM
Last Modified: Thursday, May 22, 2025 10:45:53 AM
Time Spent: 00:02:11
IP Address: 76.14.159.20

Page 1

Q1 **5-9 miles**

How far away do you live from the Woodland Senior Center?

Q2 **0-4 years**

How long have you been attending programs at the Woodland Senior Center?

Q3 **Senior Resource Fair**

Which special events have you attended at the Woodland Senior Center? (check all that apply)

Q4 **Respondent skipped this question**

What types of programs have you participated in at the Woodland Senior Center? (check all that apply)

Q5 **Respondent skipped this question**

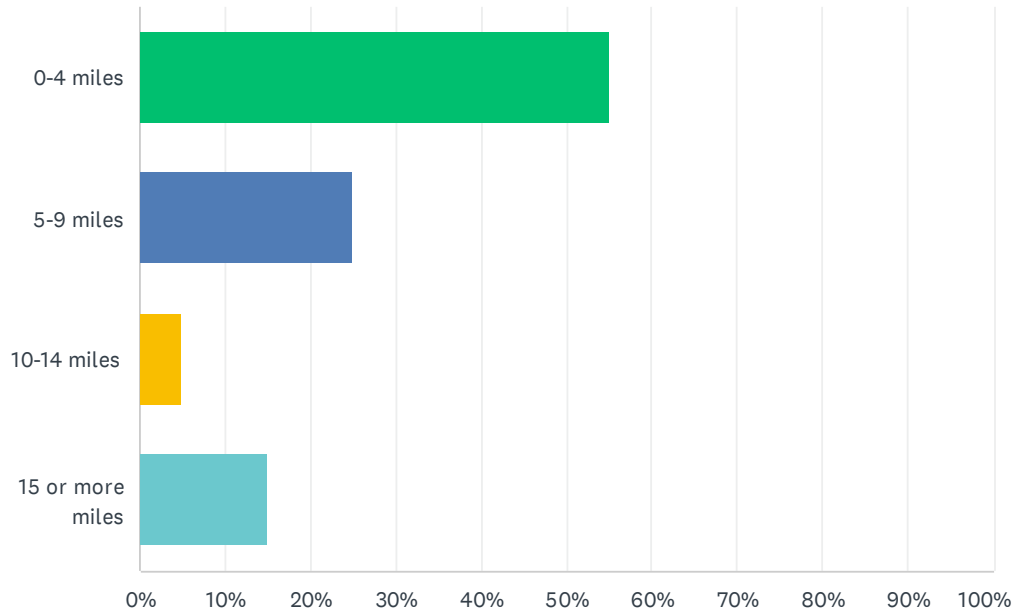
What kind of programs or services would you like to see added to Woodland Senior Center offerings?

Q6 **Respondent skipped this question**

What kinds of activities do you participate in outside of the Woodland Senior Center?

Q1 How far away do you live from the Woodland Senior Center?

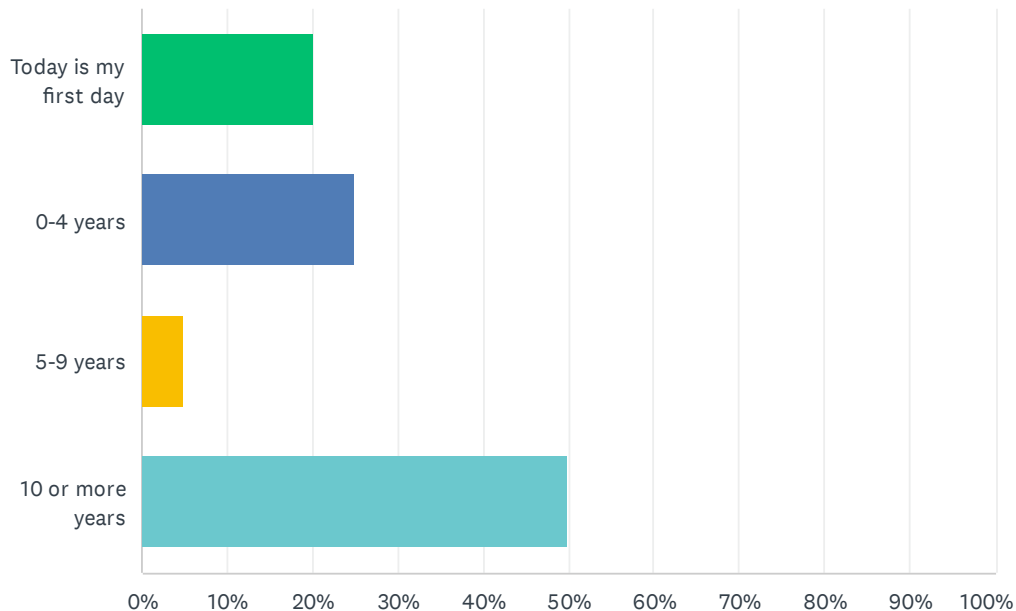
Answered: 20 Skipped: 0



ANSWER CHOICES	RESPONSES	
0-4 miles	55.00%	11
5-9 miles	25.00%	5
10-14 miles	5.00%	1
15 or more miles	15.00%	3
TOTAL		20

Q2 How long have you been attending programs at the Woodland Senior Center?

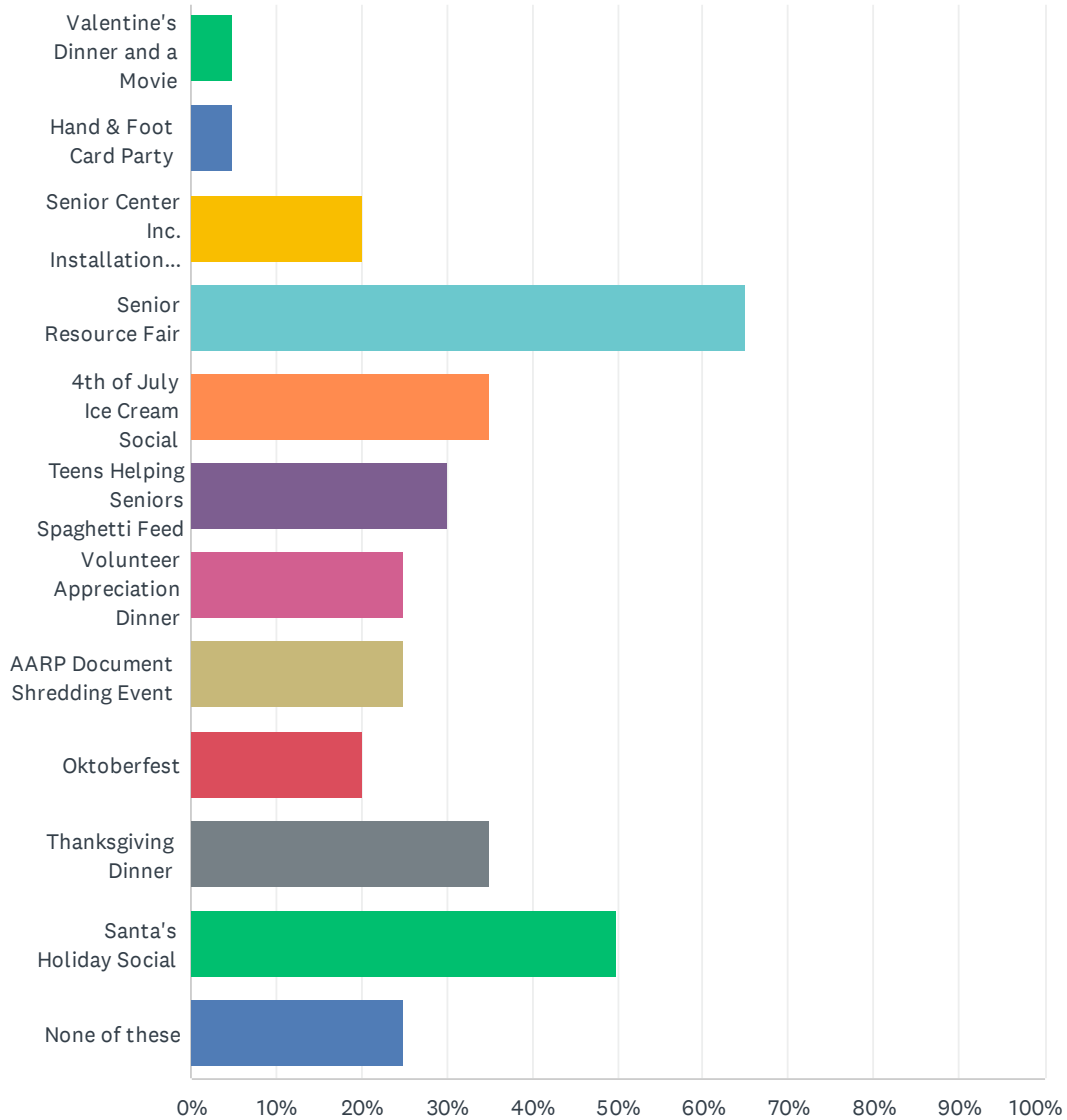
Answered: 20 Skipped: 0



ANSWER CHOICES	RESPONSES	
Today is my first day	20.00%	4
0-4 years	25.00%	5
5-9 years	5.00%	1
10 or more years	50.00%	10
TOTAL		20

Q3 Which special events have you attended at the Woodland Senior Center? (check all that apply)

Answered: 20 Skipped: 0

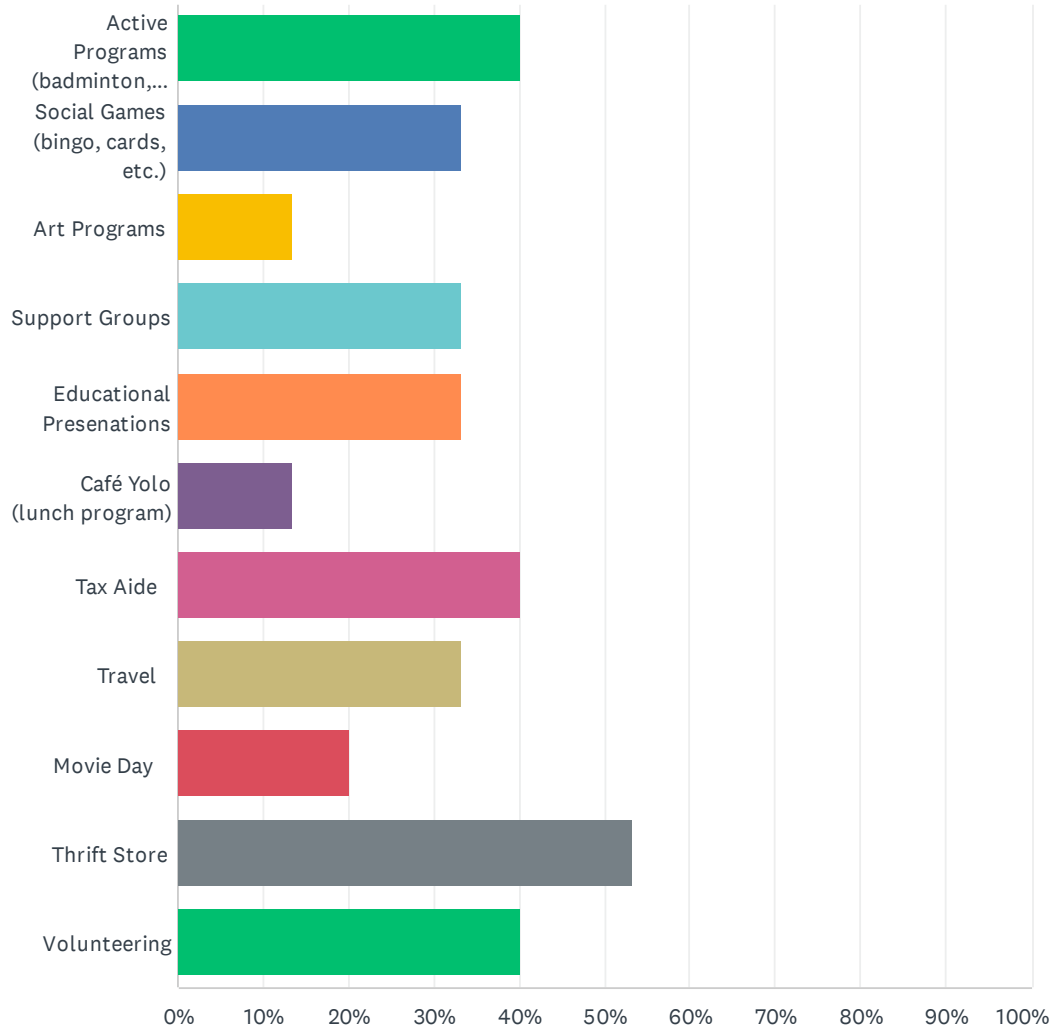


2025 Woodland Senior Resource Fair - Survey

ANSWER CHOICES	RESPONSES	
Valentine's Dinner and a Movie	5.00%	1
Hand & Foot Card Party	5.00%	1
Senior Center Inc. Installation Dinner	20.00%	4
Senior Resource Fair	65.00%	13
4th of July Ice Cream Social	35.00%	7
Teens Helping Seniors Spaghetti Feed	30.00%	6
Volunteer Appreciation Dinner	25.00%	5
AARP Document Shredding Event	25.00%	5
Oktoberfest	20.00%	4
Thanksgiving Dinner	35.00%	7
Santa's Holiday Social	50.00%	10
None of these	25.00%	5
Total Respondents: 20		

Q4 What types of programs have you participated in at the Woodland Senior Center? (check all that apply)

Answered: 15 Skipped: 5



2025 Woodland Senior Resource Fair - Survey

ANSWER CHOICES	RESPONSES	
Active Programs (badminton, aerobics, etc.)	40.00%	6
Social Games (bingo, cards, etc.)	33.33%	5
Art Programs	13.33%	2
Support Groups	33.33%	5
Educational Presentations	33.33%	5
Café Yolo (lunch program)	13.33%	2
Tax Aide	40.00%	6
Travel	33.33%	5
Movie Day	20.00%	3
Thrift Store	53.33%	8
Volunteering	40.00%	6
Total Respondents: 15		

Q5 What kind of programs or services would you like to see added to Woodland Senior Center offerings?

Answered: 14 Skipped: 6

Q6 What kinds of activities do you participate in outside of the Woodland Senior Center?

Answered: 18 Skipped: 2



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: November 20, 2025
ITEM #: G.5
SUBJECT: Commission on Aging FY26 Work Plan

Attachments:

1. FY26 Work Plan COA

FY26 Commission on Aging Annual Work Plan

1. Senior Resource Fair

Objective: To provide Woodland seniors with an opportunity to browse relevant services in the region aimed at older adults.

Actions

- Locating and inviting vendors.
- Developing and maintaining relationships with local and regional agencies to leverage benefits for the Woodland Senior Center (presentations, classes, printed materials, etc.).
- Tracking attendance and feedback to improve future events.

2. Senior Satisfaction Surveys and Program Evaluations

Objective: To create an avenue for Woodland seniors to communicate needs and preferences for all activities at the Woodland Senior Center.

Actions

- Designing and distributing an annual needs and satisfaction survey.
- Conducting surveys on current senior center programs.
- Using data to develop future senior center programs.

3. Combating Social Isolation

Objective: To ensure that isolated seniors have every opportunity to socialize with others and participate in Woodland Senior Center programs.

Actions

- Support intergenerational programs like Teens Helping Seniors.
- Promote the Woodland Senior Center as a social outlet.
- Recommending and developing a diverse set of educational sessions.
- Understanding and advocating for public safety isolation programs (disaster preparedness, SNAP program).

4. Affordable Housing/Apartment Listing

Objective: To identify and advocate for affordable living spaces for Woodland seniors.

Actions

- Upkeep and editing of the Woodland Apartment Guide listings as needed.
- Promoting utility assistance, unique housing programs, and living opportunities.

5. Senior Legislation and Advocacy

Objective: To keep apprised of local, State, and Federal legislation which affects seniors.

Actions

- Attending Yolo County Commission on Aging meetings.
- Reading appropriate legal literature and sharing with Commissioners.



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: November 20, 2025
ITEM #: H.6
SUBJECT: Woodland Senior Center Staff Report

Oktoberfest

On Thursday September 25, the Woodland Senior Center held the annual Oktoberfest event. This event features a German-inspired menu, local beer, and live polka music by the Crackerjack Polka Band. Over 200 people were in attendance. The event was funded by non-profit partner Woodland Senior Center Inc.

Thanksgiving Dinner

On Thursday November 13, the Woodland Senior Center held the annual Thanksgiving Dinner. This event is to get together with friends and enjoy a Thanksgiving meal, prepared by Woodland Senior Center Inc. and The Californian Assisted Living Facility. Over 300 people were served and nearly 40 volunteers helped with the event. Volunteer groups include: the LDS church, Woodland High and Pioneer High Key Clubs, the Woodland High Leos Club, and the Woodland Host Lions.

Attachments:

None



TO: THE COMMISSION ON AGING
 AGENDA: Commission on Aging
 DATE: November 20, 2025
 ITEM #: H.7
 SUBJECT: Senior Center Program Trends

The following table is a program report from the month of September. It shows how many sign-ins or participants were in the program. Staff will discuss how to read program information and share about some of the current programs.

Activity	Sign-Ins/ Participants
Art	43
Ceramics	54
Gardening Adventures	19
Needles & Friends	67
Origami	15
Reading for Pleasure	4
FITNESS	
Badminton	368
Low Impact Aerobics 8am	258
Low Impact Aerobics 10am	613
Rock Steady Boxing for Parkinson's	69
SAIL *New*	180
Stompers	93
Stompers performance	30
GAMES	
American Mah Jong	53
Bingo	138
Bridge for Fun	59
Chess	8
Hand and Foot	50
Mandarin Mah Jong	34
Pedro	57
GENERAL	
Affordable Adventures Travel Presentation	41
Affordable Adventures Trip	40
Café Yolo (fka Chit Chat Café)	94
Collette Travel	41
SCI Board of Directors	17
Senior Gram Folding and Mailing	9

Senior Movie Day	24
Thrift Store	114
Welcome Desk	300
EDUCATION/RESOURCE	
Handy Helpers	7
HICAP Consultations	2
Notary Services	5
Video Travel Diary *NEW*	22
Writing Life Stories	10
EVENTS	
Oktoberfest	230
SUPPORT	
Parkinson's Support Group	19
Prostate Support	17
Stroke Support	14
SPECIAL PROGRAMS	
AARP Driving Course	19
Fall Prevention Workshop	33
Library Usage	210

Attachments:

None