



City of Woodland
Meeting Agenda
Commission on Aging

Woodland Community &
Senior Center
2001 East Street
Woodland, CA 95776

June 18, 2026
3:00 PM

Please Note: The numerical order of items on this agenda is for the convenience of reference; items may be taken out of order.

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS - PUBLIC COMMENT

E. PRESENTATIONS

F. REGULAR CALENDAR

1. Approve Minutes from the May 21, 2026 Commission on Aging Meeting
2. Commissioner Request for Absence from Future Meetings

G. COMMUNICATIONS - COMMISSION/STAFF STATEMENTS AND REQUESTS

3. Commissioner Reports and Updates

H. NEW BUSINESS

4. Senior Satisfaction Survey 2026

I. REPORT OF THE STAFF

5. Woodland Senior Center Staff Report

J. AGENDA ITEMS FOR NEXT MEETING

6. Fraud and Scam Prevention for Seniors

K. ADJOURN

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such requests must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: June 18, 2026
ITEM #: F.1
SUBJECT: Approve Minutes from the May 21, 2026 Commission on Aging Meeting

Attachments:

1. 2026 05 21 COA Minutes

City of Woodland

Woodland Community & Senior Center
2001 East Street
Woodland, CA 95776



CITY OF
WOODLAND
CALIFORNIA

Commission on Aging –

Thursday, May 21, 2026

3:00 PM

A. CALL TO ORDER

Meeting called to order at 03:01 PM

B. ROLL CALL

Council Members Present: Commissioner Regan Overholt, Commissioner Judy Aubuchon, Commissioner Iulia Bodeanu, Commission on Aging Commissioner Steven Wong

Absent: Commissioner Kathy Harryman

Excused:

C. PLEDGE OF ALLEGIANCE

D. COMMUNICATIONS - PUBLIC COMMENT

No public comment.

E. PRESENTATIONS

1. St. John's Facility Updates

Linda Henigan and Joann Wilson gave updates on the progress of St. John's Retirement Village opening. There are current residents and progress being made to provide more services.

F. REGULAR CALENDAR

2. Approve Minutes from the April 16, 2026 Commission on Aging Meeting

On a motion by Commissioner Iulia Bodeanu, seconded by Commissioner Judy Aubuchon and carried on a 4-0 vote, Commissioners Approve Minutes from the April 16, 2026 Commission on Aging Meeting

AYES: Commissioner Regan Overholt, Commissioner Judy Aubuchon, Commissioner Iulia Bodeanu, Commissioner Steven Wong

NOES:

ABSENT: Commissioner Kathy Harryman

ABSTAIN:

3. Commissioner Request for Absence from Future Meetings

No absences requested.

G. COMMUNICATIONS - COMMISSION/STAFF STATEMENTS AND REQUESTS

4. Commissioner Reports and Updates

No Commissioner updates.

H. NEW BUSINESS

5. Senior Satisfaction Survey 2026

Staff presented a final survey to be administered at the Senior Resource Fair.

6. Senior Resource Fair 2026

Staff and Commissioners made final plans for the operation of Senior Resource Fair. 100 vendors applied.

I. REPORT OF THE STAFF

7. Woodland Senior Center Staff Report

Staff provided updates on the SCI Installation Dinner, the Teens Helping Seniors Spaghetti Feed fundraiser, the Senior Center Volunteer Appreciation Dinner, the AARP Document Shredding event, and on the Woodland Aquatics Center operations.

J. AGENDA ITEMS FOR NEXT MEETING

Fraud Prevention

K. ADJOURN

Meeting adjourned at 03:34 PM.



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: June 18, 2026
ITEM #: F.2
SUBJECT: Commissioner Request for Absence from Future Meetings

Attachments:

None



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: June 18, 2026
ITEM #: G.3
SUBJECT: Commissioner Reports and Updates

Attachments:

None



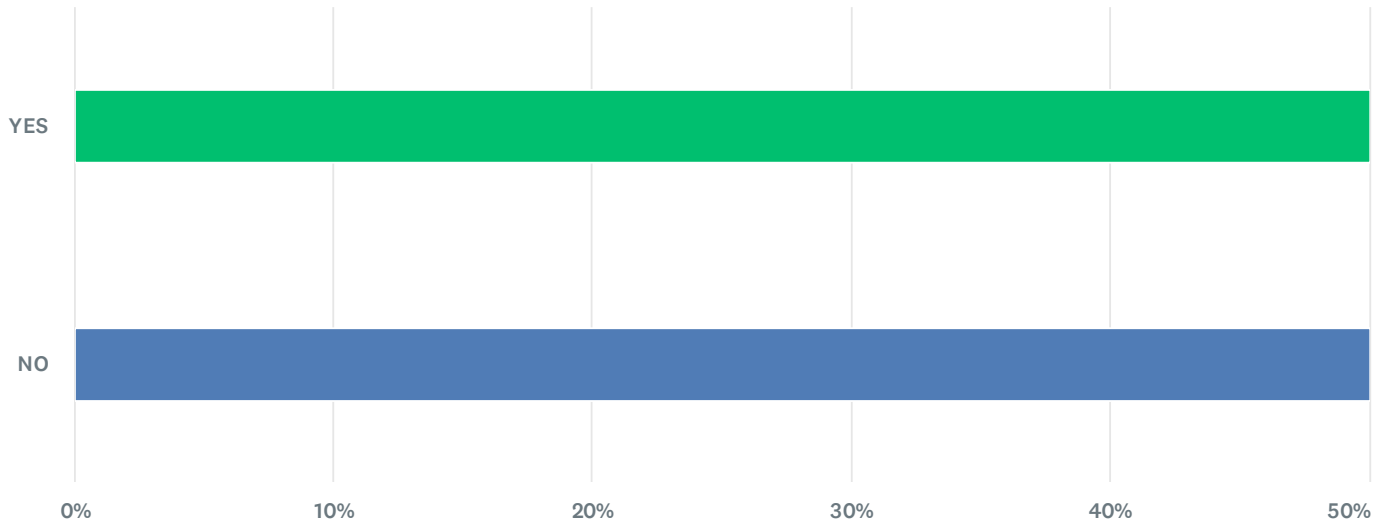
TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: June 18, 2026
ITEM #: H.4
SUBJECT: Senior Satisfaction Survey 2026

Attachments:

1. Data_All_260611
2. Data_Q4_260611
3. Data_Q10_260611
4. ONGOING SENIOR CENTER ACTIVITIES

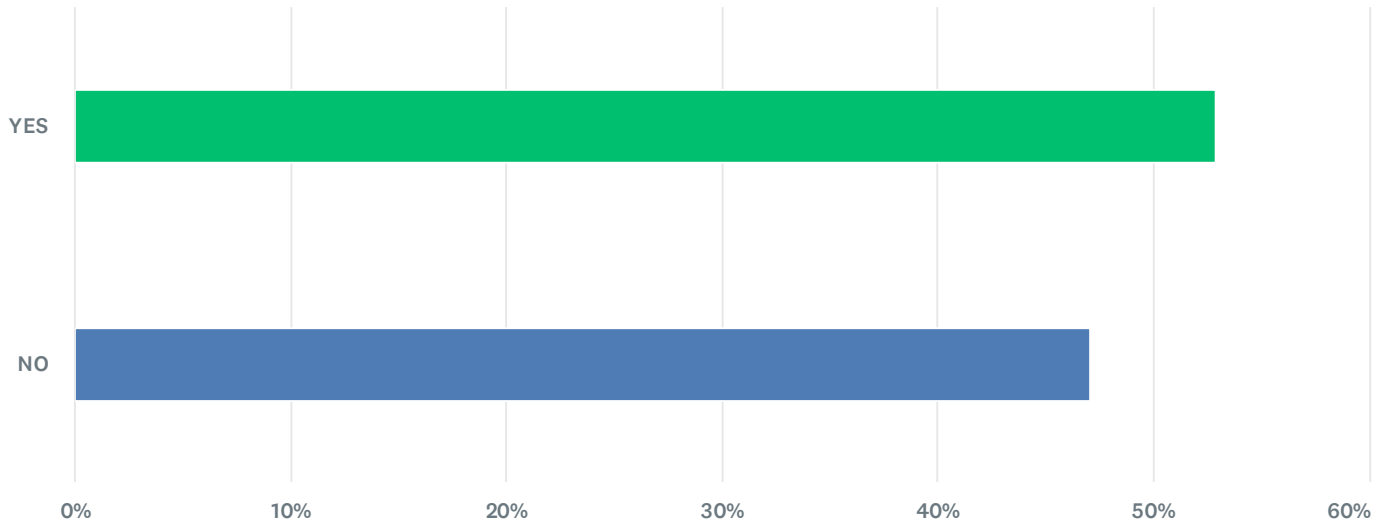
Q1 18 responses

Do you know about the Woodland Commission on Aging, the City’s Council-appointed advisory body on aging-related issues?



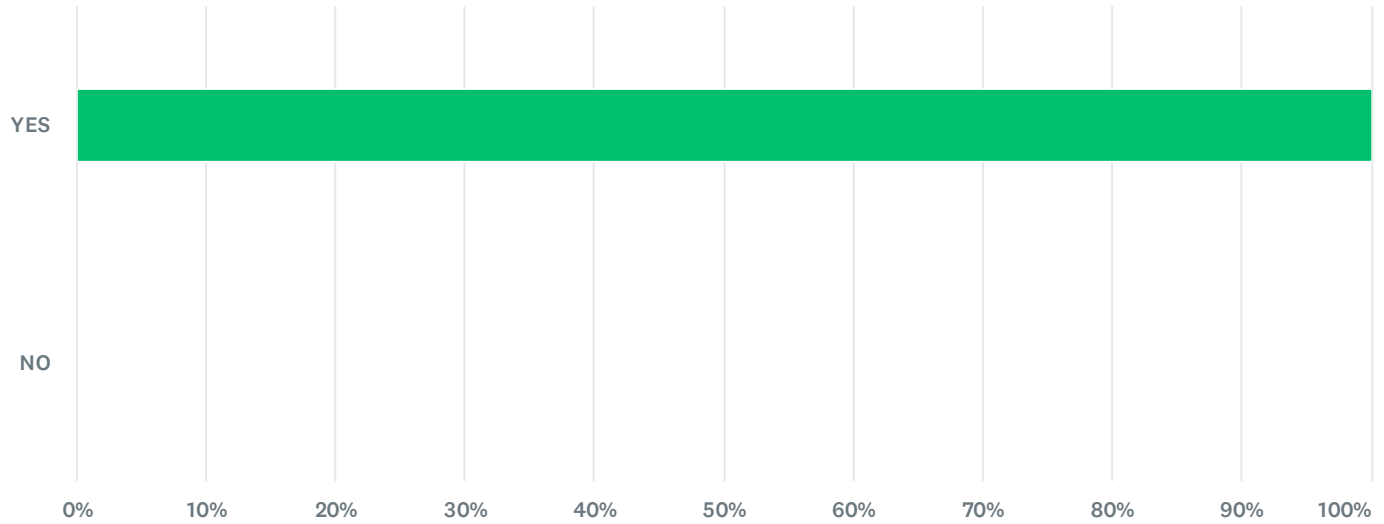
Q2 17 responses

Are you a member of the Woodland Senior Center's non-profit partner, Woodland Senior Center Inc. (SCI)?



Q3 17 responses

Are Woodland Senior Center programs offered at convenient times for you?

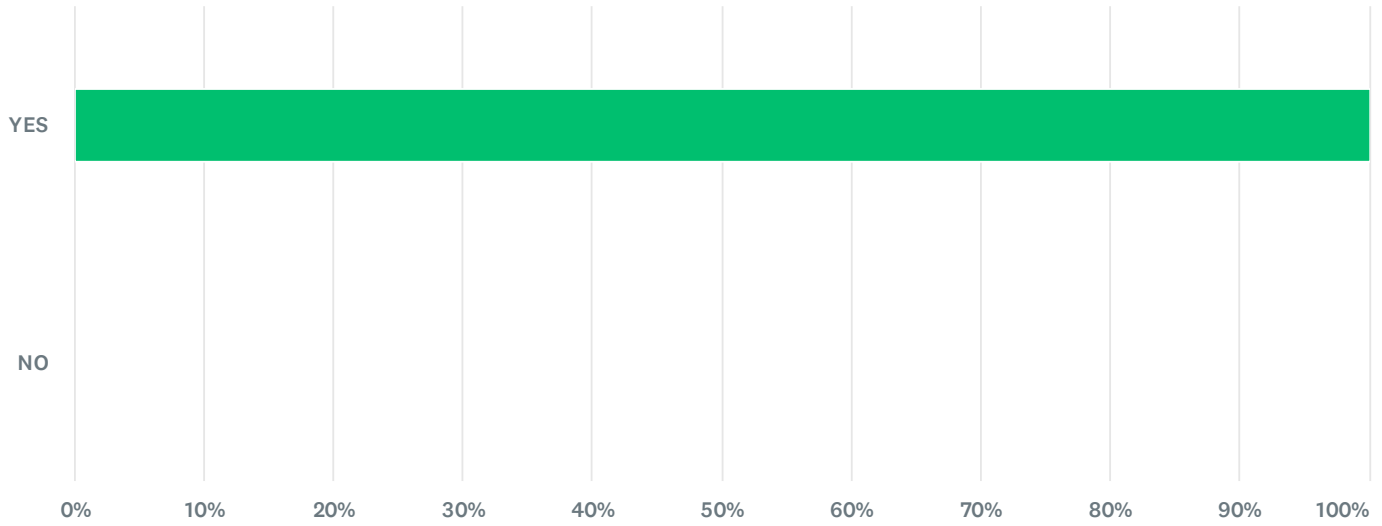


Q4 What programs that are not currently offered would you like to see at the Woodland Senior Center?

Answered: 10 Skipped: 9

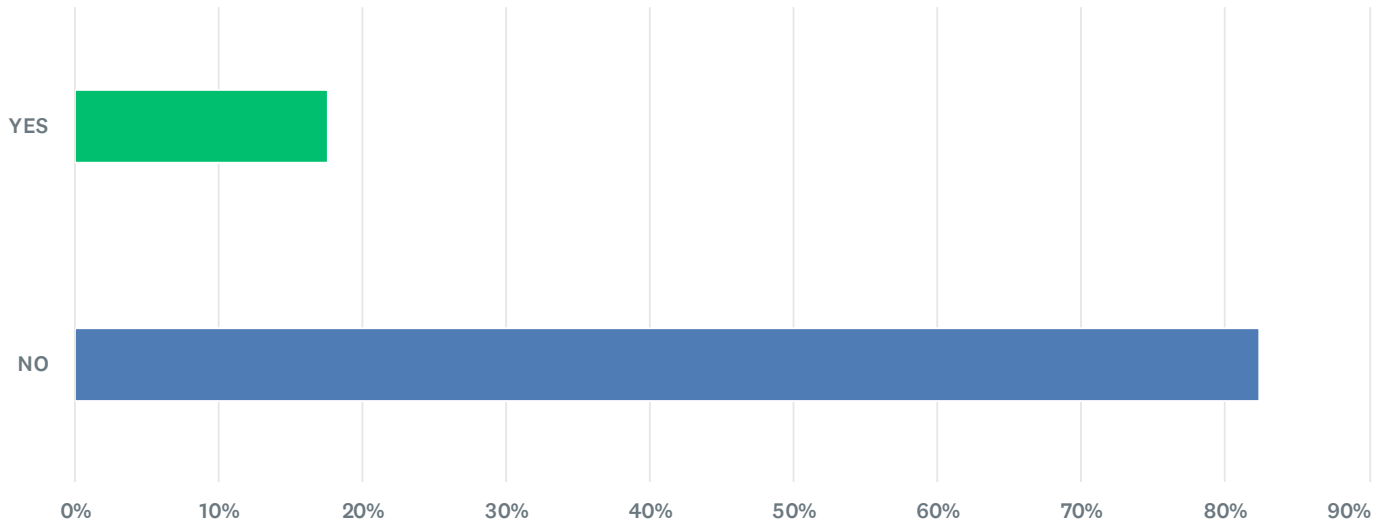
Q5 17 responses

Are Woodland Senior Center volunteers consistently friendly and helpful?



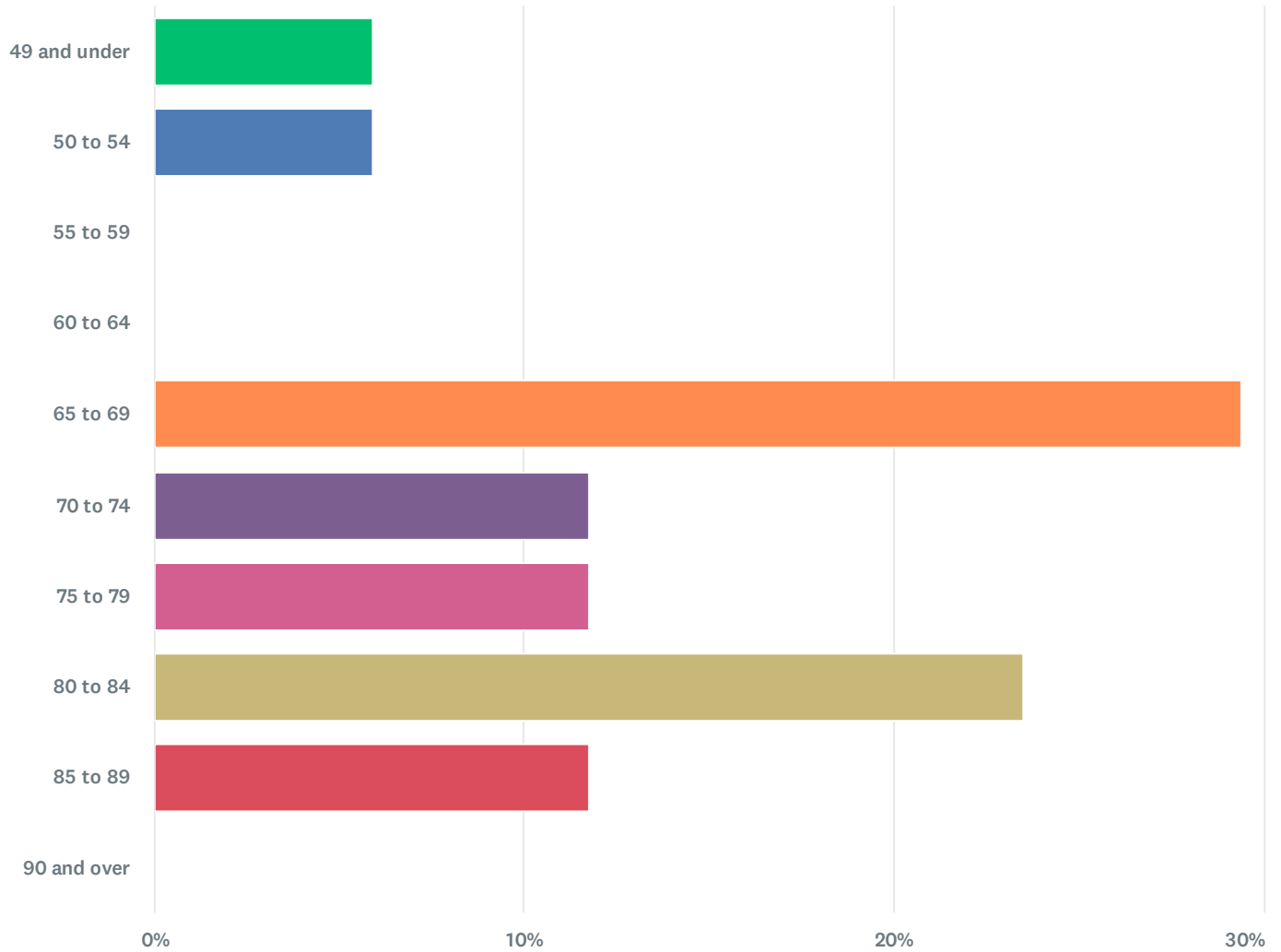
Q6 17 responses

Would you attend Woodland Senior Center classes and programs if they were administered in Spanish?



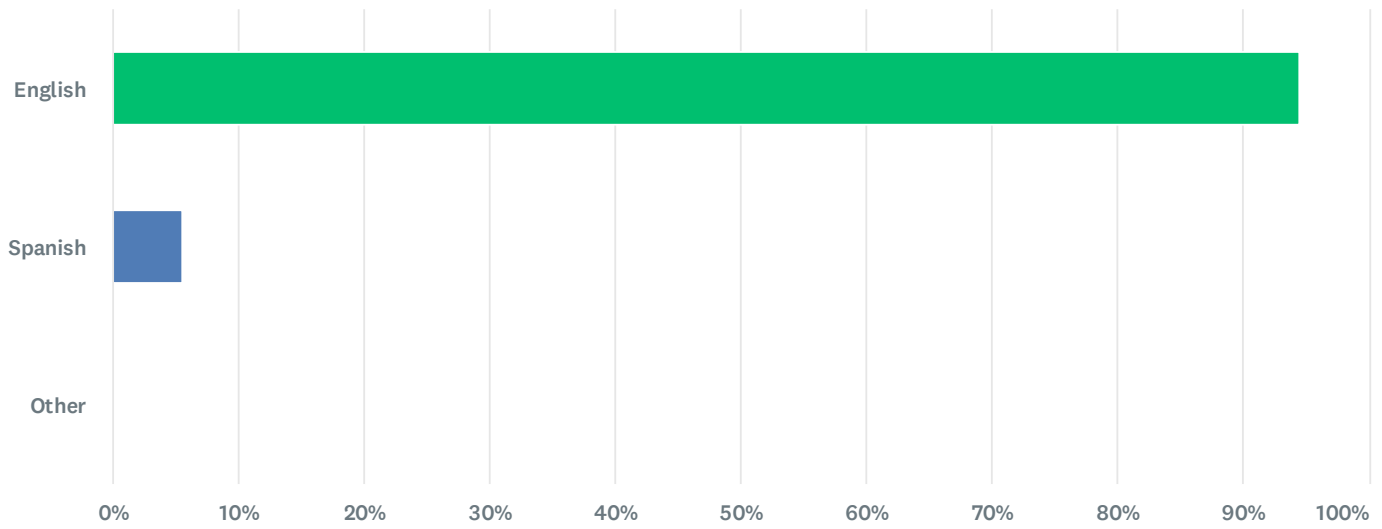
Q7 17 responses

Age category



Q8 18 responses

What language do you mainly speak at home?



Q9 Provide name, phone number, and email address for the raffle. This information is kept separate from the results of the survey.

Answered: 12 Skipped: 7

ANSWER CHOICES	RESPONSES	
Name	100.00%	12
Email	75.00%	9
Phone	100.00%	12

Q10 Any other feedback you would like to give to the Woodland Senior Center?

Answered: 9 Skipped: 10

Q4 What programs that are not currently offered would you like to see at the Woodland Senior Center?

Answered: 10 Skipped: 9

#	RESPONSES	DATE
1	Chair yoga	6/11/2026 9:21 AM
2	??	6/11/2026 9:17 AM
3	More Arts & Crafts Woodland Community Students could earn credits (volunteers)	6/11/2026 9:15 AM
4	More crafing classes	6/11/2026 9:13 AM
5	Chair exercise earlier in the day	6/11/2026 9:10 AM
6	Cache Creek Nature Preserve, California Retired Teacher Association, Yolo County Food Bank (not sure).	5/28/2026 11:44 AM
7	Square Dancing and self defence for seniors	5/28/2026 11:05 AM
8	Photography	5/28/2026 10:36 AM
9	Seniors Aging Health related prpgrams	5/28/2026 9:09 AM
10	Alzheimers support group (in addition to the presentations)	5/28/2026 9:06 AM

Q10 Any other feedback you would like to give to the Woodland Senior Center?

Answered: 9 Skipped: 10

#	RESPONSES	DATE
1	Wonmderful offering this morning for senior citizens. Thank you.	6/11/2026 9:17 AM
2	The membership has exploded. Can the dinners be 2 events and trips include two buses. The wait list is 20-40 people. I will volunteer.	6/11/2026 9:15 AM
3	Great Job!	6/11/2026 9:13 AM
4	Another class on electronic devices	6/11/2026 9:10 AM
5	Every time I get the chance, I pass on the quality and quantity of the many services offered by this SSInc. institution. We seniors (and everyone else) are very fortunate to have access to the place.	5/28/2026 11:44 AM
6	This is Woodland'S greatest asset!	5/28/2026 11:05 AM
7	The Senior Center is amazing!	5/28/2026 9:53 AM
8	Its Wonderful	5/28/2026 9:09 AM
9	We are blessed to have this in woodland. would love to have more 3 day travel trips. thanks for everything	5/28/2026 9:00 AM

ONGOING SENIOR CENTER ACTIVITIES

Art/Creative Activities

Art Workshop	Wednesdays	9:30 am
Ceramics	Thursdays	9:00 am-12:00 pm
Needles & Friends	Mondays	9:00 am-1:00 pm
Origami Workshop	2nd & 4th Fridays	10:00 am
Suncatcher Workshop	Tuesdays	9:30 am-12:00 pm
Top Shelf Book Club	3rd Thursdays	10:00 am
Writing Life Stories	Thursday	1:30-3:30 pm

Exercise Classes

Drop-in Badminton	Mon/Wed/Fri	8:30-11:30 am
Low Impact Aerobics	Mon/Wed/Fri	8:00-8:30 am
Low Impact Aerobics	Mon/Wed/Fri	10:00-10:30 am
Matter of Balance (“SAIL”)	Tue/Thu	10:00 am
Rock Steady Boxing	Wed/Fri	9:00-10:00 am
Woodland Stompers	Mondays	1:30-3:00 pm

Social Games

American Mahjongg	Thursdays	9:00 am-12:00 pm
Billiards	Mon-Fri	8:15 am-2:45 pm
Bingo	Wed/Fri	10:30 am-2:30 pm
Bridge for Fun	Wednesdays	12:00-3:00 pm
Dominoes	Thursdays	1:00-4:00 pm
Chess Club	Thursdays	9:00 am
Hand & Foot	Wednesdays	8:30-11:30 am
Mah Jong	Thursdays	12:30-2:30 pm
Pedro	Tuesdays	11:30-3:00 pm

Support Groups

Outa Sight (vision)	3rd Tuesdays	12:30-2:00 pm
Parkinson’s Support	1st Wednesdays	1:30-3:00 pm
Prostate Cancer	2nd Mondays of odd months	7:00-8:00 pm
Stroke Support	3rd Mondays	1:00-2:00 pm

Other Programs

Senior Movie Day	2nd & 4th Mondays	12:00 pm
Thrift Store AM	Mon-Fri	9:30 am-12:00 pm
Thrift Store PM	2nd & 4th Wednesdays	4:00-6:00 pm
Café Yolo	Wednesdays	11:00 am



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: June 18, 2026
ITEM #: I.5
SUBJECT: Woodland Senior Center Staff Report

Senior Resource Fair Wrap-Up

The 2026 Senior Resource Fair was an overall success. Approximately 350 people came through the doors and we had just under 100 vendors that showed up. Attached are the results of the vendor survey for review.

Teens Helping Seniors

The Teens Helping Seniors program takes middle- and high-school-aged kids out to senior homes to conduct yard work and house work free of charge. In return, the teens get community service hours and a trip to the Santa Cruz Beach Boardwalk. The flyer and application are attached to this report.

Spaghetti Feed Fundraiser

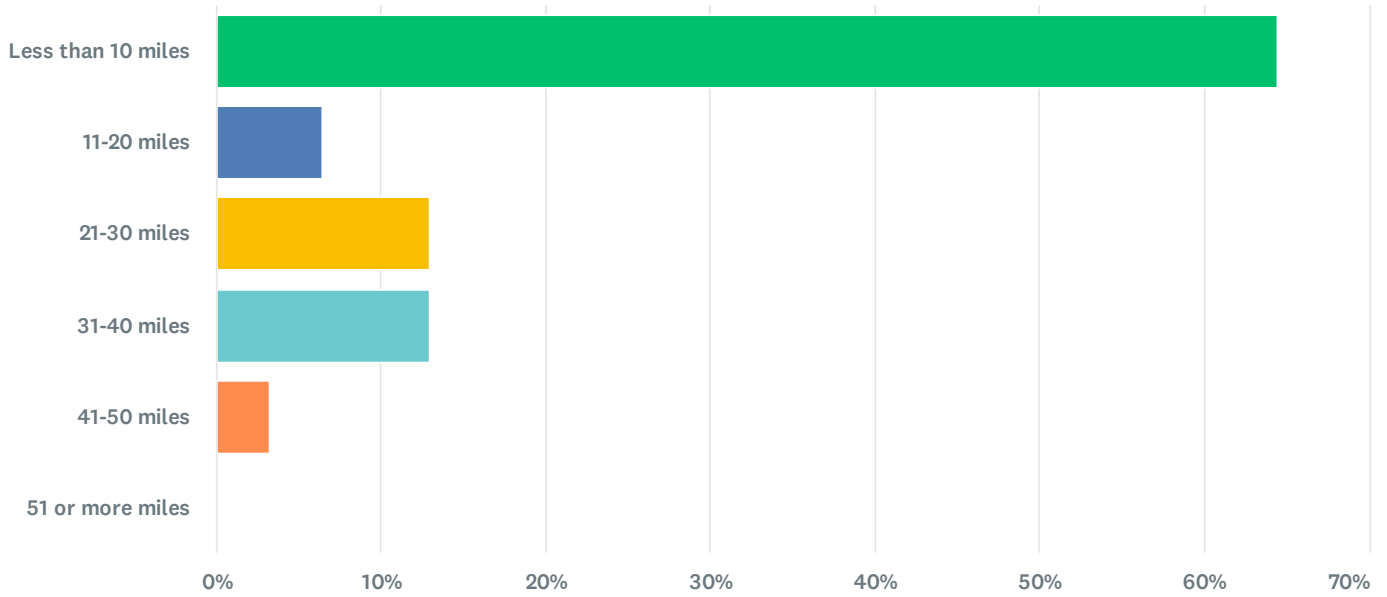
On Thursday July 23, the Teens Helping Seniors will host a spaghetti feed fundraiser to raise money for their end-of-summer trip to the Santa Cruz Beach Boardwalk. Diners have their choice of 5:30 pm or 6:15 pm seating and will receive salad, bread, all you can eat spaghetti, and a sweet treat. Anyone can sign up at the Senior Center Welcome Desk for a \$5 cash donation.

Attachments:

1. Data_All_260611 (1)
2. Data_Q3_260611
3. Data_Q5_260611
4. THS 2026 senior

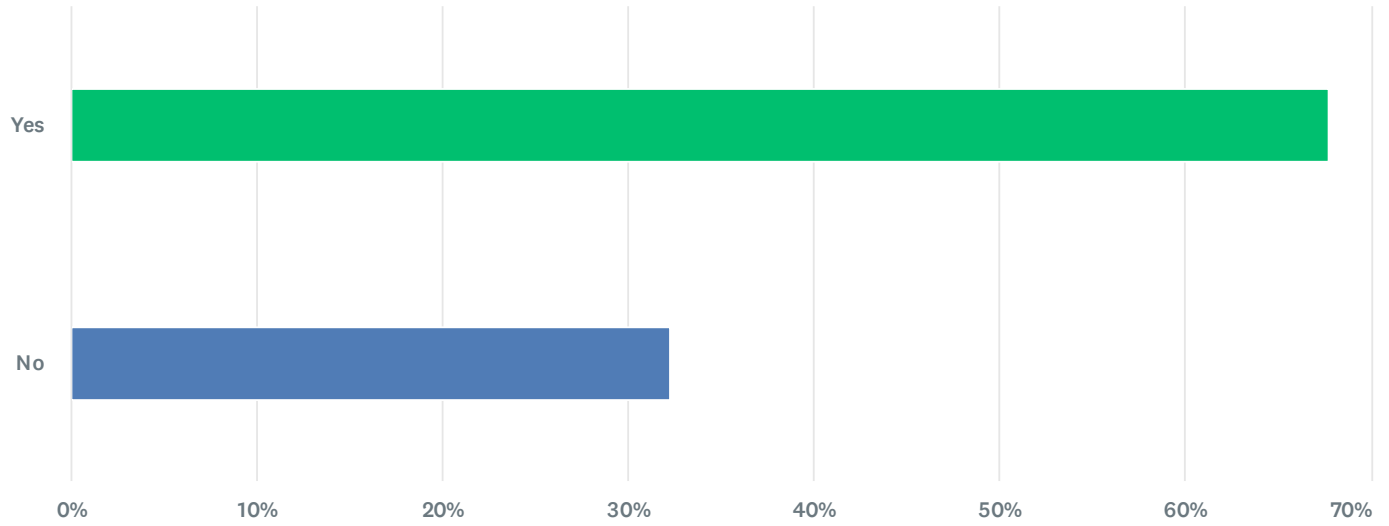
Q1 31 responses

How far did you travel from your workplace to attend the Woodland Senior Resource Fair?



Q2 31 responses

Have you been a vendor at a previous Resource Fair?



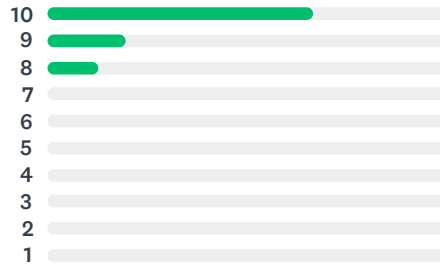
Q3 Please provide any feedback. What went well this year? What would you have changed?

Answered: 25 Skipped: 6

Q4 30 responses

Overall, how satisfied are you with the 2026 Woodland Senior Resource Fair? (1 star- "not satisfied", 10 stars- "extremely satisfied")

★ **9.53** /10
Average Rating

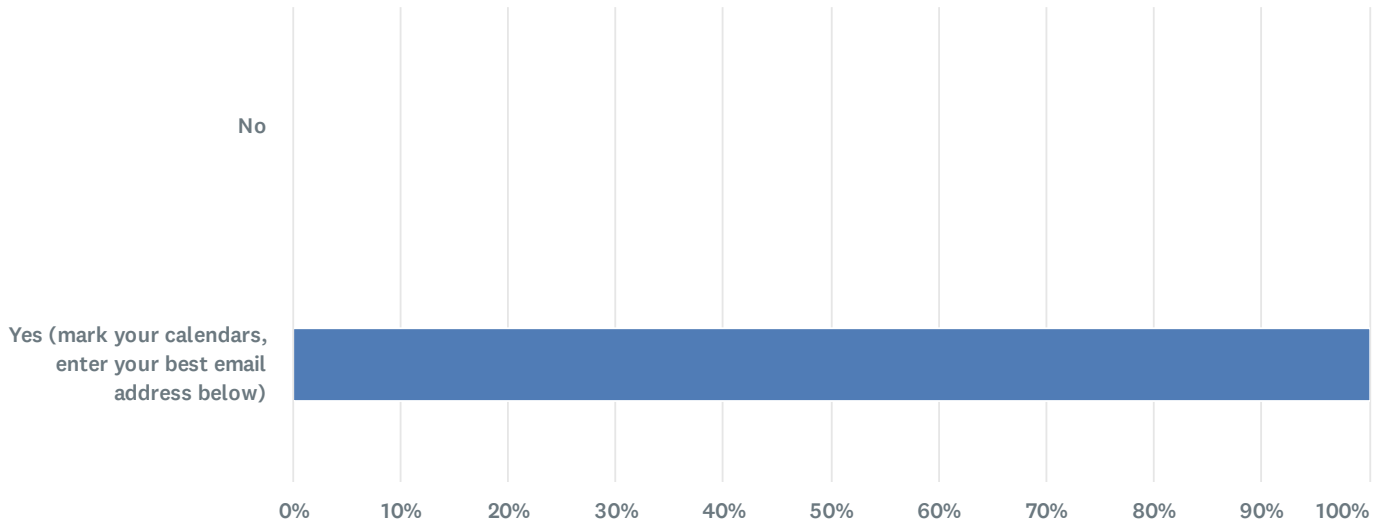


Q5 Are there any organizations or industries you would recommend be considered for future Resource Fairs? Please list agency names and/or direct contacts. Type "n/a" if no suggestions.

Answered: 23 Skipped: 8

Q6 31 responses

Would you like to receive an invitation to the next Woodland Resource Fair on Thursday, May 27, 2027 from 9:00 am to 12:00 pm?



Q3 Please provide any feedback. What went well this year? What would you have changed?

Answered: 25 Skipped: 6

#	RESPONSES	DATE
1	Lot's of people!	6/5/2026 8:57 AM
2	Mobile Farmers Market had many positive reactions from community members and great sales.	6/3/2026 11:31 AM
3	I was a wonderful turnout, I thought we went very well!	6/2/2026 2:31 PM
4	More vendors stayed right up till noon than past years. I liked the second room. I would, however, encourage more signage in the lobby letting people know about the second room and also have greeters let participants know about the room. A number of attendees who stopped at our booth (in the gym) were not aware of the second room.	6/2/2026 9:14 AM
5	Everything went great. Very well organized!	6/2/2026 8:52 AM
6	We had a lot more seniors attend this year and they asked a lot of good questions. I would like to see some more of the rural areas in attendance, i.e. Dunnigan	6/1/2026 2:32 PM
7	The annual fair was extremely successful. Record number of attendees and community based organizations sharing about programs. Cannot think of anything to change.	6/1/2026 1:03 PM
8	I would've registered earlier so that we would've had a table available instead of having to carry/provide our own	6/1/2026 10:34 AM
9	really good turn out within the community and other vendors.	6/1/2026 9:52 AM
10	Check in went smoothly. I appreciated the communication in advance of the estimated number of attendees, other vendors, and the equipment available. Great event, see you next year!	6/1/2026 9:47 AM
11	Super-duper! Large crowd, very well organized.	6/1/2026 9:20 AM
12	I think the table color code was great, and how you had the food vendors in the other room was a great idea.	6/1/2026 8:28 AM
13	It went very well as usual. My only drawback is a small one. I have been exhibiting here for many years, got here at the opening time for vendors and had one "yellow" dot table in the very back corner when there were open tables of different colors closer to the entrance. A few of those tables remained vacant throughout the show and many were setting up well after I got here. I would have liked those places when I came in but I wasn't the right color.	5/31/2026 12:18 PM
14	Everything was great.	5/30/2026 6:00 PM
15	It went really well. The one thing I would change is that I would've got an 8 foot table instead of a 6 foot .6 foot doesn't give your room for much. But again, overall it was a really nice event.	5/30/2026 4:51 PM
16	Lots of questions and great feedback	5/30/2026 11:16 AM
17	I thought this year went well. Every year seems to get better. It did not seem as though there were as many people visiting the overflow room. I think we need to publicize those resources more.	5/29/2026 8:40 PM
18	This time for We Are Here Homecare to participate this year. Had an amazing experience. Everything was well organized.	5/29/2026 8:14 PM
19	table, location	5/29/2026 7:11 PM
20	Amazing event. This is my first vendor event at the Woodland Community Center. I heard from other vendors that this is the biggest resource fair compared to others. Well organized and Dallas is great!	5/29/2026 7:08 PM

2026 Woodland Senior Resource Fair Vendor Survey

21	Vendor snack/coffee location. Perhaps someone to host the tables.	5/29/2026 6:49 PM
22	It was great to have snacks for the vendors. It was a nice gesture of being appreciated. It seemed like a high majority of vendors didn't start closing down until 11:50am which is later than previous years which was a better experience and honoring your request. I thought it was good that the pick of tables within an area was first come first choice rather than a fixed table preselected. Great job by all who volunteered.	5/29/2026 4:42 PM
23	Seemed great	5/29/2026 4:41 PM
24	It was well organized. Great set up	5/29/2026 4:32 PM
25	More signage directing people to both rooms. We had many visitors tell us they didn't know there were 2 rooms with resources this year.	5/29/2026 4:28 PM

Q5 Are there any organizations or industries you would recommend be considered for future Resource Fairs? Please list agency names and/or direct contacts. Type "n/a" if no suggestions.

Answered: 23 Skipped: 8

#	RESPONSES	DATE
1	Would love to include other programs at Center for Land-Based Learning	6/3/2026 11:31 AM
2	n/a	6/2/2026 2:31 PM
3	n/a	6/2/2026 9:14 AM
4	n/a	6/2/2026 8:52 AM
5	n/a	6/1/2026 4:45 PM
6	Dignity Memorial and Care Patrol ccaldwell@carepatrol.com	6/1/2026 2:32 PM
7	I would like to recommend: Northern Valley Indian Health; Crystal Pruitt, RN. 530-661-4400x 4021; crystal.pruitt@nvih.org	6/1/2026 1:03 PM
8	n/a	6/1/2026 10:34 AM
9	N/A	6/1/2026 9:52 AM
10	N/a	6/1/2026 9:47 AM
11	n/a	6/1/2026 8:28 AM
12	Hearing aid dispensers, audiology departments from Dignity, Sutter Davis, UC Davis, and tribal health.	5/31/2026 12:18 PM
13	n/a	5/30/2026 6:00 PM
14	N/a	5/30/2026 4:51 PM
15	n/a	5/29/2026 8:40 PM
16	N/a	5/29/2026 8:14 PM
17	n/a	5/29/2026 7:11 PM
18	I think the resource fair had a great mix of resources.	5/29/2026 7:08 PM
19	Cable and phone with discounts and cyber line explanation	5/29/2026 6:49 PM
20	n/a	5/29/2026 5:06 PM
21	n/a	5/29/2026 4:42 PM
22	N/A	5/29/2026 4:32 PM
23	N/A	5/29/2026 4:28 PM

TEENS HELPING SENIORS

Seniors, if you need any help at all, whether it be gardening, painting, window washing, baseboards, or other housework, our teen workforce will be glad to assist you! Give Woodland's Teens Helping Seniors program the opportunity to volunteer with you!

You will have to provide all supplies and materials to get the job done, but we will drive (up to) six teens out to your home or property to help out with your task!

All you need to do is fill out a job request form (flip page) or call! It's that easy! Please submit as early as you can as the work times are limited.

If you have any questions about tasks, please don't hesitate to call 661-2024!

For: Seniors in the Woodland community

Times: June 8 - August 6 (M-Th)
9:00 am - 4:00 pm

Where: Your home/property!
(we use your supplies)

Fee: Absolutely Free!

Register: Fill out form on reverse side and submit to the following location:

Woodland Community & Senior Center
2001 East St.
Woodland, CA 95776

...or call Marshall Echols
(530) 661-2024



**Parks
Make
Life
Better!**



CITY OF
WOODLAND
CALIFORNIA

Community Services Department
2001 East Street
Woodland, CA 95776
Phone: (530) 661-2000
www.cityofwoodland.gov



TEENS HELPING SENIORS – JOB REQUEST FORM

NAME: _____ **DATE:** _____

ADDRESS: _____

PHONE NUMBER: _____

JOB REQUEST (please list projects by priority):

REQUESTED WORK DATE: (Monday–Thursday only)
NOTE: Expect to be contacted after June 1st.

1st choice: / / **2026**
(select one) ◇ **Morning** (9:00 am – 12:00 pm)
 ◇ **Afternoon** (1:00 pm – 4:00 pm)

2nd choice: / / **2026**
(select one) ◇ **Morning** (9:00 am – 12:00 pm)
 ◇ **Afternoon** (1:00 pm – 4:00 pm)

Please submit this completed form to the following location or scan and email to marshall.echols@cityofwoodland.gov:
Woodland Community and Senior Center
2001 East St.
Woodland, CA 95776



TO: THE COMMISSION ON AGING
AGENDA: Commission on Aging
DATE: June 18, 2026
ITEM #: J.6
SUBJECT: Fraud and Scam Prevention for Seniors

Attachments:

None