



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

Regular Meeting Minutes of September 8, 2011

Call to Order

Meeting convened at 3:32 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Wright presiding.

Commissioners Present: Garman, Wright, Overholt, Talkington, Campbell

Absent:

Staff: Haynie, Bain

Guests: Steve Etters, SCI

Pledge of Allegiance

Minutes

1. Meeting Minutes of July 14, 2011 (Item 1)

Commissioner Overholt moved to approve the Meeting Minutes of July 14, 2011 with correction to other business "Commissioner Overholt will attend the July, SCI meeting." Commissioner Garman seconded. Motion carried.

Note: No meeting was held in August 2011.

Correspondence (None)

Public Comment (None)

Communications Written-Staff

2. Senior Center Report-Bain

Commissioner Overholt made the motion to accept staffs report as written, Commissioner Garman seconded the motion. Motion carried.

Presentations (none)

New Business-Action Items

3. Guest Speaker Series

Discussed the topics for the Speaker Series, with Commissioner Overholt handing out a list she had put together.

Speaker Series Topics 2012: Trusts, Wills, COA Important Records, Nutrition, Physical Activity Modifications, Alternatives, Vision and Hearing Challenges, Typical/Atypical Symptoms of Illness, Complimentary treatments (free), Important Health Screening and Vaccinations, Mobility and Exercise, Home Modifications for Senior Safety, Researching

Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Family Ancestry, Current Event Discussion, Status of Woodland/Yolo County (finance, planning, projects), Emergency Response, Medical Resources-what a senior needs and where to get it and Panel of Hospice/End of Life Issues.

Commission added 211 Service and Need of Seniors to downsize. Guest Speaker Series will be offered quarterly starting in January 2012. Commissioner Talkington will share her contact list with Commissioner Garman, who will coordinate between contacts and list of topics.

New Business-Information Items (None)

Old Business-Action Items (None)

Old Business-Information Items Commissioner Overholt reported attending the SCI meeting in September. SCI is supportive of acting as fiscal agent to assist the COA in acquiring grants for senior programs.

Committee Reports (None)

Communication-Commission/Staff Statements and Requests

Commissioner Campbell discussed the operating hours of the Senior Center and the lack of volunteers manning the Help Desk.

Bain responded that the Help Desk was open 8:00 a.m. - 4:00 p.m. but staffed with volunteer until 3:00 p.m. when the Care Car stops its operation for the day. The Senior Center is currently short staffed with volunteers. Efforts are ongoing requesting volunteers for the Senior Center.

Other Business (None)

Business Items for Next Meeting:

Apartment List

Guest Speaker Series

Next Meeting Date: October 13, 2011

Adjourn: Chair Wright adjourned the meeting at 4:19 p.m.

Respectfully submitted,

Cathy Haynie, Administrative Secretary
Parks & Recreation Department