



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

Regular Meeting Minutes of January 12, 2012

Call to Order

Meeting convened at 3:30 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Wright presiding.

Commissioners Present:	Garman, Overholt, Campbell, Wright,
Absent:	Talkington
Staff:	Haynie, Bain, Engle
Guests:	None

Pledge of Allegiance

Minutes

1. Meeting Minutes of November 11, 2011 (Item 1)
Commissioner Garman moved to approve the Meeting Minutes of November 11, 2011 with the correction that Debbie would assist with the health fair; Commissioner Campbell seconded. Motion carried.

Correspondence (None)

Public Comment (None)

Communications Written-Staff

2. Senior Center Report-Bain
Commissioner Garman asked for information on the programs AARP, Changes to Choices and Hear Here! Bain explained that AARP was the driver safety class, Changes to Choices was a peer support group and Hear Here! was a peer support group for the hearing impaired. Commissioner Garman made the motion to accept the staff report as written, Commissioner Overholt seconded the motion. Motion carried 4-0.

Presentations (none)

New Business-Action Items

3. Elect Officers
Commissioner Overholt made the motion to elect Commissioner Garman as Chair and Commissioner Campbell as Vice Chair, Commissioner Wright seconded the motion. Motion carried 4-0.

New Business-Information Items

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Old Business-Action Items

4. *Guest Speaker Series*

Commissioner Garman read the Guest Speaker topics from the September meeting: Trusts, Wills, COA Important Records, Nutrition, Physical Activity Modifications, Alternatives, Vision and Hearing Challenges, Typical/Atypical Symptoms of Illness, Complimentary treatments (free), Important Health Screening and Vaccinations, Mobility and Exercise, Home Modifications for Senior Safety, Researching Family Ancestry, Current Event Discussion, Status of Woodland/Yolo County (finance, planning, projects), Emergency Response, Medical Resources-what a senior needs and where to get it and Panel of Hospice/End of Life Issues.

Commissioner Overholt stated that health issues were always on the top of the list for seniors. Discussion ensued with Commissioners narrowing down the list and choosing the first presentation to be on Important Documents. Commissioner Overholt will spearhead the first program which will start in March 2012. Programs will be held in Banquet Room 3 and run approximately 70 minutes before the ENP Lunch program. This location should make it more convenient for the seniors. The second program will be on Elder Abuse, commission will come up with a title that is more attractive to Seniors, most seniors are not aware of the different kinds of abuse there are. This item will be brought back to the next meeting for Commission approval and the second program finalized at that time.

5. *Apartment List*

Commission discussed what questions to ask of the apartment management. Commissioner Campbell will contact Commissioner Talkington for clarification on ADA questions and answer to the questions. Each of the Commissioners present will take three pages of the list and call each to verify the information. Commissioner Garman will email Haynie the question list to add to the minutes.

Questions List:

How many bedrooms and bathrooms do you have?

What is the rent?

What is the deposit? First and last month?

What is the price for a credit check? What about for background checks?

Are pets allowed?

Do you accept Section 8?

Is your unit's handicap/wheelchair accessible?

What amenities are included with the rent?

Do you have a website address and/or email you would like us to list?

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6. Commissioner Talkington –Term

Commissioner Talkington term expired on December 31, 2011, staff has had no response from Commissioner Talkington on whether she wishes to extend her term or not. Commissioner Campbell will contact Commissioner Talkington and report back to the Commission at the next meeting.

7. Work Plan

Commissioner Garman started with item 6 Senior Resource Fair. Needed clarification of the date and contact information for vendors. Commissioner Campbell will contact Commissioner Talkington to obtain the list of vendors. Haynie will confirm date of resource fair at next meeting.

Item 1 COA Infomercial Presentation to Woodland City Council. Engle will put this on May 1st Council Agenda.

Item 2 Focal Point Coordination will be put on hold until we hear from Focal Point.

Item 3 Intergenerational Project- Teens Helping Seniors Program, this program will be removed.

Item 4 Replace Promotion and Advertising of programs and services with Speaker Series.

Item 5 Senior Discount List- Put on hold for 3 years or until economy is healthy enough to support this project.

Old Business-Information Items

Committee Reports (None)

Communication-Commission/Staff Statements and Requests

Discussed Buddy System program where seniors who live alone will have a buddy to call and be called by. Bain reported that the lack of this program was brought home this past week. Bobby Ochoa, volunteer for the help desk, passed away this week. Ms. Ochoa lived alone and when she did not show up for her shift staff became concerned. Commissioner Campbell will research a similar program and bring the information to the next meeting. Names were considered for the program with “Checking on You” the current favorite.



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Bain reported that she had discussed with Crum that SCI would no longer fund Crum's position. Crum will be adjusting her hours which mean that either Bain or Crum will be on site during the Senior Center operating hours. Engle and Bain will pursue funding for this crucial position.

Advertise with guest editorial was also discussed.

Other Business (None)

Business Items for Next Meeting:

Date of Resource Fair

"Checking on you" buddy phone program

Status on first presentation of Guest Speaker Series

Update Work Plan

Next Meeting Date: February 9, 2012

Adjourn: Commissioner Wright adjourned the meeting at 5:02 p.m.

Respectfully submitted,

Cathy Haynie, Administrative Secretary
Parks & Recreation Department