



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

September 12, 2013

Call to Order

Meeting convened at 3:06 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Garman presiding.

Roll Call

Commissioners Present: Garman, Overholt, Wright, and Talkington

Absent: Campbell

Staff: Engel, Tringali, Haynie and Bain

Pledge of Allegiance

Communications-Public Comment (None)

Communication-Commission/Staff Statements and Requests

The Parks & Recreation Department will be called Community Services Department, officially on October 1, 2013. Dan Sokolow, Senior Planner has joined the department along with the programs he manages, Affordable Housing, CDBG Entitlement Program. One of the goals is community outreach and getting the community engaged.

Minutes

Commissioner Wright made the motion to accept the minutes as written; Commissioner Talkington seconded the motion. Motion carried 4/0.

Report of the Staff

Teens Helping Seniors

Tringali reported that 13 teens participated in the program serving 37 seniors on 47 separate jobs, serving 207 hours of community service. Wesley Mannering, Special Activity Coordinator was an asset to the program. Teens went on an end of summer trip, with the tips the seniors donated, to Santa Cruz Boardwalk. For approximately half of the teens this was their first time seeing the ocean. Tringali received a thank you letter from Gloria Delgado praising Mannering and the teens. Mannering and Tringali attended the SCI meeting to report on Teens Helping Seniors. SCI have agreed to fund the program again next year.

Senior Center Report

Flu Shot Clinic scheduled for Thursday, October 17, 2013, 10-1 p.m. SCI will assist with payment for any seniors unable to pay the \$10 fee. Donna Penn is a new member of SCI Board, Penn runs the thrift store for SCI. SCI currently has a full board and will meet 12 months per year now. Volunteer Appreciation Dinner will be held in August, this will better space the events for seniors. Affordable Adventures trip program is doing well, Jan Bello is in charge. The article in the current Senior Gram featuring the artists who use the Senior Center was written by Paula Crum. Bain is currently looking



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

for a scrapbook instructor to host class once or twice a month. Bain would is also interested in hosting an intergenerational support group at the Senior Center. Commissioner Wright is looking for a current events person.

Facility Update

Engel reported that all the curb stoppers had been painted with the white reflective glass paint.

Speaker Series

HICAP moved to September 25, 2013 at 10 a.m. Discussed a two part series concerning relieving stress, social, physical and emotional support for the holidays. Possible names and discussed for the workshop were "Beating Holiday Blues" or "How Not To Be Lonely".

Apartment List

Commissioner Wright will update pages 1-3, Commissioner Talkington pages 4-6, Commissioner Garman pages 7-9, and Commissioner Campbell pages 10-12. Commissioners will send updates to staff when complete, updated apartment list will be published January 2014.

Business Items for Next Meeting

Speaker Series

Next Meeting Date October 10, 2013

Adjourn

Commissioner Overholt made the motion to adjourn the meeting at 4:15 p.m., Commissioner Talkington seconded the motion, and motion carried 4-0.

Respectfully submitted,

Cathy Haynie, Administrative Secretary
Parks & Recreation Department